

Prova 3

01.11.2019 - 10:06

Femin., 200m Estilos
Absolutos
Resultados

Rec Regional Sen	2:12.08	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017
Rec Regional Jun 2	2:16.22	Raquel Gomes Pereira	POR	Alges	2016
Rec Regional Jun 1	2:14.94	Maria Carolina Rosa	POR	S. António Cavaleiros	2009
Rec Regional Juv A	2:18.59	Catarina Tiago Nunes	POR	S. Antonio Cavaleiros	2009
Rec Regional Juv B	2:20.93	Susana Patricia Miguel	POR	Penafiel	2004
Rec Regional Absoluto	2:12.08	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017
Rec Nacional Sen	2:12.08	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017
Rec Nacional Jun 2	2:16.22	Raquel Gomes Pereira	POR	Alges	2016
Rec Nacional Jun 1	2:14.94	Maria Carolina Rosa	POR	S. António Cavaleiros	2009
Rec Nacional Juv A	2:18.59	Catarina Tiago Nunes	POR	S. Antonio Cavaleiros	2009
Rec Nacional Juv B	2:20.93	Susana Patricia Miguel	POR	Penafiel	2004
Rec Nacional Absoluto	2:12.08	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017

Pontos: FINA 2018

Lugar	Nome do Nadador	Ano	Clube	Tempo Final	Pts	50m	100m	150m	200m
Juvenis B									
1.	Rebeca Neves Antunes	06	CNCVG	2:33.10	504	33.22	1:14.17	1:58.30	2:33.10
2.	Maria Leonor Coelho	06	SLB	2:36.19	474	34.21	1:14.25	2:01.15	2:36.19
3.	Maria Esteves Valente	06	SLB	2:38.46	454	34.40	1:15.57	2:02.76	2:38.46
4.	Matilde Nunes Lopes	06	SLB	2:40.05	441	35.26	1:16.05	2:02.76	2:40.05
5.	Madalena Correia Sa	06	GESL	2:42.57	421	34.86	1:16.31	2:03.69	2:42.57
6.	Luana Cardoso Magalhaes	06	AHBE	2:43.05	417	35.85	1:15.95	2:04.89	2:43.05
7.	Beatriz Portugal Costa	06	SLB	2:43.15	416	35.69	1:19.04	2:06.25	2:43.15
8.	Ema Faria Matta	06	CNCVG	2:46.15	394	37.69	1:21.56	2:09.71	2:46.15
9.	Leonor Santos Duro	06	CNS	2:46.20	394	35.55	1:18.50	2:08.99	2:46.20
10.	Catarina Gomes Costa	06	EULX	2:46.31	393	34.25	1:16.55	2:08.51	2:46.31
11.	Leonor Roque Mendes	06	ADRCIMM	2:46.78	390	35.71	1:18.46	2:08.98	2:46.78
12.	Ines Gaspar Silva	06	GESL	2:46.92	389	38.50	1:20.57	2:09.67	2:46.92
13.	Marta Silva Santos	06	CNS	2:47.65	384	37.69	1:20.87	2:11.02	2:47.65
14.	Mariana Ramos Zacarias	06	CNS	2:47.76	383	37.18	1:21.98	2:09.85	2:47.76
15.	Madalena Fragozo Guterres	06	SLB	2:48.81	376	36.75	1:20.03	2:10.64	2:48.81
16.	Ines Machado Marques	06	CNCVG	2:48.89	375	37.31	1:19.81	2:10.61	2:48.89
17.	Matilde Aparicio Pereira	06	CNA	2:51.14	361	37.62	1:24.73	2:12.38	2:51.14
18.	Erica Candeias Mendes	06	CNA	2:53.30	347	37.48	1:21.79	2:13.72	2:53.30
19.	Sofia Medeiros Pereira	06	CNMJ	2:58.42	318	40.54	1:23.73	2:16.18	2:58.42
20.	Rita Borges Silva	06	CNA	2:58.45	318	40.78	1:26.83	2:21.55	2:58.45
21.	Clara Sofia Herminio	06	CDCP	2:58.55	317	39.01	1:24.97	2:20.79	2:58.55
22.	Eva Kurnosa	06	CPCD	3:00.94	305	39.11	1:24.11	2:19.48	3:00.94
23.	Patricia Sofia Coelho	06	GESL	3:06.84	277	40.57	1:28.76	2:22.59	3:06.84
DNS	Leonor Viola Marques	06	CNCVG						

Juvenis A

1.	Joana Rocha Ferreira	05	SLB	2:35.38	482	33.85	1:14.40	1:59.15	2:35.38
2.	Maria Correia Ricardo	05	CNS	2:35.99	476	33.50	1:13.88	1:58.47	2:35.99
3.	Sofia Antunes Sebastiao	05	CNA	2:36.17	475	34.47	1:14.22	2:01.36	2:36.17
4.	Soraia Maria Salgado	05	AEFDTV	2:37.49	463	33.65	1:12.32	1:59.95	2:37.49
5.	Barbara Cunha Ventura	05	SLB	2:41.91	426	36.30	1:15.06	2:04.42	2:41.91
6.	Mafalda Santos Costa	05	ADRCIMM	2:43.38	414	36.54	1:18.81	2:07.49	2:43.38
7.	Sara Nunes Conceicao	05	SFUAP	2:44.16	409	35.93	1:17.84	2:07.97	2:44.16
8.	Rafaela Diogo Martins	05	CNS	2:46.41	392	35.09	1:17.51	2:07.79	2:46.41
9.	Francisca Otao Tribuna	05	SLB	2:46.84	389	36.16	1:18.10	2:09.75	2:46.84
10.	Maria Carolina Vargas	05	SLB	2:47.95	381	39.80	1:23.92	2:09.28	2:47.95
11.	Maria Sousa Caxaria	05	CNMJ	2:48.89	375	37.79	1:21.27	2:09.44	2:48.89
12.	Mariana Maiato Paulino	05	CNCVG	2:54.07	343	38.47	1:21.36	2:15.98	2:54.07
13.	Matilde Aleixo Duarte	05	CNS	3:08.90	268	43.42	1:32.36	2:26.91	3:08.90
14.	Leonor Oliveira Caratao	05	ADST	3:11.48	257	42.94	1:30.17	2:27.63	3:11.48
15.	Inês Azinheira Serra	05	PDEM	3:13.02	251	42.14	1:30.31	2:28.06	3:13.02
DNS	Carmo Dias Vieira	05	EULX						

Prova 3, Femin., 200m Estilos
Juniores

1. Catarina Nunes Costa	04	GESL	2:36.12	475	33.78	1:15.52	2:00.16	2:36.12
2. Caetana Neves Carneiro	03	CNLX	2:44.74	404	34.55	1:17.27	2:06.49	2:44.74
3. Raquel Raposo Lopes	04	CDCP	2:48.07	381	39.86	1:19.53	2:11.27	2:48.07
4. Mariana Fragoso Guterres	04	SLB	2:49.18	373	35.60	1:19.13	2:10.48	2:49.18
5. Matilde Pereira Carrao	03	CIRL	2:51.85	356	35.30	1:20.17	2:13.35	2:51.85
6. Carolina Anjos Frischknecht	04	CNS	2:56.47	329	38.66	1:24.39	2:17.18	2:56.47
7. Luana Santos Freitas	04	CNA	3:00.91	305	39.70	1:26.83	2:17.68	3:00.91
8. Margarida Mendes Bras	04	CNMJ	3:09.18	267	42.38	1:27.98	2:26.85	3:09.18
DSQ Margarida Carvalho Barao	04	CNCVG						

E-B50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de bruços (SW 7.6)

Seniores

1. Catarina Martins Mestre	00	CNLX	2:23.86	607	30.60	1:06.05	1:49.55	2:23.86
2. Filipa Serrano Rodrigues	01	SLB	2:29.19	544	33.03	1:09.91	1:54.78	2:29.19
3. Margarida Messias Ribeiro	98	GESL	2:30.03	535	33.14	1:12.57	1:55.43	2:30.03
4. Ana Raquel Ferreira	98	CNLX	2:33.13	503	33.67	1:11.18	1:58.10	2:33.13
5. Ana Rita Matos	02	CFB	2:33.22	503	32.92	1:12.02	1:57.14	2:33.22
6. Tatiana Alexandre Cardoso	01	CNA	2:33.47	500	33.42	1:12.21	1:56.94	2:33.47
7. Rita Fernandes Leitao	96	CNLX	2:33.94	496	33.25	1:12.87	1:56.74	2:33.94
8. Tatiana Raquel Pombo	01	CDCP	2:36.94	468	32.17	1:13.29	2:00.87	2:36.94
9. Catarina Trigo Ferreira	02	CNLX	2:41.82	427	36.26	1:17.73	2:05.75	2:41.82
10. Iolanda Sofia Clérigo	02	PDEM	2:42.32	423	34.21	1:15.60	2:02.56	2:42.32
11. Joana Filipa Varandas	02	CIRL	2:43.26	415	35.59	1:17.39	2:06.31	2:43.26
12. Beatriz Elisabete Pereira	97	CDCP	2:44.09	409	33.77	1:13.24	2:05.12	2:44.09

Absolutos

1. Catarina Martins Mestre	00	CNLX	2:23.86	607	30.60	1:06.05	1:49.55	2:23.86
2. Filipa Serrano Rodrigues	01	SLB	2:29.19	544	33.03	1:09.91	1:54.78	2:29.19
3. Margarida Messias Ribeiro	98	GESL	2:30.03	535	33.14	1:12.57	1:55.43	2:30.03
4. Rebeca Neves Antunes	06	CNCVG	2:33.10	504	33.22	1:14.17	1:58.30	2:33.10
5. Ana Raquel Ferreira	98	CNLX	2:33.13	503	33.67	1:11.18	1:58.10	2:33.13
6. Ana Rita Matos	02	CFB	2:33.22	503	32.92	1:12.02	1:57.14	2:33.22
7. Tatiana Alexandre Cardoso	01	CNA	2:33.47	500	33.42	1:12.21	1:56.94	2:33.47
8. Rita Fernandes Leitao	96	CNLX	2:33.94	496	33.25	1:12.87	1:56.74	2:33.94
9. Joana Rocha Ferreira	05	SLB	2:35.38	482	33.85	1:14.40	1:59.15	2:35.38
10. Maria Correia Ricardo	05	CNS	2:35.99	476	33.50	1:13.88	1:58.47	2:35.99
11. Catarina Nunes Costa	04	GESL	2:36.12	475	33.78	1:15.52	2:00.16	2:36.12
12. Sofia Antunes Sebastiao	05	CNA	2:36.17	475	34.47	1:14.22	2:01.36	2:36.17
13. Maria Leonor Coelho	06	SLB	2:36.19	474	34.21	1:14.25	2:01.15	2:36.19
14. Tatiana Raquel Pombo	01	CDCP	2:36.94	468	32.17	1:13.29	2:00.87	2:36.94
15. Soraia Maria Salgado	05	AEFDTV	2:37.49	463	33.65	1:12.32	1:59.95	2:37.49
16. Maria Esteves Valente	06	SLB	2:38.46	454	34.40	1:15.57	2:02.76	2:38.46
17. Matilde Nunes Lopes	06	SLB	2:40.05	441	35.26	1:16.05	2:02.76	2:40.05
18. Catarina Trigo Ferreira	02	CNLX	2:41.82	427	36.26	1:17.73	2:05.75	2:41.82
19. Barbara Cunha Ventura	05	SLB	2:41.91	426	36.30	1:15.06	2:04.42	2:41.91
20. Iolanda Sofia Clérigo	02	PDEM	2:42.32	423	34.21	1:15.60	2:02.56	2:42.32
21. Madalena Correa Sa	06	GESL	2:42.57	421	34.86	1:16.31	2:03.69	2:42.57
22. Luana Cardoso Magalhaes	06	AHBE	2:43.05	417	35.85	1:15.95	2:04.89	2:43.05
23. Beatriz Portugal Costa	06	SLB	2:43.15	416	35.69	1:19.04	2:06.25	2:43.15
24. Joana Filipa Varandas	02	CIRL	2:43.26	415	35.59	1:17.39	2:06.31	2:43.26
25. Mafalda Santos Costa	05	ADRCIMM	2:43.38	414	36.54	1:18.81	2:07.49	2:43.38
26. Beatriz Elisabete Pereira	97	CDCP	2:44.09	409	33.77	1:13.24	2:05.12	2:44.09
27. Sara Nunes Conceicao	05	SFUAP	2:44.16	409	35.93	1:17.84	2:07.97	2:44.16
28. Caetana Neves Carneiro	03	CNLX	2:44.74	404	34.55	1:17.27	2:06.49	2:44.74
29. Ema Faria Matta	06	CNCVG	2:46.15	394	37.69	1:21.56	2:09.71	2:46.15
30. Leonor Santos Duro	06	CNS	2:46.20	394	35.55	1:18.50	2:08.99	2:46.20
31. Catarina Gomes Costa	06	EULX	2:46.31	393	34.25	1:16.55	2:08.51	2:46.31
32. Rafaela Diogo Martins	05	CNS	2:46.41	392	35.09	1:17.51	2:07.79	2:46.41
33. Leonor Roque Mendes	06	ADRCIMM	2:46.78	390	35.71	1:18.46	2:08.98	2:46.78
34. Francisca Otavo Tribuna	05	SLB	2:46.84	389	36.16	1:18.10	2:09.75	2:46.84

Prova 3, Femin., 200m Estilos, Absolutos

Lugar	Nome do Nadador	Ano	Clube	Tempo Final	Pts	50m	100m	150m	200m
35.	Ines Gaspar Silva	06	GESL	2:46.92	389	38.50	1:20.57	2:09.67	2:46.92
36.	Marta Silva Santos	06	CNS	2:47.65	384	37.69	1:20.87	2:11.02	2:47.65
37.	Mariana Ramos Zacarias	06	CNS	2:47.76	383	37.18	1:21.98	2:09.85	2:47.76
38.	Maria Carolina Vargas	05	SLB	2:47.95	381	39.80	1:23.92	2:09.28	2:47.95
39.	Raquel Raposo Lopes	04	CDCP	2:48.07	381	39.86	1:19.53	2:11.27	2:48.07
40.	Madalena Fragoso Guterres	06	SLB	2:48.81	376	36.75	1:20.03	2:10.64	2:48.81
41.	Maria Sousa Caxaria	05	CNMJ	2:48.89	375	37.79	1:21.27	2:09.44	2:48.89
	Ines Machado Marques	06	CNCVG	2:48.89	375	37.31	1:19.81	2:10.61	2:48.89
43.	Mariana Fragoso Guterres	04	SLB	2:49.18	373	35.60	1:19.13	2:10.48	2:49.18
44.	Matilde Aparicio Pereira	06	CNA	2:51.14	361	37.62	1:24.73	2:12.38	2:51.14
45.	Matilde Pereira Carrao	03	CIRL	2:51.85	356	35.30	1:20.17	2:13.35	2:51.85
46.	Erica Candeias Mendes	06	CNA	2:53.30	347	37.48	1:21.79	2:13.72	2:53.30
47.	Mariana Maiato Paulino	05	CNCVG	2:54.07	343	38.47	1:21.36	2:15.98	2:54.07
48.	Carolina Anjos Frischknecht	04	CNS	2:56.47	329	38.66	1:24.39	2:17.18	2:56.47
49.	Sofia Medeiros Pereira	06	CNMJ	2:58.42	318	40.54	1:23.73	2:16.18	2:58.42
50.	Rita Borges Silva	06	CNA	2:58.45	318	40.78	1:26.83	2:21.55	2:58.45
51.	Clara Sofia Herminio	06	CDCP	2:58.55	317	39.01	1:24.97	2:20.79	2:58.55
52.	Luana Santos Freitas	04	CNA	3:00.91	305	39.70	1:26.83	2:17.68	3:00.91
53.	Eva Kurnosa	06	CPCD	3:00.94	305	39.11	1:24.11	2:19.48	3:00.94
54.	Patricia Sofia Coelho	06	GESL	3:06.84	277	40.57	1:28.76	2:22.59	3:06.84
55.	Matilde Aleixo Duarte	05	CNS	3:08.90	268	43.42	1:32.36	2:26.91	3:08.90
56.	Margarida Mendes Bras	04	CNMJ	3:09.18	267	42.38	1:27.98	2:26.85	3:09.18
57.	Leonor Oliveira Caratao	05	ADST	3:11.48	257	42.94	1:30.17	2:27.63	3:11.48
58.	Inês Azinheira Serra	05	PDEM	3:13.02	251	42.14	1:30.31	2:28.06	3:13.02
DSQ	Margarida Carvalho Barao	04	CNCVG						
	<i>E-B50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de bruços (SW 7.6)</i>								
DNS	Leonor Viola Marques	06	CNCVG						
DNS	Carmo Dias Vieira	05	EULX						