

Prova 1
14.05.2022 - 16:00

Femin., 400m Livres

Infantis & Juvenis
Resultados

Rec Nacional Absoluto	4:09.49	Diana Margarida Duraes	POR	Tarragona (ESP)	2018
Rec Nacional Juv A	4:20.78	Tamila Hryhorivna Holub	POR	Porto	2014
Rec Nacional Juv B	4:26.20	Maria Francisca Cabral	FCP	Oeiras	2014
Rec Nacional Inf A	4:31.53	Alexandra Maria Silva	POR	Skovde (SWE)	1980
Rec Nacional Inf B	4:43.70	Alexandra Maria Silva	FCP	Funchal	1979

TAC Inf B: 5:44.76; Inf A: 5:31.91; Juv B: 5:18.24; Juv A: 5:11.10

Pontos: FINA 2022

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
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Infantis B

1.	Matilde Brandao Carvalho	10	CFP	5:08.09	5:18.21	410	1:13.25	1:22.30	1:23.54	1:19.12
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:18.21		
2.	Mariana Varela Costa	10	CNN	5:34.16	5:21.98	396	1:16.41	1:22.92	1:23.27	1:19.38
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:21.98		
3.	Gabriela Parreira	10	SCP	5:34.30	5:29.02	371	1:17.92	1:25.09	1:25.01	1:21.00
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:29.02		
4.	Jessica Bernardino Lopes	10	SCP	5:38.19	5:31.75	362	1:20.48	1:24.86	1:24.86	1:21.55
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:31.75		
5.	Ines Filipa Mateus	10	SANALG	5:32.04	5:34.59	352	1:16.84	1:26.38	1:26.14	1:25.23
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:34.59		
6.	Joana Alexandra Silva	10	CPCD	5:31.80	5:36.05	348	1:16.08	1:27.00	1:27.88	1:25.09
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:36.05		
7.	Alicia Del Rio Bernat	10	SAD	5:39.02	5:36.50	346	1:20.95	1:25.88	1:27.58	1:22.09
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:36.50		
8.	Rita Braga Gomes	10	SCP	5:38.97	5:37.59	343	1:19.37	1:26.74	1:27.51	1:23.97
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:37.59		
9.	Carolina Brito Santos	10	GCNF	5:57.84	5:53.02	300	1:25.59	1:31.52	1:29.60	1:26.31
	<i>FTL (Fora Tempo Limite)</i>									
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:53.02		
10.	Maria Madalena Fernandes	10	SAD	5:48.26	5:54.06	297	1:23.78	1:31.33	1:32.92	1:26.03
	<i>FTL (Fora Tempo Limite)</i>									
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:54.06		
11.	Catarina Costa Ribeiro	10	GCNF	5:55.80	5:57.59	289	1:25.07	1:31.83	1:32.82	1:27.87
	<i>FTL (Fora Tempo Limite)</i>									
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:57.59		

Infantis A

1.	Matilde Lopes Fialho	09	PDEM	5:14.69	5:06.79	457	1:12.92	1:20.01	1:17.69	1:16.17
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:06.79		
2.	Carolina Marques Madeira	09	CNN	5:10.41	5:07.59	454	1:15.21	1:20.02	1:18.23	1:14.13
	50m:	150m:	250m:	350m:						
	100m:	200m:	300m:	400m:						
								5:07.59		

Prova 1, Femin., 400m Livres, Infantis A

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
3.	Constanca Lopes Cruz	09	ADRCIMM	5:14.44	5:10.44	441	1:15.11	1:19.75	1:19.32	1:16.26
	50m: 1:15.11		150m: 2:34.86		250m: 3:54.18		350m: 5:10.44			
4.	Ines Maria Lanca	09	SFUAP	5:21.72	5:16.74	416	1:16.35	1:21.18	1:20.20	1:19.01
	50m: 1:16.35		150m: 2:37.53		250m: 3:57.73		350m: 5:16.74			
5.	Sofia Monteiro Uva	09	SAD	5:25.57	5:19.68	404	1:16.61	1:22.07	1:22.37	1:18.63
	50m: 1:16.61		150m: 2:38.68		250m: 4:01.05		350m: 5:19.68			
6.	Margarida Santos Jesus	09	SANALG	5:17.08	5:20.45	401	1:16.52	1:21.45	1:23.17	1:19.31
	50m: 1:16.52		150m: 2:37.97		250m: 4:01.14		350m: 5:20.45			
7.	Joana Melo Gaspar	09	CNN	5:20.85	5:23.07	392	1:18.28	1:23.10	1:22.30	1:19.39
	50m: 1:18.28		150m: 2:41.38		250m: 4:03.68		350m: 5:23.07			
8.	Joana Sofia Fernandes	09	CNN	5:17.49	5:26.35	380	1:21.56	1:23.07	1:20.35	1:21.37
	50m: 1:21.56		150m: 2:44.63		250m: 4:04.98		350m: 5:26.35			
9.	Beatriz Ribeiro Lima	09	GESL	5:25.87	5:27.51	376	1:17.12	1:22.82	1:25.18	1:22.39
	50m: 1:17.12		150m: 2:39.94		250m: 4:05.12		350m: 5:27.51			
10.	Leonor Borges Portela <i>FTL (Fora Tempo Limite)</i>	09	CFP	5:35.80	5:35.80	349	1:18.88	1:26.19	1:26.94	1:23.79
	50m: 1:18.88		150m: 2:45.07		250m: 4:12.01		350m: 5:35.80			
11.	Beatriz Santos Goncalves <i>FTL (Fora Tempo Limite)</i>	09	CNN	5:27.70	5:37.33	344	1:20.98	1:26.35	1:26.24	1:23.76
	50m: 1:20.98		150m: 2:47.33		250m: 4:13.57		350m: 5:37.33			
12.	Margarida Marques Mercedes <i>FTL (Fora Tempo Limite)</i>	09	VKGS	5:43.57	5:45.68	320	1:21.56	1:28.07	1:28.85	1:27.20
	50m: 1:21.56		150m: 2:49.63		250m: 4:18.48		350m: 5:45.68			

Juvenis B

1.	Constanca Santos Ferreira	08	SAD	5:02.41	4:52.84	526	1:10.58	1:15.69	1:13.72	1:12.85
	50m: 1:10.58		150m: 2:26.27		250m: 3:39.99		350m: 4:52.84			
2.	Carolina Fernandes Rodrigues	08	SFUAP	4:54.83	4:58.28	498	1:08.45	1:15.73	1:17.03	1:17.07
	50m: 1:08.45		150m: 2:24.18		250m: 3:41.21		350m: 4:58.28			
3.	Raquel Santos Baiona	08	ADRCIMM	5:11.19	5:01.98	480	1:12.20	1:17.02	1:16.82	1:15.94
	50m: 1:12.20		150m: 2:29.22		250m: 3:46.04		350m: 5:01.98			
4.	Margarida Maria Luiz	08	SANALG	5:04.25	5:03.27	474	1:12.78	1:17.06	1:16.86	1:16.57
	50m: 1:12.78		150m: 2:29.84		250m: 3:46.70		350m: 5:03.27			
5.	Constanca Isabel Carvalho	08	SAD	4:59.38	5:03.28	473	1:10.64	1:17.85	1:18.60	1:16.19
	50m: 1:10.64		150m: 2:28.49		250m: 3:47.09		350m: 5:03.28			
6.	Sofia Vega Gomes	08	CNF	5:16.26	5:06.33	459	1:12.61	1:19.46	1:18.84	1:15.42
	50m: 1:12.61		150m: 2:32.07		250m: 3:50.91		350m: 5:06.33			
7.	Patricia Subtil Henriques	08	GESL	5:06.76	5:08.54	450	1:11.74	1:19.13	1:20.11	1:17.56
	50m: 1:11.74		150m: 2:30.87		250m: 3:50.98		350m: 5:08.54			

Prova 1, Femin., 400m Livres, Juvenis B

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
8.	Ines Margarida Fernandes <i>FTL (Fora Tempo Limite)</i>	08	CPCD	5:21.42	5:29.91	368	1:14.42	1:24.78	1:25.96	1:24.75
	50m: 100m: 1:14.42	150m: 200m: 2:39.20		250m: 300m: 4:05.16		350m: 400m: 5:29.91				
DNS	Mariana Filipa Guedes	08	SCP	5:36.19						

Juvenis A

1.	Rita Machita Santos	07	CNS	4:48.20	4:48.07	553	1:09.14	1:14.05	1:13.40	1:11.48
	50m: 100m: 1:09.14	150m: 200m: 2:23.19		250m: 300m: 3:36.59		350m: 400m: 4:48.07				
2.	Sara Sofia Alves	07	CNS	4:51.37	4:50.22	540	1:09.71	1:14.37	1:14.10	1:12.04
	50m: 100m: 1:09.71	150m: 200m: 2:24.08		250m: 300m: 3:38.18		350m: 400m: 4:50.22				
3.	Beatriz Heitor Cachaco	07	GESL	5:04.47	4:51.76	532	1:08.62	1:15.38	1:15.11	1:12.65
	50m: 100m: 1:08.62	150m: 200m: 2:24.00		250m: 300m: 3:39.11		350m: 400m: 4:51.76				
4.	Leonor Peso Parente	07	PDEM	4:56.94	4:52.55	528	1:07.80	1:14.29	1:15.27	1:15.19
	50m: 100m: 1:07.80	150m: 200m: 2:22.09		250m: 300m: 3:37.36		350m: 400m: 4:52.55				
5.	Luisa Ponte Jorge	07	SFUAP	4:58.21	4:59.84	490	1:10.59	1:16.03	1:16.52	1:16.70
	50m: 100m: 1:10.59	150m: 200m: 2:26.62		250m: 300m: 3:43.14		350m: 400m: 4:59.84				
6.	Leticia Rodrigues Magalhaes	07	CNS	4:58.52	5:04.50	468	1:09.42	1:16.40	1:19.44	1:19.24
	50m: 100m: 1:09.42	150m: 200m: 2:25.82		250m: 300m: 3:45.26		350m: 400m: 5:04.50				
7.	Margarida Santos Botelho	07	CNS	5:09.16	5:09.10	447	1:12.84	1:18.03	1:20.23	1:18.00
	50m: 100m: 1:12.84	150m: 200m: 2:30.87		250m: 300m: 3:51.10		350m: 400m: 5:09.10				
8.	Leonor Faisca Guerreiro	07	SANALG	5:05.89	5:10.10	443	1:13.59	1:19.36	1:20.54	1:16.61
	50m: 100m: 1:13.59	150m: 200m: 2:32.95		250m: 300m: 3:53.49		350m: 400m: 5:10.10				
9.	Marta Nascimento Ribeiro <i>FTL (Fora Tempo Limite)</i>	07	CNATRIL	5:11.05	5:14.56	424	1:12.53	1:19.74	1:22.20	1:20.09
	50m: 100m: 1:12.53	150m: 200m: 2:32.27		250m: 300m: 3:54.47		350m: 400m: 5:14.56				