

Prova 11

29.02.2020 - 15:30

Masc., 400m Estilos

Absolutos

Resultados

Rec Nacional Absoluto	4:15.84	Alexis Manacas Santos	SCP	Rio (BRA)	2016
Rec Regional Absoluto	4:15.84	Alexis Manacas Santos	SCP	Rio (BRA)	2016
Rec Regional Sen	4:15.84	Alexis Manacas Santos	SCP	Rio (BRA)	2016
Rec Regional Jun 2	4:22.25	Joao Alexandre Vital	SCP	Oeiras	2016
Rec Regional Jun 1	4:25.23	Joao Alexandre Vital	ADRCIMM	Singapore	2015
Rec Regional Juv A	4:32.66	Joao Alexandre Vital	ADRCIMM	Coimbra	2014
Rec Regional Juv B	4:37.06	Joao Alexandre Vital	ADRCIMM	Utrecht (NED)	2013

TAC - Masc Juv B: 5:40.44; Juv A: 5:34.26; Jun 1: 5:22.02; Jun 2: 5:17.42; Sen: 5:11.28

Pontos: FINA 2020

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
Juvenis B										
1.	Simao Lopes Oliveira <i>Campeão Regional Juvenis B</i>	05	CNS	5:12.21	5:11.44	479	1:09.31	1:23.35	1:24.25	1:14.53
2.	Manuel Angelo Pereira	05	SCP	5:08.78	5:13.32	471	1:09.88	1:20.46	1:34.00	1:08.98
3.	Jose Manuel Sa	05	SCP	5:21.82	5:13.54	470	1:10.34	1:20.19	1:33.02	1:09.99
4.	Vasco Antela Silva	05	SCP	5:37.16	5:19.70	443	1:11.87	1:22.94	1:33.00	1:11.89
5.	Vasco Alves Morgado	05	SAD	5:25.78	5:23.46	428	1:13.19	1:24.10	1:33.88	1:12.29
6.	Diogo Botelho Capricho	05	SCP	5:18.62	5:23.66	427	1:10.54	1:24.39	1:28.89	1:19.84
7.	Rodrigo Ferreira Mimoso	05	SLB	5:14.33	5:24.32	425	1:14.72	1:26.98	1:27.90	1:14.72
8.	Francisc Gututui	05	SAD	5:09.12	5:26.87	415	1:10.65	1:26.48	1:32.07	1:17.67
DSQ	Miguel Cordeiro Almeida <i>E-M13 - No percurso de mariposa, efectuou batimento alternado de pernas/pés durante o percurso (SW 8.3)</i>	05	SAD	5:17.24						
DNS	Tomas Almeida Cordeiro	05	SAD	5:32.19						

Juvenis A

1.	Tiago Morgado Nogueira <i>Campeão Regional Juvenis A</i>	04	ADRCIMM	5:01.86	5:04.96	511	1:09.42	1:18.86	1:28.91	1:07.77
2.	Afonso Cipriano Pinto	04	SCP	5:03.29	5:05.29	509	1:09.07	1:19.53	1:30.74	1:05.95
3.	Joao Afonso Santos	04	SCP	5:01.82	5:05.93	506	1:07.76	1:21.77	1:28.08	1:08.32
4.	Miguel Filipe Anjo	04	CDCP	5:21.02	5:13.04	472	1:13.70	1:21.81	1:28.23	1:09.30
5.	Tiago Miguel Trombinhas	04	ADRCIMM	5:06.21	5:13.56	470	1:12.41	1:23.16	1:28.24	1:09.75
6.	Yann Chetelat Fock	04	EULX	5:11.38	5:17.28	453	1:12.74	1:22.97	1:30.95	1:10.62
7.	Rodrigo Neves Fernandes <i>FTL (Fora Tempo Limite)</i>	04	GESL	5:20.00	5:34.49	387	1:12.30	1:30.58	1:33.35	1:18.26
8.	Jaeden Michael Nunes <i>FTL (Fora Tempo Limite)</i>	04	CFB	5:34.26	5:35.15	385	1:14.04	1:26.78	1:36.53	1:17.80
DSQ	Tiago Fanha Lopes <i>E-C50 - Perdeu a posição dorsal na chegada do percurso de costas (SW 6.5)</i>	04	CNMJ	5:00.15						

Juniores

1.	Francisco Costa Nunes <i>Campeão Regional Junior</i>	02	SCP	4:48.18	4:55.84	559	1:07.83	1:20.22	1:23.03	1:04.76
2.	Afonso Amaro Santos	02	GESL	5:17.42	4:58.64	544	1:10.61	1:18.85	1:21.17	1:08.01
3.	Pedro Henriques Correia	03	EULX	4:54.89	5:13.14	472	1:07.57	1:22.08	1:30.74	1:12.75
4.	Guilherme Matias Cristino	03	SFUAP	5:09.94	5:21.54	436	1:13.74	1:24.53	1:27.91	1:15.36

Prova 11, Masc., 400m Estilos

Seniores

1.	Tiago Roberto Cordeiro	00	SLB	4:31.87	4:36.52	685	1:01.18	1:11.43	1:19.76	1:04.15
	<i>Campeão Regional Sénior</i>									
2.	Jose Paula Carvalho	98	SAD	4:30.54	4:41.55	649	1:01.31	1:14.52	1:19.99	1:05.73
3.	Daniel Nogueira Catalao	00	SLB	4:37.10	4:43.73	634	1:04.20	1:13.53	1:20.08	1:05.92
4.	Joao Mota Correia	97	SLB	4:36.92	4:43.76	634	1:02.07	1:13.78	1:22.44	1:05.47
5.	Pedro Miguel Silva	94	ADRCIMM	4:40.63	4:43.98	633	1:05.37	1:14.92	1:20.33	1:03.36
6.	Bruno Rey Barros	01	SCP	4:49.16	4:48.23	605	1:05.51	1:16.90	1:22.68	1:03.14
7.	Filipe Miguel Santo	00	SLB	5:11.28	4:48.64	602	1:05.27	1:14.69	1:26.15	1:02.53
8.	David Matias Cristino	01	SFUAP	4:30.24	4:50.07	594	1:03.37	1:13.10	1:26.37	1:07.23
9.	Diogo Nogueira Rebelo	98	ADRCIMM	5:11.28	4:51.91	582	1:04.22	1:14.42	1:28.75	1:04.52
10.	Ricardo Basilio Marreiros	97	CDCP	4:50.74	4:55.08	564	1:04.09	1:18.12	1:25.01	1:07.86
11.	Joao Manuel Vargas	00	SLB	4:49.54	4:59.35	540	1:09.90	1:17.60	1:23.86	1:07.99
12.	Andre Tavares Grenho	99	GESL	5:00.99	4:59.96	537	1:06.80	1:20.21	1:23.79	1:09.16
13.	Rodrigo Almeida Cabrito	01	CFB	4:51.61	5:00.36	535	1:10.92	1:18.15	1:20.73	1:10.56
14.	Sebastiao Limbert Piedade	00	SAD	4:42.07	5:02.67	522	1:07.73	1:18.97	1:26.53	1:09.44
15.	Rafael Filipe Nunes	96	SLB	4:46.78	5:08.87	492	1:05.86	1:19.58	1:29.71	1:13.72
16.	Pedro Ferraz Esteves	99	CNLX	5:11.28	5:11.64	479	1:06.79	1:23.19	1:28.71	1:12.95
	<i>FTL (Fora Tempo Limite)</i>									
17.	Miguel Duarte Cruz	99	CFB	5:02.86	5:12.25	476	1:11.35	1:21.33	1:30.48	1:09.09
	<i>FTL (Fora Tempo Limite)</i>									
DSQ	Gonçalo Catarino Dias	00	VKGS	5:09.12						
	<i>E-C52 - O nadador esteve totalmente submerso na chegada. (SW 6.3)</i>									
DNS	Rafael Alcantara Aires	01	SLB	4:54.82						

Absolutos

1.	Tiago Roberto Cordeiro	00	SLB	4:31.87	4:36.52	685	1:01.18	1:11.43	1:19.76	1:04.15
2.	Jose Paula Carvalho	98	SAD	4:30.54	4:41.55	649	1:01.31	1:14.52	1:19.99	1:05.73
3.	Daniel Nogueira Catalao	00	SLB	4:37.10	4:43.73	634	1:04.20	1:13.53	1:20.08	1:05.92
4.	Joao Mota Correia	97	SLB	4:36.92	4:43.76	634	1:02.07	1:13.78	1:22.44	1:05.47
5.	Pedro Miguel Silva	94	ADRCIMM	4:40.63	4:43.98	633	1:05.37	1:14.92	1:20.33	1:03.36
6.	Bruno Rey Barros	01	SCP	4:49.16	4:48.23	605	1:05.51	1:16.90	1:22.68	1:03.14
7.	Filipe Miguel Santo	00	SLB	5:11.28	4:48.64	602	1:05.27	1:14.69	1:26.15	1:02.53
8.	David Matias Cristino	01	SFUAP	4:30.24	4:50.07	594	1:03.37	1:13.10	1:26.37	1:07.23
9.	Diogo Nogueira Rebelo	98	ADRCIMM	5:11.28	4:51.91	582	1:04.22	1:14.42	1:28.75	1:04.52
10.	Ricardo Basilio Marreiros	97	CDCP	4:50.74	4:55.08	564	1:04.09	1:18.12	1:25.01	1:07.86
11.	Francisco Costa Nunes	02	SCP	4:48.18	4:55.84	559	1:07.83	1:20.22	1:23.03	1:04.76
12.	Afonso Amaro Santos	02	GESL	5:17.42	4:58.64	544	1:10.61	1:18.85	1:21.17	1:08.01
13.	Joao Manuel Vargas	00	SLB	4:49.54	4:59.35	540	1:09.90	1:17.60	1:23.86	1:07.99
14.	Andre Tavares Grenho	99	GESL	5:00.99	4:59.96	537	1:06.80	1:20.21	1:23.79	1:09.16
15.	Rodrigo Almeida Cabrito	01	CFB	4:51.61	5:00.36	535	1:10.92	1:18.15	1:20.73	1:10.56
16.	Sebastiao Limbert Piedade	00	SAD	4:42.07	5:02.67	522	1:07.73	1:18.97	1:26.53	1:09.44
17.	Tiago Morgado Nogueira	04	ADRCIMM	5:01.86	5:04.96	511	1:09.42	1:18.86	1:28.91	1:07.77
18.	Afonso Cipriano Pinto	04	SCP	5:03.29	5:05.29	509	1:09.07	1:19.53	1:30.74	1:05.95
19.	Joao Afonso Santos	04	SCP	5:01.82	5:05.93	506	1:07.76	1:21.77	1:28.08	1:08.32
20.	Rafael Filipe Nunes	96	SLB	4:46.78	5:08.87	492	1:05.86	1:19.58	1:29.71	1:13.72
21.	Simao Lopes Oliveira	05	CNS	5:12.21	5:11.44	479	1:09.31	1:23.35	1:24.25	1:14.53
22.	Pedro Ferraz Esteves	99	CNLX	5:11.28	5:11.64	479	1:06.79	1:23.19	1:28.71	1:12.95
	<i>FTL (Fora Tempo Limite)</i>									
23.	Miguel Duarte Cruz	99	CFB	5:02.86	5:12.25	476	1:11.35	1:21.33	1:30.48	1:09.09
	<i>FTL (Fora Tempo Limite)</i>									
24.	Miguel Filipe Anjo	04	CDCP	5:21.02	5:13.04	472	1:13.70	1:21.81	1:28.23	1:09.30
25.	Pedro Henriques Correia	03	EULX	4:54.89	5:13.14	472	1:07.57	1:22.08	1:30.74	1:12.75
26.	Manuel Angelo Pereira	05	SCP	5:08.78	5:13.32	471	1:09.88	1:20.46	1:34.00	1:08.98
27.	Jose Manuel Sa	05	SCP	5:21.82	5:13.54	470	1:10.34	1:20.19	1:33.02	1:09.99
28.	Tiago Miguel Trombinhas	04	ADRCIMM	5:06.21	5:13.56	470	1:12.41	1:23.16	1:28.24	1:09.75
29.	Yann Chetelat Fock	04	EULX	5:11.38	5:17.28	453	1:12.74	1:22.97	1:30.95	1:10.62
30.	Vasco Antela Silva	05	SCP	5:37.16	5:19.70	443	1:11.87	1:22.94	1:33.00	1:11.89

Prova 11, Masc., 400m Estilos, Absolutos

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
31.	Guilherme Matias Cristino	03	SFUAP	5:09.94	5:21.54	436	1:13.74	1:24.53	1:27.91	1:15.36
32.	Vasco Alves Morgado	05	SAD	5:25.78	5:23.46	428	1:13.19	1:24.10	1:33.88	1:12.29
33.	Diogo Botelho Capricho	05	SCP	5:18.62	5:23.66	427	1:10.54	1:24.39	1:28.89	1:19.84
34.	Rodrigo Ferreira Mimoso	05	SLB	5:14.33	5:24.32	425	1:14.72	1:26.98	1:27.90	1:14.72
35.	Francisc Gututui	05	SAD	5:09.12	5:26.87	415	1:10.65	1:26.48	1:32.07	1:17.67
36.	Rodrigo Neves Fernandes <i>FTL (Fora Tempo Limite)</i>	04	GESL	5:20.00	5:34.49	387	1:12.30	1:30.58	1:33.35	1:18.26
37.	Jaeden Michael Nunes <i>FTL (Fora Tempo Limite)</i>	04	CFB	5:34.26	5:35.15	385	1:14.04	1:26.78	1:36.53	1:17.80
DSQ	Tiago Fanha Lopes <i>E-C50 - Perdeu a posição dorsal na chegada do percurso de costas (SW 6.5)</i>	04	CNMJ	5:00.15						
DSQ	Miguel Cordeiro Almeida <i>E-M13 - No percurso de mariposa, efectuou batimento alternado de pernas/pés durante o percurso (SW 8.3)</i>	05	SAD	5:17.24						
DSQ	Gonçalo Catarino Dias <i>E-C52 - O nadador esteve totalmente submerso na chegada. (SW 6.3)</i>	00	VKGS	5:09.12						
DNS	Rafael Alcantara Aires	01	SLB	4:54.82						
DNS	Tomas Almeida Cordeiro	05	SAD	5:32.19						