



FESTIVAL DE MAIO DO SCP

Inf, Juv, Jun, Sen

15-16 maio 2021



Multidesportivo de Alvalade

Piscina Curta (25m)



Prova 41
16.05.2021 - 17:41

Femin., 400m Livres

Absolutos
Resultados

| | | | | | |
|-----------------------|---------|----------------------------|-----|------------------|------|
| Rec Regional Sen | 4:04.61 | Diana Margarida Duraes | POR | Copenhagen (DEN) | 2017 |
| Rec Regional Jun A | 4:13.87 | Ana Reis Sousa | POR | Alges | 2019 |
| Rec Regional Jun B | 4:19.15 | Ana Cláudia Correia Santos | POR | Tomar | 2005 |
| Rec Regional Juv A | 4:18.39 | Ana Cláudia Correia Santos | POR | Cantanhede | 2004 |
| Rec Regional Juv B | 4:23.08 | Susana Patricia Miguel | POR | Alhandra | 2004 |
| Rec Regional Absoluto | 4:04.61 | Diana Margarida Duraes | POR | Copenhagen (DEN) | 2017 |
| Rec Nacional Absoluto | 4:04.61 | Diana Margarida Duraes | POR | Copenhagen (DEN) | 2017 |

Pontos: FINA 2020

| Pos. | Nadador / Athlete | Ano/Y | Clube / Club | Final | Pts | 100m | 200m | 300m | 400m |
|------|---------------------------|-------|--------------|----------------|-----|---------|---------|---------|---------|
| 1. | Leonor Tavares Catalao | 06 | SCP | 4:33.50 | 625 | 1:06.84 | 1:10.66 | 1:09.31 | 1:06.69 |
| 2. | Erica Cristina Reis | 05 | SCP | 4:33.60 | 624 | 1:05.68 | 1:09.47 | 1:09.96 | 1:08.49 |
| 3. | Madalena Reis Cerdeira | 03 | SCP | 4:42.72 | 566 | 1:07.29 | 1:12.19 | 1:12.24 | 1:11.00 |
| 4. | Carolina Fonseca Gomes | 05 | SCP | 4:42.73 | 566 | 1:09.17 | 1:11.55 | 1:11.76 | 1:10.25 |
| 5. | Margarida Domingues Nunes | 05 | SCP | 4:51.50 | 516 | 1:08.82 | 1:13.40 | 1:14.66 | 1:14.62 |
| 6. | Madalena Graça Dias | 06 | CNLX | 4:56.11 | 492 | 1:12.22 | 1:16.06 | 1:15.07 | 1:12.76 |
| 7. | Catarina Gomes Costa | 06 | SCP | 5:05.96 | 446 | 1:12.53 | 1:17.75 | 1:18.31 | 1:17.37 |
| 8. | Leonor Castanho Santos | 07 | SCP | 5:10.56 | 427 | 1:14.14 | 1:19.83 | 1:19.07 | 1:17.52 |
| 9. | Maria Bandarra Matos | 07 | SCP | 5:11.75 | 422 | 1:14.55 | 1:19.46 | 1:19.51 | 1:18.23 |
| 10. | Anastacia Tshesnovska | 07 | SCP | 5:19.93 | 390 | 1:14.95 | 1:22.47 | 1:22.27 | 1:20.24 |
| DNS | Catarina Trigo Ferreira | 02 | CNLX | | | | | | |