

Prova 21  
 22.11.2019 - 16:41

Masc., 400m Livres

 Absolutos  
 Lista inscritos

Rec Regional Abs	3:42.91	Miguel Duarte Nascimento	SLB	Porto	2017
Rec Regional Sen	3:42.91	Miguel Duarte Nascimento	SLB	Porto	2017
Rec Regional Jun 2	3:51.92	Joao Alexandre Vital	SCP	Porto	2015
Rec Regional Jun 1	3:57.19	Joao Alexandre Vital	ADRCIMM	Porto	2014
Rec Regional Juv A	3:59.31	Joao Carlos Santos	ANAM	Algés	2012
Rec Regional Juv B	4:03.22	Joao Pedro Gil	ANAM	Algés	2012
Rec Nacional Abs	3:42.91	Miguel Duarte Nascimento	SLB	Porto	2017
Rec Nacional Sen	3:42.91	Miguel Duarte Nascimento	SLB	Porto	2017
Rec Nacional Jun 2	3:50.52	Adriano Miguel Niz	CFV	Fafe	2004
Rec Nacional Jun 1	3:56.54	Rui Filipe Costa	VSC	Feigueiras	2007
Rec Nacional Juv A	3:59.31	Joao Carlos Santos	ANAM	Algés	2012
Rec Nacional Juv B	4:03.22	Joao Pedro Gil	ANAM	Algés	2012

TAC Juv B: 4:51.39; Juv A: 4:46.09; Jun 1: 4:35.62; Jun 2: 4:31.67; Sen: 4:26.43

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis B</b>									
1	Pedro Mahua Alvarez	05	Juv B	208096	SCP	4:36.10 L	26.07.2019	Loule (POR)	4:30.57
2	Andre Henriques Marques	05	Juv B	129665	SLB	4:41.38 L	06.07.2019	Setubal (POR)	4:35.75
3	Gonçalo Duarte Carvalho	05	Juv B	132466	SLB	4:45.85 L	06.07.2019	Setubal (POR)	4:40.13
4	Diogo Botelho Capricho	05	Juv B	142035	SCP	4:43.57 S	30.03.2019	Pinhal Novo (POR)	4:43.57
5	Francisco Lourenco Vasconcelos	05	Juv B	201698	GESL	4:45.34 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:45.34
6	Vasco Antela Silva	05	Juv B	142037	SCP	4:51.39 L			4:45.56
7	Afonso Lucio Costa	05	Juv B	202216	SCP	4:53.77 L	06.07.2019	Setubal (POR)	4:47.89
8	Manuel Angelo Pereira	05	Juv B	151305	SCP	4:48.33 S	31.03.2019	Pinhal Novo (POR)	4:48.33
9	Jose Manuel Sa	05	Juv B	203114	SCP	4:54.34 L	06.07.2019	Setubal (POR)	4:48.45
10	Diogo Sousa Barbosa	05	Juv B	133332	SLB	4:49.95 S	16.12.2018	Sto Antonio Cavaleiros (POR)	4:49.95
11	Mateus Correa Walker	05	Juv B	202083	AHBE	4:51.39 S			4:51.39
12	Rodrigo Martins Bras	05	Juv B	129806	CFB	4:51.39 S			4:51.39
13	Joao Ferreira Rodrigues	05	Juv B	202709	GESL	4:51.39 S			4:51.39
14	Francisc Gutui	05	Juv B	200907	SAD	4:51.39			4:51.39

**Juvenis A**

1	Tiago Miguel Trombinhas	04	Juv A	201495	ADRCIMM	4:30.94 L	13.04.2019	Oeiras (POR)	4:25.52
2	Yann Chetelat Fock	04	Juv A	129699	EULX	4:31.55 L	03.08.2019	Funchal (POR)	4:26.11
3	Tiago Morgado Nogueira	04	Juv A	202389	ADRCIMM	4:27.51 S	14.07.2019	Alges (POR)	4:27.51
4	Felipe Menegassi Maia	04	Juv A	207683	SAD	4:31.06 S	19.01.2019	Alapraia (POR)	4:31.06
5	Tomas Sa Vieira	04	Juv A	131504	SAD	4:35.20 S	19.01.2019	Alapraia (POR)	4:35.20
6	Afonso Romao Francisco	04	Juv A	204573	CDCP	4:35.36 S	14.07.2019	Alges (POR)	4:35.36
7	Pedro Forjaz Cirurgiao	04	Juv A	132564	SAD	4:36.51 S	14.07.2019	Alges (POR)	4:36.51
8	Victor Bethlem Tigre	04	Juv A	208094	SCP	4:38.02 S	14.07.2019	Alges (POR)	4:38.02
9	Miguel Filipe Anjo	04	Juv A	201394	CDCP	4:38.55 S	19.01.2019	Alapraia (POR)	4:38.55
10	Tomas Martins Mira	04	Juv A	132215	CNS	4:41.56 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:41.56
11	Joao Pedro Faustino	04	Juv A	203986	CDCP	4:46.09			4:46.09
12	Daniel Elias Duarte	04	Juv A	147198	CIRL	4:46.09			4:46.09
13	Joao Negreiros Guerreiro	04	Juv A	209459	CIRL	4:46.09			4:46.09
DNS	Duarte Brito Justino	04	Juv A	130802	ADRCIMM	4:41.98 S	14.07.2019	Alges (POR)	4:41.98

**Juniores**

1	Francisco Costa Nunes	02	Jun	121538	SCP	4:06.98 L	09.02.2019	Lisboa (POR)	4:02.04
2	Rodrigo Reis Dias	03	Jun	129003	CFB	4:11.51 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:11.51
3	Pedro Miguel Pinto	02	Jun	129924	SCP	4:12.16 S	27.04.2019	Felgueiras (POR)	4:12.16
4	Joao Nogueira Mendes	02	Jun	128745	CIRL	4:14.98 S	14.07.2019	Alges (POR)	4:14.98
5	Antonio Santos Pereira	03	Jun	201690	AHBE	4:15.57 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:15.57
6	Martim Primavera Alfama	02	Jun	128833	GESL	4:17.91 S	14.07.2019	Alges (POR)	4:17.91
7	Pedro Esteves Duarte	03	Jun	132531	CDCP	4:23.19 L	03.08.2019	Funchal (POR)	4:17.92
8	Alexandre Coelho Vieira	03	Jun	131516	SCP	4:23.63 S	14.07.2019	Alges (POR)	4:23.63
9	Henrique Pinheiro Valente	03	Jun	130237	CNCVG	4:26.78 S	15.12.2018	Tomar (POR)	4:26.78
10	Joao Luis Matos	03	Jun	130239	CNCVG	4:36.63 L	16.06.2019	Vila Franca de Xira (POR)	4:31.09
11	Afonso Amaro Santos	02	Jun	131510	GESL	4:31.67			4:31.67
12	Joao Gabriel Machado	02	Jun	211590	SCP	4:31.67			4:31.67
13	Luis Carlos Correia	03	Jun	207349	SFUAP	4:33.17 S	14.07.2019	Alges (POR)	4:33.17
14	Diogo Miguel Duraes	03	Jun	123448	CNMJ	4:34.38 S	20.06.2019	Sto Ant. Cavaleiros (POR)	4:34.38
15	Vasco Salvador Fernando	03	Jun	129526	SAD	4:35.62 S			4:35.62

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**Seniores**

1	Pedro Andre Santos	94	Sen	15732	SAD	4:00.50 S	24.11.2018	Alges (POR)	4:00.50
2	Bruno Rey Barros	01	Sen	208313	SCP	4:05.94 L	06.08.2019	Terrassa (ESP)	4:01.02
3	Daniel Rochinha Pedro	98	Sen	111389	AHBE	4:02.05 S	25.04.2019	Sines (POR)	4:02.05
4	Diogo Santos Cardoso	01	Sen	122969	ADRCIMM	4:08.32 L	07.04.2019	Coimbra (POR)	4:03.35
5	Afonso Mateus Ribeiro	95	Sen	100430	CFB	4:06.42 S	14.07.2019	Alges (POR)	4:06.42
6	Joao Esteves Padrela	99	Sen	119137	CFB	4:07.62 S	14.07.2019	Alges (POR)	4:07.62
7	Sebastiao Limbert Piedade	00	Sen	120451	SAD	4:17.98 S	24.11.2018	Alges (POR)	4:17.98
8	Ricardo Martins Bras	01	Sen	121508	CFB	4:18.36 S	24.11.2018	Alges (POR)	4:18.36
9	Miguel Duarte Cruz	99	Sen	125797	CFB	4:29.40 L	03.08.2019	Funchal (POR)	4:24.01
10	Pedro Dordio Carreiro	97	Sen	120560	GESL	4:26.07 S	01.11.2018	Lisboa (POR)	4:26.07
11	Filipe Nunes Magalhaes	98	Sen	110455	CNLX	4:26.36 S	24.11.2018	Alges (POR)	4:26.36
12	Pedro Ferraz Esteves	99	Sen	118772	CNLX	4:26.43			4:26.43
13	Joao Costa Fonseca	00	Sen	125134	CNLX	4:26.43			4:26.43
14	Francisco Madruga Silva	98	Sen	129151	CNLX	4:26.43			4:26.43
15	Andre Tavares Grenho	99	Sen	120605	GESL	4:26.43			4:26.43
16	Guilherme Pereira Dias	97	Sen	110443	VKGS	4:26.43			4:26.43
DNS	Filipe Ferreira Luz	98	Sen	112320	GESL	4:18.78 S	01.11.2018	Lisboa (POR)	4:18.78