

Prova 1
27.05.2023 - 14:45

Femin., 400m Estilos

Infantis
Resultados

Rec Regional Inf A	5:07.22	Susana Patricia Miguel	POR	Santarem	2003
Rec Regional Inf B	5:15.68	Susana Patricia Miguel	POR	Rio Maior	2002
Rec Regional Absoluto	4:36.19	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017
Rec Nacional Inf A	5:05.68	Filiipa Vilas Ruivo	POR	Leiria	2010
Rec Nacional Inf B	5:15.68	Susana Patricia Miguel	POR	Rio Maior	2002
Rec Nacional Absoluto	4:36.19	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017

Mínimo Participação Inf B: 7:11.71; Inf A: 7:00.01

Pontos: FINA 2022

Pos.	Nadador	Ano	Clube	Tempo	Pts
Infantis B					
1.	Ana Filipa Serra	11	CPCD - Póvoa Sta Iria	5:47.76	412
	50m: 39.39 39.39	150m: 2:08.27 43.11	250m: 3:39.96 49.53	350m: 5:10.86 40.68	
	100m: 1:25.16 45.77	200m: 2:50.43 42.16	300m: 4:30.18 50.22	400m: 5:47.76 36.90	
2.	Margarida Santos Moura	11	Sporting	5:49.03	408
	50m: 37.58 36.54	150m: 2:03.56 45.95	250m: 3:38.93 49.02	350m: 5:10.41 39.73	
	100m: 1:17.61 41.07	200m: 2:49.91 46.35	300m: 4:30.68 51.75	400m: 5:49.03 38.62	
3.	Ana Mao de Ferro	11	Sporting	5:59.29	374
	50m: 39.21 39.21	150m: 2:10.03 44.87	250m: 3:46.22 51.88	350m: 5:20.09 40.93	
	100m: 1:25.16 45.95	200m: 2:54.34 44.31	300m: 4:39.16 52.94	400m: 5:59.29 39.20	
4.	Margarida Almeida Ferreira	11	Sporting	6:05.19	356
	50m: 37.58 37.58	150m: 2:09.20 46.75	250m: 3:49.30 55.52	350m: 5:25.16 39.01	
	100m: 1:22.45 44.87	200m: 2:53.78 44.58	300m: 4:46.15 56.85	400m: 6:05.19 40.03	
5.	Madalena Ferreira Baldo	11	Colegio Int Monte Maior	6:05.45	355
	50m: 40.61 40.61	150m: 2:16.22 45.36	250m: 3:52.26 51.20	350m: 5:25.72 41.33	
	100m: 1:30.86 50.25	200m: 3:01.06 44.84	300m: 4:44.39 52.13	400m: 6:05.45 39.73	
6.	Maria Rendeiro Correia	11	Alges	6:07.58	349
	50m: 39.03 39.03	150m: 2:12.71 48.33	250m: 3:52.11 53.05	350m: 5:27.27 41.59	
	100m: 1:24.38 45.35	200m: 2:59.06 46.35	300m: 4:45.68 53.57	400m: 6:07.58 40.31	
7.	Leonor Coelho Silva	11	Vikings	6:15.33	328
	50m: 41.19 41.19	150m: 2:16.30 45.73	250m: 3:56.85 55.90	350m: 5:36.43 41.95	
	100m: 1:30.57 49.38	200m: 3:00.95 44.65	300m: 4:54.48 57.63	400m: 6:15.33 38.90	
8.	Ines Freitas Abrantes	11	Colegio Int Monte Maior	6:15.90	326
	50m: 41.70 41.70	150m: 2:17.21 48.20	250m: 3:58.04 54.60	350m: 5:35.30 42.27	
	100m: 1:29.01 47.31	200m: 3:03.44 46.23	300m: 4:53.03 54.99	400m: 6:15.90 40.60	
9.	Sara Silva Campos	11	Laranjeiro	6:21.13	313
	50m: 41.17 41.17	150m: 2:22.52 50.53	250m: 4:04.89 54.40	350m: 5:41.21 42.41	
	100m: 1:31.99 50.82	200m: 3:10.49 47.97	300m: 4:58.80 53.91	400m: 6:21.13 39.92	
10.	Ines Silva Paiva	11	Colegio Int Monte Maior	6:23.04	308
	50m: 42.35 42.35	150m: 2:20.70 47.55	250m: 4:00.48 52.63	350m: 5:40.40 46.75	
	100m: 1:33.15 50.80	200m: 3:07.85 47.15	300m: 4:53.65 53.17	400m: 6:23.04 42.64	
11.	Francisca Meneses Goncalves	11	Geslours	6:27.10	299
	50m: 44.14 44.14	150m: 2:24.32 47.66	250m: 4:06.42 53.56	350m: 5:45.59 44.36	
	100m: 1:36.66 52.52	200m: 3:12.86 48.54	300m: 5:01.23 54.81	400m: 6:27.10 41.51	
12.	Madalena Correia Gomes	11	Colegio Int Monte Maior	6:28.54	295
	50m: 43.44 43.44	150m: 2:23.03 48.49	250m: 4:06.00 56.62	350m: 5:47.75 44.48	
	100m: 1:34.54 51.10	200m: 3:09.38 46.35	300m: 5:03.27 57.27	400m: 6:28.54 40.79	
13.	Leticia Coelho Silva	11	Vikings	6:42.53	266
	50m: 44.21 44.21	150m: 2:32.11 53.28	250m: 4:20.39 56.77	350m: 6:00.66 42.67	
	100m: 1:38.83 54.62	200m: 3:23.62 51.51	300m: 5:17.99 57.60	400m: 6:42.53 41.87	
14.	Carolina Melo Camejo	11	Sporting	6:48.60	254
	50m: 40.73 40.73	150m: 2:25.35 50.76	250m: 4:15.38 1:02.48	350m: 6:02.85 44.78	
	100m: 1:34.59 53.86	200m: 3:12.90 47.55	300m: 5:18.07 1:02.69	400m: 6:48.60 45.75	
15.	Madalena Carreiro Rodrigues	11	Benfica	6:50.69	250
	50m: 50.92 50.92	150m: 2:40.96 49.43	250m: 4:27.02 57.24	350m: 6:07.92 43.42	
	100m: 1:51.53 1:00.61	200m: 3:29.78 48.82	300m: 5:24.50 57.48	400m: 6:50.69 42.77	
16.	Ines Duarte Mendes	11	Colegio Int Monte Maior	6:50.78	250
	50m: 50.36 50.36	150m: 2:34.08 50.58	250m: 4:22.73 1:00.12	350m: 6:08.13 46.55	
	100m: 1:43.50 53.14	200m: 3:22.61 48.53	300m: 5:21.58 58.85	400m: 6:50.78 42.65	
17.	Maria Fatima Pagani	11	Bombeiros dos Estoris	6:53.75	245
	50m: 47.95 47.95	150m: 2:39.52 52.17	250m: 4:27.19 1:00.18	350m: 6:11.32 46.79	
	100m: 1:47.35 59.40	200m: 3:27.01 47.49	300m: 5:24.53 57.34	400m: 6:53.75 42.43	

Resultados online: anlisboa.info/live

Prova 1, Femin., 400m Estilos, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
DSQ	Diana Gomes Nunes <i>E-M14 - No percurso de mariposa, efect. movimento de pernada de bruços durante o percurso (SW 8.3)</i>	11	Colegio Int Monte Maior		
DSQ	Eva Alves Santos <i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>	11	Colegio Int Monte Maior		
DSQ	Catarina Ribeiro Fernandez <i>E-B50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de bruços (SW 7.6)</i>	11	Gesloures		
DSQ	Leonor Areias Martins <i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>	11	Gesloures		
DSQ	Matilde Bento Pereira <i>G21 - Iniciou o percurso num estilo diferente ao referenciado para a prova</i>	11	Gesloures		

Infantis A

1.	Rita Braga Gomes	10	Sporting	5:37.95	449
	50m: 36.56 36.56	150m: 2:03.86 44.79	250m: 3:33.90 45.65	350m: 4:59.60 38.73	
	100m: 1:19.07 42.51	200m: 2:48.25 44.39	300m: 4:20.87 46.97	400m: 5:37.95 38.35	
2.	Beatriz Costa Diniz	10	Sporting	5:47.19	414
	50m: 37.82 37.82	150m: 2:07.12 45.06	250m: 3:38.60 47.63	350m: 5:07.61 40.43	
	100m: 1:22.06 44.24	200m: 2:50.97 43.85	300m: 4:27.18 48.58	400m: 5:47.19 39.58	
3.	Carolina Escrevente Guerra	10	Alges	5:53.00	394
	50m: 38.48 38.48	150m: 2:07.53 42.93	250m: 3:41.28 51.40	350m: 5:14.80 40.99	
	100m: 1:24.60 46.12	200m: 2:49.88 42.35	300m: 4:33.81 52.53	400m: 5:53.00 38.20	
4.	Joana Alexandra Silva	10	CPCD - Póvoa Sta Iria	5:53.10	394
	50m: 36.17 36.17	150m: 2:06.23 45.44	250m: 3:41.89 51.72	350m: 5:14.15 39.67	
	100m: 1:20.79 44.62	200m: 2:50.17 43.94	300m: 4:34.48 52.59	400m: 5:53.10 38.95	
5.	Alicia Del Rio Bernat	10	Alges	5:53.40	393
	50m: 37.61 37.61	150m: 2:11.35 50.00	250m: 3:46.82 48.77	350m: 5:15.49 39.50	
	100m: 1:21.35 43.74	200m: 2:58.05 46.70	300m: 4:35.99 49.17	400m: 5:53.40 37.91	
6.	Maria Madalena Fernandes	10	Alges	5:54.26	390
	50m: 36.68 36.68	150m: 2:05.60 47.14	250m: 3:42.14 51.27	350m: 5:15.13 40.40	
	100m: 1:18.46 41.78	200m: 2:50.87 45.27	300m: 4:34.73 52.59	400m: 5:54.26 39.13	
7.	Luana Raquel Monteiro	10	Palmela Desporto	5:56.97	381
	50m: 39.57 39.57	150m: 2:11.41 46.39	250m: 3:45.87 50.08	350m: 5:17.50 40.75	
	100m: 1:25.02 45.45	200m: 2:55.79 44.38	300m: 4:36.75 50.88	400m: 5:56.97 39.47	
8.	Maria Rita Filipe	10	Gesloures	5:57.81	379
	50m: 41.48 41.48	150m: 2:11.82 41.73	250m: 3:45.06 51.33	350m: 5:17.37 40.22	
	100m: 1:30.09 48.61	200m: 2:53.73 41.91	300m: 4:37.15 52.09	400m: 5:57.81 40.44	
9.	Victoria Sales Proenca	10	Benfica	5:58.09	378
	50m: 38.89 38.89	150m: 2:10.64 46.05	250m: 3:47.05 51.00	350m: 5:18.83 40.07	
	100m: 1:24.59 45.70	200m: 2:56.05 45.41	300m: 4:38.76 51.71	400m: 5:58.09 39.26	
10.	Luisa Anjos Frischknecht	10	Naval Setubalense	5:59.95	372
	50m: 40.34 40.34	150m: 2:10.04 44.94	250m: 3:46.33 51.21	350m: 5:19.42 42.12	
	100m: 1:25.10 44.76	200m: 2:55.12 45.08	300m: 4:37.30 50.97	400m: 5:59.95 40.53	
11.	Gabriela Parreira	10	Sporting	6:03.50	361
	50m: 36.97 36.97	150m: 2:05.88 46.55	250m: 3:46.85 54.03	350m: 5:23.35 42.44	
	100m: 1:19.33 42.36	200m: 2:52.82 46.94	300m: 4:40.91 54.06	400m: 6:03.50 40.15	
12.	Estela Couto Ribeiro	10	Sporting	6:06.97	351
	50m: 39.50 39.50	150m: 2:13.64 47.82	250m: 3:54.29 53.19	350m: 5:27.59 40.35	
	100m: 1:25.82 46.32	200m: 3:01.10 47.46	300m: 4:47.24 52.95	400m: 6:06.97 39.38	
13.	Beatriz Paiva Branco	10	Laranjeiro	6:07.15	350
	50m: 42.31 42.31	150m: 2:18.30 45.60	250m: 3:54.88 51.37	350m: 5:27.61 40.72	
	100m: 1:32.70 50.39	200m: 3:03.51 45.21	300m: 4:46.89 52.01	400m: 6:07.15 39.54	
14.	Rita Canas Brito	10	Naval Setubalense	6:07.85	348
	50m: 40.48 40.48	150m: 2:16.81 48.46	250m: 3:52.82 50.06	350m: 5:26.73 43.58	
	100m: 1:28.35 47.87	200m: 3:02.76 45.95	300m: 4:43.15 50.33	400m: 6:07.85 41.12	

Resultados online: anlisboa.info/live

Prova 1, Femin., 400m Estilos, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
15.	Maria Barafusta Afonso	10	Naval Setubalense	6:15.70	327
	50m: 44.62 44.62 150m: 2:18.59 44.92 250m: 3:56.97 55.60 350m: 5:35.64 42.50			100m: 1:33.67 49.05 200m: 3:01.37 42.78 300m: 4:53.14 56.17 400m: 6:15.70 40.06	
16.	Rita Rocha Ferreira	10	Benfica	6:17.41	322
	50m: 38.99 38.99 150m: 2:12.12 48.46 250m: 3:53.19 52.32 350m: 5:33.49 45.16			100m: 1:23.66 44.67 200m: 3:00.87 48.75 300m: 4:48.33 55.14 400m: 6:17.41 43.92	
17.	Beatriz Nunes Leao	10	Laranjeiro	6:20.92	314
	50m: 41.53 41.53 150m: 2:17.93 46.02 250m: 3:59.17 55.46 350m: 5:39.04 43.13			100m: 1:31.91 50.38 200m: 3:03.71 45.78 300m: 4:55.91 56.74 400m: 6:20.92 41.88	
18.	Francisca Maria Esteves	10	Colégio Vasco da Gama	6:33.03	285
	50m: 48.19 48.19 150m: 2:34.37 49.47 250m: 4:13.57 50.85 350m: 5:50.78 45.13			100m: 1:44.90 56.71 200m: 3:22.72 48.35 300m: 5:05.65 52.08 400m: 6:33.03 42.25	
19.	Alicia Tais Ferreira	10	Geslours	6:40.87	269
	50m: 43.61 43.61 150m: 2:27.79 50.09 250m: 4:11.61 54.84 350m: 5:54.46 47.09			100m: 1:37.70 54.09 200m: 3:16.77 48.98 300m: 5:07.37 55.76 400m: 6:40.87 46.41	
20.	Nuria Cristina Pires	10	Vikings	6:42.23	266
	50m: 42.18 42.18 150m: 2:26.58 50.52 250m: 4:16.22 59.79 350m: 6:00.37 42.10			100m: 1:36.06 53.88 200m: 3:16.43 49.85 300m: 5:18.27 1:02.05 400m: 6:42.23 41.86	
21.	Maria Francisca Moreira <i>Fora Minimo Acesso</i>	10	Bombeiros dos Estoris	7:04.56	226
	50m: 44.09 44.09 150m: 2:39.49 52.92 250m: 4:29.45 59.61 350m: 6:18.10 47.57			100m: 1:46.57 1:02.48 200m: 3:29.84 50.35 300m: 5:30.53 1:01.08 400m: 7:04.56 46.46	
DSQ	Catarina Nobre Pardelha	10	Colegio Int Monte Maior		
	<i>E-M50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de mariposa(SW 8.4)</i>				
DSQ	Maria Ines Fryxell	10	AONDA - Azeitão		
	<i>E-M50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de mariposa(SW 8.4)</i>				
DSQ	Maria Duarte Carvalho	10	Benfica		
	<i>E-C50 - Perdeu a posição dorsal na chegada do percurso de costas (SW 6.5)</i>				
DSQ	Ana Nabais Mendes	10	Laranjeiro		
	<i>E-B50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de bruços (SW 7.6)</i>				
DSQ	Isabella Caterina Mejias	10	Vikings		
	<i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>				

Infantis

1.	Rita Braga Gomes	10	Sporting	5:37.95	449
	50m: 36.56 36.56 150m: 2:03.86 44.79 250m: 3:33.90 45.65 350m: 4:59.60 38.73			100m: 1:19.07 42.51 200m: 2:48.25 44.39 300m: 4:20.87 46.97 400m: 5:37.95 38.35	
2.	Beatriz Costa Diniz	10	Sporting	5:47.19	414
	50m: 37.82 37.82 150m: 2:07.12 45.06 250m: 3:38.60 47.63 350m: 5:07.61 40.43			100m: 1:22.06 44.24 200m: 2:50.97 43.85 300m: 4:27.18 48.58 400m: 5:47.19 39.58	
3.	Ana Filipa Serra	11	CPCD - Póvoa Sta Iria	5:47.76	412
	50m: 39.39 39.39 150m: 2:08.27 43.11 250m: 3:39.96 49.53 350m: 5:10.86 40.68			100m: 1:25.16 45.77 200m: 2:50.43 42.16 300m: 4:30.18 50.22 400m: 5:47.76 36.90	
4.	Margarida Santos Moura	11	Sporting	5:49.03	408
	50m: 36.54 36.54 150m: 2:03.56 45.95 250m: 3:38.93 49.02 350m: 5:10.41 39.73			100m: 1:17.61 41.07 200m: 2:49.91 46.35 300m: 4:30.68 51.75 400m: 5:49.03 38.62	
5.	Carolina Escrevente Guerra	10	Alges	5:53.00	394
	50m: 38.48 38.48 150m: 2:07.53 42.93 250m: 3:41.28 51.40 350m: 5:14.80 40.99			100m: 1:24.60 46.12 200m: 2:49.88 42.35 300m: 4:33.81 52.53 400m: 5:53.00 38.20	
6.	Joana Alexandra Silva	10	CPCD - Póvoa Sta Iria	5:53.10	394
	50m: 36.17 36.17 150m: 2:06.23 45.44 250m: 3:41.89 51.72 350m: 5:14.15 39.67			100m: 1:20.79 44.62 200m: 2:50.17 43.94 300m: 4:34.48 52.59 400m: 5:53.10 38.95	

Resultados online: anlisboa.info/live

Prova 1, Femin., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
7.	Alicia Del Rio Bernat	10	Alges	5:53.40	393
	50m: 37.61 37.61	150m: 2:11.35 50.00	250m: 3:46.82 48.77	350m: 5:15.49 39.50	
	100m: 1:21.35 43.74	200m: 2:58.05 46.70	300m: 4:35.99 49.17	400m: 5:53.40 37.91	
8.	Maria Madalena Fernandes	10	Alges	5:54.26	390
	50m: 36.68 36.68	150m: 2:05.60 47.14	250m: 3:42.14 51.27	350m: 5:15.13 40.40	
	100m: 1:18.46 41.78	200m: 2:50.87 45.27	300m: 4:34.73 52.59	400m: 5:54.26 39.13	
9.	Luana Raquel Monteiro	10	Palmela Desporto	5:56.97	381
	50m: 39.57 39.57	150m: 2:11.41 46.39	250m: 3:45.87 50.08	350m: 5:17.50 40.75	
	100m: 1:25.02 45.45	200m: 2:55.79 44.38	300m: 4:36.75 50.88	400m: 5:56.97 39.47	
10.	Maria Rita Filipe	10	Geslours	5:57.81	379
	50m: 41.48 41.48	150m: 2:11.82 41.73	250m: 3:45.06 51.33	350m: 5:17.37 40.22	
	100m: 1:30.09 48.61	200m: 2:53.73 41.91	300m: 4:37.15 52.09	400m: 5:57.81 40.44	
11.	Victoria Sales Proenca	10	Benfica	5:58.09	378
	50m: 38.89 38.89	150m: 2:10.64 46.05	250m: 3:47.05 51.00	350m: 5:18.83 40.07	
	100m: 1:24.59 45.70	200m: 2:56.05 45.41	300m: 4:38.76 51.71	400m: 5:58.09 39.26	
12.	Ana Mao de Ferro	11	Sporting	5:59.29	374
	50m: 39.21 39.21	150m: 2:10.03 44.87	250m: 3:46.22 51.88	350m: 5:20.09 40.93	
	100m: 1:25.16 45.95	200m: 2:54.34 44.31	300m: 4:39.16 52.94	400m: 5:59.29 39.20	
13.	Luisa Anjos Frischknecht	10	Naval Setubalense	5:59.95	372
	50m: 40.34 40.34	150m: 2:10.04 44.94	250m: 3:46.33 51.21	350m: 5:19.42 42.12	
	100m: 1:25.10 44.76	200m: 2:55.12 45.08	300m: 4:37.30 50.97	400m: 5:59.95 40.53	
14.	Gabriela Parreira	10	Sporting	6:03.50	361
	50m: 36.97 36.97	150m: 2:05.88 46.55	250m: 3:46.85 54.03	350m: 5:23.35 42.44	
	100m: 1:19.33 42.36	200m: 2:52.82 46.94	300m: 4:40.91 54.06	400m: 6:03.50 40.15	
15.	Margarida Almeida Ferreira	11	Sporting	6:05.19	356
	50m: 37.58 37.58	150m: 2:09.20 46.75	250m: 3:49.30 55.52	350m: 5:25.16 39.01	
	100m: 1:22.45 44.87	200m: 2:53.78 44.58	300m: 4:46.15 56.85	400m: 6:05.19 40.03	
16.	Madalena Ferreira Baldo	11	Colegio Int Monte Maior	6:05.45	355
	50m: 40.61 40.61	150m: 2:16.22 45.36	250m: 3:52.26 51.20	350m: 5:25.72 41.33	
	100m: 1:30.86 50.25	200m: 3:01.06 44.84	300m: 4:44.39 52.13	400m: 6:05.45 39.73	
17.	Estela Couto Ribeiro	10	Sporting	6:06.97	351
	50m: 39.50 39.50	150m: 2:13.64 47.82	250m: 3:54.29 53.19	350m: 5:27.59 40.35	
	100m: 1:25.82 46.32	200m: 3:01.10 47.46	300m: 4:47.24 52.95	400m: 6:06.97 39.38	
18.	Beatriz Paiva Branco	10	Laranjeiro	6:07.15	350
	50m: 42.31 42.31	150m: 2:18.30 45.60	250m: 3:54.88 51.37	350m: 5:27.61 40.72	
	100m: 1:32.70 50.39	200m: 3:03.51 45.21	300m: 4:46.89 52.01	400m: 6:07.15 39.54	
19.	Maria Rendeiro Correia	11	Alges	6:07.58	349
	50m: 39.03 39.03	150m: 2:12.71 48.33	250m: 3:52.11 53.05	350m: 5:27.27 41.59	
	100m: 1:24.38 45.35	200m: 2:59.06 46.35	300m: 4:45.68 53.57	400m: 6:07.58 40.31	
20.	Rita Canas Brito	10	Naval Setubalense	6:07.85	348
	50m: 40.48 40.48	150m: 2:16.81 48.46	250m: 3:52.82 50.06	350m: 5:26.73 43.58	
	100m: 1:28.35 47.87	200m: 3:02.76 45.95	300m: 4:43.15 50.33	400m: 6:07.85 41.12	
21.	Leonor Coelho Silva	11	Vikings	6:15.33	328
	50m: 41.19 41.19	150m: 2:16.30 45.73	250m: 3:56.85 55.90	350m: 5:36.43 41.95	
	100m: 1:30.57 49.38	200m: 3:00.95 44.65	300m: 4:54.48 57.63	400m: 6:15.33 38.90	
22.	Maria Barafusta Afonso	10	Naval Setubalense	6:15.70	327
	50m: 44.62 44.62	150m: 2:18.59 44.92	250m: 3:56.97 55.60	350m: 5:35.64 42.50	
	100m: 1:33.67 49.05	200m: 3:01.37 42.78	300m: 4:53.14 56.17	400m: 6:15.70 40.06	
23.	Ines Freitas Abrantes	11	Colegio Int Monte Maior	6:15.90	326
	50m: 41.70 41.70	150m: 2:17.21 48.20	250m: 3:58.04 54.60	350m: 5:35.30 42.27	
	100m: 1:29.01 47.31	200m: 3:03.44 46.23	300m: 4:53.03 54.99	400m: 6:15.90 40.60	
24.	Rita Rocha Ferreira	10	Benfica	6:17.41	322
	50m: 38.99 38.99	150m: 2:12.12 48.46	250m: 3:53.19 52.32	350m: 5:33.49 45.16	
	100m: 1:23.66 44.67	200m: 3:00.87 48.75	300m: 4:48.33 55.14	400m: 6:17.41 43.92	
25.	Beatriz Nunes Leao	10	Laranjeiro	6:20.92	314
	50m: 41.53 41.53	150m: 2:17.93 46.02	250m: 3:59.17 55.46	350m: 5:39.04 43.13	
	100m: 1:31.91 50.38	200m: 3:03.71 45.78	300m: 4:55.91 56.74	400m: 6:20.92 41.88	
26.	Sara Silva Campos	11	Laranjeiro	6:21.13	313
	50m: 41.17 41.17	150m: 2:22.52 50.53	250m: 4:04.89 54.40	350m: 5:41.21 42.41	
	100m: 1:31.99 50.82	200m: 3:10.49 47.97	300m: 4:58.80 53.91	400m: 6:21.13 39.92	
27.	Ines Silva Paiva	11	Colegio Int Monte Maior	6:23.04	308
	50m: 42.35 42.35	150m: 2:20.70 47.55	250m: 4:00.48 52.63	350m: 5:40.40 46.75	
	100m: 1:33.15 50.80	200m: 3:07.85 47.15	300m: 4:53.65 53.17	400m: 6:23.04 42.64	

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Prova 1, Femin., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
28.	Francisca Meneses Goncalves	11	Gesloures	6:27.10	299
	50m: 44.14 44.14	150m: 2:24.32 47.66	250m: 4:06.42 53.56	350m: 5:45.59 44.36	
	100m: 1:36.66 52.52	200m: 3:12.86 48.54	300m: 5:01.23 54.81	400m: 6:27.10 41.51	
29.	Madalena Correia Gomes	11	Colegio Int Monte Maior	6:28.54	295
	50m: 43.44 43.44	150m: 2:23.03 48.49	250m: 4:06.00 56.62	350m: 5:47.75 44.48	
	100m: 1:34.54 51.10	200m: 3:09.38 46.35	300m: 5:03.27 57.27	400m: 6:28.54 40.79	
30.	Francisca Maria Esteves	10	Colégio Vasco da Gama	6:33.03	285
	50m: 48.19 48.19	150m: 2:34.37 49.47	250m: 4:13.57 50.85	350m: 5:50.78 45.13	
	100m: 1:44.90 56.71	200m: 3:22.72 48.35	300m: 5:05.65 52.08	400m: 6:33.03 42.25	
31.	Alicia Tais Ferreira	10	Gesloures	6:40.87	269
	50m: 43.61 43.61	150m: 2:27.79 50.09	250m: 4:11.61 54.84	350m: 5:54.46 47.09	
	100m: 1:37.70 54.09	200m: 3:16.77 48.98	300m: 5:07.37 55.76	400m: 6:40.87 46.41	
32.	Nuria Cristina Pires	10	Vikings	6:42.23	266
	50m: 42.18 42.18	150m: 2:26.58 50.52	250m: 4:16.22 59.79	350m: 6:00.37 42.10	
	100m: 1:36.06 53.88	200m: 3:16.43 49.85	300m: 5:18.27 1:02.05	400m: 6:42.23 41.86	
33.	Leticia Coelho Silva	11	Vikings	6:42.53	266
	50m: 44.21 44.21	150m: 2:32.11 53.28	250m: 4:20.39 56.77	350m: 6:00.66 42.67	
	100m: 1:38.83 54.62	200m: 3:23.62 51.51	300m: 5:17.99 57.60	400m: 6:42.53 41.87	
34.	Carolina Melo Camejo	11	Sporting	6:48.60	254
	50m: 40.73 40.73	150m: 2:25.35 50.76	250m: 4:15.38 1:02.48	350m: 6:02.85 44.78	
	100m: 1:34.59 53.86	200m: 3:12.90 47.55	300m: 5:18.07 1:02.69	400m: 6:48.60 45.75	
35.	Madalena Carreiro Rodrigues	11	Benfica	6:50.69	250
	50m: 50.92 50.92	150m: 2:40.96 49.43	250m: 4:27.02 57.24	350m: 6:07.92 43.42	
	100m: 1:51.53 1:00.61	200m: 3:29.78 48.82	300m: 5:24.50 57.48	400m: 6:50.69 42.77	
36.	Ines Duarte Mendes	11	Colegio Int Monte Maior	6:50.78	250
	50m: 50.36 50.36	150m: 2:34.08 50.58	250m: 4:22.73 1:00.12	350m: 6:08.13 46.55	
	100m: 1:43.50 53.14	200m: 3:22.61 48.53	300m: 5:21.58 58.85	400m: 6:50.78 42.65	
37.	Maria Fatima Pagani	11	Bombeiros dos Estoris	6:53.75	245
	50m: 47.95 47.95	150m: 2:39.52 52.17	250m: 4:27.19 1:00.18	350m: 6:11.32 46.79	
	100m: 1:47.35 59.40	200m: 3:27.01 47.49	300m: 5:24.53 57.34	400m: 6:53.75 42.43	
38.	Maria Francisca Moreira <i>Fora Minimo Acesso</i>	10	Bombeiros dos Estoris	7:04.56	226
	50m: 44.09 44.09	150m: 2:39.49 52.92	250m: 4:29.45 59.61	350m: 6:18.10 47.57	
	100m: 1:46.57 1:02.48	200m: 3:29.84 50.35	300m: 5:30.53 1:01.08	400m: 7:04.56 46.46	
DSQ	Diana Gomes Nunes	11	Colegio Int Monte Maior		
	<i>E-M14 - No percurso de mariposa, efect. movimento de pernada de bruços durante o percurso (SW 8.3)</i>				
DSQ	Catarina Nobre Pardelha	10	Colegio Int Monte Maior		
	<i>E-M50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de mariposa(SW 8.4)</i>				
DSQ	Eva Alves Santos	11	Colegio Int Monte Maior		
	<i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>				
DSQ	Maria Ines Fryxell	10	AONDA - Azeitão		
	<i>E-M50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de mariposa(SW 8.4)</i>				
DSQ	Maria Duarte Carvalho	10	Benfica		
	<i>E-C50 - Perdeu a posição dorsal na chegada do percurso de costas (SW 6.5)</i>				
DSQ	Catarina Ribeiro Fernandez	11	Gesloures		
	<i>E-B50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de bruços (SW 7.6)</i>				
DSQ	Leonor Areias Martins	11	Gesloures		
	<i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>				
DSQ	Matilde Bento Pereira	11	Gesloures		
	<i>G21 - Iniciou o percurso num estilo diferente ao referenciado para a prova</i>				

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Prova 1, Femin., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
DSQ	Ana Nabais Mendes <i>E-B50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de braços (SW 7.6)</i>	10	Laranjeiro		
DSQ	Isabella Caterina Mejias <i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>	10	Vikings		

Resultados online: anlisboa.info/live

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