

Prova 29 Femin., 400m Livres Absolutos
01.03.2020 - 11:00 Lista inscritos

Rec Nacional Absoluto	4:09.49	Diana Margarida Duraes	SLB	Tarragona (ESP)	2018
Rec Regional Absoluto	4:09.49	Diana Margarida Duraes	SLB	Tarragona (ESP)	2018
Rec Regional Sen	4:09.49	Diana Margarida Duraes	SLB	Tarragona (ESP)	2018
Rec Regional Jun 2	4:20.34	Ana Reis Sousa	SAD	Oeiras	2019
Rec Regional Jun 1	4:20.37	Marta Andreia Ferreira	SCP	Berlin (GER)	2002
Rec Regional Juv A	4:24.77	Ana Cláudia Correia Santos	SFUAP	Jamor	2005
Rec Regional Juv B	4:29.25	Susana Patricia Miguel	SFUAP	Oeiras	2004

TAC - Fem Juv B: 5:26.60; Juv A: 5:17.54; Jun 2: 5:05.66; Jun 1: 5:08.66; Sen: 5:04.15

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis B									
1	Rebeca Leonor Antunes	06	Juv B	148284	CNCVG	4:41.78 S	08.12.2019	Sines (POR)	4:47.41
2	Matilde Nunes Lopes	06	Juv B	201711	SLB	4:41.82 S	08.12.2019	Sines (POR)	4:47.45
3	Ines Correia Teixeira	06	Juv B	133334	CNA	4:48.41 L	09.02.2020	Lisbon (POR)	4:48.41
4	Leonor Tavares Catalao	06	Juv B	202215	SCP	4:43.92 S	08.12.2019	Sines (POR)	4:49.59
5	Margarida Barbara Marques	06	Juv B	200396	SAD	4:55.97 S	15.02.2020	Torres Novas (POR)	5:01.88
6	Erica Candeias Mendes	06	Juv B	147116	CNA	4:59.84 S	08.12.2019	Sines (POR)	5:05.83
7	Leonor Santos Duro	06	Juv B	202520	CNS	5:06.24 S	31.03.2019	Pinhal Novo (POR)	5:12.36
8	Clara Sofia Herminio	06	Juv B	202218	CDCP	5:13.32 L	09.02.2020	Lisbon (POR)	5:13.32
9	Marta Silva Santos	06	Juv B	200182	CNS	5:07.49 S	20.06.2019	Sto Ant. Cavaleiros (POR)	5:13.64
10	Rita Borges Silva	06	Juv B	200715	CNA	5:14.67 L	16.06.2019	Vila Franca de Xira (POR)	5:14.67
11	Iris Castro Campos	06	Juv B	205634	CNA	5:15.12 S	22.11.2019	Alges (POR)	5:21.42
12	Mariana Ramos Zacarias	06	Juv B	200183	CNS	5:25.68 L	06.07.2019	Setubal (POR)	5:25.68
13	Madalena Graca Dias	06	Juv B	211407	CNLX	5:26.60			5:26.60
Juvenis A									
1	Sofia Antunes Sebastiao	05	Juv A	147121	CNA	4:39.35 L	03.08.2019	Funchal (POR)	4:39.35
2	Carmo Dias Vieira	05	Juv A	201319	EULX	4:43.80 S	08.12.2019	Sines (POR)	4:49.47
3	Maria Teresa Fernandes	05	Juv A	132557	SAD	4:45.60 S	08.12.2019	Sines (POR)	4:51.31
4	Carolina Fonseca Gomes	05	Juv A	202528	CDOM	4:46.27 S	08.12.2019	Sines (POR)	4:51.99
5	Iris Pereira Carrao	05	Juv A	201392	CIRL	4:46.30 S	08.12.2019	Sines (POR)	4:52.02
6	Mariana Andreia Silva	05	Juv A	141810	SCP	4:49.64 S	08.12.2019	Sines (POR)	4:55.43
7	Nicole Patriarca Franca	05	Juv A	153435	SCP	4:49.98 S	08.12.2019	Sines (POR)	4:55.78
8	Sara Carreira Melo	05	Juv A	153366	GESL	4:51.50 S	03.11.2019	Lisboa (POR)	4:57.33
9	Maria Del Rio Bernat	05	Juv A	200403	SAD	4:53.59 S	14.07.2019	Alges (POR)	4:59.46
10	Simone Filipe Monteiro	05	Juv A	203878	GESL	4:57.59 S	03.11.2019	Lisboa (POR)	5:03.54
11	Maria Sousa Caxaria	05	Juv A	148574	CNMJ	5:17.54 L			5:17.54
	Erica Cristina Reis	05	Juv A	200201	SCP	4:36.16 S	14.07.2019	Alges (POR)	4:41.68 WDR
	Mariana Marques Santos	05	Juv A	150757	GESL	4:42.79 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:48.44 WDR

Juniores

1	Ema Jeronimo Conceicao	03	Jun	129812	AEFDTV	4:24.06 S	22.11.2019	Alges (POR)	4:29.34
2	Joana Ribeiro Martins	03	Jun	129164	SCP	4:32.50 S	28.04.2019	Felgueiras (POR)	4:37.95
3	Daniela Alexandra Pedro	04	Jun	130864	SCP	4:49.49 L	16.06.2019	Vila Franca de Xira (POR)	4:49.49
4	Beatriz Quintao Amantes	03	Jun	132798	SFUAP	4:45.16 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:50.86
5	Diana Valadas Horta	04	Jun	201782	SFUAP	4:51.98 L	09.02.2020	Lisbon (POR)	4:51.98
6	Beatriz Costa Melo	04	Jun	132555	SAD	4:49.79 S	22.11.2019	Alges (POR)	4:55.58
7	Maria Martins Camacho	04	Jun	130618	SFUAP	4:49.99 S	22.11.2019	Alges (POR)	4:55.79
8	Francisca Razina Oliveira	03	Jun	130620	SFUAP	4:51.24 S	14.07.2019	Alges (POR)	4:57.06
9	Margarida Filipe Ferreira	04	Jun	132347	CDCP	4:52.52 S	24.11.2019	Alges (POR)	4:58.37
10	Mariana Marques Mercedes	03	Jun	129961	CDOM	4:59.71 L	10.02.2019	Lisboa (POR)	4:59.71
11	Carolina Anjos Frischknecht	04	Jun	129489	CNS	5:08.66 L			5:08.66

Seniores

1	Beatriz Paulo Ranito	99	Sen	116593	GESL	4:32.93 S	14.12.2019	Leiria (POR)	4:38.38
2	Ana Leonor Dias	02	Sen	129302	CNLX	4:34.27 S	14.04.2019	Quarteira (POR)	4:39.75
3	Maria Ornelas Armas	98	Sen	106961	EULX	4:35.52 S	22.11.2019	Alges (POR)	4:41.03
4	Catarina Martins Mestre	00	Sen	120724	CNLX	4:36.68 S	24.11.2019	Alges (POR)	4:42.21
5	Joana Filipa Varandas	02	Sen	124305	CIRL	4:42.91 L	26.07.2019	Dublin (IRL)	4:42.91
6	Catarina Trigo Ferreira	02	Sen	124523	CNLX	4:45.19 S	14.07.2019	Alges (POR)	4:50.89
7	Ana Raquel Ferreira	98	Sen	102755	CNLX	4:46.69 S	22.11.2019	Alges (POR)	4:52.42
8	Barbara Sofrino Rodrigues	01	Sen	120568	CFB	4:58.95 L	10.02.2019	Lisboa (POR)	4:58.95
9	Sofia Oliveira Silva	99	Sen	121399	CNS	4:54.64 S	22.11.2019	Alges (POR)	5:00.53
10	Ana Rita Matos	02	Sen	127501	CFB	5:04.15			5:04.15

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Resultados online: anlisboa.info/live

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