

Prova 32 Masc., 800m Livres Absolutos
13.03.2022 - 15:51 Resultados

Rec Nacional Absoluto	7:52.68	Jose Paulo Lopes	SCB	Budapest (HUN)	2021
Rec Regional Absoluto	8:06.49	Guilherme Filipe Pina	SCP	Coimbra	2017
Rec Regional Sen	8:06.49	Guilherme Filipe Pina	SCP	Coimbra	2017
Rec Regional Jun 2	8:15.16	Filipe Miguel Santo	SLB	Funchal	2018
Rec Regional Jun 1	8:19.86	Joao Pedro Gil	ANAM	Coimbra	2014
Rec Regional Juv A	8:29.39	Diogo Santos Cardoso	ADRCIMM	Gyoer (HUN)	2017
Rec Regional Juv B	8:45.55	Pedro Fontoura Oliveira	CFB	Lisboa	2005

TAC - Masc Juv B: 9:54.32; Juv A: 9:54.32; Jun 1: 9:54.32; Jun 2: 9:45.83; Sen: 9:34.51

Pontos: FINA 2021

Pos.	Nadador	Ano	Clube	T.Inscr.	Tempo	Pts
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Juvenis A

1.	Manuel Costa Simoes <i>Campeão Regional Juvenis A</i>	06	Soc.Filarmónica União A. Piedense	9:13.46	9:33.54	489
	50m: 31.40 31.40	250m: 2:53.21 36.11	450m: 5:19.86 36.83	650m: 7:47.44 35.85		
	100m: 1:06.42 35.02	300m: 3:29.40 36.19	500m: 5:57.37 37.51	700m: 8:23.36 35.92		
	150m: 1:41.62 35.20	350m: 4:06.21 36.81	550m: 6:34.94 37.57	750m: 8:59.19 35.83		
	200m: 2:17.10 35.48	400m: 4:43.03 36.82	600m: 7:11.59 36.65	800m: 9:33.54 34.35		
2.	Ricardo Freitas Neto	06	Sporting Clube de Portugal	9:42.73	9:40.96	471
	50m: 31.40 31.40	250m: 2:54.55 36.11	450m: 5:21.78 36.32	650m: 7:49.26 36.98		
	100m: 1:06.58 35.65	300m: 3:31.53 36.98	500m: 5:58.86 37.08	700m: 8:27.04 37.78		
	150m: 1:42.23 35.65	350m: 4:08.24 36.71	550m: 6:35.51 36.65	750m: 9:04.16 37.12		
	200m: 2:18.44 36.21	400m: 4:45.46 37.22	600m: 7:12.28 36.77	800m: 9:40.96 36.80		

Juniore

1.	Manuel Angelo Pereira <i>Campeão Regional Junior</i>	05	Sporting Clube de Portugal	9:02.16	8:56.92	597
	50m: 30.27 30.27	250m: 2:45.26 33.98	450m: 5:01.54 34.14	650m: 7:17.96 33.67		
	100m: 1:03.50 33.23	300m: 3:19.37 34.11	500m: 5:35.72 34.18	700m: 7:51.76 33.80		
	150m: 1:37.42 33.92	350m: 3:53.44 34.07	550m: 6:10.16 34.44	750m: 8:24.84 33.08		
	200m: 2:11.28 33.86	400m: 4:27.40 33.96	600m: 6:44.29 34.13	800m: 8:56.92 32.08		
2.	Tiago Miguel Trombinhas	04	ADR Colegio Int Monte Maior	9:05.77	9:09.21	557
	50m: 31.44 31.44	250m: 2:49.33 34.91	450m: 5:08.51 34.73	650m: 7:27.69 35.13		
	100m: 1:05.23 33.79	300m: 3:24.27 34.94	500m: 5:43.38 34.87	700m: 8:02.60 34.91		
	150m: 1:39.86 34.63	350m: 3:58.98 34.71	550m: 6:17.93 34.55	750m: 8:36.81 34.21		
	200m: 2:14.42 34.56	400m: 4:33.78 34.80	600m: 6:52.56 34.63	800m: 9:09.21 32.40		

DNS Pedro Maria Amado 05 Sport Alges e Dafundo 8:56.07

Seniores

1.	Bruno Miguel Ramos <i>Campeão Regional Sénior</i>	97	Clube Futebol Os Belenenses	9:34.51	8:37.53	666
	50m: 29.34 29.34	250m: 2:40.41 33.19	450m: 4:53.23 32.85	650m: 7:02.99 32.85		
	100m: 1:01.10 31.76	300m: 3:13.42 33.01	500m: 5:25.33 32.10	700m: 7:35.08 32.09		
	150m: 1:34.13 33.03	350m: 3:47.24 33.82	550m: 5:58.38 33.05	750m: 8:07.11 32.03		
	200m: 2:07.22 33.09	400m: 4:20.38 33.14	600m: 6:30.14 31.76	800m: 8:37.53 30.42		
2.	Alexandre Martinenko Spiess	98	Sporting Clube de Portugal	9:34.51	8:52.79	611
	50m: 30.10 30.10	250m: 2:40.47 32.68	450m: 4:53.31 32.82	650m: 7:10.14 34.31		
	100m: 1:02.90 32.91	300m: 3:13.79 33.32	500m: 5:27.16 33.85	700m: 7:44.45 34.58		
	150m: 1:34.97 32.82	350m: 3:46.92 33.13	550m: 6:01.11 33.95	750m: 8:19.03 34.58		
	200m: 2:07.79 32.82	400m: 4:20.49 33.57	600m: 6:30.14 31.76	800m: 8:52.79 33.76		
3.	Alexandre Coelho Vieira	03	Sporting Clube de Portugal	9:07.92	9:07.78	562
	50m: 29.99 29.99	250m: 2:46.12 34.37	450m: 5:06.18 35.19	650m: 7:26.13 34.70		
	100m: 1:02.90 32.91	300m: 3:20.91 34.79	500m: 5:41.64 35.46	700m: 8:00.30 34.17		
	150m: 1:37.23 34.33	350m: 3:55.86 34.95	550m: 6:16.53 34.89	750m: 8:34.63 34.33		
	200m: 2:11.75 34.52	400m: 4:30.99 35.13	600m: 6:51.43 34.90	800m: 9:07.78 33.15		

Prova 32, Masc., 800m Livres

Absolutos

1. Bruno Miguel Ramos	97	Clube Futebol Os Belenenses	9:34.51	8:37.53	666
50m: 29.34 29.34	250m: 2:40.41 33.19	450m: 4:53.23 32.85	650m: 7:02.99 32.85		
100m: 1:01.10 31.76	300m: 3:13.42 33.01	500m: 5:25.33 32.10	700m: 7:35.08 32.09		
150m: 1:34.13 33.03	350m: 3:47.24 33.82	550m: 5:58.38 33.05	750m: 8:07.11 32.03		
200m: 2:07.22 33.09	400m: 4:20.38 33.14	600m: 6:30.14 31.76	800m: 8:37.53 30.42		
2. Alexandre Martinenko Spiess	98	Sporting Clube de Portugal	9:34.51	8:52.79	611
50m: 30.10 30.10	250m: 2:40.47 32.68	450m: 4:53.31 32.82	650m: 7:10.14 32.85		
100m: 1:03.50 33.23	300m: 3:13.79 33.32	500m: 5:27.16 33.85	700m: 7:44.45 34.31		
150m: 1:34.97 34.33	350m: 3:46.92 33.13	550m: 6:01.11 33.95	750m: 8:19.03 34.58		
200m: 2:07.79 32.82	400m: 4:20.49 33.57	600m: 6:30.11 33.95	800m: 8:52.79 33.76		
3. Manuel Angelo Pereira	05	Sporting Clube de Portugal	9:02.16	8:56.92	597
50m: 30.27 30.27	250m: 2:45.26 33.98	450m: 5:01.54 34.14	650m: 7:17.96 33.67		
100m: 1:03.50 33.23	300m: 3:19.37 34.11	500m: 5:35.72 34.18	700m: 7:51.76 33.80		
150m: 1:37.42 33.92	350m: 3:53.44 34.07	550m: 6:10.16 34.44	750m: 8:24.84 33.08		
200m: 2:11.28 33.86	400m: 4:27.40 33.96	600m: 6:44.29 34.13	800m: 8:56.92 32.08		
4. Alexandre Coelho Vieira	03	Sporting Clube de Portugal	9:07.92	9:07.78	562
50m: 29.99 29.99	250m: 2:46.12 34.37	450m: 5:06.18 35.19	650m: 7:26.13 34.70		
100m: 1:02.90 32.91	300m: 3:20.91 34.79	500m: 5:41.64 35.46	700m: 8:00.30 34.17		
150m: 1:37.23 34.33	350m: 3:55.86 34.95	550m: 6:16.53 34.89	750m: 8:34.63 34.33		
200m: 2:11.75 34.52	400m: 4:30.99 35.13	600m: 6:51.43 34.90	800m: 9:07.78 33.15		
5. Tiago Miguel Trombinhas	04	ADR Colegio Int Monte Maior	9:05.77	9:09.21	557
50m: 31.44 31.44	250m: 2:49.33 34.91	450m: 5:08.51 34.73	650m: 7:27.69 35.13		
100m: 1:05.23 33.79	300m: 3:24.27 34.94	500m: 5:43.38 34.87	700m: 8:02.60 34.91		
150m: 1:39.86 34.63	350m: 3:58.98 34.71	550m: 6:17.93 34.55	750m: 8:36.81 34.21		
200m: 2:14.42 34.56	400m: 4:33.78 34.80	600m: 6:52.56 34.63	800m: 9:09.21 32.40		
6. Manuel Costa Simoes	06	Soc.Filarmónica União A. Piedense	9:13.46	9:33.54	489
50m: 31.40 31.40	250m: 2:53.21 36.11	450m: 5:19.86 36.83	650m: 7:47.44 35.85		
100m: 1:06.42 35.02	300m: 3:29.40 36.19	500m: 5:57.37 37.51	700m: 8:23.36 35.92		
150m: 1:41.62 35.20	350m: 4:06.21 36.81	550m: 6:34.94 37.57	750m: 8:59.19 35.83		
200m: 2:17.10 35.48	400m: 4:43.03 36.82	600m: 7:11.59 36.65	800m: 9:33.54 34.35		
7. Ricardo Freitas Neto	06	Sporting Clube de Portugal	9:42.73	9:40.96	471
50m: 31.40 31.40	250m: 2:54.55 36.11	450m: 5:21.78 36.32	650m: 7:49.26 36.98		
100m: 1:06.58 35.18	300m: 3:31.53 36.98	500m: 5:58.86 37.08	700m: 8:27.04 37.78		
150m: 1:42.23 35.65	350m: 4:08.24 36.71	550m: 6:35.51 36.65	750m: 9:04.16 37.12		
200m: 2:18.44 36.21	400m: 4:45.46 37.22	600m: 7:12.28 36.77	800m: 9:40.96 36.80		
DNS Pedro Maria Amado	05	Sport Alges e Dafundo	8:56.07		