

Prova 2
27.05.2023 - 15:30

Masc., 400m Estilos

Infantis
Resultados

Rec Regional Inf A	4:47.72	Joao Alexandre Vital	POR	Sto Ant ^o Cavaleiros	2012
Rec Regional Inf B	5:02.78	Pedro Fontoura Oliveira	POR	Odivelas	2003
Rec Regional Absoluto	4:06.93	Joao Alexandre Vital	POR	Hangzhou (CHN)	2018
Rec Nacional Inf A	4:40.32	Tomas Miguel Freitas	POR	Funchal	2004
Rec Nacional Inf B	4:49.65	Andre Vilas Ruivo	POR	S. António Cavaleiros	2013
Rec Nacional Absoluto	4:05.87	Gabriel Jose Lopes	POR	Leiria	2022

Mínimo Participação Inf B: 6:56.99; Inf A: 6:37.13

Pontos: FINA 2022

Pos.	Nadador	Ano	Clube	Tempo	Pts
Infantis B					
1.	Dinis Aresta Ribeiro	10	Sporting	5:23.32	383
	50m: 35.86 35.86	150m: 1:59.10 41.50	250m: 3:26.05 46.16	350m: 4:48.79 36.21	
	100m: 1:17.60 41.74	200m: 2:39.89 40.79	300m: 4:12.58 46.53	400m: 5:23.32 34.53	
2.	Martim Frederico Marques	10	CPCD - Póvoa Sta Iria	5:23.89	381
	50m: 32.62 32.62	150m: 1:55.96 43.80	250m: 3:25.47 47.26	350m: 4:48.62 36.96	
	100m: 1:12.16 39.54	200m: 2:38.21 42.25	300m: 4:11.66 46.19	400m: 5:23.89 35.27	
3.	Renato Ferreira Mimoso	10	Benfica	5:27.41	368
	50m: 35.69 35.69	150m: 1:57.41 40.78	250m: 3:27.18 48.87	350m: 4:51.93 35.88	
	100m: 1:16.63 40.94	200m: 2:38.31 40.90	300m: 4:16.05 48.87	400m: 5:27.41 35.48	
4.	Antonio Carimbo Godinho	10	Fisica Torres Vedras	5:38.90	332
	50m: 34.90 34.90	150m: 1:57.84 43.19	250m: 3:31.54 50.60	350m: 5:02.20 39.38	
	100m: 1:14.65 39.75	200m: 2:40.94 43.10	300m: 4:22.82 51.28	400m: 5:38.90 36.70	
5.	Afonso Manuel Gomes	10	Sporting	5:40.04	329
	50m: 35.93 35.93	150m: 2:01.76 42.97	250m: 3:33.67 49.70	350m: 5:03.44 40.23	
	100m: 1:18.79 42.86	200m: 2:43.97 42.21	300m: 4:23.21 49.54	400m: 5:40.04 36.60	
6.	Andre Huang	10	Geslourses	5:41.10	326
	50m: 37.06 37.06	150m: 2:04.73 43.32	250m: 3:35.01 47.88	350m: 5:03.57 38.40	
	100m: 1:21.41 44.35	200m: 2:47.13 42.40	300m: 4:25.17 50.16	400m: 5:41.10 37.53	
7.	Diogo Rodrigues Sousa	10	Alges	5:44.03	317
	50m: 37.29 37.29	150m: 2:05.46 44.62	250m: 3:38.06 48.46	350m: 5:06.32 39.17	
	100m: 1:20.84 43.55	200m: 2:49.60 44.14	300m: 4:27.15 49.09	400m: 5:44.03 37.71	
8.	Neil Merad	10	Benfica	5:46.12	312
	50m: 36.65 36.65	150m: 2:05.51 42.33	250m: 3:38.97 51.13	350m: 5:08.59 37.33	
	100m: 1:23.18 46.53	200m: 2:47.84 42.33	300m: 4:31.26 52.29	400m: 5:46.12 37.53	
9.	Tomas Rodrigues Oliveira	10	Fisica Torres Vedras	5:46.65	310
	50m: 35.12 35.12	150m: 2:01.06 43.94	250m: 3:38.13 53.89	350m: 5:10.50 39.05	
	100m: 1:17.12 42.00	200m: 2:44.24 43.18	300m: 4:31.45 53.32	400m: 5:46.65 36.15	
10.	Guilherme Valente Pereira	10	Colegio Int Monte Maior	5:47.67	308
	50m: 36.75 36.75	150m: 2:05.57 45.36	250m: 3:38.47 50.16	350m: 5:08.78 39.48	
	100m: 1:20.21 43.46	200m: 2:48.31 42.74	300m: 4:29.30 50.83	400m: 5:47.67 38.89	
11.	Manuel Maria Santos	10	Colegio Int Monte Maior	5:54.41	290
	50m: 35.40 35.40	150m: 2:04.24 44.54	250m: 3:39.28 50.92	350m: 5:13.74 40.64	
	100m: 1:19.70 44.30	200m: 2:48.36 44.12	300m: 4:33.10 53.82	400m: 5:54.41 40.67	
	Martim Marino Brilha	10	Vikings	5:54.41	290
	50m: 41.40 41.40	150m: 2:13.67 43.91	250m: 3:46.62 49.07	350m: 5:17.10 40.73	
	100m: 1:29.76 48.36	200m: 2:57.55 43.88	300m: 4:36.37 49.75	400m: 5:54.41 37.31	
13.	Francisco Reis Pinto	10	Alges	5:56.08	286
	50m: 36.11 36.11	150m: 2:14.53 47.53	250m: 3:47.92 47.81	350m: 5:18.95 41.01	
	100m: 1:27.00 50.89	200m: 3:00.11 45.58	300m: 4:37.94 50.02	400m: 5:56.08 37.13	
14.	Rafael Carreiras Marques	10	Geslourses	5:57.51	283
	50m: 39.72 39.72	150m: 2:15.10 45.95	250m: 3:47.02 48.21	350m: 5:18.92 42.07	
	100m: 1:29.15 49.43	200m: 2:58.81 43.71	300m: 4:36.85 49.83	400m: 5:57.51 38.59	
15.	Diogo Alves Castro	10	Alges	5:59.73	278
	50m: 35.00 35.00	150m: 2:05.23 47.07	250m: 3:43.70 52.29	350m: 5:19.72 42.89	
	100m: 1:18.16 43.16	200m: 2:51.41 46.18	300m: 4:36.83 53.13	400m: 5:59.73 40.01	
16.	Tomas Ricardo Freire	10	Sporting	6:00.13	277
	50m: 37.80 37.80	150m: 2:07.32 44.19	250m: 3:45.37 54.40	350m: 5:21.10 40.33	
	100m: 1:23.13 45.33	200m: 2:50.97 43.65	300m: 4:40.77 55.40	400m: 6:00.13 39.03	
17.	Tiago Moreira Almeida	10	Salesianos	6:02.40	272
	50m: 39.12 39.12	150m: 2:10.70 43.70	250m: 3:48.23 53.73	350m: 5:24.78 41.55	
	100m: 1:27.00 47.88	200m: 2:54.50 43.80	300m: 4:43.23 55.00	400m: 6:02.40 37.62	

Resultados online: anlisboa.info/live

Prova 2, Masc., 400m Estilos, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
18.	Henrique Matos Sebroza	10	Geslours	6:02.71	271
	50m: 38.81 38.81	150m: 2:16.89 46.98	250m: 3:51.55 50.20	350m: 5:22.53 41.21	
	100m: 1:29.91 51.10	200m: 3:01.35 44.46	300m: 4:41.32 49.77	400m: 6:02.71 40.18	
19.	Afonso Velada Pereira	10	Sporting	6:03.82	268
	50m: 41.12 41.12	150m: 2:15.43 46.27	250m: 3:50.79 50.25	350m: 5:24.18 41.83	
	100m: 1:29.16 48.04	200m: 3:00.54 45.11	300m: 4:42.35 51.56	400m: 6:03.82 39.64	
20.	Martim Goncalves Lopes	10	Geslours	6:05.54	265
	50m: 40.13 40.13	150m: 2:16.08 45.44	250m: 3:52.12 52.73	350m: 5:25.95 41.55	
	100m: 1:30.64 50.51	200m: 2:59.39 43.31	300m: 4:44.40 52.28	400m: 6:05.54 39.59	
21.	Guilherme Costa Alves	10	Benfica	6:06.92	262
	50m: 40.69 40.69	150m: 2:14.85 45.54	250m: 3:53.67 53.39	350m: 5:28.08 39.80	
	100m: 1:29.31 48.62	200m: 3:00.28 45.43	300m: 4:48.28 54.61	400m: 6:06.92 38.84	
22.	Miguel Belo Santos	10	Alges	6:09.96	255
	50m: 41.29 41.29	150m: 2:20.37 48.73	250m: 3:56.09 49.57	350m: 5:30.25 42.14	
	100m: 1:31.64 50.35	200m: 3:06.52 46.15	300m: 4:48.11 52.02	400m: 6:09.96 39.71	
23.	Tiago Neres Santo	10	Alges	6:10.39	254
	50m: 39.07 39.07	150m: 2:15.85 49.38	250m: 3:56.86 52.07	350m: 5:32.58 41.28	
	100m: 1:26.47 47.40	200m: 3:04.79 48.94	300m: 4:51.30 54.44	400m: 6:10.39 37.81	
24.	Afonso Daniel Carvalhas	10	AONDA - Azeitão	6:19.76	236
	50m: 39.03 39.03	150m: 2:17.80 50.74	250m: 4:01.78 54.23	350m: 5:38.67 42.64	
	100m: 1:27.06 48.03	200m: 3:07.55 49.75	300m: 4:56.03 54.25	400m: 6:19.76 41.09	
25.	Goncalo Soares Brito	10	Bombeiros dos Estoris	6:25.30	226
	50m: 38.98 38.98	150m: 2:19.44 46.32	250m: 4:03.22 58.02	350m: 5:43.49 42.90	
	100m: 1:33.12 54.14	200m: 3:05.20 45.76	300m: 5:00.59 57.37	400m: 6:25.30 41.81	
26.	Jose Luis Assuncao	10	Bombeiros dos Estoris	6:26.44	224
	50m: 41.12 41.12	150m: 2:20.08 49.41	250m: 4:04.36 57.97	350m: 5:45.63 42.26	
	100m: 1:30.67 49.55	200m: 3:06.39 46.31	300m: 5:03.37 59.01	400m: 6:26.44 40.81	
27.	Tomas Maria Horta	10	Geslours	6:30.63	217
	50m: 44.99 44.99	150m: 2:26.78 48.39	250m: 4:10.12 56.28	350m: 5:49.61 42.12	
	100m: 1:36.39 53.40	200m: 3:13.84 47.06	300m: 5:07.49 57.37	400m: 6:30.63 41.02	
28.	Joao Alves Mendes	10	Benfica	6:44.05	196
	50m: 48.15 48.15	150m: 2:34.75 45.96	250m: 4:19.18 58.15	350m: 6:01.68 44.60	
	100m: 1:48.79 1:00.64	200m: 3:21.03 46.28	300m: 5:17.08 57.90	400m: 6:44.05 42.37	
29.	Cristiano Rafael Melnychuk	10	Colégio Vasco da Gama	6:49.78	188
	50m: 50.26 50.26	150m: 2:41.75 50.19	250m: 4:29.05 57.54	350m: 6:09.09 41.09	
	100m: 1:51.56 1:01.30	200m: 3:31.51 49.76	300m: 5:28.00 58.95	400m: 6:49.78 40.69	
DSQ	Henrique Rodrigues Carvalho	10	Colegio Int Monte Maior		
	<i>E-M50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de mariposa(SW 8.4)</i>				
DSQ	Goncalo Tapadas Marques	10	Colegio Int Monte Maior		
	<i>E-M35 - No percurso de mariposa, efectuou batimento alternado de pernas/pés após a viragem aos 50 metros. (SW 8.3)</i>				
DSQ	Martim Alves Dias	10	Naval Setubalense		
	<i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>				
DSQ	Manuel Mendes Almeida	10	Sporting		
	<i>Durante o percurso de Mariposa o atleta não elevou os braços acima da superfície da água (S.W. 8.2)</i>				
DSQ	Rodrigo Ferrao Dias	10	Sporting		
	<i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>				

Resultados online: anlisboa.info/live

Prova 2, Masc., 400m Estilos

Infantis A

1. Diogo Damasceno Reis	09 Sporting	4:58.85	485
50m: 30.81	150m: 1:46.71	38.70	250m: 3:06.11
100m: 1:08.01	200m: 2:24.84	38.13	300m: 3:49.02
			41.27
			350m: 4:24.51
			35.49
			400m: 4:58.85
			34.34
2. Xavier Jesus Valente	09 Colégio Vasco da Gama	5:09.91	434
50m: 33.66	150m: 1:52.04	39.52	250m: 3:15.01
100m: 1:12.52	200m: 2:30.67	38.63	300m: 4:00.43
			44.34
			350m: 4:35.86
			35.43
			400m: 5:09.91
			34.05
3. Paulo Junio Fernandes	09 Alges	5:18.99	398
50m: 32.78	150m: 1:53.44	42.09	250m: 3:20.98
100m: 1:11.35	200m: 2:35.83	42.39	300m: 4:07.52
			45.15
			350m: 4:43.94
			36.42
			400m: 5:18.99
			35.05
4. Francisco Nunes Roque	09 Benfica	5:20.14	394
50m: 34.90	150m: 1:55.17	41.48	250m: 3:20.67
100m: 1:13.69	200m: 2:35.98	40.81	300m: 4:06.45
			44.69
			350m: 4:43.39
			36.94
			400m: 5:20.14
			36.75
5. Martim Chambel Pinto	09 Colegio Int Monte Maior	5:22.31	386
50m: 34.21	150m: 1:53.69	39.00	250m: 3:21.92
100m: 1:14.69	200m: 2:31.37	37.68	300m: 4:12.27
			50.55
			350m: 4:47.61
			35.34
			400m: 5:22.31
			34.70
6. Jesus Alberto Mejias	09 Vikings	5:22.36	386
50m: 30.32	150m: 1:50.31	43.28	250m: 3:21.63
100m: 1:07.03	200m: 2:34.17	43.86	300m: 4:09.29
			47.46
			350m: 4:47.58
			38.29
			400m: 5:22.36
			34.78
7. Rafael Lin Moniz	09 Naval Setubalense	5:23.05	384
50m: 33.99	150m: 1:54.85	41.37	250m: 3:23.37
100m: 1:13.48	200m: 2:34.94	40.09	300m: 4:11.36
			48.43
			350m: 4:48.50
			37.14
			400m: 5:23.05
			34.55
8. Xavier Rosa Madeira	09 Laranjeiro	5:26.85	370
50m: 32.51	150m: 1:55.13	43.07	250m: 3:23.92
100m: 1:12.06	200m: 2:37.08	41.95	300m: 4:13.10
			46.84
			350m: 4:50.81
			37.71
			400m: 5:26.85
			36.04
9. David Emanuel Tome	09 Geslours	5:28.43	365
50m: 35.58	150m: 1:58.57	41.14	250m: 3:26.58
100m: 1:17.43	200m: 2:38.15	39.58	300m: 4:15.76
			48.43
			350m: 4:53.13
			37.37
			400m: 5:28.43
			35.30
10. Hugo Pacheco Godinho	09 Sporting	5:28.68	364
50m: 34.96	150m: 1:58.70	41.32	250m: 3:28.57
100m: 1:17.38	200m: 2:39.98	41.28	300m: 4:17.20
			48.59
			350m: 4:53.42
			36.22
			400m: 5:28.68
			35.26
11. Miguel Bera Fonseca	09 Benfica	5:30.04	360
50m: 33.87	150m: 1:58.01	44.58	250m: 3:28.04
100m: 1:13.43	200m: 2:40.94	42.93	300m: 4:15.34
			47.10
			350m: 4:53.29
			37.95
			400m: 5:30.04
			36.75
12. Rodrigo Duarte Narigueta	09 Palmela Desporto	5:31.27	356
50m: 33.69	150m: 1:56.51	42.27	250m: 3:27.16
100m: 1:14.24	200m: 2:38.24	41.73	300m: 4:16.91
			48.92
			350m: 4:54.37
			37.46
			400m: 5:31.27
			36.90
13. Vasco Alexandre Martins	09 Colegio Int Monte Maior	5:36.73	339
50m: 35.78	150m: 2:01.96	44.41	250m: 3:31.11
100m: 1:17.55	200m: 2:43.96	42.00	300m: 4:20.08
			47.15
			350m: 4:58.44
			38.36
			400m: 5:36.73
			38.29
14. Daniel Alexandre Lourenco	09 Sporting	5:37.87	335
50m: 33.61	150m: 1:56.57	43.51	250m: 3:28.59
100m: 1:13.06	200m: 2:38.79	42.22	300m: 4:20.32
			49.80
			350m: 4:59.60
			39.28
			400m: 5:37.87
			38.27
15. Afonso Cunha Amaral	09 Alges	5:39.62	330
50m: 33.62	150m: 1:58.93	43.85	250m: 3:33.28
100m: 1:15.08	200m: 2:44.00	45.07	300m: 4:23.92
			49.28
			350m: 5:02.98
			39.06
			400m: 5:39.62
			36.64
16. Rui Melo Pereira	09 Benfica	5:40.82	327
50m: 35.92	150m: 2:04.05	44.81	250m: 3:34.31
100m: 1:19.24	200m: 2:45.34	41.29	300m: 4:24.49
			48.97
			350m: 5:04.69
			40.20
			400m: 5:40.82
			36.13
17. Bernardo Afonso Guedelha	09 Benfica	5:40.90	326
50m: 33.52	150m: 1:57.86	44.23	250m: 3:33.61
100m: 1:13.63	200m: 2:41.53	43.67	300m: 4:26.25
			52.08
			350m: 5:05.13
			38.88
			400m: 5:40.90
			35.77
18. Miguel Ratinho Rocha	09 Naval Setubalense	5:42.53	322
50m: 34.51	150m: 1:59.93	44.35	250m: 3:34.19
100m: 1:15.58	200m: 2:44.19	44.26	300m: 4:24.16
			50.00
			350m: 5:04.18
			40.02
			400m: 5:42.53
			38.35
19. Rodrigo Arga Paiva	09 Geslours	5:42.79	321
50m: 36.37	150m: 2:04.15	43.06	250m: 3:35.58
100m: 1:21.09	200m: 2:46.25	42.10	300m: 4:25.86
			49.33
			350m: 5:05.13
			39.27
			400m: 5:42.79
			37.66
20. Pedro Guedes Caldas	09 Benfica	5:44.22	317
50m: 34.51	150m: 1:58.00	41.48	250m: 3:34.20
100m: 1:16.52	200m: 2:39.37	41.37	300m: 4:30.05
			54.83
			350m: 5:07.91
			37.86
			400m: 5:44.22
			36.31
21. Miguel Filipe Medronheira	09 Palmela Desporto	5:44.88	315
50m: 34.59	150m: 2:01.50	44.81	250m: 3:35.57
100m: 1:16.69	200m: 2:45.11	43.61	300m: 4:26.84
			50.46
			350m: 5:06.73
			39.89
			400m: 5:44.88
			38.15

Resultados online: anlisboa.info/live

Prova 2, Masc., 400m Estilos, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
22.	Andre Raposo Pinheiro	09	AONDA - Azeitão	5:46.34	311
	50m: 35.00 35.00	150m: 2:03.63 45.93	250m: 3:36.85 48.15	350m: 5:06.30 40.58	
	100m: 1:17.70 42.70	200m: 2:48.70 45.07	300m: 4:25.72 48.87	400m: 5:46.34 40.04	
23.	Francisco Gabriel Freitas	09	Geslours	5:49.50	303
	50m: 36.63 36.63	150m: 2:09.13 45.37	250m: 3:42.33 48.19	350m: 5:12.52 40.31	
	100m: 1:23.76 47.13	200m: 2:54.14 45.01	300m: 4:32.21 49.88	400m: 5:49.50 36.98	
24.	Diogo Soares Marques	09	Alges	5:49.53	303
	50m: 37.36 37.36	150m: 2:07.23 45.62	250m: 3:40.22 48.80	350m: 5:10.22 40.85	
	100m: 1:21.61 44.25	200m: 2:51.42 44.19	300m: 4:29.37 49.15	400m: 5:49.53 39.31	
25.	Joao Pedro Sousa	09	Geslours	5:50.11	301
	50m: 37.03 37.03	150m: 2:06.61 45.34	250m: 3:39.11 50.29	350m: 5:11.72 41.19	
	100m: 1:21.27 44.24	200m: 2:48.82 42.21	300m: 4:30.53 51.42	400m: 5:50.11 38.39	
26.	Martim Abalada Vilaca	09	AONDA - Azeitão	5:52.17	296
	50m: 35.75 35.75	150m: 2:08.67 47.44	250m: 3:42.83 48.82	350m: 5:13.73 40.66	
	100m: 1:21.23 45.48	200m: 2:54.01 45.34	300m: 4:33.07 50.24	400m: 5:52.17 38.44	
27.	Santiago Castanheira Martins	09	CPCD - Póvoa Sta Iria	5:53.82	292
	50m: 35.85 35.85	150m: 2:03.15 43.54	250m: 3:39.85 54.44	350m: 5:13.96 41.78	
	100m: 1:19.61 43.76	200m: 2:45.41 42.26	300m: 4:32.18 52.33	400m: 5:53.82 39.86	
28.	Duarte Afonso Leite	09	Laranjeiro	5:55.52	288
	50m: 38.03 38.03	150m: 2:11.65 44.36	250m: 3:46.82 52.98	350m: 5:16.43 37.62	
	100m: 1:27.29 49.26	200m: 2:53.84 42.19	300m: 4:38.81 51.99	400m: 5:55.52 39.09	
29.	Tomas Pires Oliveira	09	Colegio Int Monte Maior	5:59.52	278
	50m: 37.10 37.10	150m: 2:10.86 45.28	250m: 3:47.33 52.71	350m: 5:21.05 40.49	
	100m: 1:25.58 48.48	200m: 2:54.62 43.76	300m: 4:40.56 53.23	400m: 5:59.52 38.47	
30.	Bernardo Miguel Oliveira	09	Salesianos	5:59.96	277
	50m: 37.43 37.43	150m: 2:08.95 46.53	250m: 3:46.14 52.36	350m: 5:20.48 41.94	
	100m: 1:22.42 44.99	200m: 2:53.78 44.83	300m: 4:38.54 52.40	400m: 5:59.96 39.48	
31.	Gustavo Branco Silva	09	Geslours	6:00.90	275
	50m: 37.51 37.51	150m: 2:10.62 45.03	250m: 3:47.25 52.04	350m: 5:22.58 40.67	
	100m: 1:25.59 48.08	200m: 2:55.21 44.59	300m: 4:41.91 54.66	400m: 6:00.90 38.32	
32.	Afonso Santos Carromeu	09	Naval Setubalense	6:13.01	249
	50m: 44.28 44.28	150m: 2:21.55 47.10	250m: 3:59.92 52.15	350m: 5:34.72 42.58	
	100m: 1:34.45 50.17	200m: 3:07.77 46.22	300m: 4:52.14 52.22	400m: 6:13.01 38.29	
DSQ	Francisco Sousa Lucas	09	Bombeiros dos Estoris		
	<i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>				
DSQ	Angelo Carvalho Interlandi	09	Alges		
	<i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>				
DSQ	Ricardo Martins Brizado	09	Sporting		
	<i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>				
DSQ	Martim Guerreiro Martins	09	Sporting		
	<i>E-B35 - No percurso de bruços, efect. múltiplas pernadas de golfinho após a viragem aos 250 metros (SW 7.1)</i>				
DNS	Tiago Trindade Manuel	09	Palmela Desporto		

Infantis

1.	Diogo Damasceno Reis	09	Sporting	4:58.85	485
	50m: 30.81 30.81	150m: 1:46.71 38.70	250m: 3:06.11 41.27	350m: 4:24.51 35.49	
	100m: 1:08.01 37.20	200m: 2:24.84 38.13	300m: 3:49.02 42.91	400m: 4:58.85 34.34	
2.	Xavier Jesus Valente	09	Colégio Vasco da Gama	5:09.91	434
	50m: 33.66 33.66	150m: 1:52.04 39.52	250m: 3:15.01 44.34	350m: 4:35.86 35.43	
	100m: 1:12.52 38.86	200m: 2:30.67 38.63	300m: 4:00.43 45.42	400m: 5:09.91 34.05	
3.	Paulo Junio Fernandes	09	Alges	5:18.99	398
	50m: 32.78 32.78	150m: 1:53.44 42.09	250m: 3:20.98 45.15	350m: 4:43.94 36.42	
	100m: 1:11.35 38.57	200m: 2:35.83 42.39	300m: 4:07.52 46.54	400m: 5:18.99 35.05	

Resultados online: anlisboa.info/live

Prova 2, Masc., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
4.	Francisco Nunes Roque	09	Benfica	5:20.14	394
	50m: 34.90 34.90	150m: 1:55.17 41.48	250m: 3:20.67 44.69	350m: 4:43.39 36.94	
	100m: 1:13.69 38.79	200m: 2:35.98 40.81	300m: 4:06.45 45.78	400m: 5:20.14 36.75	
5.	Martim Chambel Pinto	09	Colegio Int Monte Maior	5:22.31	386
	50m: 34.21 34.21	150m: 1:53.69 39.00	250m: 3:21.92 50.55	350m: 4:47.61 35.34	
	100m: 1:14.69 40.48	200m: 2:31.37 37.68	300m: 4:12.27 50.35	400m: 5:22.31 34.70	
6.	Jesus Alberto Mejias	09	Vikings	5:22.36	386
	50m: 30.32 30.32	150m: 1:50.31 43.28	250m: 3:21.63 47.46	350m: 4:47.58 38.29	
	100m: 1:07.03 36.71	200m: 2:34.17 43.86	300m: 4:09.29 47.66	400m: 5:22.36 34.78	
7.	Rafael Lin Moniz	09	Naval Setubalense	5:23.05	384
	50m: 33.99 33.99	150m: 1:54.85 41.37	250m: 3:23.37 48.43	350m: 4:48.50 37.14	
	100m: 1:13.48 39.49	200m: 2:34.94 40.09	300m: 4:11.36 47.99	400m: 5:23.05 34.55	
8.	Dinis Aresta Ribeiro	10	Sporting	5:23.32	383
	50m: 35.86 35.86	150m: 1:59.10 41.50	250m: 3:26.05 46.16	350m: 4:48.79 36.21	
	100m: 1:17.60 41.74	200m: 2:39.89 40.79	300m: 4:12.58 46.53	400m: 5:23.32 34.53	
9.	Martim Frederico Marques	10	CPCD - Póvoa Sta Iria	5:23.89	381
	50m: 32.62 32.62	150m: 1:55.96 43.80	250m: 3:25.47 47.26	350m: 4:48.62 36.96	
	100m: 1:12.16 39.54	200m: 2:38.21 42.25	300m: 4:11.66 46.19	400m: 5:23.89 35.27	
10.	Xavier Rosa Madeira	09	Laranjeiro	5:26.85	370
	50m: 32.51 32.51	150m: 1:55.13 43.07	250m: 3:23.92 46.84	350m: 4:50.81 37.71	
	100m: 1:12.06 39.55	200m: 2:37.08 41.95	300m: 4:13.10 49.18	400m: 5:26.85 36.04	
11.	Renato Ferreira Mimoso	10	Benfica	5:27.41	368
	50m: 35.69 35.69	150m: 1:57.41 40.78	250m: 3:27.18 48.87	350m: 4:51.93 35.88	
	100m: 1:16.63 40.94	200m: 2:38.31 40.90	300m: 4:16.05 48.87	400m: 5:27.41 35.48	
12.	David Emanuel Tome	09	Gesloures	5:28.43	365
	50m: 35.58 35.58	150m: 1:58.57 41.14	250m: 3:26.58 48.43	350m: 4:53.13 37.37	
	100m: 1:17.43 41.85	200m: 2:38.15 39.58	300m: 4:15.76 49.18	400m: 5:28.43 35.30	
13.	Hugo Pacheco Godinho	09	Sporting	5:28.68	364
	50m: 34.96 34.96	150m: 1:58.70 41.32	250m: 3:28.57 48.59	350m: 4:53.42 36.22	
	100m: 1:17.38 42.42	200m: 2:39.98 41.28	300m: 4:17.20 48.63	400m: 5:28.68 35.26	
14.	Miguel Bera Fonseca	09	Benfica	5:30.04	360
	50m: 33.87 33.87	150m: 1:58.01 44.58	250m: 3:28.04 47.10	350m: 4:53.29 37.95	
	100m: 1:13.43 39.56	200m: 2:40.94 42.93	300m: 4:15.34 47.30	400m: 5:30.04 36.75	
15.	Rodrigo Duarte Narigueta	09	Palmela Desporto	5:31.27	356
	50m: 33.69 33.69	150m: 1:56.51 42.27	250m: 3:27.16 48.92	350m: 4:54.37 37.46	
	100m: 1:14.24 40.55	200m: 2:38.24 41.73	300m: 4:16.91 49.75	400m: 5:31.27 36.90	
16.	Vasco Alexandre Martins	09	Colegio Int Monte Maior	5:36.73	339
	50m: 35.78 35.78	150m: 2:01.96 44.41	250m: 3:31.11 47.15	350m: 4:58.44 38.36	
	100m: 1:17.55 41.77	200m: 2:43.96 42.00	300m: 4:20.08 48.97	400m: 5:36.73 38.29	
17.	Daniel Alexandre Lourenco	09	Sporting	5:37.87	335
	50m: 33.61 33.61	150m: 1:56.57 43.51	250m: 3:28.59 49.80	350m: 4:59.60 39.28	
	100m: 1:13.06 39.45	200m: 2:38.79 42.22	300m: 4:20.32 51.73	400m: 5:37.87 38.27	
18.	Antonio Carimbo Godinho	10	Fisica Torres Vedras	5:38.90	332
	50m: 34.90 34.90	150m: 1:57.84 43.19	250m: 3:31.54 50.60	350m: 5:02.20 39.38	
	100m: 1:14.65 39.75	200m: 2:40.94 43.10	300m: 4:22.82 51.28	400m: 5:38.90 36.70	
19.	Afonso Cunha Amaral	09	Alges	5:39.62	330
	50m: 33.62 33.62	150m: 1:58.93 43.85	250m: 3:33.28 49.28	350m: 5:02.98 39.06	
	100m: 1:15.08 41.46	200m: 2:44.00 45.07	300m: 4:23.92 50.64	400m: 5:39.62 36.64	
20.	Afonso Manuel Gomes	10	Sporting	5:40.04	329
	50m: 35.93 35.93	150m: 2:01.76 42.97	250m: 3:33.67 49.70	350m: 5:03.44 40.23	
	100m: 1:18.79 42.86	200m: 2:43.97 42.21	300m: 4:23.21 49.54	400m: 5:40.04 36.60	
21.	Rui Melo Pereira	09	Benfica	5:40.82	327
	50m: 35.92 35.92	150m: 2:04.05 44.81	250m: 3:34.31 48.97	350m: 5:04.69 40.20	
	100m: 1:19.24 43.32	200m: 2:45.34 41.29	300m: 4:24.49 50.18	400m: 5:40.82 36.13	
22.	Bernardo Afonso Guedelha	09	Benfica	5:40.90	326
	50m: 33.52 33.52	150m: 1:57.86 44.23	250m: 3:33.61 52.08	350m: 5:05.13 38.88	
	100m: 1:13.63 40.11	200m: 2:41.53 43.67	300m: 4:26.25 52.64	400m: 5:40.90 35.77	
23.	Andre Huang	10	Gesloures	5:41.10	326
	50m: 37.06 37.06	150m: 2:04.73 43.32	250m: 3:35.01 47.88	350m: 5:03.57 38.40	
	100m: 1:21.41 44.35	200m: 2:47.13 42.40	300m: 4:25.17 50.16	400m: 5:41.10 37.53	
24.	Miguel Ratinho Rocha	09	Naval Setubalense	5:42.53	322
	50m: 34.51 34.51	150m: 1:59.93 44.35	250m: 3:34.19 50.00	350m: 5:04.18 40.02	
	100m: 1:15.58 41.07	200m: 2:44.19 44.26	300m: 4:24.16 49.97	400m: 5:42.53 38.35	

Resultados online: anlisboa.info/live

Prova 2, Masc., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
25.	Rodrigo Arga Paiva 50m: 36.37 36.37 100m: 1:21.09 44.72	09	Gesloures	150m: 2:04.15 43.06 200m: 2:46.25 42.10 250m: 3:35.58 49.33 300m: 4:25.86 50.28 350m: 5:05.13 39.27 400m: 5:42.79 37.66	321
26.	Diogo Rodrigues Sousa 50m: 37.29 37.29 100m: 1:20.84 43.55	10	Alges	150m: 2:05.46 44.62 200m: 2:49.60 44.14 250m: 3:38.06 48.46 300m: 4:27.15 49.09 350m: 5:06.32 39.17 400m: 5:44.03 37.71	317
27.	Pedro Guedes Caldas 50m: 34.51 34.51 100m: 1:16.52 42.01	09	Benfica	150m: 1:58.00 41.48 200m: 2:39.37 41.37 250m: 3:34.20 54.83 300m: 4:30.05 55.85 350m: 5:07.91 37.86 400m: 5:44.22 36.31	317
28.	Miguel Filipe Medronheira 50m: 34.59 34.59 100m: 1:16.69 42.10	09	Palmela Desporto	150m: 2:01.50 44.81 200m: 2:45.11 43.61 250m: 3:35.57 50.46 300m: 4:26.84 51.27 350m: 5:06.73 39.89 400m: 5:44.88 38.15	315
29.	Neil Merad 50m: 36.65 36.65 100m: 1:23.18 46.53	10	Benfica	150m: 2:05.51 42.33 200m: 2:47.84 42.33 250m: 3:38.97 51.13 300m: 4:31.26 52.29 350m: 5:08.59 37.33 400m: 5:46.12 37.53	312
30.	Andre Raposo Pinheiro 50m: 35.00 35.00 100m: 1:17.70 42.70	09	AONDA - Azeit�o	150m: 2:03.63 45.93 200m: 2:48.70 45.07 250m: 3:36.85 48.15 300m: 4:25.72 48.87 350m: 5:06.30 40.58 400m: 5:46.34 40.04	311
31.	Tomas Rodrigues Oliveira 50m: 35.12 35.12 100m: 1:17.12 42.00	10	Fisica Torres Vedras	150m: 2:01.06 43.94 200m: 2:44.24 43.18 250m: 3:38.13 53.89 300m: 4:31.45 53.32 350m: 5:10.50 39.05 400m: 5:46.65 36.15	310
32.	Guilherme Valente Pereira 50m: 36.75 36.75 100m: 1:20.21 43.46	10	Colegio Int Monte Maior	150m: 2:05.57 45.36 200m: 2:48.31 42.74 250m: 3:38.47 50.16 300m: 4:29.30 50.83 350m: 5:08.78 39.48 400m: 5:47.67 38.89	308
33.	Francisco Gabriel Freitas 50m: 36.63 36.63 100m: 1:23.76 47.13	09	Gesloures	150m: 2:09.13 45.37 200m: 2:54.14 45.01 250m: 3:42.33 48.19 300m: 4:32.21 49.88 350m: 5:12.52 40.31 400m: 5:49.50 36.98	303
34.	Diogo Soares Marques 50m: 37.36 37.36 100m: 1:21.61 44.25	09	Alges	150m: 2:07.23 45.62 200m: 2:51.42 44.19 250m: 3:40.22 48.80 300m: 4:29.37 49.15 350m: 5:10.22 40.85 400m: 5:49.53 39.31	303
35.	Joao Pedro Sousa 50m: 37.03 37.03 100m: 1:21.27 44.24	09	Gesloures	150m: 2:06.61 45.34 200m: 2:48.82 42.21 250m: 3:39.11 50.29 300m: 4:30.53 51.42 350m: 5:11.72 41.19 400m: 5:50.11 38.39	301
36.	Martim Abalada Vilaca 50m: 35.75 35.75 100m: 1:21.23 45.48	09	AONDA - Azeit�o	150m: 2:08.67 47.44 200m: 2:54.01 45.34 250m: 3:42.83 48.82 300m: 4:33.07 50.24 350m: 5:13.73 40.66 400m: 5:52.17 38.44	296
37.	Santiago Castanheira Martins 50m: 35.85 35.85 100m: 1:19.61 43.76	09	CPCD - P�voa Sta Iria	150m: 2:03.15 43.54 200m: 2:45.41 42.26 250m: 3:39.85 54.44 300m: 4:32.18 52.33 350m: 5:13.96 41.78 400m: 5:53.82 39.86	292
38.	Manuel Maria Santos 50m: 35.40 35.40 100m: 1:19.70 44.30	10	Colegio Int Monte Maior	150m: 2:04.24 44.54 200m: 2:48.36 44.12 250m: 3:39.28 50.92 300m: 4:33.10 53.82 350m: 5:13.74 40.64 400m: 5:54.41 40.67	290
	Martim Marino Brilha 50m: 41.40 41.40 100m: 1:29.76 48.36	10	Vikings	150m: 2:13.67 43.91 200m: 2:57.55 43.88 250m: 3:46.62 49.07 300m: 4:36.37 49.75 350m: 5:17.10 40.73 400m: 5:54.41 37.31	290
40.	Duarte Afonso Leite 50m: 38.03 38.03 100m: 1:27.29 49.26	09	Laranjeiro	150m: 2:11.65 44.36 200m: 2:53.84 42.19 250m: 3:46.82 52.98 300m: 4:38.81 51.99 350m: 5:16.43 37.62 400m: 5:55.52 39.09	288
41.	Francisco Reis Pinto 50m: 36.11 36.11 100m: 1:27.00 50.89	10	Alges	150m: 2:14.53 47.53 200m: 3:00.11 45.58 250m: 3:47.92 47.81 300m: 4:37.94 50.02 350m: 5:18.95 41.01 400m: 5:56.08 37.13	286
42.	Rafael Carreiras Marques 50m: 39.72 39.72 100m: 1:29.15 49.43	10	Gesloures	150m: 2:15.10 45.95 200m: 2:58.81 43.71 250m: 3:47.02 48.21 300m: 4:36.85 49.83 350m: 5:18.92 42.07 400m: 5:57.51 38.59	283
43.	Tomas Pires Oliveira 50m: 37.10 37.10 100m: 1:25.58 48.48	09	Colegio Int Monte Maior	150m: 2:10.86 45.28 200m: 2:54.62 43.76 250m: 3:47.33 52.71 300m: 4:40.56 53.23 350m: 5:21.05 40.49 400m: 5:59.52 38.47	278
44.	Diogo Alves Castro 50m: 35.00 35.00 100m: 1:18.16 43.16	10	Alges	150m: 2:05.23 47.07 200m: 2:51.41 46.18 250m: 3:43.70 52.29 300m: 4:36.83 53.13 350m: 5:19.72 42.89 400m: 5:59.73 40.01	278
45.	Bernardo Miguel Oliveira 50m: 37.43 37.43 100m: 1:22.42 44.99	09	Salesianos	150m: 2:08.95 46.53 200m: 2:53.78 44.83 250m: 3:46.14 52.36 300m: 4:38.54 52.40 350m: 5:20.48 41.94 400m: 5:59.96 39.48	277

Resultados online: anlisboa.info/live

Prova 2, Masc., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
46.	Tomas Ricardo Freire 50m: 37.80 37.80 100m: 1:23.13 45.33	10	Sporting 150m: 2:07.32 44.19 200m: 2:50.97 43.65	250m: 3:45.37 54.40 300m: 4:40.77 55.40	6:00.13 277 350m: 5:21.10 40.33 400m: 6:00.13 39.03
47.	Gustavo Branco Silva 50m: 37.51 37.51 100m: 1:25.59 48.08	09	Gesloures 150m: 2:10.62 45.03 200m: 2:55.21 44.59	250m: 3:47.25 52.04 300m: 4:41.91 54.66	6:00.90 275 350m: 5:22.58 40.67 400m: 6:00.90 38.32
48.	Tiago Moreira Almeida 50m: 39.12 39.12 100m: 1:27.00 47.88	10	Salesianos 150m: 2:10.70 43.70 200m: 2:54.50 43.80	250m: 3:48.23 53.73 300m: 4:43.23 55.00	6:02.40 272 350m: 5:24.78 41.55 400m: 6:02.40 37.62
49.	Henrique Matos Sebrosa 50m: 38.81 38.81 100m: 1:29.91 51.10	10	Gesloures 150m: 2:16.89 46.98 200m: 3:01.35 44.46	250m: 3:51.55 50.20 300m: 4:41.32 49.77	6:02.71 271 350m: 5:22.53 41.21 400m: 6:02.71 40.18
50.	Afonso Velada Pereira 50m: 41.12 41.12 100m: 1:29.16 48.04	10	Sporting 150m: 2:15.43 46.27 200m: 3:00.54 45.11	250m: 3:50.79 50.25 300m: 4:42.35 51.56	6:03.82 268 350m: 5:24.18 41.83 400m: 6:03.82 39.64
51.	Martim Goncalves Lopes 50m: 40.13 40.13 100m: 1:30.64 50.51	10	Gesloures 150m: 2:16.08 45.44 200m: 2:59.39 43.31	250m: 3:52.12 52.73 300m: 4:44.40 52.28	6:05.54 265 350m: 5:25.95 41.55 400m: 6:05.54 39.59
52.	Guilherme Costa Alves 50m: 40.69 40.69 100m: 1:29.31 48.62	10	Benfica 150m: 2:14.85 45.54 200m: 3:00.28 45.43	250m: 3:53.67 53.39 300m: 4:48.28 54.61	6:06.92 262 350m: 5:28.08 39.80 400m: 6:06.92 38.84
53.	Miguel Belo Santos 50m: 41.29 41.29 100m: 1:31.64 50.35	10	Alges 150m: 2:20.37 48.73 200m: 3:06.52 46.15	250m: 3:56.09 49.57 300m: 4:48.11 52.02	6:09.96 255 350m: 5:30.25 42.14 400m: 6:09.96 39.71
54.	Tiago Neres Santo 50m: 39.07 39.07 100m: 1:26.47 47.40	10	Alges 150m: 2:15.85 49.38 200m: 3:04.79 48.94	250m: 3:56.86 52.07 300m: 4:51.30 54.44	6:10.39 254 350m: 5:32.58 41.28 400m: 6:10.39 37.81
55.	Afonso Santos Carromeu 50m: 44.28 44.28 100m: 1:34.45 50.17	09	Naval Setubalense 150m: 2:21.55 47.10 200m: 3:07.77 46.22	250m: 3:59.92 52.15 300m: 4:52.14 52.22	6:13.01 249 350m: 5:34.72 42.58 400m: 6:13.01 38.29
56.	Afonso Daniel Carvalhas 50m: 39.03 39.03 100m: 1:27.06 48.03	10	AONDA - Azeitão 150m: 2:17.80 50.74 200m: 3:07.55 49.75	250m: 4:01.78 54.23 300m: 4:56.03 54.25	6:19.76 236 350m: 5:38.67 42.64 400m: 6:19.76 41.09
57.	Goncalo Soares Brito 50m: 38.98 38.98 100m: 1:33.12 54.14	10	Bombeiros dos Estoris 150m: 2:19.44 46.32 200m: 3:05.20 45.76	250m: 4:03.22 58.02 300m: 5:00.59 57.37	6:25.30 226 350m: 5:43.49 42.90 400m: 6:25.30 41.81
58.	Jose Luis Assuncao 50m: 41.12 41.12 100m: 1:30.67 49.55	10	Bombeiros dos Estoris 150m: 2:20.08 49.41 200m: 3:06.39 46.31	250m: 4:04.36 57.97 300m: 5:03.37 59.01	6:26.44 224 350m: 5:45.63 42.26 400m: 6:26.44 40.81
59.	Tomas Maria Horta 50m: 44.99 44.99 100m: 1:38.39 53.40	10	Gesloures 150m: 2:26.78 48.39 200m: 3:13.84 47.06	250m: 4:10.12 56.28 300m: 5:07.49 57.37	6:30.63 217 350m: 5:49.61 42.12 400m: 6:30.63 41.02
60.	Joao Alves Mendes 50m: 48.15 48.15 100m: 1:48.79 1:00.64	10	Benfica 150m: 2:34.75 45.96 200m: 3:21.03 46.28	250m: 4:19.18 58.15 300m: 5:17.08 57.90	6:44.05 196 350m: 6:01.68 44.60 400m: 6:44.05 42.37
61.	Cristiano Rafael Melnychuk 50m: 50.26 50.26 100m: 1:51.56 1:01.30	10	Colégio Vasco da Gama 150m: 2:41.75 50.19 200m: 3:31.51 49.76	250m: 4:29.05 57.54 300m: 5:28.00 58.95	6:49.78 188 350m: 6:09.09 41.09 400m: 6:49.78 40.69
DSQ	Henrique Rodrigues Carvalho <i>E-M50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de mariposa(SW 8.4)</i>	10	Colegio Int Monte Maior		
DSQ	Goncalo Tapadas Marques <i>E-M35 - No percurso de mariposa, efectuou batimento alternado de pernas/pés após a viragem aos 50 metros. (SW 8.3)</i>	10	Colegio Int Monte Maior		
DSQ	Francisco Sousa Lucas <i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>	09	Bombeiros dos Estoris		

Resultados online: anlisboa.info/live

Prova 2, Masc., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
DSQ	Angelo Carvalho Interlandi <i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>	09	Alges		
DSQ	Martim Alves Dias <i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>	10	Naval Setubalense		
DSQ	Manuel Mendes Almeida <i>Durante o percurso de Mariposa o atleta não elevou os braços acima da superfície da água (S.W. 8.2)</i>	10	Sporting		
DSQ	Ricardo Martins Brizado <i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>	09	Sporting		
DSQ	Rodrigo Ferrao Dias <i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>	10	Sporting		
DSQ	Martim Guerreiro Martins <i>E-B35 - No percurso de bruços, efect. múltiplas pernadas de golfinho após a viragem aos 250 metros (SW 7.1)</i>	09	Sporting		
DNS	Tiago Trindade Manuel	09	Palmela Desporto		

Resultados online: anlisboa.info/live

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