

Prova 1 Masc., 400m Livres Infantis  
 11.01.2020 - 16:30 Resultados

Rec Nacional - 25m Inf A	4:12.35	Andre Vilas Ruivo	DNMG	Campo Maior	29.03.2014
Rec Nacional - 25m Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	04.04.2003
Rec Nacional - 25m - Absoluto	3:42.91	Miguel Duarte Nascimento	SLB	Porto	09.12.2017

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
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**Infantis B**

1. Goncalo Pereira Colaco	07	Ba-Leiria	<b>5:03.04</b>	343
50m: 35.62 35.62	150m: 1:53.27	39.28	250m: 3:10.91	38.94
100m: 1:13.99 38.37	200m: 2:31.97	38.70	300m: 3:49.54	38.63
			350m: 4:27.60	38.06
			400m: 5:03.04	35.44
2. Daniel Casaca Carvalho	07	Colégio Vasco da Gama	<b>5:07.48</b>	328
50m: 33.50 33.50	150m: 1:51.84	40.21	250m: 3:11.30	39.57
100m: 1:11.63 38.13	200m: 2:31.73	39.89	300m: 3:50.89	39.59
			350m: 4:29.34	38.45
			400m: 5:07.48	38.14
3. Guilherme Matias Sousa	07	Geslours	<b>5:09.50</b>	322
50m: 32.86 32.86	150m: 1:50.93	39.84	250m: 3:10.66	39.34
100m: 1:11.09 38.23	200m: 2:31.32	40.39	300m: 3:50.40	39.74
			350m: 4:30.50	40.10
			400m: 5:09.50	39.00
4. Guilherme David Figueiras	07	Colegio Int Monte Maior	<b>5:09.91</b>	321
50m: 35.83 35.83	150m: 1:53.77	39.20	250m: 3:12.26	39.02
100m: 1:14.57 38.74	200m: 2:33.24	39.47	300m: 3:51.63	39.37
			350m: 4:31.03	39.40
			400m: 5:09.91	38.88
5. Joao Pedro Carapinha	07	União Piedense	<b>5:10.50</b>	319
50m: 36.28 36.28	150m: 1:54.13	39.04	250m: 3:13.31	39.33
100m: 1:15.09 38.81	200m: 2:33.98	39.85	300m: 3:52.71	39.40
			350m: 4:32.21	39.50
			400m: 5:10.50	38.29
6. Afonso Dinis Roque	07	Ba-Leiria	<b>5:15.04</b>	305
50m: 33.92 33.92	150m: 1:51.51	39.66	250m: 3:12.63	40.51
100m: 1:11.85 37.93	200m: 2:32.12	40.61	300m: 3:53.54	40.91
			350m: 4:35.00	41.46
			400m: 5:15.04	40.04
7. Rafael Piedade Quaresma	07	Palmela Desporto EEM	<b>5:30.83</b>	264
50m: 37.24 37.24	150m: 1:59.78	41.73	250m: 3:24.68	42.96
100m: 1:18.05 40.81	200m: 2:41.72	41.94	300m: 4:07.32	42.64
			350m: 4:49.69	42.37
			400m: 5:30.83	41.14
8. Daniel Ionas	07	Amadora	<b>5:54.58</b>	214
50m: 39.09 39.09	150m: 2:08.66	45.60	250m: 3:40.90	46.65
100m: 1:23.06 43.97	200m: 2:54.25	45.59	300m: 4:26.74	45.84
			350m: 5:12.13	45.39
			400m: 5:54.58	42.45

**Infantis A**

1. Micael Dmitrievich Denisov	06	Ba-Leiria	<b>4:36.43</b>	452
50m: 30.31 30.31	150m: 1:40.87	36.37	250m: 2:52.12	35.22
100m: 1:04.50 34.19	200m: 2:16.90	36.03	300m: 3:28.28	36.16
			350m: 4:03.29	35.01
			400m: 4:36.43	33.14
2. Andre Correia Alves	06	União Piedense	<b>4:37.61</b>	446
50m: 30.48 30.48	150m: 1:40.71	35.77	250m: 2:52.56	35.47
100m: 1:04.94 34.46	200m: 2:17.09	36.38	300m: 3:28.39	35.83
			350m: 4:04.08	35.69
			400m: 4:37.61	33.53
3. Afonso Silvestre Almeida	06	Amadora	<b>4:40.71</b>	432
50m: 32.28 32.28	150m: 1:42.69	35.57	250m: 2:54.66	35.94
100m: 1:07.12 34.84	200m: 2:18.72	36.03	300m: 3:30.91	36.25
			350m: 4:06.79	35.88
			400m: 4:40.71	33.92
4. Pedro Marques Silva	06	Ba-Leiria	<b>4:40.83</b>	431
50m: 30.97 30.97	150m: 1:42.73	36.55	250m: 2:55.87	36.45
100m: 1:06.18 35.21	200m: 2:19.42	36.69	300m: 3:32.40	36.53
			350m: 4:07.74	35.34
			400m: 4:40.83	33.09
5. Tomas Nunes Roque	06	Benfica	<b>4:42.20</b>	425
50m: 31.15 31.15	150m: 1:41.79	35.83	250m: 2:54.77	36.57
100m: 1:05.96 34.81	200m: 2:18.20	36.41	300m: 3:31.22	36.45
			350m: 4:07.67	36.45
			400m: 4:42.20	34.53

## Prova 1, Masc., 400m Livres, Infantis A

Lugar			Ano					Tempo final	Pts		
6.	Rodrigo Figueiredo Pissarra		06	CPCD Póvoa Sta Iria				<b>4:42.94</b>	422		
	50m:	31.81 31.81	150m:	1:42.70	36.27	250m:	2:54.95	36.18	350m:	4:07.91	36.58
	100m:	1:06.43 34.62	200m:	2:18.77	36.07	300m:	3:31.33	36.38	400m:	4:42.94	35.03
7.	Tomas Maia Januario		06	Geslours				<b>4:50.46</b>	390		
	50m:	32.63 32.63	150m:	1:44.96	36.77	250m:	2:58.14	36.32	350m:	4:12.30	36.85
	100m:	1:08.19 35.56	200m:	2:21.82	36.86	300m:	3:35.45	37.31	400m:	4:50.46	38.16
8.	Yury Fomin		06	Louletano / Loule Concelho				<b>4:51.99</b>	384		
	50m:	32.11 32.11	150m:	1:43.29	36.05	250m:	2:57.96	36.96	350m:	4:11.43	35.91
	100m:	1:07.24 35.13	200m:	2:21.00	37.71	300m:	3:35.52	37.56	400m:	4:51.99	40.56
9.	Tiago Almeida Correia		06	C N Montijo				<b>4:56.14</b>	368		
	50m:	32.82 32.82	150m:	1:46.89	37.49	250m:	3:03.84	38.67	350m:	4:19.69	37.85
	100m:	1:09.40 36.58	200m:	2:25.17	38.28	300m:	3:41.84	38.00	400m:	4:56.14	36.45
10.	Diogo Morgado Figueira		06	CPCD Póvoa Sta Iria				<b>4:57.41</b>	363		
	50m:	32.88 32.88	150m:	1:47.31	38.02	250m:	3:04.05	38.62	350m:	4:20.38	37.76
	100m:	1:09.29 36.41	200m:	2:25.43	38.12	300m:	3:42.62	38.57	400m:	4:57.41	37.03
11.	Rodrigo Piteira Maio		06	Clube Futebol Os Belenenses				<b>4:58.75</b>	358		
	50m:	32.45 32.45	150m:	1:45.23	37.03	250m:	3:01.19	38.01	350m:	4:18.59	39.47
	100m:	1:08.20 35.75	200m:	2:23.18	37.95	300m:	3:39.12	37.93	400m:	4:58.75	40.16
12.	Tiago Ventura Chao		06	Naval Setubalense				<b>5:00.77</b>	351		
	50m:	32.97 32.97	150m:	1:46.50	37.53	250m:	3:03.70	39.19	350m:	4:21.87	39.31
	100m:	1:08.97 36.00	200m:	2:24.51	38.01	300m:	3:42.56	38.86	400m:	5:00.77	38.90
13.	Gabriel Zimas Jacinto		06	Ba-Leiria				<b>5:01.00</b>	350		
	50m:	32.52 32.52	150m:	1:47.18	38.27	250m:	3:06.22	40.30	350m:	4:24.89	39.23
	100m:	1:08.91 36.39	200m:	2:25.92	38.74	300m:	3:45.66	39.44	400m:	5:01.00	36.11
14.	Rafael Curtinha Luis		06	Aljustrelense				<b>5:12.15</b>	314		
	50m:	33.24 33.24	150m:	1:50.71	39.84	250m:	3:11.45	40.34	350m:	4:32.41	39.90
	100m:	1:10.87 37.63	200m:	2:31.11	40.40	300m:	3:52.51	41.06	400m:	5:12.15	39.74
15.	Andre Cunha Ribeiro		06	Sport Alges e Dafundo				<b>5:13.36</b>	310		
	50m:	33.39 33.39	150m:	1:47.62	37.92	250m:	3:09.60	41.33	350m:	4:34.06	41.87
	100m:	1:09.70 36.31	200m:	2:28.27	40.65	300m:	3:52.19	42.59	400m:	5:13.36	39.30
16.	Martim Daniel Torres		06	Naval Setubalense				<b>5:24.05</b>	281		
	50m:	36.99 36.99	150m:	1:59.04	41.43	250m:	3:22.09	41.54	350m:	4:42.21	40.07
	100m:	1:17.61 40.62	200m:	2:40.55	41.51	300m:	4:02.14	40.05	400m:	5:24.05	41.84