

Prova 12
11.03.2023 - 15:47

Femin., 400m Estilos

Absolutos
Startlist

Rec Nacional Absoluto	4:40.11	Victoria Kaminskaya	ESJB	Pontevedra (ESP)	2017
Rec Regional Absoluto	4:40.11	Victoria Kaminskaya	ESJB	Pontevedra (ESP)	2017
Rec Regional Sen	4:40.11	Victoria Kaminskaya	ESJB	Pontevedra (ESP)	2017
Rec Regional Jun 2	4:55.04	Francisca Salvador Mesquita	ADRCIMM	Coimbra	2019
Rec Regional Jun 1	4:58.87	Susana Patricia Miguel	SFUAP	Palma de Mallorca (ESP)	2006
Rec Regional Juv A	5:01.32	Francisca Salvador Mesquita	ADRCIMM	Coimbra	2017
Rec Regional Juv B	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	2004
TAC - Fem Juv B: 6:05.67; Juv A: 5:55.02; Jun 2: 5:44.62; Jun 1: 5:48.06; Sen 18: 5:41.54; Sen 18+: 5:38.13					

Pista	Nadador	Ano	Categ.	NºLic.	Clube	Tempo Inscr.
<u>Série 1 de 3, 15:47</u>						
2	Margarida Marques Mercedes	09	Juv B	208649	Vikings	6:00.00
3	Teresa Bonita Oliveira	08	Juv A	205380	Naval Setubalense	5:58.03
4	Leonor Roque Mendes	06	Abs	203844	Colegio Int Monte Maior	5:44.30
5	Rebeca Leonor Antunes	06	Abs	148284	Algés	5:45.00
6	Rita Antunes Ratinho	09	Juv B	209679	Naval Setubalense	5:59.69
7	Ines Maria Lanca	09	Juv B	208303	União Piedense	6:00.00

Série 2 de 3, 15:54

1	Maria Carolina Vargas	05	Abs	132561	Benfica	5:44.00
2	Constanca Lopes Cruz	09	Juv B	208279	Colegio Int Monte Maior	5:40.17
3	Natacha Sofia Silva	02	Abs	125594	Benfica	5:33.47
4	Catarina Alexandra Alves	07	Abs	205924	Gesloures	5:31.79
5	Elena Del Rio Bernat	07	Abs	202964	Algés	5:32.08
6	Margarida Santos Botelho	07	Abs	202518	Naval Setubalense	5:36.45
7	Mariana Marques Mercedes	03	Abs	129961	Vikings	5:35.03
8	Leticia Maia Andre	02	Abs	132801	Benfica	5:44.00

Série 3 de 3, 16:00

1	Sara Sofia Alves	07	Abs	202517	Naval Setubalense	5:24.69
2	Erica Cristina Reis	05	Abs	200201	Sporting	5:16.21
3	Constanca Santos Ferreira	08	Juv A	205945	Algés	5:12.62
4	Diana Margarida Duraes	96	Abs	102992	Benfica	4:50.57
5	Matilde Nunes Lopes	06	Abs	201711	Benfica	5:08.33
6	Alice Jesus Morgado	04	Abs	131016	Sporting	5:14.54
7	Maria Jardim Fidalgo	04	Abs	131429	Belenenses	5:24.51
8	Maria Leonor Coelho	06	Abs	132470	Benfica	5:27.31