

Event 19
13.02.2022

Women, 400m Medley

Absolutos/All
Results

Rec Mundial / World Record	4:26.36	HOSSZU Katinka	HUN	Rio (BRA)	2016
Rec Europeu / European Record	4:26.36	HOSSZU Katinka	HUN	Rio (BRA)	2016
Rec Meeting / Meeting Record	4:45.16	KAMINSKAYA Victoria	POR	Lisboa	2018
Rec Nacional / Port.Nat Record	4:40.11	KAMINSKAYA Victoria	ESJB	Pontevedra (ESP)	2017

Meeting Access Time Jun&Sen: 5:38.00; Juv: 5:38.00

Points: FINA 2021

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	RT	Pts
1.	PEREIRA Raquel Gomes	00	Benfica	4:49.80		776
	50m: 31.16 31.16	150m: 1:46.95 40.02	250m: 3:04.96 39.44	350m: 4:18.08 33.00		
	100m: 1:06.93 35.77	200m: 2:25.52 38.57	300m: 3:45.08 40.12	400m: 4:49.80 31.72		
2.	DURAES Diana Margarida	96	Benfica	4:56.61		724
	50m: 32.55 32.55	150m: 1:48.50 39.50	250m: 3:08.38 42.48	350m: 4:24.52 33.47		
	100m: 1:09.00 36.45	200m: 2:25.90 37.40	300m: 3:51.05 42.67	400m: 4:56.61 32.09		
3.	MESQUITA Francisca Salvador	02	Sporting	5:00.86		693
	50m: 31.80 31.80	150m: 1:48.87 40.92	250m: 3:11.51 42.97	350m: 4:26.85 34.21		
	100m: 1:07.95 36.15	200m: 2:28.54 39.67	300m: 3:52.64 41.13	400m: 5:00.86 34.01		
4.	CARDEAL Joana Nunes	02	Academico Viseu	5:02.79		680
	50m: 31.47 31.47	150m: 1:48.19 41.09	250m: 3:11.00 43.85	350m: 4:29.83 34.29		
	100m: 1:07.10 35.63	200m: 2:27.15 38.96	300m: 3:55.54 44.54	400m: 5:02.79 32.96		
5.	CARDEAL Beatriz Nunes	04	Academico Viseu	5:08.61		642
	50m: 32.36 32.36	150m: 1:51.76 42.82	250m: 3:16.67 44.36	350m: 4:35.39 34.61		
	100m: 1:08.94 36.58	200m: 2:32.31 40.55	300m: 4:00.78 44.11	400m: 5:08.61 33.22		
6.	LOPES Daniela Magalhaes	05	Selecao Portugal	5:09.71		636
	50m: 32.50 32.50	150m: 1:50.88 41.79	250m: 3:15.84 44.59	350m: 4:35.28 34.77		
	100m: 1:09.09 36.59	200m: 2:31.25 40.37	300m: 4:00.51 44.67	400m: 5:09.71 34.43		
7.	VEIGA Ana Filipa	01	Gafanha da Encarnacao	5:15.98		599
	50m: 33.24 33.24	150m: 1:53.68 42.97	250m: 3:19.22 43.53	350m: 4:39.85 37.26		
	100m: 1:10.71 37.47	200m: 2:35.69 42.01	300m: 4:02.59 43.37	400m: 5:15.98 36.13		
8.	MORGADO Alice Jesus	04	Sporting	5:20.04		576
	50m: 33.77 33.77	150m: 1:54.31 41.95	250m: 3:21.72 46.50	350m: 4:44.21 36.12		
	100m: 1:12.36 38.59	200m: 2:35.22 40.91	300m: 4:08.09 46.37	400m: 5:20.04 35.83		
9.	FERREIRA Joana Rosa	05	Naval de Peniche	5:25.10		549
	50m: 33.82 33.82	150m: 1:56.97 43.88	250m: 3:24.96 45.17	350m: 4:48.62 38.13		
	100m: 1:13.09 39.27	200m: 2:39.79 42.82	300m: 4:10.49 45.53	400m: 5:25.10 36.48		
10.	PAPAI Suami	08	Fed. Ticinese di Nuoto	5:26.52		542
	50m: 33.31 33.31	150m: 1:56.51 43.96	250m: 3:26.83 47.83	350m: 4:51.86 38.02		
	100m: 1:12.55 39.24	200m: 2:39.00 42.49	300m: 4:13.84 47.01	400m: 5:26.52 34.66		
11.	GANCI Alice	08	Fed. Ticinese di Nuoto	5:27.22		539
	50m: 34.89 34.89	150m: 1:58.00 43.10	250m: 3:26.23 46.61	350m: 4:50.91 37.30		
	100m: 1:14.90 40.01	200m: 2:39.62 41.62	300m: 4:13.61 47.38	400m: 5:27.22 36.31		
12.	MAGALHAES Leticia Rodrigues	07	Naval Setubalense	5:30.10		525
	50m: 34.24 34.24	150m: 1:56.28 40.43	250m: 3:24.86 47.86	350m: 4:52.63 39.14		
	100m: 1:15.85 41.61	200m: 2:37.00 40.72	300m: 4:13.49 48.63	400m: 5:30.10 37.47		
13.	BORSA Matilde	08	Fed. Ticinese di Nuoto	5:30.99		521
	50m: 34.07 34.07	150m: 2:00.75 45.54	250m: 3:29.05 44.88	350m: 4:53.56 38.28		
	100m: 1:15.21 41.14	200m: 2:44.17 43.42	300m: 4:15.28 46.23	400m: 5:30.99 37.43		
14.	SANTOS Rita Machita	07	Naval Setubalense	5:33.95		507
	50m: 34.05 34.05	150m: 1:59.45 44.94	250m: 3:28.98 45.23	350m: 4:53.47 38.98		
	100m: 1:14.51 40.46	200m: 2:43.75 44.30	300m: 4:14.49 45.51	400m: 5:33.95 40.48		
15.	GASPAR Beatriz Andre	06	Nautico Academico de Coimbra	5:37.80		490
	50m: 35.26 35.26	150m: 2:03.74 46.96	250m: 3:35.70 46.27	350m: 5:02.21 38.60		
	100m: 1:16.78 41.52	200m: 2:49.43 45.69	300m: 4:23.61 47.91	400m: 5:37.80 35.59		
	BERNAT Elena Del Rio	07	Alges	5:37.80		490
	50m: 34.66 34.66	150m: 2:02.36 46.13	250m: 3:33.08 46.68	350m: 5:00.72 40.24		
	100m: 1:16.23 41.57	200m: 2:46.40 44.04	300m: 4:20.48 47.40	400m: 5:37.80 37.08		

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Online results:
bit.ly/arenalim2022

anleventos.com
instagram.com/lisbonswimmeet

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Event 19, Women, 400m Medley, Absolutos/All

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	RT	Pts
17.	MILAN Emma (Fora Tempo Acesso / Out of Admission Time)	08	Fed. Ticinese di Nuoto	5:43.93		464
	50m: 35.08 35.08 150m: 2:01.37 45.26 250m: 3:35.84 50.65 350m: 5:05.96 40.05 100m: 1:16.11 41.03 200m: 2:45.19 43.82 300m: 4:25.91 50.07 400m: 5:43.93 37.97					
18.	CALDES Ana Sofia (Fora Tempo Acesso / Out of Admission Time)	06	Elvense	5:51.79		434
	50m: 35.24 35.24 150m: 2:02.10 45.51 250m: 3:38.04 49.76 350m: 5:11.05 41.71 100m: 1:16.59 41.35 200m: 2:48.28 46.18 300m: 4:29.34 51.30 400m: 5:51.79 40.74					