

Prova 15
19.01.2020 - 16:51

Masc., 1500m Livres

Infantis A
Resultados

Rec Regional	16:31.35	Pedro Fontoura Oliveira	CFB	Reboleira	2004
Rec Regional Absoluto	15:00.35	Filipe Miguel Santo	SLB	Alges	2018
Rec Nacional	16:13.14	Andre Vilas Ruivo	DNMG	Campo Maior	2014
Rec Nacional Absoluto	14:58.18	Jose Paulo Lopes	SCB	Felgueiras	2018

Pontos: FINA 2019

Pos.	Nadador	Ano	Clube	Tempo	Pts
1.	Andre Correia Alves	06	União Piedense	18:26.60	450
	100m: 1:09.97 1:09.97		500m: 6:06.66 1:14.32	900m: 11:03.11 1:14.20	1300m: 16:00.35 1:13.96
	200m: 2:25.11 1:15.14		600m: 7:20.48 1:13.82	1000m: 12:17.93 1:14.82	1400m: 17:14.46 1:14.11
	300m: 3:38.82 1:13.71		700m: 8:34.86 1:14.38	1100m: 13:32.17 1:14.24	1500m: 18:26.60 1:12.14
	400m: 4:52.34 1:13.52		800m: 9:48.91 1:14.05	1200m: 14:46.39 1:14.22	
2.	Rodrigo Andrade Mesquita	06	Sporting	18:37.78	436
	100m: 1:11.69 1:11.69		500m: 6:11.91 1:16.22	900m: 11:11.36 1:13.80	1300m: 16:11.02 1:15.30
	200m: 2:26.86 1:15.17		600m: 7:27.10 1:15.19	1000m: 12:26.12 1:14.76	1400m: 17:25.66 1:14.64
	300m: 3:41.30 1:14.44		700m: 8:42.43 1:15.33	1100m: 13:40.84 1:14.72	1500m: 18:37.78 1:12.12
	400m: 4:55.69 1:14.39		800m: 9:57.56 1:15.13	1200m: 14:55.72 1:14.88	
3.	Tomas Maia Januario	06	Geslours	18:46.74	426
	100m: 1:09.09 1:09.09		500m: 6:07.30 1:14.56	900m: 11:11.47 1:15.77	1300m: 16:14.95 1:17.19
	200m: 2:24.52 1:15.43		600m: 7:22.63 1:15.33	1000m: 12:26.97 1:15.50	1400m: 17:31.43 1:16.48
	300m: 3:38.70 1:14.18		700m: 8:39.26 1:16.63	1100m: 13:42.13 1:15.16	1500m: 18:46.74 1:15.31
	400m: 4:52.74 1:14.04		800m: 9:55.70 1:16.44	1200m: 14:57.76 1:15.63	
4.	Afonso Silvestre Almeida	06	Amadora	18:48.51	424
	100m: 1:11.79 1:11.79		500m: 6:13.40 1:15.48	900m: 11:12.20 1:14.89	1300m: 16:16.87 1:16.44
	200m: 2:27.65 1:15.86		600m: 7:28.09 1:14.69	1000m: 12:27.73 1:15.53	1400m: 17:33.32 1:16.45
	300m: 3:42.56 1:14.91		700m: 8:42.41 1:14.32	1100m: 13:43.71 1:15.98	1500m: 18:48.51 1:15.19
	400m: 4:57.92 1:15.36		800m: 9:57.31 1:14.90	1200m: 15:00.43 1:16.72	
5.	Pedro Crispim Jorge	06	União Piedense	19:02.63	408
	100m: 1:11.84 1:11.84		500m: 6:15.77 1:16.16	900m: 11:21.61 1:16.14	1300m: 16:30.82 1:17.47
	200m: 2:27.85 1:16.01		600m: 7:32.23 1:16.46	1000m: 12:38.62 1:17.01	1400m: 17:48.44 1:17.62
	300m: 3:43.22 1:15.37		700m: 8:48.74 1:16.51	1100m: 13:55.80 1:17.18	1500m: 19:02.63 1:14.19
	400m: 4:59.61 1:16.39		800m: 10:05.47 1:16.73	1200m: 15:13.35 1:17.55	
6.	Antonio Coelho Vieira	06	Sporting	19:02.99	408
	100m: 1:11.18 1:11.18		500m: 6:14.01 1:16.73	900m: 11:24.46 1:16.61	1300m: 16:30.99 1:16.50
	200m: 2:26.88 1:15.70		600m: 7:30.59 1:16.58	1000m: 12:41.02 1:16.56	1400m: 17:48.05 1:17.06
	300m: 3:41.80 1:14.92		700m: 8:48.54 1:17.95	1100m: 13:57.14 1:16.12	1500m: 19:02.99 1:14.94
	400m: 4:57.28 1:15.48		800m: 10:07.85 1:19.31	1200m: 15:14.49 1:17.35	
7.	Tiago Almeida Correia	06	C N Montijo	19:03.84	407
	100m: 1:10.27 1:10.27		500m: 6:14.60 1:16.59	900m: 11:22.00 1:17.01	1300m: 16:31.39 1:17.31
	200m: 2:26.23 1:15.96		600m: 7:30.94 1:16.34	1000m: 12:38.81 1:16.81	1400m: 17:49.24 1:17.85
	300m: 3:42.00 1:15.77		700m: 8:47.63 1:16.69	1100m: 13:56.55 1:17.74	1500m: 19:03.84 1:14.60
	400m: 4:58.01 1:16.01		800m: 10:04.99 1:17.36	1200m: 15:14.08 1:17.53	
8.	Ricardo Freitas Neto	06	Sporting	19:23.75	386
	100m: 1:12.37 1:12.37		500m: 6:24.53 1:18.01	900m: 11:37.64 1:18.98	1300m: 16:49.74 1:17.95
	200m: 2:30.22 1:17.85		600m: 7:42.61 1:18.08	1000m: 12:56.31 1:18.67	1400m: 18:07.99 1:18.25
	300m: 3:48.52 1:18.30		700m: 9:00.38 1:17.77	1100m: 14:14.04 1:17.73	1500m: 19:23.75 1:15.76
	400m: 5:06.52 1:18.00		800m: 10:18.66 1:18.28	1200m: 15:31.79 1:17.75	
9.	Pedro Miguel Pimentel	06	Geslours	19:31.06	379
	100m: 1:11.88 1:11.88		500m: 6:21.41 1:18.03	900m: 11:34.14 1:18.16	1300m: 16:51.67 1:19.75
	200m: 2:28.15 1:16.27		600m: 7:39.96 1:18.55	1000m: 12:53.16 1:19.02	1400m: 18:12.01 1:20.34
	300m: 3:45.60 1:17.45		700m: 8:58.13 1:18.17	1100m: 14:12.62 1:19.46	1500m: 19:31.06 1:19.05
	400m: 5:03.38 1:17.78		800m: 10:15.98 1:17.85	1200m: 15:31.92 1:19.30	
10.	Tiago Ventura Chao	06	Naval Setubalense	19:33.88	377
	100m: 1:11.09 1:11.09		500m: 6:25.74 1:19.01	900m: 11:46.00 1:20.72	1300m: 16:58.12 1:19.17
	200m: 2:28.70 1:17.61		600m: 7:45.38 1:19.64	1000m: 13:03.54 1:17.54	1400m: 18:16.49 1:18.37
	300m: 3:47.14 1:18.44		700m: 9:05.19 1:19.81	1100m: 14:21.00 1:17.46	1500m: 19:33.88 1:17.39
	400m: 5:06.73 1:19.59		800m: 10:25.28 1:20.09	1200m: 15:38.95 1:17.95	
11.	Rodrigo Piteira Maio	06	Belenenses	19:52.31	359
	100m: 1:10.94 1:10.94		500m: 6:18.60 1:18.54	900m: 11:40.50 1:20.63	1300m: 17:06.94 1:21.10
	200m: 2:26.91 1:15.97		600m: 7:38.21 1:19.61	1000m: 13:02.48 1:21.98	1400m: 18:30.48 1:23.54
	300m: 3:42.75 1:15.84		700m: 9:00.04 1:21.83	1100m: 14:24.29 1:21.81	1500m: 19:52.31 1:21.83
	400m: 5:00.06 1:17.31		800m: 10:19.87 1:19.83	1200m: 15:45.84 1:21.55	
12.	Manuel Costa Simoes	06	Cova da Piedade	19:54.74	357
	100m: 1:14.75 1:14.75		500m: 6:39.54 1:21.40	900m: 12:01.68 1:20.82	1300m: 17:20.64 1:19.87
	200m: 2:34.51 1:19.76		600m: 8:00.10 1:20.56	1000m: 13:22.00 1:20.32	1400m: 18:38.57 1:17.93
	300m: 3:55.94 1:21.43		700m: 9:20.47 1:20.37	1100m: 14:41.46 1:19.46	1500m: 19:54.74 1:16.17
	400m: 5:18.14 1:22.20		800m: 10:40.86 1:20.39	1200m: 16:00.77 1:19.31	

Prova 15, Masc., 1500m Livres, Infantis A

Pos.	Nadador	Ano	Clube	Tempo				Pts
13.	Rodrigo Franco Palare	06	Gesloures	20:01.24				351
	100m: 1:14.27 1:14.27	500m: 6:36.51 1:20.77	900m: 12:01.84 1:21.12	1300m: 17:25.97 1:21.12	1400m: 18:44.75 1:18.78	1500m: 20:01.24 1:16.49		
	200m: 2:34.12 1:19.85	600m: 7:58.03 1:21.52	1000m: 13:22.74 1:20.90	1100m: 14:43.82 1:21.08	1200m: 16:04.85 1:21.03			
	300m: 3:54.82 1:20.70	700m: 9:19.78 1:21.75	800m: 10:40.72 1:20.94					
	400m: 5:15.74 1:20.92							
14.	Tomas Leal Parelho	06	C N Montijo	20:52.17				310
	100m: 1:16.58 1:16.58	500m: 6:53.55 1:24.97	900m: 12:30.64 1:24.66	1300m: 18:08.13 1:25.12	1400m: 19:31.99 1:23.86	1500m: 20:52.17 1:20.18		
	200m: 2:40.31 1:23.73	600m: 8:17.58 1:24.03	1000m: 13:55.14 1:24.50	1100m: 15:19.52 1:24.38	1200m: 16:43.01 1:23.49			
	300m: 4:04.35 1:24.04	700m: 9:41.95 1:24.37	800m: 11:05.98 1:24.03					
	400m: 5:28.58 1:24.23							
15.	Rafael Duarte Beato	06	Odivelas	21:15.81				293
	100m: 1:18.07 1:18.07	500m: 6:57.81 1:26.80	900m: 12:45.94 1:26.67	1300m: 18:33.52 1:26.64	1400m: 19:58.23 1:24.71	1500m: 21:15.81 1:17.58		
	200m: 2:40.75 1:22.68	600m: 8:25.10 1:27.29	1000m: 14:13.31 1:27.37	1100m: 15:40.92 1:27.61	1200m: 17:06.88 1:25.96			
	300m: 4:05.58 1:24.83	700m: 9:51.17 1:26.07	800m: 11:19.27 1:28.10					
	400m: 5:31.01 1:25.43							
16.	Andre Monteiro Caetano	06	Odivelas	21:38.89				278
	100m: 1:14.98 1:14.98	500m: 7:00.72 1:27.74	900m: 12:53.44 1:28.75	1300m: 18:47.62 1:28.73	1400m: 20:13.73 1:26.11	1500m: 21:38.89 1:25.16		
	200m: 2:39.06 1:24.08	600m: 8:28.80 1:28.08	1000m: 14:21.89 1:28.45	1100m: 15:50.45 1:28.56	1200m: 17:18.89 1:28.44			
	300m: 4:04.94 1:25.88	700m: 9:57.33 1:28.53	800m: 11:24.69 1:27.36					
	400m: 5:32.98 1:28.04							