

Prova 6  
18.01.2020 - 17:10

## Masc., 1500m Livres

 Infantis B  
Resultados

Rec Regional	17:13.96	Pedro Fontoura Oliveira	CFB	Santarém	2003
Rec Regional Absoluto	15:00.35	Filipe Miguel Santo	SLB	Alges	2018
Rec Nacional	17:11.29	Andre Vilas Ruivo	DNMG	Leiria	2013
Rec Nacional Absoluto	14:58.18	Jose Paulo Lopes	SCB	Felgueiras	2018

Pontos: FINA 2019

Pos.	Nadador	Ano	Clube	Tempo	Pts
1.	<b>Axel Guedes Asmar</b>	07	<b>Sporting</b>	<b>19:30.62</b>	<b>380</b>
	100m: 1:10.54 1:10.54	500m: 6:24.31 1:18.90	900m: 11:39.10 1:17.76	1300m: 16:56.44 1:20.07	
	200m: 2:27.91 1:17.37	600m: 7:43.66 1:19.35	1000m: 12:58.50 1:19.40	1400m: 18:13.95 1:17.51	
	300m: 3:46.43 1:18.52	700m: 9:02.98 1:19.32	1100m: 14:16.54 1:18.04	1500m: 19:30.62 1:16.67	
	400m: 5:05.41 1:18.98	800m: 10:21.34 1:18.36	1200m: 15:36.37 1:19.83		
2.	<b>Leonardo Conceicao Reis</b>	07	<b>Sporting</b>	<b>19:41.40</b>	<b>369</b>
	100m: 1:12.78 1:12.78	500m: 6:27.50 1:19.43	900m: 11:44.89 1:20.44	1300m: 17:05.13 1:20.54	
	200m: 2:31.11 1:18.33	600m: 7:46.52 1:19.02	1000m: 13:04.83 1:19.94	1400m: 18:27.00 1:21.87	
	300m: 3:49.65 1:18.54	700m: 9:05.01 1:18.49	1100m: 14:23.64 1:18.81	1500m: 19:41.40 1:14.40	
	400m: 5:08.07 1:18.42	800m: 10:24.45 1:19.44	1200m: 15:44.59 1:20.95		
3.	<b>Guilherme Matias Sousa</b>	07	<b>Geslours</b>	<b>19:54.77</b>	<b>357</b>
	100m: 1:12.76 1:12.76	500m: 6:28.31 1:19.87	900m: 11:47.60 1:21.03	1300m: 17:13.12 1:23.18	
	200m: 2:31.15 1:18.39	600m: 7:47.25 1:18.94	1000m: 13:06.89 1:19.29	1400m: 18:35.85 1:22.73	
	300m: 3:50.36 1:19.21	700m: 9:06.04 1:18.79	1100m: 14:27.75 1:20.86	1500m: 19:54.77 1:18.92	
	400m: 5:08.44 1:18.08	800m: 10:26.57 1:20.53	1200m: 15:49.94 1:22.19		
4.	<b>Andre Miguel Ramos</b>	07	<b>Fisica Torres Vedras</b>	<b>20:07.26</b>	<b>346</b>
	100m: 1:14.90 1:14.90	500m: 6:40.23 1:21.67	900m: 12:08.97 1:21.20	1300m: 17:34.27 1:20.61	
	200m: 2:36.02 1:21.12	600m: 8:01.66 1:21.43	1000m: 13:29.02 1:20.05	1400m: 18:54.76 1:20.49	
	300m: 3:57.21 1:21.19	700m: 9:24.58 1:22.92	1100m: 14:50.37 1:21.35	1500m: 20:07.26 1:12.50	
	400m: 5:18.56 1:21.35	800m: 10:47.77 1:23.19	1200m: 16:13.66 1:23.29		
5.	<b>Goncalo Saraiva Rodrigues</b>	07	<b>Cova da Piedade</b>	<b>20:35.56</b>	<b>323</b>
	100m: 1:16.18 1:16.18	500m: 6:51.35 1:24.11	900m: 12:20.60 1:22.15	1300m: 17:53.06 1:23.70	
	200m: 2:40.38 1:24.20	600m: 8:13.17 1:21.82	1000m: 13:43.39 1:22.79	1400m: 19:16.35 1:23.29	
	300m: 4:04.10 1:23.72	700m: 9:35.13 1:21.96	1100m: 15:05.76 1:22.37	1500m: 20:35.56 1:19.21	
	400m: 5:27.24 1:23.14	800m: 10:58.45 1:23.32	1200m: 16:29.36 1:23.60		
6.	<b>Joao Pedro Carapinha</b>	07	<b>União Piedense</b>	<b>20:37.18</b>	<b>322</b>
	100m: 1:17.71 1:17.71	500m: 6:51.97 1:23.37	900m: 12:22.69 1:22.54	1300m: 17:54.16 1:24.00	
	200m: 2:41.89 1:24.18	600m: 8:15.12 1:23.15	1000m: 13:45.26 1:22.57	1400m: 19:17.97 1:23.81	
	300m: 4:05.52 1:23.63	700m: 9:37.76 1:22.64	1100m: 15:07.29 1:22.03	1500m: 20:37.18 1:19.21	
	400m: 5:28.60 1:23.08	800m: 11:00.15 1:22.39	1200m: 16:30.16 1:22.87		
7.	<b>Afonso Jose Fernandes</b>	07	<b>Natação e Triatlo de Lisboa</b>	<b>20:41.87</b>	<b>318</b>
	100m: 1:13.71 1:13.71	500m: 6:48.76 1:24.46	900m: 12:26.99 1:25.09	1300m: 17:58.94 1:21.69	
	200m: 2:34.29 1:20.58	600m: 8:12.39 1:23.63	1000m: 13:50.70 1:23.71	1400m: 19:21.16 1:22.22	
	300m: 3:58.96 1:24.67	700m: 9:36.69 1:24.30	1100m: 15:14.16 1:23.46	1500m: 20:41.87 1:20.71	
	400m: 5:24.30 1:25.34	800m: 11:01.90 1:25.21	1200m: 16:37.25 1:23.09		
8.	<b>Antonio Ricardo Alves</b>	07	<b>Natação e Triatlo de Lisboa</b>	<b>20:50.32</b>	<b>312</b>
	100m: 1:20.58 1:20.58	500m: 6:57.35 1:23.97	900m: 12:33.72 1:24.25	1300m: 18:03.49 1:22.13	
	200m: 2:45.16 1:24.58	600m: 8:20.97 1:23.62	1000m: 13:56.84 1:23.12	1400m: 19:27.71 1:24.22	
	300m: 4:09.73 1:24.57	700m: 9:45.01 1:24.04	1100m: 15:19.12 1:22.28	1500m: 20:50.32 1:22.61	
	400m: 5:33.38 1:23.65	800m: 11:09.47 1:24.46	1200m: 16:41.36 1:22.24		
9.	<b>Diogo Miguel Martins</b>	07	<b>Odivelas</b>	<b>21:07.94</b>	<b>299</b>
	100m: 1:17.60 1:17.60	500m: 6:56.67 1:25.55	900m: 12:40.12 1:25.72	1300m: 18:24.28 1:25.70	
	200m: 2:41.70 1:24.10	600m: 8:23.03 1:26.36	1000m: 14:06.08 1:25.96	1400m: 19:50.71 1:26.43	
	300m: 4:06.21 1:24.51	700m: 9:48.56 1:25.53	1100m: 15:33.41 1:27.33	1500m: 21:07.94 1:17.23	
	400m: 5:31.12 1:24.91	800m: 11:14.40 1:25.84	1200m: 16:58.58 1:25.17		
10.	<b>Rafael Piedade Quaresma</b>	07	<b>Palmela Desporto</b>	<b>21:10.44</b>	<b>297</b>
	100m: 1:18.09 1:18.09	500m: 6:56.62 1:25.24	900m: 12:39.46 1:26.21	1300m: 18:23.82 1:26.25	
	200m: 2:42.46 1:24.37	600m: 8:22.51 1:25.89	1000m: 14:05.32 1:25.86	1400m: 19:49.49 1:25.67	
	300m: 4:06.71 1:24.25	700m: 9:47.62 1:25.11	1100m: 15:31.29 1:25.97	1500m: 21:10.44 1:20.95	
	400m: 5:31.38 1:24.67	800m: 11:13.25 1:25.63	1200m: 16:57.57 1:26.28		
11.	<b>Francisco Almeida Pereira</b>	07	<b>Desportivo Sesimbra</b>	<b>21:17.46</b>	<b>292</b>
	100m: 1:17.08 1:17.08	500m: 6:57.08 1:25.42	900m: 12:41.30 1:25.95	1300m: 18:28.79 1:26.18	
	200m: 2:41.74 1:24.66	600m: 8:23.02 1:25.94	1000m: 14:07.73 1:26.43	1400m: 19:55.34 1:26.55	
	300m: 4:06.40 1:24.66	700m: 9:48.95 1:25.93	1100m: 15:34.92 1:27.19	1500m: 21:17.46 1:22.12	
	400m: 5:31.66 1:25.26	800m: 11:15.35 1:26.40	1200m: 17:02.61 1:27.69		
12.	<b>Rodrigo Santos Perry</b>	07	<b>Despertarecorde</b>	<b>21:18.36</b>	<b>291</b>
	100m: 1:18.38 1:18.38	500m: 7:00.94 1:25.25	900m: 12:45.02 1:25.27	1300m: 18:31.22 1:26.47	
	200m: 2:44.45 1:26.07	600m: 8:26.88 1:25.94	1000m: 14:11.75 1:26.73	1400m: 19:56.36 1:25.14	
	300m: 4:10.36 1:25.91	700m: 9:52.94 1:26.06	1100m: 15:38.01 1:26.26	1500m: 21:18.36 1:22.00	
	400m: 5:35.69 1:25.33	800m: 11:19.75 1:26.81	1200m: 17:04.75 1:26.74		

Prova 6, Masc., 1500m Livres, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
13.	Ricardo Lima Paiva	07	Gesloures	<b>21:22.74</b>	288
	100m: 1:22.37 1:22.37	500m: 7:09.68 1:27.27	900m: 12:52.68 1:25.21	1300m: 18:34.46 1:24.45	
	200m: 2:49.14 1:26.77	600m: 8:36.52 1:26.84	1000m: 14:18.37 1:25.69	1400m: 19:58.92 1:24.46	
	300m: 4:16.11 1:26.97	700m: 10:02.21 1:25.69	1100m: 15:44.27 1:25.90	1500m: 21:22.74 1:23.82	
	400m: 5:42.41 1:26.30	800m: 11:27.47 1:25.26	1200m: 17:10.01 1:25.74		
14.	Miguel Alexandre Ferreira	07	CPCD Póvoa Sta Iria	<b>21:25.35</b>	287
	100m: 1:18.07 1:18.07	500m: 7:01.49 1:25.96	900m: 12:48.58 1:26.63	1300m: 18:37.41 1:26.71	
	200m: 2:43.12 1:25.05	600m: 8:28.46 1:26.97	1000m: 14:15.41 1:26.83	1400m: 20:04.27 1:26.86	
	300m: 4:09.84 1:26.72	700m: 9:55.36 1:26.90	1100m: 15:42.56 1:27.15	1500m: 21:25.35 1:21.08	
	400m: 5:35.53 1:25.69	800m: 11:21.95 1:26.59	1200m: 17:10.70 1:28.14		
15.	Afonso Bjork Freitas	07	Nacional de Natação	<b>22:46.82</b>	238
	100m: 1:21.97 1:21.97	500m: 7:25.98 1:32.79	900m: 13:36.83 1:33.78	1300m: 19:50.87 1:31.99	
	200m: 2:50.69 1:28.72	600m: 8:58.18 1:32.20	1000m: 15:10.69 1:33.86	1400m: 21:20.86 1:29.99	
	300m: 4:20.89 1:30.20	700m: 10:29.66 1:31.48	1100m: 16:44.29 1:33.60	1500m: 22:46.82 1:25.96	
	400m: 5:53.19 1:32.30	800m: 12:03.05 1:33.39	1200m: 18:18.88 1:34.59		
16.	Daniel Ionas	07	Amadora	<b>23:04.23</b>	229
	100m: 1:25.10 1:25.10	500m: 7:31.58 1:32.13	900m: 13:47.09 1:34.68	1300m: 20:01.57 1:34.10	
	200m: 2:56.03 1:30.93	600m: 9:04.46 1:32.88	1000m: 15:19.66 1:32.57	1400m: 21:34.64 1:33.07	
	300m: 4:27.03 1:31.00	700m: 10:39.03 1:34.57	1100m: 16:53.65 1:33.99	1500m: 23:04.23 1:29.59	
	400m: 5:59.45 1:32.42	800m: 12:12.41 1:33.38	1200m: 18:27.47 1:33.82		