

Prova 30 Masc., 400m Livres Absolutos
01.03.2020 - 11:34 Lista inscritos

Rec Nacional Absoluto	3:51.89	Miguel Duarte Nascimento	SLB	Glasgow (GBR)	2018
Rec Regional Absoluto	3:51.89	Miguel Duarte Nascimento	SLB	Glasgow (GBR)	2018
Rec Regional Sen	3:51.89	Miguel Duarte Nascimento	SLB	Glasgow (GBR)	2018
Rec Regional Jun 2	3:58.65	Tiago Cunha Costa	SCP	Oeiras	2017
Rec Regional Jun 1	4:02.05	Roberto Donald Gomes	SAD	Coimbra	2017
Rec Regional Juv A	4:04.23	Andre Filipe Farinha	SLB	Torreveja (ESP)	2012
Rec Regional Juv B	4:08.94	Bernardo Jorge Simoes	CNCVG	Funchal	2019

TAC - Masc Juv B: 4:57.33; Juv A: 4:51.92; Jun 1: 4:41.23; Jun 2: 4:37.22; Sen: 4:31.86

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis B									
1	Pedro Maria Amado	05	Juv B	148286	SAD	4:27.27 S	07.12.2019	Sines (POR)	4:32.61
2	Andre Henriques Marques	05	Juv B	129665	SLB	4:33.34 S	22.11.2019	Alges (POR)	4:38.80
3	Jose Manuel Sa	05	Juv B	203114	SCP	4:34.17 S	22.11.2019	Alges (POR)	4:39.65
4	Manuel Angelo Pereira	05	Juv B	151305	SCP	4:34.85 S	22.11.2019	Alges (POR)	4:40.34
5	Diogo Sousa Barbosa	05	Juv B	133332	SLB	4:38.40 S	22.11.2019	Alges (POR)	4:43.96
6	Diogo Botelho Capricho	05	Juv B	142035	SCP	4:40.23 S	22.11.2019	Alges (POR)	4:45.83
7	Gabriel Carvalho Ferrao	05	Juv B	132345	CDCP	4:46.99 L	06.07.2019	Setubal (POR)	4:46.99
8	Manuel Pires Oliveira	05	Juv B	201480	PDEM	4:47.57 S	25.04.2019	Sines (POR)	4:53.32
9	Joao Ferreira Rodrigues	05	Juv B	202709	GESL	4:50.17 S	22.11.2019	Alges (POR)	4:55.97
10	Mateus Correa Walker	05	Juv B	202083	AHBE	4:57.33 L			4:57.33
11	Simao Lopes Oliveira	05	Juv B	200178	CNS	4:57.33 L			4:57.33
12	Vasco Alves Morgado	05	Juv B	147123	SAD	4:57.33 L			4:57.33
	Joao Seixedo Pinheiro	05	Juv B	205374	CNS	4:33.54 S	09.03.2019	Setubal (POR)	4:39.01 DNS
	Rodrigo Martins Bras	05	Juv B	129806	CFB	4:57.33 L			4:57.33 DNS
	Alfredo Cabrita Soudo	05	Juv B	148434	CFB	4:57.33 L			4:57.33 DNS

Juvenis A

1	Joao Lourenco Rebelo	04	Juv A	132558	SAD	4:18.50 S	14.07.2019	Alges (POR)	4:23.67
2	Joao Afonso Santos	04	Juv A	153371	SCP	4:23.73 S	07.12.2019	Sines (POR)	4:29.00
3	Francisco Amaro Santos	04	Juv A	201404	GESL	4:23.87 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:29.14
4	Tiago Miguel Trombinhas	04	Juv A	201495	ADRCIMM	4:30.94 L	13.04.2019	Oeiras (POR)	4:30.94
5	Yann Chetelat Fock	04	Juv A	129699	EULX	4:31.55 L	03.08.2019	Funchal (POR)	4:31.55
6	Afonso Figueiredo Frasquilho	04	Juv A	153353	SCP	4:26.30 S	13.07.2019	Alges (POR)	4:31.62
7	Miguel Filipe Anjo	04	Juv A	201394	CDCP	4:26.44 S	07.12.2019	Sines (POR)	4:31.76
8	Rafael Caceres Lopes	04	Juv A	201395	SFUAP	4:29.87 S	14.07.2019	Alges (POR)	4:35.26
9	Francisco Sousa Uva	04	Juv A	201477	SAD	4:30.50 S	14.07.2019	Alges (POR)	4:35.91
10	Miguel Costa Simoes	04	Juv A	132350	CDCP	4:36.47 L	17.03.2019	Vila Franca de Xira (POR)	4:36.47
11	Tiago Barroso Proenca	04	Juv A	129698	EULX	4:32.05 S	14.07.2019	Alges (POR)	4:37.49
12	Pedro Forjaz Cirurgiao	04	Juv A	132564	SAD	4:34.00 S	22.11.2019	Alges (POR)	4:39.48
13	Afonso Romao Francisco	04	Juv A	204573	CDCP	4:35.36 S	14.07.2019	Alges (POR)	4:40.86
14	Tomas Martins Mira	04	Juv A	132215	CNS	4:41.56 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:47.19
15	Rodrigo Rebelo Pereira	04	Juv A	208309	CIRL	4:51.92			4:51.92
16	Miguel Alexandre Araujo	04	Juv A	131174	SFUAP	4:51.92			4:51.92

Juniores

1	Pedro Esteves Duarte	03	Jun	132531	CDCP	4:12.93 S	30.11.2019	Sines (POR)	4:17.98
2	Antonio Santos Pereira	03	Jun	201690	AHBE	4:15.57 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:20.68
3	Ricardo Martins Ferreira	03	Jun	127307	AONDA	4:19.43 S	14.07.2019	Alges (POR)	4:24.61
4	Diogo Miguel Duraes	03	Jun	123448	CNMJ	4:23.01 S	11.01.2020	Elvas (POR)	4:28.27
5	Alexandre Coelho Vieira	03	Jun	131516	SCP	4:23.63 S	14.07.2019	Alges (POR)	4:28.90
6	Luis Carlos Correia	03	Jun	207349	SFUAP	4:24.78 S	22.11.2019	Alges (POR)	4:30.07

Seniores

1	Bruno Rey Barros	01	Sen	208313	SCP	4:05.94 L	06.08.2019	Terrassa (ESP)	4:05.94
2	Daniel Rochinha Pedro	98	Sen	111389	AHBE	4:02.05 S	25.04.2019	Sines (POR)	4:06.89
3	Pedro Miguel Silva	94	Sen	100227	ADRCIMM	4:04.77 S	17.01.2020	Vila Franca de Xira (POR)	4:09.66
4	Afonso Mateus Ribeiro	95	Sen	100430	CFB	4:06.42 S	14.07.2019	Alges (POR)	4:11.34
5	Joao Esteves Padrela	99	Sen	119137	CFB	4:07.62 S	14.07.2019	Alges (POR)	4:12.57
6	Pedro Barata Neves	00	Sen	118137	CIRL	4:15.27 L	27.07.2019	Dublin (IRL)	4:15.27
7	Pedro Dordio Carreiro	97	Sen	120560	GESL	4:13.45 S	22.11.2019	Alges (POR)	4:18.51
8	Filipe Ferreira Luz	98	Sen	112320	GESL	4:18.36 S	03.11.2019	Lisboa (POR)	4:23.52
9	Sebastiao Limbert Piedade	00	Sen	120451	SAD	4:20.94 S	22.11.2019	Alges (POR)	4:26.15

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10	Miguel Duarte Cruz	99	Sen	125797	CFB	4:23.64 S	21.12.2019	Felgueiras (POR)	4:28.91
11	Diogo Nogueira Rebelo	98	Sen	117035	ADRCIMM	4:31.86			4:31.86
12	Afonso Godinho Mestre	95	Sen	100365	CNLX	4:31.86			4:31.86
13	Pedro Ferraz Esteves	99	Sen	118772	CNLX	4:31.86 L			4:31.86
14	Pedro Cerqueira Lobo	01	Sen	211075	FS	4:31.86 L			4:31.86