

Prova 29  
 22.11.2019 - 19:14

Masc., 4 x 200m Livres

 Absolutos  
 Resultados

Rec Nacional Abs	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	2018
Rec Nacional Sen	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	2018
Rec Nacional Jun	7:35.58	Associação Naval Amorense	ANAM	Felgueiras	2013
Rec Nacional Juv A	7:49.50	Associação Naval Amorense	ANAM	Algés	2012
Rec Nacional Juv B	8:07.64	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Estarreja	2014

TAC Juv B: 9:29.43; Juv A: 9:19.06; Sen: 8:43.42

Pontos: FINA 2019

Pos.	Ano	Clube	T.Inscr.	Tempo Final	Pts			
1.		<b>Belenenses</b>	<b>7:32.70</b>	<b>7:44.74</b>	670			
		<i>Campeão Regional</i>						
		Afonso Mateus Ribeiro	95	26.80	28.98	30.66	31.54	1:57.98
		Ricardo Martins Bras	01	26.62	30.29	31.02	30.96	1:58.89
		Joao Esteves Padrela	99	27.00	29.95	30.95	30.50	1:58.40
		Bruno Miguel Ramos	97	25.03	27.89	28.30	28.25	1:49.47
2.		<b>União Piedense</b>	<b>8:01.62</b>	<b>7:46.13</b>	664			
		Tiago Maria Camoes	01	26.65	29.71	31.27	31.20	1:58.83
		David Matias Cristiano	01	26.46	29.56	29.46	28.79	1:54.27
		Carlos Filipe Lopes	01	27.26	30.26	30.46	30.54	1:58.52
		Fernando Souza Silva	86	25.74	29.52	30.10	29.15	1:54.51
3.		<b>Algés</b>	<b>7:55.38</b>	<b>7:53.92</b>	632			
		Jose Paula Carvalho	98	28.00	30.04	31.54	29.69	1:59.27
		Hugo Pon	98	26.47	30.01	30.89	30.51	1:57.88
		Alexandre Miguel Branco	01	26.73	30.27	30.91	30.93	1:58.84
		Francisco Carvalho Machado	98	26.52	29.33	30.95	31.13	1:57.93
4.		<b>Belenenses Jun</b>	<b>8:17.25</b>	<b>8:07.23</b>	582			
		Rodrigo Reis Dias	03	27.20	30.60	31.36	31.13	2:00.29
		Luis Cabral Junior	03	27.10	30.16	31.79	33.28	2:02.33
		Pedro Pires Gomes	03	27.96	31.85	33.29	33.49	2:06.59
		Rafael Rodrigues Jacinto	02	26.77	29.82	30.64	30.79	1:58.02
5.		<b>Colegio Int Monte Maior</b>	<b>8:24.99</b>	<b>8:26.75</b>	517			
		Henrique Rodrigues Cruz	02	28.19	31.57	32.75	32.08	2:04.59
		Diogo Nogueira Rebelo	98	27.05	30.66	31.53	30.91	2:00.15
		Tiago Morgado Nogueira	04	28.78	33.06	33.98	33.26	2:09.08
		Tiago Miguel Trombinhas	04	30.07	33.85	34.33	34.68	2:12.93
6.		<b>Cova Da Piedade</b>	<b>8:32.00</b>	<b>8:35.66</b>	491			
		Joao Pedro Faustino	04	29.01	32.26	34.06	34.09	2:09.42
		Miguel Filipe Anjo	04	30.90	33.75	34.34	33.85	2:12.84
		Miguel Costa Simoes	04	28.19	31.89	32.74	31.51	2:04.33
		Afonso Romao Francisco	04	29.31	31.97	34.41	33.38	2:09.07
7.		<b>Benfica</b>	<b>9:00.42</b>	<b>8:40.56</b>	477			
		Gonçalo Duarte Carvalho	05	29.57	32.33	32.87	32.54	2:07.31
		Diogo Sousa Barbosa	05	30.30	33.52	34.95	33.16	2:11.93
		Rodrigo Ferreira Mimoso	05	30.35	33.68	34.14	33.84	2:12.01
		Andre Henriques Marques	05	28.21	32.44	34.32	34.34	2:09.31
8.		<b>Geslours</b>	<b>10:58.24</b>	<b>9:12.00</b>	400			
		Francisco Lourenco Vasconcelos	05	29.25	33.00	35.05	35.20	2:12.50
		Joao Ferreira Rodrigues	05	32.02	36.44	37.61	36.39	2:22.46
		Daniel Munoz Lopes	05	29.77	34.40	36.17	35.97	2:16.31
		Goncalo Ramos Costa	05	32.97	36.53	37.18	34.05	2:20.73
EXH		<b>Algés</b>	<b>7:59.89</b>	<b>7:59.67</b>	610			
		Sebastiao Limbert Piedade	00	27.36	30.23	32.18	33.24	2:03.01
		Miguel Ribeiro Bate	99	26.59	29.72	29.75	29.24	1:55.30
		Pedro Machado Vieira	02	26.72	30.30	31.86	32.46	2:01.34
		Hugo Nunes Magalhaes	02	27.94	30.28	31.00	30.80	2:00.02