

Prova 11

Masc., 400m Estilos

Absolutos

11.03.2023 - 15:30

Startlist

Rec Nacional Absoluto	4:15.84	Alexis Manacas Santos	SCP	Rio (BRA)	2016
Rec Regional Absoluto	4:15.84	Alexis Manacas Santos	SCP	Rio (BRA)	2016
Rec Regional Sen	4:15.84	Alexis Manacas Santos	SCP	Rio (BRA)	2016
Rec Regional Jun 2	4:22.25	Joao Alexandre Vital	SCP	Oeiras	2016
Rec Regional Jun 1	4:25.23	Joao Alexandre Vital	ADRCIMM	Singapore	2015
Rec Regional Juv A	4:32.66	Joao Alexandre Vital	ADRCIMM	Coimbra	2014
Rec Regional Juv B	4:37.06	Joao Alexandre Vital	ADRCIMM	Utrecht (NED)	2013

TAC - Masc Juv B: 5:31.48; Juv A: 5:21.83; Jun 1: 5:15.52; Jun 2: 5:12.39; Sen 19: 5:09.61; Sen 19+: 5:06.51

Pista	Nadador	Ano	Categ.	NºLic.	Clube	Tempo Inscr.
Série 1 de 3, 15:30						
4	Tomas Almeida Cordeiro	05	Abs	125238	Algés	5:16.00
Série 2 de 3, 15:36						
1	Miguel Cordeiro Almeida	05	Abs	200392	Algés	5:16.00
2	Daniel Casaca Carvalho	07	Juv A	205098	Colégio Vasco da Gama	5:14.26
3	Nick Heinio-Widell	05	Abs	213447	Algés	5:06.92
4	Rodrigo Andrade Mesquita	06	Abs	141949	Sporting	5:02.49
5	Tiago Miguel Trombinhas	04	Abs	201495	Colegio Int Monte Maior	5:03.51
6	Afonso Gago Garcia	08	Juv B	208743	Benfica	5:13.52
7	Rafael Filipe Lopes	06	Abs	201700	Geslourses	5:15.40
8	Francisco Rodrigues Vilar	08	Juv B	208983	Sporting	5:22.88
Série 3 de 3, 15:42						
1	Tiago Almeida Correia	06	Abs	139280	C N Montijo	4:53.53
2	Andre Correia Alves	06	Abs	131173	União Piedense	4:50.68
3	Rafael Miguel Mimoso	07	Juv A	202973	Benfica	4:46.27
4	Vasco Alves Morgado	05	Abs	147123	Algés	4:35.18
5	Bernardo Jorge Simoes	04	Abs	130250	Belenenses	4:38.04
6	Manuel Angelo Pereira	05	Abs	151305	Sporting	4:49.08
7	Leonardo Conceicao Reis	07	Juv A	207815	Sporting	4:51.23
8	Rafael Filipe Nunes	96	Abs	108344	Vikings	4:56.27