

Prova 12  
29.02.2020 - 16:05

Femin., 400m Estilos

Absolutos  
Lista inscritos

Rec Nacional Absoluto	4:40.11	Victoria Kaminskaya	ESJB	Pontevedra (ESP)	2017
Rec Regional Absoluto	4:40.11	Victoria Kaminskaya	ESJB	Pontevedra (ESP)	2017
Rec Regional Sen	4:40.11	Victoria Kaminskaya	ESJB	Pontevedra (ESP)	2017
Rec Regional Jun 2	4:55.04	Francisca Salvador Mesquita	ADRCIMM	Coimbra	2019
Rec Regional Jun 1	4:58.87	Susana Patricia Miguel	SFUAP	Palma de Mallorca (ESP)	2006
Rec Regional Juv A	5:01.32	Francisca Salvador Mesquita	ADRCIMM	Coimbra	2017
Rec Regional Juv B	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	2004

TAC - Fem Juv B: 6:10.60; Juv A: 6:00.31; Jun 2: 5:46.83; Jun 1: 5:50.23; Sen: 5:45.13

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis B</b>									
1	Carolina Martins Camacho	06	Juv B	202646	SFUAP	5:29.50 L	09.02.2020	Lisbon (POR)	5:29.50
2	Matilde Nunes Lopes	06	Juv B	201711	SLB	5:27.78 S	18.05.2019	Alges (POR)	5:34.33
3	Beatriz Fernandes Gama	06	Juv B	151459	SCP	5:34.76 S	08.03.2019	Setubal (POR)	5:41.45
4	Beatriz Portugal Costa	06	Juv B	133278	SLB	5:38.05 S	06.12.2019	Sines (POR)	5:44.81
5	Madalena Correa Sa	06	Juv B	201548	GESL	5:39.10 S	06.12.2019	Sines (POR)	5:45.88
6	Ines Gaspar Silva	06	Juv B	204152	GESL	5:39.49 S	23.11.2019	Alges (POR)	5:46.28
7	Leonor Santos Duro	06	Juv B	202520	CNS	5:42.42 S	18.05.2019	Alges (POR)	5:49.26
8	Leonor Roque Mendes	06	Juv B	203844	ADRCIMM	5:51.39 S	23.11.2019	Alges (POR)	5:58.41
9	Catarina Lima Antunes	06	Juv B	151077	SCP	5:56.41 S	08.03.2019	Setubal (POR)	6:03.53

### Juvenis A

1	Mafalda Santos Costa	05	Juv A	132453	ADRCIMM	5:23.00 S	06.12.2019	Sines (POR)	5:29.46
2	Mariana Andreia Silva	05	Juv A	141810	SCP	5:25.18 S	23.11.2019	Alges (POR)	5:31.68
3	Maria Teresa Fernandes	05	Juv A	132557	SAD	5:27.02 S	06.12.2019	Sines (POR)	5:33.56
4	Nicole Patriarca Franca	05	Juv A	153435	SCP	5:33.72 S	23.11.2019	Alges (POR)	5:40.39
5	Barbara Cunha Ventura	05	Juv A	132458	SLB	5:36.40 S	23.11.2019	Alges (POR)	5:43.12
6	Maria Carolina Vargas	05	Juv A	132561	SLB	5:44.51 S	23.11.2019	Alges (POR)	5:51.40

### Juniores

1	Maria Gomes Pereira	04	Jun	129510	SAD	5:09.88 L	14.04.2019	Oeiras (POR)	5:09.88
2	Lidiana Correia Rodrigues	04	Jun	130399	CFB	5:15.63 L	06.04.2019	Coimbra (POR)	5:15.63
3	Margarida Filipe Ferreira	04	Jun	132347	CDCP	5:15.37 S	15.12.2019	Leiria (POR)	5:21.67
4	Daniela Mascarenhas Henriques	03	Jun	128827	GESL	5:17.90 S	23.11.2019	Alges (POR)	5:24.25
5	Alice Jesus Morgado	04	Jun	131016	GESL	5:18.56 S	23.11.2019	Alges (POR)	5:24.93
6	Beatriz Quintao Amantes	03	Jun	132798	SFUAP	5:19.88 S	16.06.2019	Coimbra (POR)	5:26.27
7	Catarina Nunes Costa	04	Jun	131376	GESL	5:22.78 S	23.11.2019	Alges (POR)	5:29.23
8	Maria Jardim Fidalgo	04	Jun	131429	CNCVG	5:24.16 S	23.11.2019	Alges (POR)	5:30.64

### Seniores

1	Francisca Salvador Mesquita	02	Sen	123935	ADRCIMM	4:55.04 L	06.04.2019	Coimbra (POR)	4:55.04
2	Natacha Sofia Silva	02	Sen	125594	SLB	5:12.89 L	14.04.2019	Oeiras (POR)	5:12.89
3	Margarida Messias Ribeiro	98	Sen	110544	GESL	5:06.76 S	20.12.2019	Felgueiras (POR)	5:12.89
4	Filipa Serrano Rodrigues	01	Sen	112310	SLB	5:16.39 L	09.02.2019	Lisboa (POR)	5:16.39
5	Tatiana Alexandre Cardoso	01	Sen	127355	CNA	5:17.47 S	23.11.2019	Alges (POR)	5:23.81
6	Ana Rita Matos	02	Sen	127501	CFB	5:23.92 L	02.08.2019	Funchal (POR)	5:23.92
7	Joana Filipa Varandas	02	Sen	124305	CIRL	5:19.20 S	15.12.2019	Leiria (POR)	5:25.58