

Prova 5

Masc., 400m Livres

Absolutos/All
Resultados Final

08.02.2020 - 17:42

Rec Mundial / World Record	3:40.07	BIEDERMANN Paul	GER	Rome (ITA)	2009
Rec Europeu / European Record	3:40.07	BIEDERMANN Paul	GER	Rome (ITA)	2009
Rec Meeting / Meeting Record	3:53.88	BERNEK Peter	HUN	Lisboa	2017
Rec Nacional / Port.Nat Record	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	2018

Meeting Access Time Jun&Sen: 4:25.00; Juv: 4:44.00

Pontos: FINA 2020

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	TReac	Pts
Final A						
1.	VELOSO Tomas Miguel	96	Seleccao de Coimbra	3:57.75		793
	50m: 27.77 27.77	150m: 1:27.43 30.22	250m: 2:27.58 30.20	350m: 3:28.28		30.68
	100m: 57.21 29.44	200m: 1:57.38 29.95	300m: 2:57.60 30.02	400m: 3:57.75		29.47
2.	MOGNE Igor Araujo	96	Sporting	3:59.29		777
	50m: 27.54 27.54	150m: 1:27.43 30.21	250m: 2:28.23 30.45	350m: 3:29.30		30.67
	100m: 57.22 29.68	200m: 1:57.78 30.35	300m: 2:58.63 30.40	400m: 3:59.29		29.99
3.	COSTA Tiago Cunha	99	Sporting	4:01.08		760
	50m: 27.22 27.22	150m: 1:26.79 30.10	250m: 2:28.07 30.69	350m: 3:30.38		31.10
	100m: 56.69 29.47	200m: 1:57.38 30.59	300m: 2:59.28 31.21	400m: 4:01.08		30.70
4.	LOPES Tomas Teixeira	02	Portugal	4:02.93		743
	50m: 27.12 27.12	150m: 1:27.64 30.40	250m: 2:30.28 31.26	350m: 3:32.89		31.13
	100m: 57.24 30.12	200m: 1:59.02 31.38	300m: 3:01.76 31.48	400m: 4:02.93		30.04
5.	ROMERO Eusebio Alacantarilla	99	Mairena del Aljarafe	4:06.66		710
	50m: 28.31 28.31	150m: 1:29.97 31.20	250m: 2:32.70 31.49	350m: 3:36.02		31.83
	100m: 58.77 30.46	200m: 2:01.21 31.24	300m: 3:04.19 31.49	400m: 4:06.66		30.64
6.	ASHLEY SPARKS Freddie	02	England South West	4:08.04		698
	50m: 27.63 27.63	150m: 1:29.58 31.39	250m: 2:33.26 31.85	350m: 3:37.58		32.15
	100m: 58.19 30.56	200m: 2:01.41 31.83	300m: 3:05.43 32.17	400m: 4:08.04		30.46
7.	BATE Miguel Ribeiro	99	Alges	4:08.23		696
	50m: 28.09 28.09	150m: 1:30.84 31.69	250m: 2:34.23 31.72	350m: 3:37.72		31.59
	100m: 59.15 31.06	200m: 2:02.51 31.67	300m: 3:06.13 31.90	400m: 4:08.23		30.51
	GIL Rafael Lourenco	96	Sporting	4:08.23		696
	50m: 29.06 29.06	150m: 1:31.70 31.44	250m: 2:35.06 31.42	350m: 3:37.97		31.25
	100m: 1:00.26 31.20	200m: 2:03.64 31.94	300m: 3:06.72 31.66	400m: 4:08.23		30.26
9.	SIMOES Bernardo Jorge	04	Colégio Vasco da Gama	4:09.15		689
	50m: 28.02 28.02	150m: 1:30.54 31.50	250m: 2:34.43 31.91	350m: 3:38.31		31.99
	100m: 59.04 31.02	200m: 2:02.52 31.98	300m: 3:06.32 31.89	400m: 4:09.15		30.84
10.	DIAZ ROMERO Carlos	01	Mairena del Aljarafe	4:10.56		677
	50m: 28.64 28.64	150m: 1:30.97 31.62	250m: 2:34.41 31.60	350m: 3:39.06		32.20
	100m: 59.35 30.71	200m: 2:02.81 31.84	300m: 3:06.86 32.45	400m: 4:10.56		31.50
Final B						
11.	RAYMENT Ethan	01	England South West	4:09.31		687
	50m: 27.92 27.92	150m: 1:30.77 31.64	250m: 2:34.04 31.61	350m: 3:37.99		31.99
	100m: 59.13 31.21	200m: 2:02.43 31.66	300m: 3:06.00 31.96	400m: 4:09.31		31.32
12.	GOMES Goncalo Andre	03	Fundação Beatriz Santos	4:09.79		683
	50m: 29.38 29.38	150m: 1:33.51 32.20	250m: 2:36.28 31.40	350m: 3:39.55		31.63
	100m: 1:01.31 31.93	200m: 2:04.88 31.37	300m: 3:07.92 31.64	400m: 4:09.79		30.24
13.	HALL Adam	01	England South West	4:09.91		682
	50m: 28.06 28.06	150m: 1:30.99 32.07	250m: 2:34.49 31.82	350m: 3:39.15		32.60
	100m: 58.92 30.86	200m: 2:02.67 31.68	300m: 3:06.55 32.06	400m: 4:09.91		30.76
14.	ALMEIDA Bernardo Victorino	04	Sporting	4:11.05		673
	50m: 28.06 28.06	150m: 1:31.20 31.64	250m: 2:35.26 31.67	350m: 3:40.37		32.27
	100m: 59.56 31.50	200m: 2:03.59 32.39	300m: 3:08.10 32.84	400m: 4:11.05		30.68
15.	AMARAL Francisco Rodriguez	02	Desportivo de Campinho	4:11.61		669
	50m: 29.64 29.64	150m: 1:33.35 31.86	250m: 2:36.98 31.37	350m: 3:41.20		32.09
	100m: 1:01.49 31.85	200m: 2:05.61 32.26	300m: 3:09.11 32.13	400m: 4:11.61		30.41
16.	BARROS Bruno Rey	01	Sporting	4:12.03		665
	50m: 28.99 28.99	150m: 1:32.56 32.00	250m: 2:37.09 31.90	350m: 3:41.16		31.37
	100m: 1:00.56 31.57	200m: 2:05.19 32.63	300m: 3:09.79 32.70	400m: 4:12.03		30.87

Prova 5, Masc., 400m Livres, Final, Absolutos/All

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	TReac	Pts
17.	CRISTINO David Matias	01	União Piedense	4:14.23		648
	50m: 29.57 29.57	150m: 1:34.57 32.64	250m: 2:39.28 32.12	350m: 3:42.88 31.65		
	100m: 1:01.93 32.36	200m: 2:07.16 32.59	300m: 3:11.23 31.95	400m: 4:14.23 31.35		
18.	CARDOSO Diogo Santos	01	Colégio Int. Monte Maior	4:15.09		642
	50m: 30.22 30.22	150m: 1:34.67 32.31	250m: 2:39.17 32.21	350m: 3:43.98 32.45		
	100m: 1:02.36 32.14	200m: 2:06.96 32.29	300m: 3:11.53 32.36	400m: 4:15.09 31.11		
19.	RODRIGUES Pedro Reis	02	Seleccao da Madeira	4:15.30		640
	50m: 29.93 29.93	150m: 1:34.10 32.34	250m: 2:38.94 32.05	350m: 3:43.61 32.20		
	100m: 1:01.76 31.83	200m: 2:06.89 32.79	300m: 3:11.41 32.47	400m: 4:15.30 31.69		
20.	NUNES Francisco Costa	02	Sporting	4:21.39		596
	50m: 29.05 29.05	150m: 1:33.34 32.52	250m: 2:39.69 33.27	350m: 3:47.20 33.99		
	100m: 1:00.82 31.77	200m: 2:06.42 33.08	300m: 3:13.21 33.52	400m: 4:21.39 34.19		