

**Prova 5**  
**01.11.2019 - 11:04**
**Femin., 100m Costas**
**Absolutos**  
**Lista inscritos**

Rec Regional Sen	1:01.01	Rita Barros Frischknecht	POR	Felgueiras	2018
Rec Regional Jun 2	59.61	Rafaela Gomes Azevedo	POR	Alges	2019
Rec Regional Jun 1	1:01.55	Inês Camacho Fernandes	POR	Porto	2012
Rec Regional Juv A	1:01.43	Inês Camacho Fernandes	POR	Mealhada	2011
Rec Regional Juv B	1:02.96	Ines Camacho Fernandes	POR	Alapraia	2011
Rec Regional Absoluto	59.61	Rafaela Gomes Azevedo	POR	Alges	2019
Rec Nacional Sen	1:00.64	Ana Sofia Leite	POR	Porto	2015
Rec Nacional Jun 2	59.61	Rafaela Gomes Azevedo	POR	Alges	2019
Rec Nacional Jun 1	1:01.55	Ines Camacho Fernandes	POR	Porto	2012
Rec Nacional Juv A	1:01.43	Ines Camacho Fernandes	POR	Mealhada	2011
Rec Nacional Juv B	1:02.96	Ines Camacho Fernandes	POR	Alapraia	2011
Rec Nacional Absoluto	59.61	Rafaela Gomes Azevedo	POR	Alges	2019

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis B</b>									
1	Carolina Martins Camacho	06	Juv B	202646	SFUAP	1:13.19 S	08.03.2019	Setubal (POR)	1:13.19
2	Mariana Coelho Carvalho	06	Juv B	200172	CNS	1:13.78 S	24.02.2019	Loures (POR)	1:13.78
3	Ines Correia Teixeira	06	Juv B	133334	CNA	1:13.86 S	20.06.2019	Sto Ant. Cavaleiros (POR)	1:13.86
4	Madalena Correa Sa	06	Juv B	201548	GESL	1:14.91 S	08.03.2019	Setubal (POR)	1:14.91
5	Ines Gaspar Silva	06	Juv B	204152	GESL	1:16.46 S	29.03.2019	Pinhal Novo (POR)	1:16.46
6	Marina Alexandra Oliveira	06	Juv B	200174	CNS	1:16.79 S	29.03.2019	Pinhal Novo (POR)	1:16.79
7	Leonor Santos Duro	06	Juv B	202520	CNS	1:17.40 S	08.03.2019	Setubal (POR)	1:17.40
8	Beatriz Portugal Costa	06	Juv B	133278	SLB	1:17.44 S	24.02.2019	Loures (POR)	1:17.44
9	Maria Pinto Monteiro	06	Juv B	201397	SFUAP	1:19.23 L	11.05.2019	Vila Franca de Xira (POR)	1:17.64
10	Rita Martins Lopes	06	Juv B	203919	AHBE	1:17.79 S	29.03.2019	Pinhal Novo (POR)	1:17.79
11	Marta Silva Santos	06	Juv B	200182	CNS	1:17.89 S	19.01.2019	Alapraia (POR)	1:17.89
12	Margarida Barbara Marques	06	Juv B	200396	SAD	1:18.18 S	20.06.2019	Sto Ant. Cavaleiros (POR)	1:18.18
13	Beatriz Mocego Niza	06	Juv B	148435	CNA	1:19.29 S	14.04.2019	Coruche (POR)	1:19.29
14	Eva Kurnosa	06	Juv B	204628	CPCD	1:19.81 S	08.03.2019	Setubal (POR)	1:19.81
15	Catarina Coutinho Lima	06	Juv B	132460	SLB	1:20.83 S	08.03.2019	Setubal (POR)	1:20.83
16	Sofia Medeiros Pereira	06	Juv B	207512	CNMJ	1:24.20 L	06.07.2019	Setubal (POR)	1:22.51
17	Mariana Ramos Zacarias	06	Juv B	200183	CNS	1:22.60 S	19.01.2019	Alapraia (POR)	1:22.60
18	Mafalda Mourao Lopes	06	Juv B	202221	ADST	1:23.23 S	27.01.2019	Vila Franca de Xira (POR)	1:23.23
19	Joana Rita Semedo	06	Juv B	200728	ADST	1:25.99 L	11.05.2019	Vila Franca de Xira (POR)	1:24.27
20	Clara Sofia Herminio	06	Juv B	202218	CDCP	1:24.34 S	08.03.2019	Setubal (POR)	1:24.34
21	Leonor Roque Mendes	06	Juv B	203844	ADRCIMM	1:24.42 S	19.01.2019	Alapraia (POR)	1:24.42
22	Sara Lagorsse Caldas	06	Juv B	153255	FS	1:25.35 S	19.01.2019	Alapraia (POR)	1:25.35
23	Andria Bekauri	06	Juv B	200142	COL	1:27.72 S	24.02.2019	Loures (POR)	1:27.72
24	Iris Castro Campos	06	Juv B	205634	CNA	1:28.85 S	19.01.2019	Alapraia (POR)	1:28.85
25	Patricia Sofia Coelho	06	Juv B	201546	GESL	1:33.16 S	19.01.2019	Alapraia (POR)	1:33.16
26	Carina Tymosh	06	Juv B	206434	DRCN	1:35.49 L	07.07.2019	Setubal (POR)	1:33.58
27	Matilde Marins Pereira	06	Juv B	203573	CPCD	1:38.91 S	12.01.2019	Campo Maior (POR)	1:38.91
28	Beatriz Castro Teixeira	06	Juv B	260584770	CPCD	1:40.00			1:40.00
29	Madalena Graca Dias	06	Juv B	30578247	CNLX	1:40.00			1:40.00
DNS	Leonor Viola Marques	06	Juv B	202339	CNCVG	1:18.55 L	11.05.2019	Vila Franca de Xira (POR)	1:16.97

**Juvenis A**

1	Soraia Maria Salgado	05	Juv A	132513	AEFDTV	1:07.49 S	14.12.2018	Tomar (POR)	1:07.49
2	Mafalda Santos Costa	05	Juv A	132453	ADRCIMM	1:13.88 L	09.02.2019	Lisboa (POR)	1:12.40
3	Rafaela Diogo Martins	05	Juv A	132214	CNS	1:12.78 S	20.06.2019	Sto Ant. Cavaleiros (POR)	1:12.78
4	Barbara Cunha Ventura	05	Juv A	132458	SLB	1:12.97 S	14.07.2019	Alges (POR)	1:12.97
5	Francisca Otavo Tribuna	05	Juv A	132463	SLB	1:14.60 S	20.06.2019	Sto Ant. Cavaleiros (POR)	1:14.60
6	Ana Belo Braga	05	Juv A	132505	AONDA	1:15.55 S	14.12.2018	Tomar (POR)	1:15.55
7	Lara Moreira Lopo	05	Juv A	130424	EULX	1:17.16 L	04.08.2019	Funchal (POR)	1:15.61
8	Sara Nunes Conceicao	05	Juv A	201393	SFUAP	1:16.43 S	20.06.2019	Sto Ant. Cavaleiros (POR)	1:16.43
9	Mariana Maiato Paulino	05	Juv A	133001	CNCVG	1:17.75 S	18.05.2019	Alges (POR)	1:17.75
10	Beatriz Isabel Tavares	05	Juv A	2001481	CNS	1:18.50 S	14.04.2019	Coruche (POR)	1:18.50
11	Mariana Reis Ferreira	05	Juv A	200724	AONDA	1:18.68 S	24.11.2018	Alges (POR)	1:18.68
12	Carolina Alexandra Silva	05	Juv A	133296	DRCN	1:20.02 S	18.05.2019	Alges (POR)	1:20.02
13	Maria Sousa Caxaria	05	Juv A	148574	CNMJ	1:20.54 S	18.05.2019	Alges (POR)	1:20.54
14	Catarina Martins Ferreira	05	Juv A	132506	AONDA	1:20.90 S	14.07.2019	Alges (POR)	1:20.90
15	Inês Azinheira Serra	05	Juv A	153113	PDEM	1:26.23 S	14.04.2019	Coruche (POR)	1:26.23
16	Catarina Silva Tavares	05	Juv A	201696	DRCN	1:29.02 S	28.10.2018	Setubal (POR)	1:29.02
17	Maria Antonia Ferraz	05	Juv A	128378	AHBE	1:30.00			1:30.00
WDR	Luisa Morais Marques	05	Juv A	137863	AEFDTV	1:12.90 S	14.12.2018	Tomar (POR)	1:12.90

**Prova 5, Femin., 100m Costas**
**Juniores**

1	Ema Jeronimo Conceicao	03	Jun	129812	AEFDTV	1:07.89 S	24.11.2018	Alges (POR)	1:07.89
2	Susana Chanoca Narciso	04	Jun	129388	CDCP	1:07.92 S	14.12.2018	Tomar (POR)	1:07.92
3	Ana Margarida Soares	03	Jun	129488	CNS	1:10.08 S	14.04.2019	Coruche (POR)	1:10.08
4	Maria Ines Ribeiro	03	Jun	127252	CFB	1:10.66 S	14.07.2019	Alges (POR)	1:10.66
5	Vera Figueiredo Narra	04	Jun	131121	CNA	1:12.38 S	18.05.2019	Alges (POR)	1:12.38
6	Beatriz Quintao Amantes	03	Jun	132798	SFUAP	1:13.10 S	28.10.2018	Setubal (POR)	1:13.10
7	Marta Sousa Caxaria	03	Jun	130756	CNMJ	1:13.56 S	12.01.2019	Torres Novas (POR)	1:13.56
8	Maria Freire Alves	04	Jun	132522	AHBE	1:13.87 S	14.07.2019	Alges (POR)	1:13.87
9	Maria Martins Camacho	04	Jun	130618	SFUAP	1:13.88 S	14.12.2018	Tomar (POR)	1:13.88
10	Raquel Raposo Lopes	04	Jun	153469	CDCP	1:14.80 S	12.01.2019	Torres Novas (POR)	1:14.80
11	Diana Valadas Horta	04	Jun	201782	SFUAP	1:17.16 L	17.03.2019	Vila Franca de Xira (POR)	1:15.61
12	Catarina Ines Correia	03	Jun	129491	CNS	1:16.56 S	14.04.2019	Coruche (POR)	1:16.56
13	Mariana Fragoso Guterres	04	Jun	200475	SLB	1:18.94 S	18.05.2019	Alges (POR)	1:18.94
14	Leonor Ramos Zacarias	03	Jun	127070	CNS	1:19.76 S	20.06.2019	Sto Ant. Cavaleiros (POR)	1:19.76
15	Joana Miguel Sousa	04	Jun	130442	AHBE	1:20.57 S	29.06.2019	Alges (POR)	1:20.57
16	Margarida Mendes Bras	04	Jun	131030	CNMJ	1:22.33 S	04.05.2019	Estremoz (POR)	1:22.33
17	Alisa Bekauri	04	Jun	128989	COL	1:23.00			1:23.00
18	Mariana Conceição Duarte	03	Jun	129507	FS	1:23.00			1:23.00
19	Francisca Razina Oliveira	03	Jun	130620	SFUAP	1:23.00			1:23.00

**Seniores**

1	Catarina Martins Mestre	00	Sen	120724	CNLX	1:02.68 S	23.12.2018	Felgueiras (POR)	1:02.68
2	Beatriz Elisabete Pereira	97	Sen	132344	CDCP	1:05.27 S	08.12.2018	S Antonio dos Cavaleiros (POR)	1:05.27
3	Ana Raquel Ferreira	98	Sen	102755	CNLX	1:06.42 S	23.12.2018	Felgueiras (POR)	1:06.42
4	Luisa Maria Machado	01	Sen	121850	SFUAP	1:06.62 S	14.07.2019	Alges (POR)	1:06.62
5	Maria Mousinho Esteves	02	Sen	131944	CIRL	1:07.18 S	08.12.2018	S Antonio dos Cavaleiros (POR)	1:07.18
6	Filipa Serrano Rodrigues	01	Sen	112310	SLB	1:07.89 S	24.11.2018	Alges (POR)	1:07.89
7	Bruna Martins Riesenberger	97	Sen	105541	CIRL	1:07.97 S	14.07.2019	Alges (POR)	1:07.97
8	Maria Ornelas Armas	98	Sen	106961	EULX	1:08.32 S	14.04.2019	Coruche (POR)	1:08.32
9	Ines Figueira Santos	00	Sen	111277	SFUAP	1:09.71 S	14.07.2019	Alges (POR)	1:09.71
10	Carolina Saraiva Pires	96	Sen	100272	CIRL	1:09.96 S	14.04.2019	Coruche (POR)	1:09.96
11	Constanca Dias Baptista	01	Sen	126394	CFB	1:13.09 L	13.04.2019	Oeiras (POR)	1:11.62
12	Soraia Guerra Rolim	95	Sen	121321	CIRL	1:11.81 S	21.12.2018	Felgueiras (POR)	1:11.81
13	Ana Fernandes Costa	00	Sen	121407	CNMJ	1:12.27 S	28.10.2018	Setubal (POR)	1:12.27
14	Mariana Van Ossenbruggen	98	Sen	105545	CIRL	1:13.42 S	14.04.2019	Coruche (POR)	1:13.42
15	Sofia Oliveira Silva	99	Sen	121399	CNS	1:17.35 S	03.02.2019	Montemor-o-Novo (POR)	1:17.35
16	Mariana Antunes Silva	02	Sen	137865	AEFDTV	1:17.80 S	20.06.2019	Sto Ant. Cavaleiros (POR)	1:17.80
17	Catarina Trigo Ferreira	02	Sen	124523	CNLX	1:21.21 L	17.03.2019	Vila Franca de Xira (POR)	1:19.58