Prova 5 | Masc., 400m Livres | Absolutos/All
12.02.2022 | Resultados Elimin

Rec Mundial / World Record	3:40.07	BIEDERMANN Paul	GER	Rome (ITA)	2009
Rec Europeu / European Record	3:40.07	BIEDERMANN Paul	GER	Rome (ITA)	2009
Rec Meeting / Meeting Record	3:53.88	BERNEK Peter	HUN	Lisboa	2017
Rec Nacional / Port.Nat Record	3:50.56	LOPES Jose Paulo	SCB	Barcelona (ESP)	2021

Meeting Access Time Jun&Sen: 4:26.00; Juv: 4:49.00

Pontos: FINA 2021

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	TReac	Pts	
1.	LOPES Jose Paulo	00	Braga	4:06.21		714	A
	50m: 28.47 28.47 150m: 1:30.55 31.14 250m: 2:32.77 30.85 350m: 3:35.42 31.38						
	100m: 59.41 30.94 200m: 2:01.92 31.37 300m: 3:04.04 31.27 400m: 4:06.21 30.79						
2.	ALMEIDA Bernardo Victorino	04	Seleção Portugal	4:06.23		713	A
	50m: 27.23 27.23 150m: 1:28.09 30.84 250m: 2:30.98 31.79 350m: 3:34.38 31.81						
	100m: 57.25 30.02 200m: 1:59.19 31.10 300m: 3:02.57 31.59 400m: 4:06.23 31.85						
3.	LOPES Gabriel Jose	97	Seleção de Coimbra	4:07.98		698	A
	50m: 28.94 28.94 150m: 1:31.68 31.11 250m: 2:34.23 30.83 350m: 3:37.04 31.47						
	100m: 1:00.57 31.63 200m: 2:03.40 31.72 300m: 3:05.57 31.34 400m: 4:07.98 30.94						
4.	RAMOS Bruno Miguel	97	Belenenses	4:09.86		683	A
	50m: 27.66 27.66 150m: 1:29.05 31.33 250m: 2:32.52 32.03 350m: 3:38.12 32.82						
	100m: 57.72 30.06 200m: 2:00.49 31.44 300m: 3:05.30 32.78 400m: 4:09.86 31.74						
5.	RIBEIRO Gustavo Carvalhais	03	Sporting	4:10.07		681	A
	50m: 28.56 28.56 150m: 1:30.78 31.28 250m: 2:34.21 31.92 350m: 3:38.51 31.99						
	100m: 59.50 30.94 200m: 2:02.29 31.51 300m: 3:06.52 32.31 400m: 4:10.07 31.56						
6.	BASTOS Lucas Pereira	00	Seleção de Coimbra	4:10.87		675	A
	50m: 28.59 28.59 150m: 1:31.30 31.61 250m: 2:34.87 31.56 350m: 3:39.32 32.28						
	100m: 59.69 31.10 200m: 2:03.31 32.01 300m: 3:07.04 32.17 400m: 4:10.87 31.55						
7.	SPIESS Alexandre Martinenko	98	Sporting	4:11.42		670	A
	50m: 29.36 29.36 150m: 1:31.51 31.35 250m: 2:35.03 31.99 350m: 3:39.54 32.53						
	100m: 1:00.16 30.80 200m: 2:03.04 31.53 300m: 3:07.01 31.98 400m: 4:11.42 31.88						
8.	BARROS Bruno Rey	01	Sporting	4:12.61		661	A
	50m: 29.12 29.12 150m: 1:32.92 32.03 250m: 2:37.32 32.03 350m: 3:41.45 32.06						
	100m: 1:00.89 31.77 200m: 2:05.29 32.37 300m: 3:09.39 32.07 400m: 4:12.61 31.16						
9.	SARREIRA Tomas Amor	05	Nautico Marinha Grande	4:14.32		647	A
	50m: 28.72 28.72 150m: 1:33.39 32.88 250m: 2:38.52 32.32 350m: 3:43.52 32.29						
	100m: 1:00.51 31.79 200m: 2:06.20 32.81 300m: 3:11.23 32.71 400m: 4:14.32 30.80						
10.	SILVA Afonso Carvalho	05	Famalicão	4:14.46		646	A
	50m: 29.42 29.42 150m: 1:33.72 32.40 250m: 2:39.44 32.80 350m: 3:43.89 31.82						
	100m: 1:01.32 31.90 200m: 2:06.64 32.92 300m: 3:12.07 32.63 400m: 4:14.46 30.57						
11.	COSTA Afonso Filipe	03	Seleção de Coimbra	4:15.56		638	B
	50m: 28.99 28.99 150m: 1:32.58 31.84 250m: 2:37.07 32.32 350m: 3:43.17 33.17						
	100m: 1:00.74 31.75 200m: 2:04.75 32.17 300m: 3:10.00 32.93 400m: 4:15.56 32.39						
12.	CARDOSO Guilherme Maia	05	Columbofila Cantanhedense	4:16.75		629	B
	50m: 29.98 29.98 150m: 1:35.28 32.93 250m: 2:40.53 32.43 350m: 3:44.94 31.79						
	100m: 1:02.35 32.37 200m: 2:08.10 32.82 300m: 3:13.15 32.62 400m: 4:16.75 31.81						
13.	SOUSA Joao Maria	05	Braga	4:17.27		625	B
	50m: 28.81 28.81 150m: 1:33.34 32.80 250m: 2:39.35 33.02 350m: 3:45.10 32.60						
	100m: 1:00.54 31.73 200m: 2:06.33 32.99 300m: 3:12.50 33.15 400m: 4:17.27 32.17						
14.	D'IORIO Ian	06	Fed. Ticinese di Nuoto	4:18.38		617	B
	50m: 29.05 29.05 150m: 1:34.01 32.63 250m: 2:40.12 32.85 350m: 3:46.07 32.89						
	100m: 1:01.38 32.33 200m: 2:07.27 33.26 300m: 3:13.18 33.06 400m: 4:18.38 32.31						
15.	CARDOSO Filipe Santos	04	Gafanha da Encarnação	4:19.48		610	B
	50m: 29.80 29.80 150m: 1:34.91 32.83 250m: 2:40.94 33.07 350m: 3:47.56 33.29						
	100m: 1:02.08 32.28 200m: 2:07.87 32.96 300m: 3:14.27 33.33 400m: 4:19.48 31.92						
16.	ANSELMO Raul Sousa	05	Bombeiros de Ponta Delgada	4:20.03		606	B
	50m: 29.43 29.43 150m: 1:33.41 32.73 250m: 2:40.33 33.65 350m: 3:47.53 33.53						
	100m: 1:00.68 31.25 200m: 2:06.68 33.27 300m: 3:14.00 33.67 400m: 4:20.03 32.50						
17.	FRAZAO Francisco Couto	06	CUC-União 1919	4:20.18		605	B
	50m: 29.62 29.62 150m: 1:36.07 33.47 250m: 2:42.03 32.06 350m: 3:48.63 33.35						
	100m: 1:02.60 32.98 200m: 2:09.97 33.90 300m: 3:15.28 33.25 400m: 4:20.18 31.55						

Approved by: Fina, LEN european aquatics, FPN
Supported by: ipdj, 75 JAMOR, LISBOA
Sponsered by: aqualoja, Holiday Inn Express, GLOBALSWIM

Prova 5, Masc., 400m Livres, Elimin, Absolutos/All

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	TReac	Pts	
18.	SIMOES Miguel Costa	04	União Piedense	4:20.96		599	B
	50m: 29.08 29.08 150m: 1:34.31 33.02 250m: 2:40.47 33.32 350m: 3:48.10 34.14						
	100m: 1:01.29 32.21 200m: 2:07.15 32.84 300m: 3:13.96 33.49 400m: 4:20.96 32.86						
19.	CAPPELLETTI Yannick	07	Fed. Ticinese di Nuoto	4:21.04		599	B
	50m: 29.95 29.95 150m: 1:34.80 32.88 250m: 2:41.56 33.38 350m: 3:48.74 33.57						
	100m: 1:01.92 31.97 200m: 2:08.18 33.38 300m: 3:15.17 33.61 400m: 4:21.04 32.30						
20.	MORGADO Vasco Alves	05	Algés	4:22.74		587	B
	50m: 29.67 29.67 150m: 1:36.67 33.84 250m: 2:44.57 34.08 350m: 3:51.78 33.88						
	100m: 1:02.83 33.16 200m: 2:10.49 33.82 300m: 3:17.90 33.33 400m: 4:22.74 30.96						
21.	TOBEL Matteo	05	Fed. Ticinese di Nuoto	4:23.04		585	R
	50m: 28.76 28.76 150m: 1:34.03 33.12 250m: 2:41.08 33.41 350m: 3:49.41 34.17						
	100m: 1:00.91 32.15 200m: 2:07.67 33.64 300m: 3:15.24 34.16 400m: 4:23.04 33.63						
22.	BAPTISTA Guilherme Fernandes	06	Benfica	4:23.69		581	R
	50m: 29.61 29.61 150m: 1:35.90 33.49 250m: 2:43.54 33.87 350m: 3:50.88 33.43						
	100m: 1:02.41 32.80 200m: 2:09.67 33.77 300m: 3:17.45 33.91 400m: 4:23.69 32.81						
23.	AMADO Pedro Maria	05	Algés	4:23.78		580	
	50m: 29.89 29.89 150m: 1:36.68 33.82 250m: 2:44.81 34.09 350m: 3:52.03 33.38						
	100m: 1:02.86 32.97 200m: 2:10.72 34.04 300m: 3:18.65 33.84 400m: 4:23.78 31.75						
24.	LEITE Afonso Martim	05	Foca Quinta Da Lixa	4:24.93		573	
	50m: 29.73 29.73 150m: 1:35.83 33.65 250m: 2:42.56 33.56 350m: 3:51.32 34.89						
	100m: 1:02.18 32.45 200m: 2:09.00 33.17 300m: 3:16.43 33.87 400m: 4:24.93 33.61						
25.	MELLINI Samuele	06	Fed. Ticinese di Nuoto	4:24.95		573	
	50m: 29.18 29.18 150m: 1:34.11 32.50 250m: 2:41.20 33.37 350m: 3:50.81 34.76						
	100m: 1:01.61 32.43 200m: 2:07.83 33.72 300m: 3:16.05 34.85 400m: 4:24.95 34.14						
26.	OLIVEIRA Diogo Alexandre	05	Seleção da Madeira	4:24.98		572	
	50m: 29.19 29.19 150m: 1:35.13 33.50 250m: 2:43.13 34.10 350m: 3:51.96 34.38						
	100m: 1:01.63 32.44 200m: 2:09.03 33.90 300m: 3:17.58 34.45 400m: 4:24.98 33.02						
27.	TIGRE Pedro Bethlem	06	Sporting	4:26.47		563	
	50m: 30.10 30.10 150m: 1:36.53 33.77 250m: 2:45.40 34.65 350m: 3:53.56 33.61						
	100m: 1:02.76 32.66 200m: 2:10.75 34.22 300m: 3:19.95 34.55 400m: 4:26.47 32.91						
28.	VIEIRA Alexandre Coelho	03	Sporting	4:27.61		556	
	(Fora Tempo Acesso / Out of Admission Time)						
	50m: 29.25 29.25 150m: 1:36.27 34.18 250m: 2:45.36 34.68 350m: 3:54.44 34.51						
	100m: 1:02.09 32.84 200m: 2:10.68 34.41 300m: 3:19.93 34.57 400m: 4:27.61 33.17						
29.	MAZZARETTO Pietro	07	Fed. Ticinese di Nuoto	4:28.13		552	
	50m: 30.28 30.28 150m: 1:37.62 33.91 250m: 2:46.02 33.94 350m: 3:54.64 34.26						
	100m: 1:03.71 33.43 200m: 2:12.08 34.46 300m: 3:20.38 34.36 400m: 4:28.13 33.49						
30.	FALLSCHEER Roberto	06	Fed. Ticinese di Nuoto	4:28.36		551	
	50m: 29.91 29.91 150m: 1:37.36 33.96 250m: 2:45.71 34.44 350m: 3:54.89 34.64						
	100m: 1:03.40 33.49 200m: 2:11.27 33.91 300m: 3:20.25 34.54 400m: 4:28.36 33.47						
31.	CRUZ Leonardo Jose	07	Alcobaca	4:29.05		547	
	50m: 30.42 30.42 150m: 1:38.72 34.20 250m: 2:48.09 34.75 350m: 3:56.75 34.23						
	100m: 1:04.52 34.10 200m: 2:13.34 34.62 300m: 3:22.52 34.43 400m: 4:29.05 32.30						
32.	CARVALHO Artur Guterres	06	Vilacondense	4:29.18		546	
	50m: 30.44 30.44 150m: 1:37.97 34.28 250m: 2:46.89 34.50 350m: 3:55.94 34.22						
	100m: 1:03.69 33.25 200m: 2:12.39 34.42 300m: 3:21.72 34.83 400m: 4:29.18 33.24						
33.	MONTEIRO Jose Miguel	04	Gualdim Pais	4:30.36		539	
	(Fora Tempo Acesso / Out of Admission Time)						
	50m: 29.98 29.98 150m: 1:36.81 33.92 250m: 2:45.73 34.59 350m: 3:56.05 35.69						
	100m: 1:02.89 32.91 200m: 2:11.14 34.33 300m: 3:20.36 34.63 400m: 4:30.36 34.31						
34.	LEMOS Gil Santos	06	Pimpoes/Cimai	4:30.92		535	
	50m: 29.00 29.00 150m: 1:37.18 34.46 250m: 2:47.09 34.72 350m: 3:57.78 35.28						
	100m: 1:02.72 33.72 200m: 2:12.37 35.19 300m: 3:22.50 35.41 400m: 4:30.92 33.14						
35.	SILVA Martim Alexandre	07	Columbofila Cantanhedense	4:31.50		532	
	50m: 29.91 29.91 150m: 1:37.17 34.14 250m: 2:47.27 35.18 350m: 3:57.41 35.25						
	100m: 1:03.03 33.12 200m: 2:12.09 34.92 300m: 3:22.16 34.89 400m: 4:31.50 34.09						

Prova 5, Masc., 400m Livres, Elimin, Absolutos/All

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	TReac	Pts
36.	ALVES Andre Correia	06	União Piedense	4:31.70		531
	50m: 30.11 30.11 150m: 1:37.78 34.10 250m: 2:46.98 34.17 350m: 3:57.25 34.95					
	100m: 1:03.68 33.57 200m: 2:12.81 35.03 300m: 3:22.30 35.32 400m: 4:31.70 34.45					
37.	PEREIRA Manuel Angelo	05	Sporting	4:33.42		521
	(Fora Tempo Acesso / Out of Admission Time)					
	50m: 30.19 30.19 150m: 1:37.03 33.98 250m: 2:47.20 35.64 350m: 3:58.63 35.78					
	100m: 1:03.05 32.86 200m: 2:11.56 34.53 300m: 3:22.85 35.65 400m: 4:33.42 34.79					
38.	GOMES Joao Almeida	06	Nacional de Natação	4:34.04		517
	50m: 30.08 30.08 150m: 1:37.85 34.44 250m: 2:48.18 35.19 350m: 3:59.01 35.46					
	100m: 1:03.41 33.33 200m: 2:12.99 35.14 300m: 3:23.55 35.37 400m: 4:34.04 35.03					
39.	LUCAS Joao Neves	06	Columbofila Cantanhedense	4:34.77		513
	50m: 31.36 31.36 150m: 1:40.92 35.20 250m: 2:50.22 34.13 350m: 4:00.22 34.99					
	100m: 1:05.72 34.36 200m: 2:16.09 35.17 300m: 3:25.23 35.01 400m: 4:34.77 34.55					
40.	ALMEIDA Joao Francisco	07	Naval do Funchal	4:35.25		511
	50m: 30.32 30.32 150m: 1:38.78 34.60 250m: 2:49.86 35.75 350m: 4:01.30 36.00					
	100m: 1:04.18 33.86 200m: 2:14.11 35.33 300m: 3:25.30 35.44 400m: 4:35.25 33.95					
41.	MESQUITA Rodrigo Andrade	06	Sporting	4:38.63		492
	50m: 31.62 31.62 150m: 1:42.44 35.58 250m: 2:54.92 36.09 350m: 4:06.09 35.13					
	100m: 1:06.86 35.24 200m: 2:18.83 36.39 300m: 3:30.96 36.04 400m: 4:38.63 32.54					
42.	ISMATULLAEV Jamie	06	Hatfield	4:39.28		489
	50m: 31.10 31.10 150m: 1:41.11 35.39 250m: 2:53.25 35.94 350m: 4:05.16 35.83					
	100m: 1:05.72 34.62 200m: 2:17.31 36.20 300m: 3:29.33 36.08 400m: 4:39.28 34.12					
43.	PEREIRA Tomas Veiga	06	Náutico Académico de Coimbra	4:39.59		487
	50m: 31.97 31.97 150m: 1:42.35 35.69 250m: 2:53.85 35.96 350m: 4:05.09 35.57					
	100m: 1:06.66 34.69 200m: 2:17.89 35.54 300m: 3:29.52 35.67 400m: 4:39.59 34.50					
44.	MESQUITA Tomas Afonso	07	Benfica	4:40.24		484
	50m: 30.69 30.69 150m: 1:39.67 35.00 250m: 2:50.94 36.24 350m: 4:04.13 36.78					
	100m: 1:04.67 33.98 200m: 2:14.70 35.03 300m: 3:27.35 36.41 400m: 4:40.24 36.11					
45.	FIGUEIRA Diogo Morgado	06	CPCD Póvoa Sta Iria	4:40.77		481
	50m: 31.59 31.59 150m: 1:42.07 35.86 250m: 2:54.08 36.18 350m: 4:06.33 36.10					
	100m: 1:06.21 34.62 200m: 2:17.90 35.83 300m: 3:30.23 36.15 400m: 4:40.77 34.44					
46.	CARAPINHA Joao Pedro	07	União Piedense	4:42.83		471
	50m: 31.19 31.19 150m: 1:41.27 35.25 250m: 2:53.20 36.22 350m: 4:06.25 36.66					
	100m: 1:06.02 34.83 200m: 2:16.98 35.71 300m: 3:29.59 36.39 400m: 4:42.83 36.58					
47.	MARTINS Antonio Pedro	05	Ferreira do Zêzere - Natação	4:54.90		415
	(Fora Tempo Acesso / Out of Admission Time)					
	50m: 33.94 33.94 150m: 1:49.59 38.12 250m: 3:04.40 37.58 350m: 4:20.20 38.57					
	100m: 1:11.47 37.53 200m: 2:26.82 37.23 300m: 3:41.63 37.23 400m: 4:54.90 34.70					
48.	FREITAS Filipe Simoes	05	CD 1º de Agosto	5:10.70		355
	(Fora Tempo Acesso / Out of Admission Time)					
	50m: 30.32 30.32 150m: 1:48.44 40.73 250m: 3:09.09 41.04 350m: 4:31.67 41.46					
	100m: 1:07.71 37.39 200m: 2:28.05 39.61 300m: 3:50.21 41.12 400m: 5:10.70 39.03					