

1 - 1ª Jornada

18.01.2020 - 15:00

 Prova 1
18.01.2020

Masc., 400m Livres

 Juvenis
Lista inscritos

Rec Regional Juv A	3:59.31	Joao Carlos Santos	ANAM	Algés	2012
Rec Regional Juv B	4:03.22	Joao Pedro Gil	ANAM	Algés	2012
Rec Regional Absoluto	3:42.91	Miguel Duarte Nascimento	SLB	Porto	2017
Rec Nacional Juv A	3:59.31	Joao Carlos Santos	ANAM	Algés	2012
Rec Nacional Juv B	4:03.22	Joao Pedro Gil	ANAM	Algés	2012
Rec Nacional Absoluto	3:42.91	Miguel Duarte Nascimento	SLB	Porto	2017

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis A									
1	Andre Azevedo Baraona	04	Juv A	123965	CNMJ	4:23.63 S	19.01.2019	Alapraia (POR)	4:23.63
2	Joao Afonso Santos	04	Juv A	153371	SCP	4:23.73 S	07.12.2019	Sines (POR)	4:23.73
3	Francisco Ribeiro Vieira	04	Juv A	130443	AEFDTV	4:24.79 S	14.07.2019	Alges (POR)	4:24.79
4	Afonso Figueiredo Frasquilho	04	Juv A	153353	SCP	4:26.30 S	13.07.2019	Alges (POR)	4:26.30
5	Rafael Caceres Lopes	04	Juv A	201395	SFUAP	4:29.87 S	14.07.2019	Alges (POR)	4:29.87
6	Miguel Costa Simoes	04	Juv A	132350	CDCP	4:29.92 S	19.01.2019	Alapraia (POR)	4:29.92
7	Francisco Sousa Uva	04	Juv A	201477	SAD	4:30.50 S	14.07.2019	Alges (POR)	4:30.50
8	Victor Bethlem Tigre	04	Juv A	208094	SCP	4:30.71 S	22.11.2019	Alges (POR)	4:30.71
9	Guilherme Machado Santos	04	Juv A	200202	SFUAP	4:32.20 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:32.20
10	Pedro Forjaz Cirurgiao	04	Juv A	132564	SAD	4:34.00 S	22.11.2019	Alges (POR)	4:34.00
11	Alexandre Duarte Morais	04	Juv A	132645	PDEM	4:35.25 S	08.12.2018	S Antonio dos Cavaleiros (POR)	4:35.25
12	Afonso Romao Francisco	04	Juv A	204573	CDCP	4:35.36 S	14.07.2019	Alges (POR)	4:35.36
13	Tiago Fanha Lopes	04	Juv A	129520	CNMJ	4:35.82 S	04.05.2019	Estremoz (POR)	4:35.82
14	Joao Pedro Faustino	04	Juv A	203986	CDCP	4:41.37 S	22.11.2019	Alges (POR)	4:41.37
15	Tomas Martins Mira	04	Juv A	132215	CNS	4:41.56 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:41.56
16	Duarte Cadima Goncalves	04	Juv A	153295	CNMJ	4:42.32 S	24.11.2018	Alges (POR)	4:42.32
17	Afonso Leonel Barreto	04	Juv A	202862	CPCD	4:50.78 S	19.01.2019	Alapraia (POR)	4:50.78
18	Mario Catalao Moura	04	Juv A	205377	CNS	4:58.89 S	19.01.2019	Alapraia (POR)	4:58.89
19	Joao Silva Angelino	04	Juv A	132832	PDEM	5:00.92 S	19.01.2019	Alapraia (POR)	5:00.92
20	Miguel Alexandre Araujo	04	Juv A	131174	SFUAP	5:14.57 S	19.01.2019	Alapraia (POR)	5:14.57
21	Tomás Pratas Neto	04	Juv A	132652	PDEM	5:16.45 S	23.11.2018	Alges (POR)	5:16.45
22	Diogo Miguel Monteiro	04	Juv A	147200	DRCN	5:17.00			5:17.00
23	Afonso Miguel Ribeiro	04	Juv A	210966	PDEM	5:17.00			5:17.00
24	Ruben Jose Salgueiro	04	Juv A	133507	SCP	5:17.00			5:17.00

Juvenis B

1	Pedro Maria Amado	05	Juv B	148286	SAD	4:27.27 S	07.12.2019	Sines (POR)	4:27.27
2	Filipe Simoes Freitas	05	Juv B	202349	SCP	4:27.93 S	07.12.2019	Sines (POR)	4:27.93
3	Tiago Rodrigues Pinto	05	Juv B	132514	SCP	4:28.57 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:28.57
4	Pedro Mahua Alvarez	05	Juv B	208096	SCP	4:36.10 L	26.07.2019	Loule (POR)	4:30.57
5	Andre Henriques Marques	05	Juv B	129665	SLB	4:33.34 S	22.11.2019	Alges (POR)	4:33.34
6	Joao Seixedo Pinheiro	05	Juv B	205374	CNS	4:33.54 S	09.03.2019	Setubal (POR)	4:33.54
7	Afonso Lucio Costa	05	Juv B	202216	SCP	4:33.94 S	22.11.2019	Alges (POR)	4:33.94
8	Jose Manuel Sa	05	Juv B	203114	SCP	4:34.17 S	22.11.2019	Alges (POR)	4:34.17
9	Manuel Angelo Pereira	05	Juv B	151305	SCP	4:34.85 S	22.11.2019	Alges (POR)	4:34.85
10	Diogo Sousa Barbosa	05	Juv B	133332	SLB	4:38.40 S	22.11.2019	Alges (POR)	4:38.40
11	Miguel Cordeiro Almeida	05	Juv B	200392	SAD	4:39.79 S	02.11.2019	Lagoa (POR)	4:39.79
12	Gabriel Carvalho Ferrao	05	Juv B	132345	CDCP	4:46.99 L	06.07.2019	Setubal (POR)	4:41.25
13	Manuel Pires Oliveira	05	Juv B	201480	PDEM	4:47.57 S	25.04.2019	Sines (POR)	4:47.57
14	Rodrigo Martins Bras	05	Juv B	129806	CFB	4:51.45 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:51.45
15	Diogo Rafael Dias	05	Juv B	202931	DRCN	4:56.73 S	16.12.2018	Sto Antonio Cavaleiros (POR)	4:56.73
16	Simao Lopes Oliveira	05	Juv B	200178	CNS	4:57.04 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:57.04
17	Daniel Pankivskiy	05	Juv B	153427	CPCD	4:58.67 S	12.01.2019	Campo Maior (POR)	4:58.67
18	Tomas Almeida Cordeiro	05	Juv B	125238	SAD	5:08.47 L	06.07.2019	Setubal (POR)	5:02.30
19	Alfredo Cabrita Soudo	05	Juv B	148434	CFB	5:12.80 L	06.07.2019	Setubal (POR)	5:06.54
20	Tiago Romão Lourenço	05	Juv B	202926	PDEM	5:09.18 S	24.02.2019	Loures (POR)	5:09.18
21	Vasco Santos Silva	05	Juv B	153388	SLB	5:20.68 S	16.12.2018	Sto Antonio Cavaleiros (POR)	5:20.68
22	Francisco Fino Motta	05	Juv B	202918	PDEM	5:25.85 S	16.12.2018	Sto Antonio Cavaleiros (POR)	5:25.85
23	Lourenco Matos Perdigo	05	Juv B	130149	CNN	5:26.62 S	19.05.2019	Alges (POR)	5:26.62
24	Miguel Palmilha Serafim	05	Juv B	205339	CNMJ	5:31.28 S	04.05.2019	Estremoz (POR)	5:31.28
25	Gonçalo Pires Fialho	05	Juv B	133333	CNA	5:34.68 S	19.01.2019	Alapraia (POR)	5:34.68
26	Simão Matos Mira	05	Juv B	202211	FS	5:35.00			5:35.00
27	Pedro Dinis Casquinha	05	Juv B	208656	FS	5:35.00			5:35.00

 Novo website: <https://anlisboa.pt>

 Resultados online: anlisboa.info/live
anlisboa.info

Prova 2
18.01.2020

Femin., 200m Estilos

Juvenis
Lista inscritos

Rec Regional Juv A	2:18.59	Catarina Tiago Nunes	SFUAP	S. Antonio Cavaleiros	2009
Rec Regional Juv B	2:20.93	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Regional Absoluto	2:12.08	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017
Rec Nacional Juv A	2:18.59	Catarina Tiago Nunes	SFUAP	S. Antonio Cavaleiros	2009
Rec Nacional Juv B	2:20.93	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Nacional Absoluto	2:12.08	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis A									
1	Maria Correia Ricardo	05	Juv A	129496	CNS	2:32.67 S	14.07.2019	Alges (POR)	2:32.67
2	Sofia Antunes Sebastiao	05	Juv A	147121	CNA	2:32.80 S	20.06.2019	Sto Ant. Cavaleiros (POR)	2:32.80
3	Soraia Maria Salgado	05	Juv A	132513	AEFDTV	2:33.87 S	14.07.2019	Alges (POR)	2:33.87
4	Joana Rocha Ferreira	05	Juv A	201560	SLB	2:35.38 S	01.11.2019	Setubal (POR)	2:35.38
5	Mariana Andreia Silva	05	Juv A	141810	SCP	2:36.96 S	24.11.2019	Alges (POR)	2:36.96
6	Joana Fernandes Gama	05	Juv A	153361	SCP	2:36.97 S	24.11.2019	Alges (POR)	2:36.97
7	Maria Teresa Fernandes	05	Juv A	132557	SAD	2:37.53 S	14.07.2019	Alges (POR)	2:37.53
8	Maria Carolina Vargas	05	Juv A	132561	SLB	2:43.78 S	14.07.2019	Alges (POR)	2:43.78
9	Sara Nunes Conceicao	05	Juv A	201393	SFUAP	2:44.16 S	01.11.2019	Setubal (POR)	2:44.16
10	Nicole Patriarca Franca	05	Juv A	153435	SCP	2:49.38 L	17.03.2019	Vila Franca de Xira (POR)	2:45.99
11	Maria Del Rio Bernat	05	Juv A	200403	SAD	2:46.03 S	14.07.2019	Alges (POR)	2:46.03
12	Maria Sousa Caxaria	05	Juv A	148574	CNMJ	2:46.78 S	24.11.2019	Alges (POR)	2:46.78
13	Beatriz Barroso Silva	05	Juv A	133302	SCP	2:54.03 S	24.11.2019	Alges (POR)	2:54.03
14	Ines Azinheira Serra	05	Juv A	153113	PDEM	3:13.02 S	01.11.2019	Setubal (POR)	3:13.02

Juvenis B

1	Maria Leonor Coelho	06	Juv B	132470	SLB	2:30.73 S	07.12.2019	Sines (POR)	2:30.73
2	Ines Correia Teixeira	06	Juv B	133334	CNA	2:34.99 S	07.12.2019	Sines (POR)	2:34.99
3	Carolina Martins Camacho	06	Juv B	202646	SFUAP	2:35.12 S	07.12.2019	Sines (POR)	2:35.12
4	Maria Esteves Valente	06	Juv B	202954	SLB	2:40.71 L	12.05.2019	Vila Franca de Xira (POR)	2:37.49
5	Matilde Nunes Lopes	06	Juv B	201711	SLB	2:40.72 L	12.05.2019	Vila Franca de Xira (POR)	2:37.50
6	Filipa Ferraz Domingos	06	Juv B	200878	SCP	2:39.55 S	24.11.2019	Alges (POR)	2:39.55
7	Beatriz Mocego Niza	06	Juv B	148435	CNA	2:40.19 S	24.11.2019	Alges (POR)	2:40.19
8	Leonor Santos Duro	06	Juv B	202520	CNS	2:42.03 S	24.02.2019	Loures (POR)	2:42.03
9	Beatriz Portugal Costa	06	Juv B	133278	SLB	2:42.58 S	24.11.2019	Alges (POR)	2:42.58
10	Mariana Coelho Carvalho	06	Juv B	200172	CNS	2:43.55 S	09.03.2019	Setubal (POR)	2:43.55
11	Mariana Ramos Zacarias	06	Juv B	200183	CNS	2:45.24 S	24.11.2019	Alges (POR)	2:45.24
12	Marta Silva Santos	06	Juv B	200182	CNS	2:46.16 S	09.03.2019	Setubal (POR)	2:46.16
13	Madalena Frago Guterres	06	Juv B	202908	SLB	2:46.88 S	24.11.2019	Alges (POR)	2:46.88
14	Ines Gaspar Silva	06	Juv B	204152	GESL	2:46.92 S	01.11.2019	Setúbal (POR)	2:46.92
15	Maria Pinto Monteiro	06	Juv B	201397	SFUAP	2:46.97 S	24.11.2019	Alges (POR)	2:46.97
16	Mafalda Mourao Lopes	06	Juv B	202221	ADST	2:48.90 S	24.11.2019	Alges (POR)	2:48.90
17	Matilde Aparicio Pereira	06	Juv B	200477	CNA	2:51.14 S	01.11.2019	Setubal (POR)	2:51.14
18	Catarina Lima Antunes	06	Juv B	151077	SCP	2:53.46 S	09.03.2019	Setubal (POR)	2:53.46
19	Iris Castro Campos	06	Juv B	205634	CNA	2:54.69 S	24.11.2019	Alges (POR)	2:54.69
20	Clara Sofia Herminio	06	Juv B	202218	CDCP	2:57.45 S	17.11.2019	Cova da Piedade (POR)	2:57.45
21	Sofia Medeiros Pereira	06	Juv B	207512	CNMJ	2:58.42 S	01.11.2019	Setubal (POR)	2:58.42
22	Rita Borges Silva	06	Juv B	200715	CNA	2:58.45 S	01.11.2019	Setubal (POR)	2:58.45
23	Ana Rita Guerreiro	06	Juv B	211618	CPCD	3:15.00			3:15.00
24	Sara Lagorsses Caldas	06	Juv B	153255	FS	3:15.00			3:15.00

Prova 3
18.01.2020
Masc., 200m Bruços
Juvenis
Lista inscritos

Rec Regional Juv A	2:18.26	Ricardo Samuel Pereira	SLB	Felgueiras	2019
Rec Regional Juv B	2:26.72	Carlos Esteves Almeida	CNA	Reboleira	2003
Rec Regional Absoluto	2:09.14	Jose Guilherme Ferreira Couto	CNA	Moscow (RUS)	2002
Rec Nacional Juv A	2:18.22	Andre Goncalo Santos	LSC	Felgueiras	2013
Rec Nacional Juv B	2:20.22	Andre Goncalo Santos	LSC	Braga	2012
Rec Nacional Absoluto	2:05.59	Carlos Esteves Almeida	FPN	Chartres (FRA)	2012

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis A									
1	Andre Azevedo Baraona	04	Juv A	123965	CNMJ	2:43.75 S	19.01.2019	Alapraia (POR)	2:43.75
2	Miguel Filipe Anjo	04	Juv A	201394	CDCP	2:49.17 L	08.06.2019	Badajoz (ESP)	2:44.09
3	Joao Pedro Faustino	04	Juv A	203986	CDCP	2:45.25 S	24.11.2019	Alges (POR)	2:45.25
4	Guilherme Machado Santos	04	Juv A	200202	SFUAP	2:53.84 L	16.06.2019	Vila Franca de Xira (POR)	2:48.62
5	Henrique Antao Neves	04	Juv A	208965	CPCD	3:19.99 L	16.06.2019	Vila Franca de Xira (POR)	3:13.99
6	Joao Silva Angelino	04	Juv A	132832	PDEM	3:20.00			3:20.00
7	Alexandre Duarte Morais	04	Juv A	132645	PDEM	3:20.00			3:20.00
8	Afonso Miguel Ribeiro	04	Juv A	210966	PDEM	3:20.00			3:20.00

Juvenis B

1	Gonçalo Duarte Carvalho	05	Juv B	132466	SLB	2:33.53 S	08.12.2019	Sines (POR)	2:33.53
2	Rodrigo Ferreira Mimoso	05	Juv B	201483	SLB	2:35.09 S	08.12.2019	Sines (POR)	2:35.09
3	Miguel Correia Anacleto	05	Juv B	151340	SCP	2:49.51 L	16.06.2019	Vila Franca de Xira (POR)	2:44.42
4	Francisc Gututui	05	Juv B	200907	SAD	2:45.33 S	24.11.2019	Alges (POR)	2:45.33
5	Andre Henriques Marques	05	Juv B	129665	SLB	2:52.69 L	16.06.2019	Vila Franca de Xira (POR)	2:47.50
6	Jose Alves Monteiro	05	Juv B	200398	INDANL	2:57.99 L	27.07.2019	Loule (POR)	2:52.65
7	Afonso Costa Albuquerque	05	Juv B	132515	CFB	3:02.51 L	07.07.2019	Setubal (POR)	2:57.03
8	Pedro Dinis Casquinha	05	Juv B	208656	FS	2:59.00 S	26.10.2019	Lagos (POR)	2:59.00
9	Daniel Nemchynov	05	Juv B	204009	CPCD	3:07.48 L	16.06.2019	Vila Franca de Xira (POR)	3:01.85
10	Francisco Lourenco Vasconcelos	05	Juv B	201698	GESL	3:07.46 S			3:07.46
11	Rodrigo Filipe Valerio	05	Juv B	208391	CPCD	3:23.00 L	16.06.2019	Vila Franca de Xira (POR)	3:16.91
12	Simão Matos Mira	05	Juv B	202211	FS	3:28.37 L	16.06.2019	Vila Franca de Xira (POR)	3:22.11
13	Francisco Fino Motta	05	Juv B	202918	PDEM	3:35.00			3:35.00
14	Joao Ferreira Rodrigues	05	Juv B	202709	GESL	3:35.00			3:35.00

Prova 4
18.01.2020
Femin., 200m Costas
Juvenis
Lista inscritos

Rec Regional Juv A	2:16.30	Petra Quintela Chaves	SAD		1993
Rec Regional Juv B	2:19.15	Susana Patricia Miguel	SFUAP	Alhandra	2004
Rec Regional Absoluto	2:09.12	Rita Barros Frischknecht	SAD	Porto	2017
Rec Nacional Juv A	2:14.11	Camila Rodrigues Rebelo	ALN	Condeixa	2018
Rec Nacional Juv B	2:17.86	Catia Raquel Martinheira	LDC	Sines	2008
Rec Nacional Absoluto	2:09.12	Rita Barros Frischknecht	SAD	Porto	2017

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis A									
1	Soraia Maria Salgado	05	Juv A	132513	AEFDTV	2:29.06 S	13.07.2019	Alges (POR)	2:29.06
2	Barbara Cunha Ventura	05	Juv A	132458	SLB	2:31.12 S	08.12.2019	Sines (POR)	2:31.12
3	Rita Ferreira Gomes	05	Juv A	132565	SAD	2:33.04 S	13.07.2019	Alges (POR)	2:33.04
4	Sara Nunes Conceicao	05	Juv A	201393	SFUAP	2:39.39 S	22.11.2019	Alges (POR)	2:39.39
5	Francisca Otao Tribuna	05	Juv A	132463	SLB	2:40.12 S	29.06.2019	Alges (POR)	2:40.12
6	Madalena Carrapico Alexandrino	05	Juv A	132560	SAD	2:45.84 S	24.11.2018	Alges (POR)	2:45.84
7	Carolina Alexandra Silva	05	Juv A	133296	DRCN	2:47.43 S	13.07.2019	Alges (POR)	2:47.43
8	Ines Azinheira Serra	05	Juv A	153113	PDEM	3:02.54 S	25.04.2019	Sines (POR)	3:02.54
9	Catarina Silva Tavares	05	Juv A	201696	DRCN	3:15.74 L	16.06.2019	Vila Franca de Xira (POR)	3:11.82
10	Joana Rocha Ferreira	05	Juv A	201560	SLB	3:20.00			3:20.00
11	Maria Carolina Vargas	05	Juv A	132561	SLB	3:20.00			3:20.00
12	Matilde Aleixo Duarte	05	Juv A	202526	CNS	3:20.00			3:20.00

Prova 4, Femin., 200m Costas

Juvenis B

1	Ines Correia Teixeira	06	Juv B	133334	CNA	2:43.42 L	16.06.2019	Vila Franca de Xira (POR)	2:40.15
2	Beatriz Portugal Costa	06	Juv B	133278	SLB	2:40.49 S	31.03.2019	Pinhal Novo (POR)	2:40.49
3	Maria Soares Almeida	06	Juv B	131730	SAD	2:41.09 S	29.06.2019	Alges (POR)	2:41.09
4	Maria Pinto Monteiro	06	Juv B	201397	SFUAP	2:44.17 S	22.11.2019	Alges (POR)	2:44.17
5	Carolina Costa Diniz	06	Juv B	151038	SCP	2:44.42 S	22.11.2019	Alges (POR)	2:44.42
6	Marina Alexandra Oliveira	06	Juv B	200174	CNS	2:44.72 S	31.03.2019	Pinhal Novo (POR)	2:44.72
7	Catarina Coutinho Lima	06	Juv B	132460	SLB	2:45.36 S	22.11.2019	Alges (POR)	2:45.36
8	Margarida Barbara Marques	06	Juv B	200396	SAD	2:45.69 S	22.11.2019	Alges (POR)	2:45.69
9	Maria Beatriz Costa	06	Juv B	204155	SCP	2:49.12 L	16.06.2019	Vila Franca de Xira (POR)	2:45.73
10	Beatriz Mocego Niza	06	Juv B	148435	CNA	2:53.86 L	16.06.2019	Vila Franca de Xira (POR)	2:50.38
11	Sofia Medeiros Pereira	06	Juv B	207512	CNMJ	2:55.82 L	16.06.2019	Vila Franca de Xira (POR)	2:52.30
12	Eva Kurnosa	06	Juv B	204628	CPCD	2:52.43 S	10.03.2019	Setubal (POR)	2:52.43
13	Clara Sofia Herminio	06	Juv B	202218	CDCP	2:52.95 S	22.11.2019	Alges (POR)	2:52.95
14	Sara Lagorsse Caldas	06	Juv B	153255	FS	3:00.20 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:00.20
15	Andria Bekauri	06	Juv B	200142	COL	3:03.54 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:03.54
16	Carina Tymosh	06	Juv B	206434	DRCN	3:09.44 L	07.07.2019	Setubal (POR)	3:05.65
17	Matilde Marins Pereira	06	Juv B	203573	CPCD	3:30.32 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:30.32
18	Mafalda Mourao Lopes	06	Juv B	202221	ADST	3:35.00			3:35.00
19	Maria Leonor Coelho	06	Juv B	132470	SLB	3:35.00			3:35.00
20	Matilde Nunes Lopes	06	Juv B	201711	SLB	3:35.00			3:35.00
21	Beatriz de Castro Teixeira	06	Juv B	211619	CPCD	3:35.00			3:35.00
22	Erica Candeias Mendes	06	Juv B	147116	CNA	3:35.00			3:35.00
23	Francisca Santos Ferreira	06	Juv B	200402	SAD	3:35.00			3:35.00

Prova 5

18.01.2020

Masc., 200m Mariposa

Juvenis
Lista inscritos

Rec Regional Juv A	2:07.51	Pedro Mendonça	CNCVG	2002
Rec Regional Juv B	2:11.56	Miguel Cabrita	SAD	1989
Rec Regional Absoluto	1:53.56	Duarte Rafael Mourao	CNA S. Antonio Cavaleiros	2009
Rec Nacional Juv A	2:03.38	Diogo Parrilha da Silva	CNAL Alcobaça	2009
Rec Nacional Juv B	2:07.06	Pedro Diogo Oliveira	CNRM Entroncamento	2003
Rec Nacional Absoluto	1:53.39	Diogo Filipe Carvalho	FPN Istambul (TUR)	2009

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis A									
1	Francisco Ribeiro Vieira	04	Juv A	130443	AEFDTV	2:17.79 S	08.12.2019	Sines (POR)	2:17.79
2	Tomas Sa Vieira	04	Juv A	131504	SAD	2:26.24 S	29.06.2019	Alges (POR)	2:26.24
3	Tiago Fanha Lopes	04	Juv A	129520	CNMJ	2:39.16 S	19.01.2019	Alapraia (POR)	2:39.16
4	Tomas Martins Mira	04	Juv A	132215	CNS	2:39.38 S	19.01.2019	Alapraia (POR)	2:39.38
5	Miguel Filipe Anjo	04	Juv A	201394	CDCP	2:49.33 S	19.01.2019	Alapraia (POR)	2:49.33
6	Duarte Cadima Goncalves	04	Juv A	153295	CNMJ	2:54.95 L	16.06.2019	Vila Franca de Xira (POR)	2:49.70
7	Afonso Romao Francisco	04	Juv A	204573	CDCP	2:50.46 S	19.01.2019	Alapraia (POR)	2:50.46
8	Tomás Pratas Neto	04	Juv A	132652	PDEM	2:55.00			2:55.00
9	Guilherme Machado Santos	04	Juv A	200202	SFUAP	2:55.00			2:55.00
WDR	Felipe Menegassi Maia	04	Juv A	207683	SAD	2:23.95 S	14.07.2019	Alges (POR)	2:23.95

Juvenis B

1	Gabriel Carvalho Ferrao	05	Juv B	132345	CDCP	2:15.05 S	08.12.2019	Sines (POR)	2:15.05
2	Vasco Alves Morgado	05	Juv B	147123	SAD	2:34.47 L	27.07.2019	Loule (POR)	2:29.83
3	Tiago Silva Bartolo	05	Juv B	205340	SAD	2:35.93 L	27.07.2019	Loule (POR)	2:31.25
4	Joao Seixedo Pinheiro	05	Juv B	205374	CNS	2:41.10 L	16.06.2019	Vila Franca de Xira (POR)	2:36.26
5	Vasco Antela Silva	05	Juv B	142037	SCP	2:48.54 L	07.07.2019	Setubal (POR)	2:43.48
6	Francisco Lourenco Vasconcelos	05	Juv B	201698	GESL	2:46.97 S	17.02.2019	Sto Antonio dos Cavaleiros (POR)	2:46.97
7	Afonso Costa Albuquerque	05	Juv B	132515	CFB	2:54.86 L	16.06.2019	Vila Franca de Xira (POR)	2:49.61
8	Lourenco Matos Perdigao	05	Juv B	130149	CNN	3:10.00			3:10.00
9	Manuel Pires Oliveira	05	Juv B	201480	PDEM	3:10.00			3:10.00
10	Joao Ferreira Rodrigues	05	Juv B	202709	GESL	3:10.00			3:10.00

Prova 6
18.01.2020
Masc., 1500m Livres
Infantis B
Lista inscritos

Rec Regional	17:13.96	Pedro Fontoura Oliveira	CFB	Santarém	2003
Rec Regional Absoluto	15:00.35	Filipe Miguel Santo	SLB	Alges	2018
Rec Nacional	17:11.29	Andre Vilas Ruivo	DNMG	Leiria	2013
Rec Nacional Absoluto	14:58.18	Jose Paulo Lopes	SCB	Felgueiras	2018

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
Infantis B								
1	Axel Guedes Asmar	07	Inf B	207810	SCP	23:01.00		23:01.00
2	Pedro Pestana Barbosa	07	Inf B	211183	SCP	23:02.00		23:02.00
3	Guilherme Matias Sousa	07	Inf B	203178	GESL	23:03.00		23:03.00
4	Andre Miguel Ramos	07	Inf B	209022	AEFDTV	23:04.00		23:04.00
5	Leonardo Conceicao Reis	07	Inf B	207815	SCP	23:05.00		23:05.00
6	Rodrigo Santos Perry	07	Inf B	205120	DRCN	23:06.00		23:06.00
7	Goncalo Saraiva Rodrigues	07	Inf B	202852	CDCP	23:07.00		23:07.00
8	Miguel Alexandre Ferreira	07	Inf B	202688	CPCD	23:08.00		23:08.00
9	Joao Pedro Carapinha	07	Inf B	205576	SFUAP	23:09.00		23:09.00
10	Afonso Jose Fernandes	07	Inf B	204142	CNATRIL	23:10.00		23:10.00
11	Bruno Belmonte Ribeiro	07	Inf B	205923	GESL	23:11.00		23:11.00
12	Antonio Ricardo Alves	07	Inf B	204143	CNATRIL	23:12.00		23:12.00
13	Rafael Piedade Quaresma	07	Inf B	204568	PDEM	23:13.00		23:13.00
14	Afonso Bjork Freitas	07	Inf B	208727	CNN	23:14.00		23:14.00
15	Francisco Almeida Pereira	07	Inf B	200012	GDSE	23:15.00		23:15.00
16	Ricardo Lima Paiva	07	Inf B	206064	GESL	23:16.00		23:16.00

Infantis B, Inscrições rejeitadas

RJC	Diogo Miguel Martins	07	Inf B	203879	MODV	23:17.00		23:17.00
RJC	Tiago Luis Duarte	07	Inf B	205921	GESL	23:18.00		23:18.00
RJC	Daniel Ionas	07	Inf B	205631	CNA	23:19.00		23:19.00
RJC	André Pimenta Nunes	07	Inf B	205629	CNA	23:20.00		23:20.00
RJC	Gustavo Osorio Brasao	07	Inf B	205925	GESL	23:21.00		23:21.00
RJC	Hugo Castanheira Rocha	07	Inf B	133444	CNATRIL	23:22.00		23:22.00
RJC	Henrique Correia Silvestre	07	Inf B	210596	CNN	23:23.00		23:23.00

Prova 7
18.01.2020
Femin., 800m Livres
Infantis A
Lista inscritos

Rec Regional	9:27.51	Rafaela Gomes Azevedo	SAD	Algés	2015
Rec Regional Absoluto	8:23.23	Diana Margarida Duraes	SLB	Felgueiras	2018
Rec Nacional	9:03.90	Alexandra Maria Silva	FCP	Porto	1980
Rec Nacional Absoluto	8:23.23	Diana Margarida Duraes	SLB	Felgueiras	2018

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
Infantis A								
1	Maria Teresa Garcell	07	Inf A	200891	AEFDTV	10:48.63 S	19.05.2019 Alges (POR)	10:48.63
2	Juliana Soromenho Santos	07	Inf A	200013	SLB	10:50.16 S	19.05.2019 Alges (POR)	10:50.16
3	Maria Bandarra Matos	07	Inf A	205233	SCP	11:04.88 L	06.07.2019 Setubal (POR)	10:51.58
4	Catarina Ferreira Rodrigues	07	Inf A	200708	GESL	10:54.62 S	19.05.2019 Alges (POR)	10:54.62
5	Maria Francisca Malfeito	07	Inf A	141513	SCP	10:59.47 S	19.05.2019 Alges (POR)	10:59.47
6	Sara Sofia Alves	07	Inf A	202517	CNS	11:06.89 S	19.05.2019 Alges (POR)	11:06.89
7	Luisa Ponte Jorge	07	Inf A	204158	SFUAP	11:07.31 S	19.05.2019 Alges (POR)	11:07.31
8	Marta Nascimento Ribeiro	07	Inf A	204145	CNATRIL	11:10.36 S	19.05.2019 Alges (POR)	11:10.36
9	Leticia Rodrigues Magalhaes	07	Inf A	205089	PDEM	11:15.26 S	19.05.2019 Alges (POR)	11:15.26
10	Leonor Castanho Santos	07	Inf A	150848	SCP	11:30.75 L	06.07.2019 Setubal (POR)	11:16.93
11	Rita Machita Santos	07	Inf A	205379	CNS	11:20.79 S	19.05.2019 Alges (POR)	11:20.79
12	Beatriz Heitor Cachaco	07	Inf A	205927	MODV	11:28.23 S	19.05.2019 Alges (POR)	11:28.23
13	Magda Silva Pereira	07	Inf A	203893	GESL	11:29.89 S	19.05.2019 Alges (POR)	11:29.89
14	Matilde Anjos Frischknecht	07	Inf A	202519	CNS	11:32.90 S	19.05.2019 Alges (POR)	11:32.90
15	Leonor Carreiro Rodrigues	07	Inf A	205129	SLB	11:33.72 S	19.05.2019 Alges (POR)	11:33.72
16	Ines Azevedo Baraona	07	Inf A	139292	CNMJ	11:35.04 S	19.05.2019 Alges (POR)	11:35.04
WDR	Mafalda Pereira Amado	07	Inf A	212294	AEFDTV	NT		NT
WDR	Filipa Guerreiro Gomes	07	Inf A	207802	AEFDTV	NT		NT

Prova 7, Femin., 800m Livres
Infantis A, Inscrições rejeitadas

RJC	Eva Sofia Ascenso	07	Inf A	204705	GESL	11:47.76 S	09.03.2019	Setubal (POR)	11:47.76
RJC	Leonor Peso Parente	07	Inf A	208092	PDEM	11:49.87 S	19.05.2019	Alges (POR)	11:49.87
RJC	Ines Trindade Dionisio	07	Inf A	204565	CNN	12:05.26 S	19.05.2019	Alges (POR)	12:05.26
RJC	Filipa Neves DAvo	07	Inf A	207347	ANAM	12:37.27 S	20.01.2019	Alapraia (POR)	12:37.27
RJC	Leonor Albuquerque Falcao	07	Inf A	203892	MODV	12:49.70 S	20.01.2019	Alapraia (POR)	12:49.70
RJC	Leonor Bordalo Dias	07	Inf A	204710	MODV	13:16.44 S	20.01.2019	Alapraia (POR)	13:16.44
RJC	Leonor Gino Canhao	07	Inf A	207817	SFUAP	13:20.17			13:20.17
RJC	Daniela Pereira Silva	07	Inf A	202495	COL	13:20.23			13:20.23
RJC	Margarida Rodrigues Gouveia	07	Inf A	211456	GESL	13:20.25			13:20.25
RJC	Mafalda Sousa Mira	07	Inf A	204566	CNN	13:20.27			13:20.27
RJC	Ana Raquel Varajao	07	Inf A	203406	ADST	13:20.29			13:20.29
RJC	Margarida Valente Silva	07	Inf A	200896	AEFDTV	13:20.31			13:20.31
RJC	Catarina D'Azevedo Pinto	07	Inf A	204986	CNN	13:20.33			13:20.33
RJC	Luana Ababii	07	Inf A	205635	CNA	13:20.33			13:20.33
RJC	Catarina Teixeira Alves	07	Inf A	205924	GESL	13:20.33			13:20.33
RJC	Maria Leonor Costa	07	Inf A	202923	GESL	13:20.33			13:20.33
RJC	Ines Portela Pereira	07	Inf A	205035	GESL	13:20.37			13:20.37

Prova 8
Masc., 400m Estilos
Infantis A

18.01.2020

Lista inscritos

Rec Regional	4:47.72	Joao Alexandre Vital	ADRCIMM	Sto Ant ^o Cavaleiros	2012
Rec Regional Absoluto	4:06.93	Joao Alexandre Vital	SCP	Hangzhou (CHN)	2018
Rec Nacional	4:40.32	Tomas Miguel Freitas	CDN	Funchal	2004
Rec Nacional Absoluto	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
1	Joao Almeida Gomes	06	Inf A	132828	CNN	5:25.77 S	18.05.2019	Alges (POR)	5:25.77
2	Afonso Silvestre Almeida	06	Inf A	148411	CNA	5:27.28 S	18.05.2019	Alges (POR)	5:27.28
3	Andre Correia Alves	06	Inf A	131173	SFUAP	5:34.11 L	07.07.2019	Setubal (POR)	5:27.42
4	Pedro Bethlem Tigre	06	Inf A	208305	SCP	5:30.20 S	08.03.2019	Setubal (POR)	5:30.20
5	Pedro Crispim Jorge	06	Inf A	148340	SFUAP	5:36.50 S	29.03.2019	Pinhal Novo (POR)	5:36.50
6	Rodrigo Piteira Maio	06	Inf A	200482	CFB	5:44.66 L	28.07.2019	Loule (POR)	5:37.76
7	Tiago Almeida Correia	06	Inf A	139280	CNMJ	5:37.97 S	18.05.2019	Alges (POR)	5:37.97
8	Manuel Faria Silvestre	06	Inf A	202906	SLB	5:48.96 L	07.07.2019	Setubal (POR)	5:41.98
9	Tomas Maia Januario	06	Inf A	202694	GESL	5:46.30 S	08.03.2019	Setubal (POR)	5:46.30
10	Rodrigo Franco Palare	06	Inf A	203877	GESL	5:51.69 S	18.05.2019	Alges (POR)	5:51.69
11	Martim Barata Antunes	06	Inf A	153385	SLB	5:52.92 S	18.05.2019	Alges (POR)	5:52.92
12	Tiago Ventura Chao	06	Inf A	202516	CNS	5:53.18 S	18.05.2019	Alges (POR)	5:53.18
13	Guilherme Santos Gavea	06	Inf A	153382	SLB	5:55.81 S	18.05.2019	Alges (POR)	5:55.81
14	Tiago Nunes Silva	06	Inf A	201949	CPCD	5:59.06 S	18.05.2019	Alges (POR)	5:59.06
15	Rafael Duarte Beato	06	Inf A	204757	MODV	5:59.61 S	18.05.2019	Alges (POR)	5:59.61
16	Manuel Costa Simoes	06	Inf A	200874	CDCP	6:07.97 L	07.07.2019	Setubal (POR)	6:00.61

Infantis A, Inscrições rejeitadas

RJC	Pedro Miguel Pimentel	06	Inf A	202695	GESL	6:03.74 S	18.05.2019	Alges (POR)	6:03.74
RJC	Rafael Filipe Lopes	06	Inf A	201700	GESL	6:14.10 S	18.05.2019	Alges (POR)	6:14.10
RJC	Tomas Leal Parelho	06	Inf A	139290	CNMJ	6:16.63 S	20.01.2019	Alapraia (POR)	6:16.63
RJC	Miguel Mera Herrero	06	Inf A	151461	SCP	6:23.15 S	20.01.2019	Alapraia (POR)	6:23.15
RJC	Goncalo Alves Costa	06	Inf A	205905	CFB	6:33.28 S	18.05.2019	Alges (POR)	6:33.28
RJC	Diogo Valadas Horta	06	Inf A	204576	SFUAP	6:38.14 S	20.01.2019	Alapraia (POR)	6:38.14
RJC	Diogo Morgado Figueira	06	Inf A	203863	CPCD	6:40.06			6:40.06
RJC	Martim Carvalho Fonseca	06	Inf A	205041	GESL	6:40.22			6:40.22
RJC	Antonio Rafael Dias	06	Inf A	200817	MODV	6:40.24			6:40.24
RJC	Miguel Guilherme Sousa	06	Inf A	208095	SCP	6:40.26			6:40.26
RJC	Andre Monteiro Caetano	06	Inf A	207211	MODV	6:40.27			6:40.27
RJC	Francisco Tente Pinto	06	Inf A	207517	GESL	6:40.28			6:40.28
RJC	Lucas Vilaca Casimiro	06	Inf A	211012	CDCP	6:40.29			6:40.29
RJC	David Joao Ferreira	06	Inf A	203890	MODV	6:40.30			6:40.30
RJC	Tomas Barreiros Cardoso	06	Inf A	205904	CFB	6:40.31			6:40.31
RJC	Rodrigo Onofre Matos	06	Inf A	200159	GESL	6:40.33			6:40.33

Prova 9
18.01.2020

Femin., 400m Estilos

 Infantis B
Lista inscritos

Rec Regional	5:15.68	Susana Patricia Miguel	SFUAP	Rio Maior	2002
Rec Regional Absoluto	4:36.19	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017
Rec Nacional	5:15.68	Susana Patricia Miguel	SFUAP	Rio Maior	2002
Rec Nacional Absoluto	4:36.19	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
Infantis B								
1	Alice Barros Ferreira	08	Inf B	207812	SLB	8:00.01		8:00.01
2	Patricia Subtil Henriques	08	Inf B	206063	GESL	8:00.02		8:00.02
3	Maria Ines Coelho	08	Inf B	205174	SLB	8:00.03		8:00.03
4	Ines Gomes Costa	08	Inf B	203851	EULX	8:00.04		8:00.04
5	Carolina Fernandes Rodrigues	08	Inf B	201728	SFUAP	8:00.05		8:00.05
6	Maia Bekauri	08	Inf B	205337	COL	8:00.06		8:00.06
7	Johanna Domingos Verheij	08	Inf B	205642	SFUAP	8:00.08		8:00.08
8	Mafalda Rego Caixeiro	08	Inf B	201092	SCP	8:00.09		8:00.09
9	Matilde Rodrigues Serrano	08	Inf B	205575	SFUAP	8:00.09		8:00.09
10	Catarina Patricia Yankovich	08	Inf B	206430	COL	8:00.10		8:00.10
11	Luisa Goncalves Rodrigues	08	Inf B	202678	AEFDTV	8:00.11		8:00.11
12	Beatriz Alexandra Rolim	08	Inf B	207351	SFUAP	8:00.12		8:00.12
13	Joana Monteiro Caetano	08	Inf B	206085	MODV	8:00.14		8:00.14
14	Beatriz Marques Coimbra	08	Inf B	204560	GDSE	8:00.16		8:00.16
15	Marta Matos Laranjeira	08	Inf B	205884	AEFDTV	8:00.17		8:00.17
16	Carolina Duarte Namora	08	Inf B	208181	SFUAP	8:00.18		8:00.18
WDR	Maria Rita Calhelha	08	Inf B	202681	AEFDTV	8:00.13		8:00.13

Infantis B, Inscrições rejeitadas

RJC	Alice Barros Simoes	08	Inf B	205909	CNN	8:00.19		8:00.19
RJC	Melea Lynn Browning	08	Inf B	211626	CNN	8:00.20		8:00.20
RJC	Noemi Gerardin	08	Inf B	207180	CNN	8:00.21		8:00.21

2 - 2ª Jornada

19.01.2020 - 15:00

Prova 10	Femin., 400m Livres				Juvenis
19.01.2020					Lista inscritos
Rec Regional Juv A	4:18.39	Ana Cláudia Correia Santos	SFUAP	Cantanhede	2004
Rec Regional Juv B	4:23.08	Susana Patricia Miguel	SFUAP	Alhandra	2004
Rec Regional Absoluto	4:04.61	Diana Margarida Duraes	SLB	Copenhague (DEN)	2017
Rec Nacional Juv A	4:18.39	Ana Claudia Santos	SFUAP	Cantanhede	2004
Rec Nacional Juv B	4:23.08	Susana Patricia Miguel	SFUAP	Alhandra	2004
Rec Nacional Absoluto	4:04.61	Diana Margarida Duraes	SLB	Copenhague (DEN)	2017

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis A									
1	Maria Teresa Fernandes	05	Juv A	132557	SAD	4:45.60 S	08.12.2019	Sines (POR)	4:45.60
2	Joana Fernandes Gama	05	Juv A	153361	SCP	4:46.39 S	13.07.2019	Alges (POR)	4:46.39
3	Mariana Andreia Silva	05	Juv A	141810	SCP	4:49.64 S	08.12.2019	Sines (POR)	4:49.64
4	Nicole Patriarca Franca	05	Juv A	153435	SCP	4:49.98 S	08.12.2019	Sines (POR)	4:49.98
5	Maria Del Rio Bernat	05	Juv A	200403	SAD	4:53.59 S	14.07.2019	Alges (POR)	4:53.59
6	Barbara Cunha Ventura	05	Juv A	132458	SLB	4:58.30 S	22.11.2019	Alges (POR)	4:58.30
7	Francisca Otavo Tribuna	05	Juv A	132463	SLB	4:59.13 S	16.12.2018	Tomar (POR)	4:59.13
8	Madalena Carrapico Alexandrino	05	Juv A	132560	SAD	4:59.40 S	14.07.2019	Alges (POR)	4:59.40
9	Soraia Maria Salgado	05	Juv A	132513	AEFDTV	4:59.86 S	20.01.2019	Alapraia (POR)	4:59.86
10	Sara Nunes Conceicao	05	Juv A	201393	SFUAP	5:10.55 S	24.11.2018	Alges (POR)	5:10.55
11	Maria Correia Ricardo	05	Juv A	129496	CNS	5:18.39 S	24.11.2019	Alges (POR)	5:18.39
12	Maria Sousa Caxaria	05	Juv A	148574	CNMJ	5:38.49 L	16.06.2019	Vila Franca de Xira (POR)	5:31.72
13	Leonor Oliveira Caratao	05	Juv A	133339	ADST	5:46.72 S	20.01.2019	Alapraia (POR)	5:46.72
14	Maria Carolina Vargas	05	Juv A	132561	SLB	NT			NT
15	Matilde Aleixo Duarte	05	Juv A	202526	CNS	NT			NT
16	Joana Matilde Inácio	05	Juv A	201035	DRCN	NT			NT
17	Ines Azinheira Serra	05	Juv A	153113	PDEM	NT			NT

Juvenis B

1	Matilde Nunes Lopes	06	Juv B	201711	SLB	4:41.82 S	08.12.2019	Sines (POR)	4:41.82
2	Carolina Martins Camacho	06	Juv B	202646	SFUAP	4:56.62 L	26.07.2019	Loule (POR)	4:50.68
3	Maria Esteves Valente	06	Juv B	202954	SLB	4:52.95 S	22.11.2019	Alges (POR)	4:52.95
4	Francisca Santos Ferreira	06	Juv B	200402	SAD	4:59.77 L	26.07.2019	Loule (POR)	4:53.77
5	Rita João Serra	06	Juv B	200738	VKGS	4:58.78 S	16.12.2018	Sto Antonio Cavaleiros (POR)	4:58.78
6	Erica Candeias Mendes	06	Juv B	147116	CNA	4:59.84 S	08.12.2019	Sines (POR)	4:59.84
7	Catarina Coutinho Lima	06	Juv B	132460	SLB	5:00.03 S	08.12.2019	Sines (POR)	5:00.03
8	Maria Beatriz Costa	06	Juv B	204155	SCP	5:00.70 S	08.12.2019	Sines (POR)	5:00.70
9	Leonor Santos Duro	06	Juv B	202520	CNS	5:01.53 S	16.12.2018	Sto Antonio Cavaleiros (POR)	5:01.53
10	Marina Alexandra Oliveira	06	Juv B	200174	CNS	5:03.05 S	10.03.2019	Setubal (POR)	5:03.05
11	Maria Pinto Monteiro	06	Juv B	201397	SFUAP	5:07.38 S	31.03.2019	Pinhal Novo (POR)	5:07.38
12	Marta Silva Santos	06	Juv B	200182	CNS	5:07.49 S	20.06.2019	Sto Ant. Cavaleiros (POR)	5:07.49
13	Rita Borges Silva	06	Juv B	200715	CNA	5:14.67 L	16.06.2019	Vila Franca de Xira (POR)	5:08.37
14	Mariana Coelho Carvalho	06	Juv B	200172	CNS	5:09.05 S	10.03.2019	Setubal (POR)	5:09.05
15	Carolina Costa Diniz	06	Juv B	151038	SCP	5:17.73 L	06.07.2019	Setubal (POR)	5:11.37
16	Margarida Barbara Marques	06	Juv B	200396	SAD	5:12.26 S	24.11.2019	Alges (POR)	5:12.26
17	Clara Sofia Herminio	06	Juv B	202218	CDCP	5:12.68 S	22.11.2019	Alges (POR)	5:12.68
18	Iris Castro Campos	06	Juv B	205634	CNA	5:15.12 S	22.11.2019	Alges (POR)	5:15.12
19	Mariana Ramos Zacarias	06	Juv B	200183	CNS	5:25.68 L	06.07.2019	Setubal (POR)	5:19.16
20	Matilde Aparicio Pereira	06	Juv B	200477	CNA	5:21.01 S	22.11.2019	Alges (POR)	5:21.01
21	Sofia Medeiros Pereira	06	Juv B	207512	CNMJ	5:27.70 S	24.11.2019	Alges (POR)	5:27.70
22	Leonor Eduarda Baptista	06	Juv B	153384	VKGS	5:39.33 S	16.12.2018	Sto Antonio Cavaleiros (POR)	5:39.33
23	Madalena Graca Dias	06	Juv B	211407	CNLX	NT			NT

Prova 11
19.01.2020

Masc., 200m Estilos

Juvenis
Lista inscritos

Rec Regional Juv A	2:06.94	Diogo Gomes Sousa	CNCVG	Estoril, Alapraia	2011
Rec Regional Juv B	2:10.75	Diogo Leal Dantas	SCP	Algés	2015
Rec Regional Absoluto	1:54.71	Alexis Manacas Santos	SCP	Hangzhou (CHN)	2018
Rec Nacional Juv A	2:05.34	Diogo Filipe Carvalho	CGA	Aveiro	2004
Rec Nacional Juv B	2:08.27	Diogo Filipe Carvalho	CGA	Fafe	2003
Rec Nacional Absoluto	1:53.45	Diogo Filipe Carvalho	CGA	Netanya (ISR)	2015

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis A									
1	Andre Azevedo Baraona	04	Juv A	123965	CNMJ	2:16.85 S	18.05.2019	Alges (POR)	2:16.85
2	Miguel Costa Simoes	04	Juv A	132350	CDCP	2:16.93 S	08.12.2019	Sines (POR)	2:16.93
3	Afonso Cipriano Pinto	04	Juv A	153352	SCP	2:17.94 S	24.11.2019	Alges (POR)	2:17.94
4	Francisco Ribeiro Vieira	04	Juv A	130443	AEFDTV	2:20.36 S	01.11.2019	Setubal (POR)	2:20.36
5	Tomas Sa Vieira	04	Juv A	131504	SAD	2:20.52 S	18.05.2019	Alges (POR)	2:20.52
6	Joao Afonso Santos	04	Juv A	153371	SCP	2:21.73 S	08.12.2019	Sines (POR)	2:21.73
7	Antonio Lombardi Carvalho	04	Juv A	129886	SCP	2:22.97 S	25.11.2018	Alges (POR)	2:22.97
8	Miguel Filipe Anjo	04	Juv A	201394	CDCP	2:23.92 S	08.12.2019	Sines (POR)	2:23.92
9	Rafael Caceres Lopes	04	Juv A	201395	SFUAP	2:25.51 S	18.05.2019	Alges (POR)	2:25.51
10	Alexandre Duarte Morais	04	Juv A	132645	PDEM	2:27.96 S	18.05.2019	Alges (POR)	2:27.96
11	Ruben Jose Salgueiro	04	Juv A	133507	SCP	2:31.31 S	25.11.2018	Alges (POR)	2:31.31
12	Pedro Forjaz Cirurgiao	04	Juv A	132564	SAD	2:32.36 S	29.06.2019	Alges (POR)	2:32.36
13	Victor Bethlem Tigre	04	Juv A	208094	SCP	2:33.02 S	18.05.2019	Alges (POR)	2:33.02
14	Joao Silva Angelino	04	Juv A	132832	PDEM	2:38.00 S	18.05.2019	Alges (POR)	2:38.00
15	Miguel Alexandre Araujo	04	Juv A	131174	SFUAP	2:44.74 S	18.05.2019	Alges (POR)	2:44.74
16	Mateus Dias Correia	04	Juv A	211691	FS	NT			NT
17	Afonso Miguel Ribeiro	04	Juv A	210966	PDEM	NT			NT
WDR	Felipe Menegassi Maia	04	Juv A	207683	SAD	2:23.09 L	04.08.2019	Funchal (POR)	2:20.22

Juvenis B

1	Gonçalo Duarte Carvalho	05	Juv B	132466	SLB	2:21.24 S	01.11.2019	Setubal (POR)	2:21.24
2	Filipe Simoes Freitas	05	Juv B	202349	SCP	2:22.29 S	24.11.2019	Alges (POR)	2:22.29
3	Afonso Lucio Costa	05	Juv B	202216	SCP	2:24.54 S	08.12.2019	Sines (POR)	2:24.54
4	Diogo Botelho Capricho	05	Juv B	142035	SCP	2:25.26 S	08.12.2019	Sines (POR)	2:25.26
5	Rodrigo Ferreira Mimoso	05	Juv B	201483	SLB	2:25.34 S	08.12.2019	Sines (POR)	2:25.34
6	Francisc Gututui	05	Juv B	200907	SAD	2:25.77 S	08.12.2019	Sines (POR)	2:25.77
7	Pedro Maria Amado	05	Juv B	148286	SAD	2:26.07 S	29.06.2019	Alges (POR)	2:26.07
8	Joao Seixedo Pinheiro	05	Juv B	205374	CNS	2:26.57 S	01.11.2019	Setubal (POR)	2:26.57
9	Gabriel Carvalho Ferrao	05	Juv B	132345	CDCP	2:29.63 L	11.05.2019	Vila Franca de Xira (POR)	2:26.63
10	Tomas Almeida Cordeiro	05	Juv B	125238	SAD	2:27.01 S	08.12.2019	Sines (POR)	2:27.01
11	Miguel Cordeiro Almeida	05	Juv B	200392	SAD	2:30.21 L	28.07.2019	Loule (POR)	2:27.20
12	Jose Manuel Sa	05	Juv B	203114	SCP	2:27.59 S	03.11.2019	Lisboa (POR)	2:27.59
13	Simao Lopes Oliveira	05	Juv B	200178	CNS	2:27.80 S	01.11.2019	Setubal (POR)	2:27.80
14	Tiago Silva Bartolo	05	Juv B	205340	SAD	2:35.31 L	16.06.2019	Vila Franca de Xira (POR)	2:32.20
15	Vasco Antela Silva	05	Juv B	142037	SCP	2:33.55 S	24.11.2019	Alges (POR)	2:33.55
16	Rodrigo Martins Bras	05	Juv B	129806	CFB	2:35.90 S	01.11.2019	Setubal (POR)	2:35.90
17	Alfredo Cabrita Soudo	05	Juv B	148434	CFB	2:36.82 S	24.11.2019	Alges (POR)	2:36.82
18	Jose Alves Monteiro	05	Juv B	200398	INDANL	2:37.85 S	24.11.2019	Alges (POR)	2:37.85
19	Afonso Costa Albuquerque	05	Juv B	132515	CFB	2:39.36 S	24.11.2019	Alges (POR)	2:39.36
20	Vasco Santos Silva	05	Juv B	153388	SLB	2:47.69 S	01.11.2019	Setubal (POR)	2:47.69
21	Tiago Romão Lourenço	05	Juv B	202926	PDEM	2:49.61 S	10.03.2019	Setubal (POR)	2:49.61
22	Miguel Palminha Serafim	05	Juv B	205339	CNMJ	2:58.18 S	01.11.2019	Setubal (POR)	2:58.18
23	Dinis Santos Almeida	05	Juv B	208651	FS	3:17.18 S	17.11.2018	Estoril (POR)	3:17.18

Prova 12
19.01.2020
Femin., 200m Bruços
Juvenis
Lista inscritos

Rec Regional Juv A	2:32.36	Diana Duarte Gomes	ABVE	Alcobaça	2004
Rec Regional Juv B	2:34.51	Diana Duarte Gomes	ABVE	Reboleira	2003
Rec Regional Absoluto	2:22.12	Raquel Gomes Pereira	SAD	Alges	2019
Rec Nacional Juv A	2:32.36	Diana Duarte Gomes	ABVE	Alcobaça	2004
Rec Nacional Juv B	2:34.51	Diana Duarte Gomes	ABVE	Reboleira	2003
Rec Nacional Absoluto	2:22.12	Raquel Gomes Pereira	SAD	Alges	2019

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis A									
1	Sofia Antunes Sebastiao	05	Juv A	147121	CNA	2:58.05 S	25.04.2019	Sines (POR)	2:58.05
2	Carolina Fonseca Gomes	05	Juv A	202528	CDOM	3:06.39 L	16.06.2019	Vila Franca de Xira (POR)	3:00.79
3	Rita Ferreira Gomes	05	Juv A	132565	SAD	3:03.85 S	24.11.2019	Alges (POR)	3:03.85
4	Beatriz Barroso Silva	05	Juv A	133302	SCP	3:04.61 S	24.11.2019	Alges (POR)	3:04.61
5	Joana Rocha Ferreira	05	Juv A	201560	SLB	3:11.69 L	17.03.2019	Vila Franca de Xira (POR)	3:05.93
6	Leonor Oliveira Caratao	05	Juv A	133339	ADST	NT			NT
7	Barbara Cunha Ventura	05	Juv A	132458	SLB	NT			NT

Juvenis B

1	Ines Correia Teixeira	06	Juv B	133334	CNA	2:55.03 S	30.11.2019	Sines (POR)	2:55.03
2	Maria Leonor Coelho	06	Juv B	132470	SLB	3:01.82 L	16.06.2019	Vila Franca de Xira (POR)	2:56.36
3	Beatriz Portugal Costa	06	Juv B	133278	SLB	2:57.81 S	07.12.2019	Sines (POR)	2:57.81
4	Rita João Serra	06	Juv B	200738	VKGS	2:57.91 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:57.91
5	Maria Soares Almeida	06	Juv B	131730	SAD	3:04.24 L	27.07.2019	Loule (POR)	2:58.71
6	Maria Esteves Valente	06	Juv B	202954	SLB	3:05.47 L	07.07.2019	Setubal (POR)	2:59.90
7	Ines Gaspar Silva	06	Juv B	204152	GESL	3:03.12 S	24.11.2019	Algés (POR)	3:03.12
8	Madalena Correa Sa	06	Juv B	201548	GESL	3:03.86 S	09.03.2019	Setúbal (POR)	3:03.86
9	Beatriz Fernandes Gama	06	Juv B	151459	SCP	3:04.06 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:04.06
10	Filipa Ferraz Domingos	06	Juv B	200878	SCP	3:10.31 L	16.06.2019	Vila Franca de Xira (POR)	3:04.60
11	Carolina Martins Camacho	06	Juv B	202646	SFUAP	3:12.72 L	16.06.2019	Vila Franca de Xira (POR)	3:06.93
12	Marina Alexandra Oliveira	06	Juv B	200174	CNS	3:17.26 L	27.07.2019	Loule (POR)	3:11.34
13	Beatriz Fernandes Rondão	06	Juv B	202488	DRCN	3:30.23 L	14.07.2019	Rio Maior (POR)	3:23.92
14	Patricia Sofia Coelho	06	Juv B	201546	GESL	3:29.73 S	09.03.2019	Setúbal (POR)	3:29.73
15	Leonor Jesus Mendes	06	Juv B	208654	FS	3:49.52 L	16.06.2019	Vila Franca de Xira (POR)	3:42.63
16	Leonor Eduarda Baptista	06	Juv B	153384	VKGS	NT			NT

Prova 13
19.01.2020
Masc., 200m Costas
Juvenis
Lista inscritos

Rec Regional Juv A	2:01.43	Diogo Gomes Sousa	CNCVG	Algés	2011
Rec Regional Juv B	2:04.99	João Alexandre Vital	ADRCIMM	Alapraia	2013
Rec Regional Absoluto	1:54.78	Pedro Diogo Oliveira	ESJB	Porto	2015
Rec Nacional Juv A	2:01.43	Diogo Gomes Sousa	CNCVG	Algés	2011
Rec Nacional Juv B	2:04.99	Joao Alexandre Vital	ADRCIMM	Alapraia	2013
Rec Nacional Absoluto	1:52.66	Gabriel Jose Lopes	ALN	Hangzhou (CHN)	2018

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis A									
1	Miguel Costa Simoes	04	Juv A	132350	CDCP	2:15.18 S	07.12.2019	Sines (POR)	2:15.18
2	Tiago Fanha Lopes	04	Juv A	129520	CNMJ	2:18.01 S	07.12.2019	Sines (POR)	2:18.01
3	Francisco Sousa Uva	04	Juv A	201477	SAD	2:21.12 S	07.12.2019	Sines (POR)	2:21.12
4	Tomás Pratas Neto	04	Juv A	132652	PDEM	2:22.77 S	07.12.2019	Sines (POR)	2:22.77
5	Rafael Caceres Lopes	04	Juv A	201395	SFUAP	2:29.80 L	16.06.2019	Vila Franca de Xira (POR)	2:26.80
6	Afonso Romao Francisco	04	Juv A	204573	CDCP	2:27.27 S	22.11.2019	Alges (POR)	2:27.27
7	Tomas Martins Mira	04	Juv A	132215	CNS	2:31.81 S	24.11.2018	Alges (POR)	2:31.81
8	Mario Catalao Moura	04	Juv A	205377	CNS	2:34.08 S	25.04.2019	Sines (POR)	2:34.08
9	Duarte Cadima Goncalves	04	Juv A	153295	CNMJ	2:37.91 S	20.01.2019	Alapraia (POR)	2:37.91
10	Miguel Alexandre Araujo	04	Juv A	131174	SFUAP	2:40.13 S	13.07.2019	Alges (POR)	2:40.13
11	Joao Pedro Faustino	04	Juv A	203986	CDCP	NT			NT
12	Mateus Dias Correia	04	Juv A	211691	FS	NT			NT

Prova 13, Masc., 200m Costas
Juvenis B

1	Andre Henriques Marques	05	Juv B	129665	SLB	2:14.91 S	07.12.2019	Sines (POR)	2:14.91
2	Tiago Rodrigues Pinto	05	Juv B	132514	SCP	2:22.12 S	30.03.2019	Pinhal Novo (POR)	2:22.12
3	Diogo Sousa Barbosa	05	Juv B	133332	SLB	2:22.57 S	07.12.2019	Sines (POR)	2:22.57
4	Pedro Mahua Alvarez	05	Juv B	208096	SCP	2:27.47 L	27.07.2019	Loule (POR)	2:24.52
5	Manuel Angelo Pereira	05	Juv B	151305	SCP	2:24.93 S	22.11.2019	Alges (POR)	2:24.93
6	Miguel Correia Anacleto	05	Juv B	151340	SCP	2:27.28 S	29.06.2019	Alges (POR)	2:27.28
7	Manuel Pires Oliveira	05	Juv B	201480	PDEM	2:33.60 S	30.03.2019	Pinhal Novo (POR)	2:33.60
8	Vasco Alves Morgado	05	Juv B	147123	SAD	2:36.43 S	09.03.2019	Setubal (POR)	2:36.43
9	Gonçalo Duarte Carvalho	05	Juv B	132466	SLB	2:38.52 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:38.52
10	Simao Lopes Oliveira	05	Juv B	200178	CNS	2:42.19 S	25.04.2019	Sines (POR)	2:42.19
11	Gonçalo Pires Fialho	05	Juv B	133333	CNA	2:47.00 S	25.04.2019	Sines (POR)	2:47.00
12	Lourenco Matos Perdigo	05	Juv B	130149	CNN	2:47.39 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:47.39
13	Miguel Palminha Serafim	05	Juv B	205339	CNMJ	2:55.97 L	16.06.2019	Vila Franca de Xira (POR)	2:52.45
14	Dinis Santos Almeida	05	Juv B	208651	FS	2:55.07 S	26.10.2019	Lagos (POR)	2:55.07
15	Rodrigo Ferreira Mimoso	05	Juv B	201483	SLB	NT			NT
16	Rodrigo Martins Bras	05	Juv B	129806	CFB	NT			NT
17	Alfredo Cabrita Soudo	05	Juv B	148434	CFB	NT			NT
18	Jose Alves Monteiro	05	Juv B	200398	INDANL	NT			NT
19	Tiago Romão Lourenço	05	Juv B	202926	PDEM	NT			NT
20	João Ferreira Rodrigues	05	Juv B	202709	GESL	NT			NT

**Prova 14
19.01.2020**
Femin., 200m Mariposa
**Juvenis
Lista inscritos**

Rec Regional Juv A	2:18.93	Susana Patricia Miguel	SFUAP	Cantanhede	2004
Rec Regional Juv B	2:19.06	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Regional Absoluto	2:10.14	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017
Rec Nacional Juv A	2:17.51	Raquel Maria Felgueiras			1995
Rec Nacional Juv B	2:19.06	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Nacional Absoluto	2:05.74	Ana Catarina Monteiro	CFV	Hangzhou (CHN)	2018

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
1	Sofia Antunes Sebastiao	05	Juv A	147121	CNA	2:40.72 S	20.01.2019	Alapraia (POR)	2:40.72
2	Maria Sousa Caxaria	05	Juv A	148574	CNMJ	3:04.74 S	12.01.2019	Torres Novas (POR)	3:04.74

Juvenis B

1	Catarina Lima Antunes	06	Juv B	151077	SCP	2:47.47 S	22.11.2019	Alges (POR)	2:47.47
2	Madalena Fragoso Guterres	06	Juv B	202908	SLB	2:54.39 L	27.07.2019	Loule (POR)	2:49.15
3	Leonor Tavares Catalao	06	Juv B	202215	SCP	2:51.22 S	09.03.2019	Setubal (POR)	2:51.22
4	Beatriz Mocego Niza	06	Juv B	148435	CNA	2:55.70 S	01.12.2018	Abrantes (POR)	2:55.70
5	Mariana Ramos Zacarias	06	Juv B	200183	CNS	2:58.13 S	09.03.2019	Setubal (POR)	2:58.13
6	Mafalda Mourao Lopes	06	Juv B	202221	ADST	3:07.94 L	16.06.2019	Vila Franca de Xira (POR)	3:02.30
7	Marta Silva Santos	06	Juv B	200182	CNS	3:10.27 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:10.27
8	Patricia Sofia Coelho	06	Juv B	201546	GESL	3:29.16 S	16.12.2018	Sto António Cavaleiros (POR)	3:29.16
9	Madalena Correa Sa	06	Juv B	201548	GESL	NT			NT
10	Ines Gaspar Silva	06	Juv B	204152	GESL	NT			NT

Prova 15
19.01.2020
Masc., 1500m Livres
Infantis A
Lista inscritos

Rec Regional	16:31.35	Pedro Fontoura Oliveira	CFB	Reboleira	2004
Rec Regional Absoluto	15:00.35	Filipe Miguel Santo	SLB	Alges	2018
Rec Nacional	16:13.14	Andre Vilas Ruivo	DNMG	Campo Maior	2014
Rec Nacional Absoluto	14:58.18	Jose Paulo Lopes	SCB	Felgueiras	2018

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Andre Correia Alves	06	Inf A	131173	SFUAP	18:53.43 S	31.03.2019	Pinhal Novo (POR)	18:53.43
2	Pedro Crispim Jorge	06	Inf A	148340	SFUAP	19:22.29 S	31.03.2019	Pinhal Novo (POR)	19:22.29
3	Tiago Almeida Correia	06	Inf A	139280	CNMJ	19:35.68 S	19.05.2019	Alges (POR)	19:35.68
4	Afonso Silvestre Almeida	06	Inf A	148411	CNA	19:47.25 S	19.05.2019	Alges (POR)	19:47.25
5	Tomas Maia Januario	06	Inf A	202694	GESL	19:47.39 S	19.05.2019	Alges (POR)	19:47.39
6	Rodrigo Andrade Mesquita	06	Inf A	141949	SCP	19:53.54 S	19.05.2019	Alges (POR)	19:53.54
7	Tiago Ventura Chao	06	Inf A	202516	CNS	20:21.57 S	19.05.2019	Alges (POR)	20:21.57
8	Rodrigo Franco Palare	06	Inf A	203877	GESL	20:35.05 S	19.05.2019	Alges (POR)	20:35.05
9	Ricardo Freitas Neto	06	Inf A	141864	SCP	20:40.70 S	19.05.2019	Alges (POR)	20:40.70
10	Rodrigo Piteira Maio	06	Inf A	200482	CFB	20:47.46 S	19.01.2019	Alapraia (POR)	20:47.46
11	Tomas Leal Parelho	06	Inf A	139290	CNMJ	20:56.12 S	19.05.2019	Alges (POR)	20:56.12
12	Antonio Coelho Vieira	06	Inf A	141506	SCP	21:22.45 S	19.05.2019	Alges (POR)	21:22.45
13	Manuel Costa Simoes	06	Inf A	200874	CDCP	21:37.16 S	19.01.2019	Alapraia (POR)	21:37.16
14	Pedro Miguel Pimentel	06	Inf A	202695	GESL	21:44.50 S	19.05.2019	Alges (POR)	21:44.50
15	Rafael Duarte Beato	06	Inf A	204757	MODV	22:05.96 S	19.05.2019	Alges (POR)	22:05.96
16	Andre Monteiro Caetano	06	Inf A	207211	MODV	22:20.33 S	19.01.2019	Alapraia (POR)	22:20.33
WDR	Rafael Trindade Rodrigues	06	Inf A	202974	CNA	24:30.16			24:30.16

Infantis A, Inscrições rejeitadas

RJC	Martim Carvalho Fonseca	06	Inf A	205041	GESL	23:06.47 S	19.01.2019	Alapraia (POR)	23:06.47
RJC	Goncalo Alves Costa	06	Inf A	205905	CFB	24:07.53 S	19.05.2019	Alges (POR)	24:07.53
RJC	Joao Almeida Gomes	06	Inf A	132828	CNN	24:30.03			24:30.03
RJC	Francisco Tente Pinto	06	Inf A	207517	GESL	24:30.19			24:30.19
RJC	Diogo Valadas Horta	06	Inf A	204576	SFUAP	24:30.21			24:30.21
RJC	Lucas Vilaca Casimiro	06	Inf A	211012	CDCP	24:30.22			24:30.22
RJC	Tomas Barreiros Cardoso	06	Inf A	205904	CFB	24:30.24			24:30.24
RJC	Antonio Rafael Dias	06	Inf A	200817	MODV	24:30.26			24:30.26

Prova 16
19.01.2020
Femin., 800m Livres
Infantis B
Lista inscritos

Rec Regional	9:49.25	Beatriz Rodrigues Conde	SCP	Tavira	2010
Rec Regional Absoluto	8:23.23	Diana Margarida Duraes	SLB	Felgueiras	2018
Rec Nacional	9:33.95	Filipa Vilas Ruivo	DNMG	Nazaré	2009
Rec Nacional Absoluto	8:23.23	Diana Margarida Duraes	SLB	Felgueiras	2018

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis B									
1	Patricia Subtil Henriques	08	Inf B	206063	GESL	11:32.31 S	26.05.2019	Lisboa (POR)	11:32.31
2	Ana Beatriz Pires	08	Inf B	205416	SLB	11:43.34 S	26.05.2019	Lisboa (POR)	11:43.34
3	Leticia Lin	08	Inf B	142001	SCP	11:44.27 S	26.05.2019	Lisboa (POR)	11:44.27
4	Carolina Fernandes Rodrigues	08	Inf B	201728	SFUAP	12:05.09 S	26.05.2019	Lisboa (POR)	12:05.09
5	Ines Gomes Costa	08	Inf B	203851	EULX	12:13.77 S	26.05.2019	Lisboa (POR)	12:13.77
6	Luisa Goncalves Rodrigues	08	Inf B	202678	AEFDTV	12:26.05 S	26.05.2019	Lisboa (POR)	12:26.05
7	Carolina Delicado Correia	08	Inf B	207811	SCP	12:30.80 S	26.05.2019	Lisboa (POR)	12:30.80
8	Joana Monteiro Caetano	08	Inf B	206085	MODV	12:37.84 S	26.05.2019	Lisboa (POR)	12:37.84
9	Johanna Domingos Verheij	08	Inf B	205642	SFUAP	12:47.71 S	26.05.2019	Lisboa (POR)	12:47.71
10	Marta Matos Laranjeira	08	Inf B	205884	AEFDTV	13:09.14 S	26.05.2019	Lisboa (POR)	13:09.14
11	Beatriz Silva Gomes	08	Inf B	207357	GESL	13:15.40 S	26.05.2019	Lisboa (POR)	13:15.40
12	Camila Gaspar Teles	08	Inf B	207358	GESL	13:35.03 S	26.05.2019	Lisboa (POR)	13:35.03
13	Yasmin Ruth Bexigas	08	Inf B	208660	GESL	13:41.84 S	26.05.2019	Lisboa (POR)	13:41.84
14	Beatriz Marques Coimbra	08	Inf B	204560	GDSE	13:44.83 S	26.05.2019	Lisboa (POR)	13:44.83
15	Carolina Duarte Namora	08	Inf B	208181	SFUAP	13:51.79 S	26.05.2019	Lisboa (POR)	13:51.79
16	Lis Fatima Melo	08	Inf B	208661	GESL	13:55.06 S	26.05.2019	Lisboa (POR)	13:55.06
WDR	Maria Rita Calhelha	08	Inf B	202681	AEFDTV	14:00.12			14:00.12

Prova 16, Femin., 800m Livres

Infantis B, Inscrições rejeitadas

RJC	Matilde Rodrigues Serrano	08	Inf B	205575	SFUAP	14:00.05	14:00.05
RJC	Beatriz Alexandra Rolim	08	Inf B	207351	SFUAP	14:00.08	14:00.08
RJC	Mariana Filipa Guedes	08	Inf B	205331	SCP	14:00.20	14:00.20
RJC	Alice Barros Simoes	08	Inf B	205909	CNN	14:00.21	14:00.21
RJC	Melea Lynn Browning	08	Inf B	211626	CNN	14:00.22	14:00.22
RJC	Noemi Gerardin	08	Inf B	207180	CNN	14:00.23	14:00.23

Prova 17
19.01.2020

Masc., 400m Estilos

Infantis B
Lista inscritos

Rec Regional	5:02.78	Pedro Fontoura Oliveira	CFB	Odivelas	2003
Rec Regional Absoluto	4:06.93	Joao Alexandre Vital	SCP	Hangzhou (CHN)	2018
Rec Nacional	4:49.65	Andre Vilas Ruivo	DNMG	S. António Cavaleiros	2013
Rec Nacional Absoluto	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
<u>Infantis B</u>								
1	Joao Dinis Roque	07	Inf B	203113	SCP	6:00.01		6:00.01
2	Tomas Afonso Mesquita	07	Inf B	202346	SLB	6:00.02		6:00.02
3	Rafael Miguel Mimoso	07	Inf B	202973	SLB	6:00.03		6:00.03
4	Rafael Pacheco Godinho	07	Inf B	204985	SLB	6:00.04		6:00.04
5	Andre Miguel Ramos	07	Inf B	209022	AEFDTV	6:00.05		6:00.05
6	Guilherme Matias Sousa	07	Inf B	203178	GESL	6:00.06		6:00.06
7	Diogo Miguel Martins	07	Inf B	203879	MODV	6:00.07		6:00.07
8	Joao Pedro Carapinha	07	Inf B	205576	SFUAP	6:00.08		6:00.08
9	Miguel Braga Gomes	07	Inf B	207816	SCP	6:00.09		6:00.09
10	Goncalo Saraiva Rodrigues	07	Inf B	202852	CDCP	6:00.10		6:00.10
11	Afonso Jose Fernandes	07	Inf B	204142	CNATRIL	6:00.11		6:00.11
12	Ricardo Lima Paiva	07	Inf B	206064	GESL	6:00.12		6:00.12
13	Daniel Ionas	07	Inf B	205631	CNA	6:00.13		6:00.13
14	Rafael Piedade Quaresma	07	Inf B	204568	PDEM	6:00.14		6:00.14
15	Hugo Castanheira Rocha	07	Inf B	133444	CNATRIL	6:00.15		6:00.15
16	Antonio Ricardo Alves	07	Inf B	204143	CNATRIL	6:00.16		6:00.16

Infantis B, Inscrições rejeitadas

RJC	Bruno Belmonte Ribeiro	07	Inf B	205923	GESL	6:00.17	6:00.17
RJC	Francisco Almeida Pereira	07	Inf B	200012	GDSE	6:00.18	6:00.18
RJC	Tiago Luis Duarte	07	Inf B	205921	GESL	6:00.19	6:00.19
RJC	Gabriel Martins Tusan	07	Inf B	209442	GESL	6:00.20	6:00.20
RJC	Diogo Teixeira Calcada	07	Inf B	203033	SCP	6:00.21	6:00.21
RJC	Gustavo Osorio Brasao	07	Inf B	205925	GESL	6:00.22	6:00.22
RJC	Afonso Bjork Freitas	07	Inf B	208727	CNN	6:00.23	6:00.23
RJC	Henrique Correia Silvestre	07	Inf B	210596	CNN	6:00.24	6:00.24

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19.01.2020

Femin., 400m Estilos

Infantis A
Lista inscritos

Rec Regional	5:07.22	Susana Patricia Miguel	SFUAP	Santarem	2003
Rec Regional Absoluto	4:36.19	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017
Rec Nacional	5:05.68	Filiipa Vilas Ruivo	DNMG	Leiria	2010
Rec Nacional Absoluto	4:36.19	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Maria Teresa Garcell	07	Inf A	200891	AEFDTV	5:52.91 S	18.05.2019	Alges (POR)	5:52.91
2	Sara Sofia Alves	07	Inf A	202517	CNS	5:56.33 S	18.05.2019	Alges (POR)	5:56.33
3	Leticia Rodrigues Magalhaes	07	Inf A	205089	PDEM	5:59.18 S	18.05.2019	Alges (POR)	5:59.18
4	Catarina Ferreira Rodrigues	07	Inf A	200708	GESL	5:59.29 S	18.05.2019	Alges (POR)	5:59.29
5	Rita Machita Santos	07	Inf A	205379	CNS	6:01.01 S	18.05.2019	Alges (POR)	6:01.01
6	Matilde Anjos Frischknecht	07	Inf A	202519	CNS	6:01.36 S	18.05.2019	Alges (POR)	6:01.36
7	Matilde Nunes Ribeiro	07	Inf A	205117	DRCN	6:01.59 S	18.05.2019	Alges (POR)	6:01.59
8	Daniela Alexandra Santos	07	Inf A	141429	SCP	6:10.61 S	29.03.2019	Pinhal Novo (POR)	6:10.61
9	Magda Silva Pereira	07	Inf A	203893	GESL	6:12.54 S	18.05.2019	Alges (POR)	6:12.54
10	Sara Viana Vicencio	07	Inf A	205029	SCP	6:13.90 S	18.05.2019	Alges (POR)	6:13.90
11	Beatriz Heitor Cachaco	07	Inf A	205927	MODV	6:14.80 S	18.05.2019	Alges (POR)	6:14.80
12	Luisa Ponte Jorge	07	Inf A	204158	SFUAP	6:15.94 S	18.05.2019	Alges (POR)	6:15.94
13	Anastacia Tshesnovska	07	Inf A	142403	SCP	6:16.17 S	18.05.2019	Alges (POR)	6:16.17
14	Ines Azevedo Baraona	07	Inf A	139292	CNMJ	6:19.39 S	18.05.2019	Alges (POR)	6:19.39
15	Daniela Sofia Silva	07	Inf A	201549	DRCN	6:23.79 S	18.05.2019	Alges (POR)	6:23.79
16	Leonor Peso Parente	07	Inf A	208092	PDEM	6:26.23 S	18.05.2019	Alges (POR)	6:26.23
WDR	Filipa Guerreiro Gomes	07	Inf A	207802	AEFDTV	7:10.25			7:10.25

Infantis A, Inscrições rejeitadas

RJC	Filipa Neves DAvo	07	Inf A	207347	ANAM	6:28.47 S	18.05.2019	Alges (POR)	6:28.47
RJC	Ines Trindade Dionisio	07	Inf A	204565	CNN	6:34.45 S	18.05.2019	Alges (POR)	6:34.45
RJC	Leonor Carvalho Oliveira	07	Inf A	200901	DRCN	6:38.51 S	18.05.2019	Alges (POR)	6:38.51
RJC	Marta Nascimento Ribeiro	07	Inf A	204145	CNATRIL	6:42.01 S	18.05.2019	Alges (POR)	6:42.01
RJC	Leonor Bordalo Dias	07	Inf A	204710	MODV	7:05.16 S	19.01.2019	Alapraia (POR)	7:05.16
RJC	Leonor Albuquerque Falcao	07	Inf A	203892	MODV	7:05.78 S	19.01.2019	Alapraia (POR)	7:05.78
RJC	Catarina Teixeira Alves	07	Inf A	205924	GESL	7:10.20			7:10.20
RJC	Leonor Gino Canhao	07	Inf A	207817	SFUAP	7:10.22			7:10.22
RJC	Inês Sofia Pires	07	Inf A	202473	DRCN	7:10.27			7:10.27
RJC	Margarida Valente Silva	07	Inf A	200896	AEFDTV	7:10.28			7:10.28
RJC	Ines Portela Pereira	07	Inf A	205035	GESL	7:10.31			7:10.31
RJC	Margarida Rodrigues Gouveia	07	Inf A	211456	GESL	7:10.32			7:10.32
RJC	Catarina D'Azevedo Pinto	07	Inf A	204986	CNN	7:10.33			7:10.33
RJC	Eva Sofia Ascenso	07	Inf A	204705	GESL	7:10.34			7:10.34
RJC	Ana Raquel Varajao	07	Inf A	203406	ADST	7:10.35			7:10.35
RJC	Mafalda Sousa Mira	07	Inf A	204566	CNN	7:10.36			7:10.36
RJC	Maria Leonor Costa	07	Inf A	202923	GESL	7:10.37			7:10.37