

Progressão de Atletas (Detalhes)

Todas as provas

Prova	Jornada	Lugar	Tempo total	Pts	Tp inscr.	Data inscr.	%	RP
Assoc Desp Rec Cult Colegio Int Monte Maior								38
Afonso Esteves Tome, 14.11.2003								3
100m Livres	Final	5.	58.19	460	58.41		101%	
100m Livres	Elimin	7.	58.41	455	57.83	19.05.2019	98%	
100m Mariposa	Final	8.	1:04.93	406	1:06.07		104%	
100m Mariposa	Elimin	8.	1:06.07	385	1:06.72	10.02.2019	102%	
Afonso Silva Carvalho, 01.01.2006								1
100m Bruços	Elimin	17.	1:37.20	187	1:55.14	18.11.2018	140%	
Andreia Wongsangnoi Alves, 25.01.2003								2
100m Costas	Final	8.	1:13.51	419	1:12.41		97%	
100m Costas	Elimin	8.	1:12.41	438	1:08.06	23.12.2018	88%	
100m Bruços	Final	1.	1:17.96	511	1:18.84		102%	
100m Bruços	Elimin	3.	1:18.84	494	1:19.80	15.03.2019	102%	
Carla Sofia Sequeira, 09.02.1975								1
100m Livres	Tempo Final	5.	1:34.90	148	1:39.13	23.03.2019	109%	
Carolina Fale Costa, 18.07.2004								3
100m Costas	Final	3.	1:08.66	514	1:09.21		102%	
100m Costas	Elimin	1.	1:09.21	502	1:10.59	05.04.2019	104%	
100m Mariposa	Final	5.	1:08.43	508	1:10.16		105%	
100m Mariposa	Elimin	5.	1:10.16	471	1:06.87	19.05.2019	91%	
David Alexandre Rodrigues, 26.06.1982								1
100m Livres	Tempo Final	2.	1:06.24	312	1:06.83	19.01.2019	102%	
Dinis Oliveira Clemente, 07.06.2006								1
100m Livres	Elimin	18.	1:10.27	261	1:11.94	11.05.2019	105%	
Diogo Santos Cardoso, 07.04.2001								1
400m Livres	Final	1.	4:08.48	623	4:12.44		103%	
400m Livres	Elimin	1.	4:12.44	594	4:08.32	07.04.2019	97%	
200m Estilos	Elimin	10.	2:19.18	488	2:14.35	06.04.2019	93%	
Diogo Santos Costa, 29.09.2002								3
100m Bruços	Elimin	13.	1:11.59	468	1:19.00		122%	
200m Estilos	Final	2.	2:09.22	610	2:10.70		102%	
200m Estilos	Elimin	1.	2:10.70	590	2:19.11	17.03.2019	113%	
Duarte Brito Justino, 05.03.2004								-
100m Livres	Elimin	18.	1:03.27	358	1:01.63	19.05.2019	95%	
100m Costas	Elimin	12.	1:08.21	368	1:07.22	18.05.2019	97%	
Eurico Manuel Santos, 15.10.1970								1
100m Livres	Tempo Final	1.	1:06.76	305	1:10.00		110%	
100m Estilos	Tempo Final	3.	1:21.00	239	1:17.00		90%	
Fernando Manuel Santana, 14.07.1968								2
100m Livres	Tempo Final	7.	1:24.21	151	1:26.00		104%	
100m Estilos	Tempo Final	7.	1:41.09	123	1:42.00		102%	
Francisca Salvador Mesquita, 26.01.2002								2
400m Livres	Final	2.	4:26.74	679	4:28.18		101%	
400m Livres	Elimin	1.	4:28.18	668	4:26.63	24.11.2018	99%	
100m Costas	Final	2.	1:06.09	577	1:05.66		99%	
100m Costas	Elimin	1.	1:05.66	588	1:10.51	02.06.2019	115%	
Goncalo Morais Gordo, 20.02.2002								2
100m Bruços	Elimin	12.	1:11.26	475	1:11.27	13.04.2019	100%	
100m Mariposa	Final	4.	59.90	517	1:00.01		100%	
100m Mariposa	Elimin	4.	1:00.01	514	59.18	14.04.2019	97%	
Henrique Caetano Grilo, 18.02.2005								1
100m Mariposa	Elimin	11.	1:15.73	255	1:16.93	18.11.2018	103%	
Henrique Rodrigues Cruz, 13.02.2002								-
100m Livres	Elimin	14.	58.01	464	57.78	14.04.2019	99%	
100m Mariposa	Elimin	14.	1:03.60	432	1:02.22	14.04.2019	96%	
Ines Santos Silva, 16.03.2007								-
400m Livres	Elimin	4.	5:38.56	332	5:35.09	10.03.2019	98%	
Laura Maria Cruz, 30.07.2007								2
100m Costas	Elimin	19.	1:29.46	232	1:32.21	19.01.2019	106%	
200m Estilos	Elimin	18.	3:07.65	273	3:10.70	09.03.2019	103%	
Leonor Roque Mendes, 27.10.2006								1
100m Mariposa	Elimin	4.	1:18.57	335	1:23.33	18.05.2019	112%	
Madalena Viegas Carvalho, 01.10.1992								1
100m Livres	Tempo Final	2.	1:15.19	298	1:18.00		108%	
100m Estilos	Tempo Final	2.	1:26.38	279	1:25.00		97%	

Margarida Pires Oliveira, 03.11.2006										
100m Costas	Elimin	21.	1:35.07	193	1:36.01	11.05.2019	102%			1
Mariana Amaral Mendes, 28.02.2002										3
100m Mariposa	Final	4.	1:06.57	552	1:07.48		103%			
100m Mariposa	Elimin	4.	1:07.48	530	1:08.84	06.04.2019	104%			
200m Estilos	Final	3.	2:25.58	586	2:26.58		101%			
200m Estilos	Elimin	1.	2:26.58	574	2:24.88	22.12.2018	98%			
Marta Garanhoto Bruno, 07.04.1993										1
100m Estilos	Tempo Final	3.	1:29.30	253	1:30.00		102%			
Rita Sofia Melo, 26.09.1981										1
100m Livres	Tempo Final	3.	1:23.34	219	1:27.00		109%			
100m Estilos	Tempo Final	2.	1:32.63	227	1:31.00		97%			
Sergio Antonio Duarte, 04.10.1959										1
100m Livres	Tempo Final	2.	1:23.08	158	1:21.45		96%			
100m Estilos	Tempo Final	3.	1:38.62	132	1:46.00		116%			
Tiago Miguel Trombinhas, 13.05.2004										1
400m Livres	Final	5.	4:31.79	476	4:28.34		97%			
400m Livres	Elimin	2.	4:28.34	494	4:30.94	13.04.2019	102%			
100m Braços	Elimin	9.	1:17.61	367	1:17.47	11.05.2019	100%			
Tiago Morgado Nogueira, 05.10.2004										2
100m Costas	Final	7.	1:05.53	415	1:05.35		99%			
100m Costas	Elimin	7.	1:05.35	418	1:06.63	13.04.2019	104%			
100m Mariposa	Elimin	12.	1:08.16	350	1:08.45	12.05.2019	101%			
Tomas Ferreira Duro, 07.02.2005										-
200m Estilos	Elimin	8.	2:38.59	330	2:27.34	31.03.2019	86%			

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Ana Barbara Alves, 24.08.2001								-
100m Livres	Elimin	17.	1:11.10	353	1:08.63	01.07.2018	93%	
100m Mariposa	Elimin	14.	1:19.35	325	1:17.07	12.01.2019	94%	
Ema Jeronimo Conceicao, 17.09.2003								3
100m Livres	Final	1.	58.19	643	58.59		101%	
100m Livres	Elimin	1.	58.59	630	59.55	04.04.2019	103%	
400m Livres	Final	3.	4:26.78	679	4:31.01		103%	
400m Livres	Elimin	2.	4:31.01	648	4:28.28	24.11.2018	98%	
Francisco Ribeiro Vieira, 06.04.2004								1
100m Livres	Elimin	9.	58.63	450	57.98	19.05.2019	98%	
100m Mariposa	Final	6.	1:03.75	428	1:05.08		104%	
100m Mariposa	Elimin	6.	1:05.08	403	1:04.78	12.05.2019	99%	
Leonor Machado Severeino, 20.09.2007								1
100m Livres	Elimin	19.	1:21.41	235	1:31.72	16.12.2018	127%	
Leonor Sequeira Barardo, 18.06.2003								-
100m Costas	Elimin	12.	1:15.88	381	1:15.76	01.07.2018	100%	
100m Mariposa	Elimin	15.	1:25.43	261	1:23.08	28.10.2018	95%	
Luisa Morais Marques, 03.10.2005								-
400m Livres	Elimin	2.	5:09.98	433	5:07.98	01.07.2018	99%	
Madalena Lopes Marcelino, 11.05.2007								1
100m Costas	Elimin	15.	1:27.15	251	1:34.75	19.01.2019	118%	
Mafalda Sa Bandeira, 17.12.2007								2
100m Bruços	Elimin	16.	1:47.03	197	1:48.74	20.01.2019	103%	
100m Mariposa	Elimin	15.	1:37.21	177	1:41.17	20.10.2018	108%	
Margarida Valente Silva, 09.02.2007								2
100m Mariposa	Elimin	13.	1:28.65	233	1:35.51	20.01.2019	116%	
200m Estilos	Elimin	17.	3:06.53	278	3:09.59	09.03.2019	103%	
Maria Teresa Garcell, 23.05.2007								1
400m Livres	Final	8.	5:16.00	408	5:14.92		99%	
400m Livres	Elimin	1.	5:14.92	412	5:13.80	10.03.2019	99%	
200m Estilos	Final	3.	2:46.58	391	2:46.37		100%	
200m Estilos	Elimin	3.	2:46.37	392	2:49.99	12.05.2019	104%	
Mariana Antunes Silva, 28.01.2002								-
100m Costas	Elimin	13.	1:17.80	353	1:16.31	01.07.2018	96%	
100m Bruços	Elimin	WDR		-	1:28.00		-	
200m Estilos	Elimin	10.	2:53.54	346	NT		-	
Nuno Miguel Silva, 28.01.2002								2
100m Livres	Elimin	17.	1:01.85	383	1:03.01	28.10.2018	104%	
100m Costas	Elimin	13.	1:12.13	311	1:12.16	01.07.2018	100%	
Rita Costa Goncalves, 06.12.2007								1
100m Livres	Elimin	17.	1:19.50	252	1:23.39	02.06.2018	110%	
Soraia Maria Salgado, 23.05.2005								3
100m Costas	Final	2.	1:08.43	520	1:09.78		104%	
100m Costas	Elimin	4.	1:09.78	490	1:07.49	14.12.2018	94%	
200m Estilos	Final	7.	2:35.89	477	2:37.65		102%	
200m Estilos	Elimin	8.	2:37.65	461	2:37.96	12.05.2019	100%	
Tatiana Valentim Oliveira, 19.11.2003								3
100m Bruços	Final	4.	1:21.84	442	1:22.65		102%	
100m Bruços	Elimin	9.	1:22.65	429	1:20.28	01.07.2018	94%	
200m Estilos	Final	8.	2:41.63	428	2:41.91		100%	
200m Estilos	Elimin	8.	2:41.91	426	2:50.90	08.07.2018	111%	
Tomas Patricio Martins, 24.04.2002								-
100m Bruços	Elimin	14.	1:18.66	353	1:17.44	12.01.2019	97%	
100m Mariposa	Elimin	16.	1:10.44	318	1:08.59	12.01.2019	95%	

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Antonio Maria Monteiro, 04.07.2006								-
100m Costas	Elimin	11.	1:19.34	234	1:17.82	24.02.2019	96%	
Antonio Santos Pereira, 23.12.2003								3
100m Livres	Elimin	2.	55.90	519	55.93	04.04.2019	100%	
400m Livres	Final	3.	4:15.57	572	4:17.17		101%	
400m Livres	Elimin	1.	4:17.17	562	4:25.82	19.01.2019	107%	
Catarina Danae Duarte, 02.06.2006								-
400m Livres	Elimin	7.	5:35.37	341	5:24.19	16.12.2018	93%	
100m Bruços	Elimin	9.	1:29.73	335	1:20.85	25.04.2019	81%	
Daniel Rochinha Pedro, 02.12.1998								3
100m Livres	Final	1.	51.42	667	52.33		104%	
100m Livres	Elimin	1.	52.33	633	NT		-	
400m Livres	Elimin	WDR		-	4:02.05	25.04.2019	-	
100m Mariposa	Final	3.	56.94	602	57.49		102%	
100m Mariposa	Elimin	1.	57.49	584	59.62	17.03.2019	108%	
Goncalo Miguel Rodrigues, 11.04.2003								-
100m Bruços	Elimin	11.	1:19.73	339	1:19.50	02.02.2019	99%	
Guilherme Lousada Carneiro, 02.09.2004								-
100m Livres	Elimin	19.	1:04.51	338	1:03.67	01.07.2018	97%	
100m Mariposa	Elimin	14.	1:09.58	329	1:09.48	17.03.2019	100%	
Ines Freire Alves, 02.08.2007								-
100m Bruços	Elimin	15.	1:46.92	198	1:45.46	09.03.2019	97%	
100m Mariposa	Elimin	16.	1:45.43	138	1:42.00		94%	
Joao Pedro Pereira, 02.08.2006								-
100m Bruços	Elimin	WDR		-	2:02.88	03.06.2018	-	
Joel Michael Fribergh, 10.05.2005								3
100m Livres	Final	1.	1:00.01	419	1:01.15		104%	
100m Livres	Elimin	1.	1:01.15	396	NT		-	
100m Costas	Final	1.	1:06.06	405	1:07.16		103%	
100m Costas	Elimin	1.	1:07.16	386	1:08.08	29.03.2019	103%	
100m Mariposa	Elimin	WDR		-	1:11.43	02.02.2019	-	
Leonardo Pedro Rochinha, 02.12.1998								2
100m Livres	Final	7.	54.53	559	55.30		103%	
100m Livres	Elimin	7.	55.30	536	52.36	01.07.2018	90%	
100m Mariposa	Elimin	12.	1:03.01	444	1:14.00		138%	
Luana Cardoso Magalhaes, 09.08.2006								2
100m Costas	Final	1.	1:11.57	454	1:13.77		106%	
100m Costas	Elimin	1.	1:13.77	415	1:10.94	29.03.2019	92%	
200m Estilos	Final	4.	2:47.25	386	2:49.46		103%	
200m Estilos	Elimin	8.	2:49.46	371	2:45.06	17.11.2018	95%	
Madalena Rodrigues Tome, 28.10.2003								2
100m Livres	Elimin	11.	1:04.12	481	1:05.28	02.02.2019	104%	
100m Mariposa	Final	3.	1:06.23	560	1:06.04		99%	
100m Mariposa	Elimin	3.	1:06.04	565	1:08.72	02.02.2019	108%	
Madalena Sampaio Torgal, 16.05.2005								1
100m Mariposa	Final	7.	1:12.04	435	1:10.54		96%	
100m Mariposa	Elimin	6.	1:10.54	463	1:17.05	06.07.2018	119%	
Maria Antonia Ferraz, 16.02.2005								-
100m Livres	Elimin	9.	1:06.83	425	1:06.75	02.02.2019	100%	
Maria Coronel Andre, 12.05.2006								2
100m Livres	Final	8.	1:10.87	356	1:10.06		98%	
100m Livres	Elimin	5.	1:10.06	368	1:11.45	10.03.2019	104%	
100m Mariposa	Elimin	10.	1:23.71	277	1:42.00		148%	
Maria Freire Alves, 10.06.2004								1
100m Costas	Elimin	13.	1:15.96	380	NT		-	
200m Estilos	Elimin	9.	2:41.75	427	2:42.93	17.03.2019	101%	
Maria Jacob Marta, 19.09.2005								1
100m Livres	Elimin	12.	1:09.66	375	1:09.89	17.03.2019	101%	
Maria Leonor Rodrigues, 08.11.2007								1
100m Costas	Elimin	9.	1:20.65	317	1:21.14	17.02.2019	101%	
200m Estilos	Elimin	16.	3:03.88	291	3:01.40	09.03.2019	97%	
Mateus Correa Walker, 26.02.2005								-
400m Livres	Elimin	7.	5:27.40	272	5:11.54	24.02.2019	91%	
200m Estilos	Elimin	15.	2:55.81	242	2:49.56	10.03.2019	93%	
Miguel Jose Oliveira, 08.12.2005								1
100m Livres	Elimin	17.	1:08.61	281	1:26.00		157%	
200m Estilos	Elimin	13.	2:51.12	262	2:49.74	10.03.2019	98%	
Pedro Miranda Martins, 22.09.2006								-
100m Mariposa	Elimin	19.	1:48.78	86	NT		-	

Rita Martins Lopes, 12.01.2006									1
100m Livres	Final	2.	1:07.56	411	1:08.28			102%	
100m Livres	Elimin	2.	1:08.28	398	1:07.23	09.03.2019		97%	
Timothy Michael Fribergh, 26.10.2006									1
100m Bruços	Elimin	16.	1:35.36	198	1:39.96	24.02.2019		110%	
Vicente Correa Walker, 09.12.2006									1
100m Mariposa	Elimin	15.	1:28.80	158	1:31.35	24.02.2019		106%	

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Bruna Martins Riesenberger, 06.06.1997								17
400m Livres	Final	6.	4:36.97	607	4:37.55		100%	1
400m Livres	Elimin	3.	4:37.55	603	4:30.72	01.07.2018	95%	
200m Estilos	Final	4.	2:29.50	541	2:29.22		100%	
200m Estilos	Elimin	3.	2:29.22	544	2:23.52	01.07.2018	93%	
Cristiana Silva Ulpiano, 11.12.1995								-
100m Bruços	Elimin	7.	1:20.78	460	1:19.93	14.04.2019	98%	
Diana Valadas Horta, 07.11.2004								2
400m Livres	Final	4.	4:53.86	508	4:55.39		101%	
400m Livres	Elimin	3.	4:55.39	500	5:13.28	20.01.2019	112%	
100m Bruços	Final	7.	1:29.27	340	1:27.57		96%	
100m Bruços	Elimin	7.	1:27.57	361	1:22.11	25.04.2019	88%	
Diogo Valadas Horta, 29.08.2006								2
100m Bruços	Elimin	18.	1:39.96	172	1:44.07	25.04.2019	108%	
100m Mariposa	Elimin	17.	1:31.28	146	1:32.08	14.04.2019	102%	
Iris Pereira Carrao, 15.07.2005								1
100m Livres	Elimin	5.	1:04.39	475	1:03.42	12.05.2019	97%	
100m Mariposa	Final	6.	1:11.24	450	1:12.20		103%	
100m Mariposa	Elimin	7.	1:12.20	432	1:12.12	19.05.2019	100%	
Joao Nogueira Mendes, 06.05.2002								1
400m Livres	Final	4.	4:19.16	549	4:22.87		103%	
400m Livres	Elimin	4.	4:22.87	526	4:20.28	08.12.2018	98%	
100m Mariposa	Elimin	13.	1:03.10	442	1:01.08	14.04.2019	94%	
Madalena Melo Costa, 26.12.2007								-
100m Mariposa	Elimin	WDR		-	1:42.00		-	
Maria Mousinho Esteves, 09.03.2002								2
100m Costas	Final	3.	1:07.36	545	1:08.98		105%	
100m Costas	Elimin	4.	1:08.98	507	1:07.18	08.12.2018	95%	
200m Estilos	Final	6.	2:36.18	475	2:39.57		104%	
200m Estilos	Elimin	7.	2:39.57	445	2:38.82	25.04.2019	99%	
Marta Filipa Cruz, 10.04.2007								1
400m Livres	Elimin	5.	6:00.67	274	6:10.66	24.02.2019	106%	
Matilde Pereira Carrao, 13.09.2003								-
100m Livres	Elimin	13.	1:06.04	440	1:04.94	25.04.2019	97%	
Ricardo Saraiva Pires, 24.07.1998								2
100m Livres	Final	2.	52.94	611	54.35		105%	
100m Livres	Elimin	3.	54.35	565	53.12	14.04.2019	96%	
100m Costas	Final	1.	58.27	591	1:01.39		111%	
100m Costas	Elimin	2.	1:01.39	505	57.40	08.12.2018	87%	
Rodrigo Costa Teixeira, 01.08.1999								1
100m Livres	Elimin	11.	56.54	502	56.34	25.04.2019	99%	
100m Costas	Elimin	10.	1:04.68	432	1:06.05	01.07.2018	104%	
Rodrigo Rebelo Pereira, 08.01.2004								2
100m Livres	Elimin	20.	1:08.57	281	1:17.36	25.04.2019	127%	
100m Costas	Elimin	17.	1:17.67	249	1:23.57	25.04.2019	116%	
Sofia Alexandra Nunes, 27.04.2000								-
100m Mariposa	Final	7.	1:09.87	477	1:09.57		99%	
100m Mariposa	Elimin	7.	1:09.57	483	1:06.54	09.12.2018	91%	
Soraia Guerra Rolim, 03.10.1995								-
100m Livres	Elimin	10.	1:03.73	490	1:02.74	08.12.2018	97%	
Tiago Fernandes Loucao, 06.03.2006								2
100m Livres	Elimin	20.	1:11.62	247	1:16.39	25.04.2019	114%	
400m Livres	Elimin	4.	5:35.72	252	5:48.74	16.12.2018	108%	

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Afonso Costa Albuquerque, 14.04.2005								3
100m Bruços	Final	7.	1:22.68	304	1:23.38		102%	
100m Bruços	Elimin	6.	1:23.38	296	1:26.08	09.03.2019	107%	
100m Mariposa	Elimin	8.	1:15.13	262	1:18.03	18.05.2019	108%	
Afonso Mateus Ribeiro, 20.11.1995								4
400m Livres	Final	2.	4:13.28	588	4:20.85		106%	
400m Livres	Elimin	1.	4:20.85	538	4:24.96	07.07.2018	103%	
100m Bruços	Final	6.	1:08.12	544	1:09.77		105%	
100m Bruços	Elimin	8.	1:09.77	506	1:19.00		128%	
Alfredo Cabrita Soudo, 21.06.2005								3
100m Livres	Final	6.	1:02.38	373	1:02.84		101%	
100m Livres	Elimin	4.	1:02.84	365	1:03.98	12.05.2019	104%	
100m Costas	Elimin	9.	1:17.76	248	1:19.11	17.11.2018	104%	
Ana Rita Matos, 05.02.2002								3
100m Livres	Elimin	15.	1:06.73	427	1:09.00		107%	
100m Mariposa	Final	6.	1:08.70	502	1:09.37		102%	
100m Mariposa	Elimin	6.	1:09.37	487	1:10.50	14.04.2019	103%	
Catarina Lombardi Carvalho, 05.02.2006								-
100m Bruços	Elimin	WDR		-	1:36.44	06.07.2018	-	
Diogo Carrasco Correia, 05.01.1995								2
100m Costas	Final	5.	1:01.77	496	1:02.30		102%	
100m Costas	Elimin	6.	1:02.30	483	1:13.00		137%	
Goncalo Alves Costa, 11.03.2006								2
100m Costas	Elimin	13.	1:21.61	215	1:22.31	08.03.2019	102%	
100m Bruços	Elimin	12.	1:28.13	251	1:30.60	11.05.2019	106%	
Goncalo Henriques Wanzeller, 04.02.2003								2
100m Livres	Final	1.	54.87	549	54.71		99%	
100m Livres	Elimin	1.	54.71	554	1:18.00		203%	
200m Estilos	Final	2.	2:15.94	524	2:15.28		99%	
200m Estilos	Elimin	1.	2:15.28	532	2:21.84	29.07.2018	110%	
Ivo Pinto Duarte, 03.12.2005								1
200m Estilos	Elimin	16.	2:56.08	241	2:59.96	20.10.2018	104%	
Jaeden Michael Nunes, 16.08.2004								1
100m Bruços	Final	4.	1:13.15	439	1:14.79		105%	
100m Bruços	Elimin	4.	1:14.79	411	1:13.46	19.05.2019	96%	
200m Estilos	Elimin	11.	2:30.62	385	NT		-	
Joao Esteves Padrela, 12.07.1999								1
100m Livres	Final	3.	53.66	587	54.88		105%	
100m Livres	Elimin	6.	54.88	549	52.94	14.04.2019	93%	
Lidiana Correia Rodrigues, 29.11.2004								2
100m Livres	Final	6.	1:04.07	482	1:04.47		101%	
100m Livres	Elimin	6.	1:04.47	473	1:03.46	23.11.2018	97%	
100m Mariposa	Final	3.	1:08.22	512	1:09.90		105%	
100m Mariposa	Elimin	4.	1:09.90	476	1:09.16	17.03.2019	98%	
Luana Correia Rodrigues, 12.11.2001								2
100m Costas	Final	4.	1:07.79	534	1:08.18		101%	
100m Costas	Elimin	3.	1:08.18	525	1:07.82	13.04.2019	99%	
100m Bruços	Elimin	1.	1:15.96	553	1:16.74	13.04.2019	102%	
Luis Cabral Junior, 12.10.2003								2
100m Bruços	Final	2.	1:06.70	579	1:10.58		112%	
100m Bruços	Elimin	2.	1:10.58	489	1:07.34	05.04.2019	91%	
100m Mariposa	Final	2.	1:00.56	500	1:01.58		103%	
100m Mariposa	Elimin	2.	1:01.58	475	59.93	19.05.2019	95%	
Margarida Sobral Pimenta, 22.07.1999								1
400m Livres	Final	5.	4:34.07	626	4:37.66		103%	
400m Livres	Elimin	4.	4:37.66	602	4:34.13	24.11.2018	97%	
Nicolae Iachimovschi, 05.02.2003								1
100m Livres	Elimin	16.	1:00.14	417	NT		-	
100m Costas	Final	2.	1:02.10	488	1:03.89		106%	
100m Costas	Elimin	3.	1:03.89	448	1:01.82	16.12.2018	94%	
Pedro Mendes Ferreira, 19.12.2001								1
100m Mariposa	Elimin	9.	1:01.10	487	1:01.81	17.03.2019	102%	
Pedro Pires Gomes, 06.11.2003								1
100m Costas	Final	3.	1:02.63	475	1:02.53		100%	
100m Costas	Elimin	1.	1:02.53	478	1:04.08	18.05.2019	105%	
Rafael Rodrigues Jacinto, 22.02.2002								3
100m Livres	Final	5.	54.09	573	54.58		102%	
100m Livres	Elimin	5.	54.58	558	54.90	14.04.2019	101%	
100m Mariposa	Elimin	10.	1:01.58	475	1:01.62	10.02.2019	100%	

Ricardo Martins Bras, 27.06.2001								1
100m Costas	Final	7.	1:02.62	476	1:02.22		99%	
100m Costas	Elimin	4.	1:02.22	485	1:04.37	24.11.2018	107%	
200m Estilos	Elimin	11.	2:19.29	487	2:19.10	25.11.2018	100%	
Rodrigo Almeida Cabrito, 02.10.2001								1
100m Bruços	Final	2.	1:05.87	601	1:07.63		105%	
100m Bruços	Elimin	1.	1:07.63	555	1:04.46	21.12.2018	91%	
200m Estilos	Elimin	9.	2:15.32	531	2:13.71	25.11.2018	98%	
Rodrigo Martins Bras, 26.06.2005								1
400m Livres	Final	5.	4:51.45	386	4:58.88		105%	
400m Livres	Elimin	4.	4:58.88	358	4:51.81	09.03.2019	95%	
200m Estilos	Elimin	10.	2:42.71	305	2:37.43	24.02.2019	94%	
Rodrigo Piteira Maio, 14.04.2006								2
100m Livres	Elimin	11.	1:06.06	314	1:10.90	18.11.2018	115%	
100m Mariposa	Final	6.	1:14.15	272	1:12.94		97%	
100m Mariposa	Elimin	6.	1:12.94	286	1:15.96	12.05.2019	108%	
Rodrigo Reis Dias, 14.05.2003								2
400m Livres	Final	2.	4:11.51	601	4:24.01		110%	
400m Livres	Elimin	2.	4:24.01	519	4:14.03	15.12.2018	93%	
100m Mariposa	Final	1.	58.97	542	1:00.83		106%	
100m Mariposa	Elimin	1.	1:00.83	493	59.26	12.05.2019	95%	

Clube Natacao da Amadora									32
Afonso Silvestre Almeida, 14.01.2006									3
100m Livres	Final	6.	1:02.38	373	1:02.94			102%	
100m Livres	Elimin	5.	1:02.94	364	1:03.31	10.03.2019		101%	
400m Livres	Final	4.	4:50.33	390	4:58.71			106%	
400m Livres	Elimin	1.	4:58.71	358	4:51.65	30.03.2019		95%	
Beatriz Mocego Niza, 10.05.2006									3
400m Livres	Final	2.	4:50.72	524	5:10.28			114%	
400m Livres	Elimin	5.	5:10.28	431	4:54.72	10.03.2019		90%	
100m Mariposa	Final	2.	1:13.84	404	1:14.20			101%	
100m Mariposa	Elimin	2.	1:14.20	398	1:17.26	18.05.2019		108%	
Catarina Ferreira Rodrigues, 28.12.2007									1
100m Mariposa	Final	7.	1:23.15	283	1:22.81			99%	
100m Mariposa	Elimin	9.	1:22.81	286	1:24.49	18.05.2019		104%	
Erica Candeias Mendes, 12.09.2006									-
200m Estilos	Final	7.	2:50.94	362	2:48.90			98%	
200m Estilos	Elimin	6.	2:48.90	375	2:45.99	30.03.2019		97%	
Gisela Felix Seixas, 25.04.1994									1
100m Livres	Tempo Final	3.	1:24.61	209	1:25.40	20.01.2019		102%	
100m Estilos	Tempo Final	4.	1:40.93	175	NT			-	
Gonçalo Pires Fialho, 01.12.2005									1
100m Livres	Elimin	16.	1:08.43	283	1:07.95	10.03.2019		99%	
100m Costas	Final	8.	1:18.26	243	1:16.37			95%	
100m Costas	Elimin	6.	1:16.37	262	1:18.90	24.02.2019		107%	
Henrique Martins Ferreira, 27.02.1969									1
100m Livres	Tempo Final	8.	1:32.26	115	1:33.58	02.12.2018		103%	
100m Estilos	Tempo Final	8.	1:46.89	104	1:43.96	19.01.2019		95%	
Ines Correia Teixeira, 31.05.2006									4
100m Costas	Final	2.	1:13.86	413	1:14.68			102%	
100m Costas	Elimin	2.	1:14.68	400	1:18.60	12.05.2019		111%	
100m Bruços	Final	2.	1:23.17	421	1:24.40			103%	
100m Bruços	Elimin	2.	1:24.40	403	1:26.51	30.03.2019		105%	
Inês Iachimovschi, 16.05.2007									1
200m Estilos	Elimin	13.	2:57.53	323	2:58.21	25.04.2019		101%	
Iris Castro Campos, 24.01.2006									1
100m Livres	Elimin	11.	1:11.11	352	1:12.34	09.03.2019		103%	
Joao Castro Teixeira, 18.01.1961									2
100m Livres	Tempo Final	4.	1:29.29	127	1:31.49			105%	
100m Estilos	Tempo Final	4.	1:47.06	103	1:50.70	23.03.2019		107%	
Joao Ferreira Rodrigues, 20.03.2005									2
100m Bruços	Elimin	13.	1:29.44	240	1:34.12	18.11.2018		111%	
200m Estilos	Elimin	11.	2:48.18	276	2:49.23	17.11.2018		101%	
Luana Ababii, 04.08.2007									-
100m Bruços	Elimin	12.	1:36.50	269	1:35.82	24.02.2019		99%	
Luana Santos Freitas, 10.02.2004									2
400m Livres	Final	7.	5:19.49	395	5:25.39			104%	
400m Livres	Elimin	7.	5:25.39	374	5:19.24	20.01.2019		96%	
100m Bruços	Final	8.	1:29.83	334	1:28.85			98%	
100m Bruços	Elimin	8.	1:28.85	345	1:29.06	05.07.2018		100%	
Matilde Aparicio Pereira, 09.03.2006									1
100m Livres	Elimin	12.	1:12.87	327	1:14.78	14.04.2019		105%	
Miguel Dias Batista, 09.12.2005									1
100m Bruços	Final	6.	1:21.58	316	1:23.48			105%	
100m Bruços	Elimin	7.	1:23.48	295	1:19.69	30.03.2019		91%	
100m Mariposa	Final	7.	1:15.53	257	1:15.12			99%	
100m Mariposa	Elimin	7.	1:15.12	262	1:14.94	14.04.2019		100%	
Rafael Trindade Rodrigues, 09.01.2006									2
100m Mariposa	Elimin	14.	1:22.90	195	1:30.15	19.01.2019		118%	
200m Estilos	Elimin	17.	2:57.35	236	2:59.90	25.04.2019		103%	
Rita Borges Silva, 25.11.2006									1
100m Costas	Elimin	14.	1:26.25	259	1:26.27	17.11.2018		100%	
Sofia Antunes Sebastiao, 12.04.2005									3
100m Costas	Final	6.	1:11.34	458	1:11.80			101%	
100m Costas	Elimin	6.	1:11.80	450	1:11.23	02.02.2019		98%	
200m Estilos	Final	3.	2:32.80	507	2:34.32			102%	
200m Estilos	Elimin	1.	2:34.32	492	2:38.01	17.03.2019		105%	
Tatiana Alexandre Cardoso, 29.07.2001									2
100m Bruços	Final	5.	1:21.94	440	1:22.64			102%	
100m Bruços	Elimin	8.	1:22.64	429	1:19.68	24.11.2018		93%	
100m Mariposa	Elimin	9.	1:11.37	447	1:11.93	17.03.2019		102%	

Clube Natacao do Montijo								20
Andre Azevedo Baraona, 20.05.2004								2
100m Costas	Final	1.	1:01.67	498	1:02.77		104%	
100m Costas	Elimin	2.	1:02.77	472	1:01.19	18.05.2019	95%	
200m Estilos	Final	4.	2:19.63	484	2:20.36		101%	
200m Estilos	Elimin	3.	2:20.36	476	2:16.85	18.05.2019	95%	
Carolina Sofia Miranda, 16.06.2004								-
100m Mariposa	Elimin	15.	1:31.74	210	1:29.17	14.04.2019	94%	
200m Estilos	Elimin	11.	3:13.48	249	3:12.28	28.10.2018	99%	
Diogo Miguel Duraes, 15.05.2003								1
400m Livres	Final	7.	4:34.38	462	4:37.05		102%	
400m Livres	Elimin	3.	4:37.05	449	4:35.02	24.11.2018	99%	
200m Estilos	Elimin	9.	2:27.51	410	2:23.61	18.05.2019	95%	
Duarte Cadima Goncalves, 04.01.2004								1
100m Livres	Elimin	13.	59.69	426	59.19	19.05.2019	98%	
100m Bruços	Final	3.	1:12.98	442	1:13.68		102%	
100m Bruços	Elimin	3.	1:13.68	429	1:12.21	14.04.2019	96%	
Dumitrita Ghelinschi, 31.08.2006								2
100m Costas	Elimin	11.	1:23.41	287	1:23.46	14.04.2019	100%	
100m Bruços	Elimin	10.	1:33.06	300	1:35.18	04.05.2019	105%	
Filipe Cadima Goncalves, 05.08.1968								1
100m Livres	Tempo Final	6.	1:17.70	193	1:17.35	06.01.2019	99%	
100m Estilos	Tempo Final	5.	1:32.69	159	1:35.00		105%	
Ines Azevedo Baraona, 02.05.2007								1
100m Livres	Elimin	13.	1:12.88	327	1:11.81	12.05.2019	97%	
100m Mariposa	Final	6.	1:20.19	315	1:21.14		102%	
100m Mariposa	Elimin	7.	1:21.14	304	1:20.22	11.05.2019	98%	
Joao Pedro Afonso, 31.01.1964								2
100m Livres	Tempo Final	5.	1:35.32	104	1:40.00		110%	
100m Estilos	Tempo Final	5.	1:53.12	87	1:55.00		103%	
Margarida Mendes Bras, 21.04.2004								2
100m Livres	Elimin	11.	1:09.45	378	1:10.24	14.04.2019	102%	
400m Livres	Final	8.	5:23.60	380	5:22.09		99%	
400m Livres	Elimin	6.	5:22.09	386	5:36.80	20.01.2019	109%	
Maria Isabel Correia, 20.04.1964								1
100m Estilos	Tempo Final	1.	1:35.74	205	1:38.90	23.03.2019	107%	
Maria Sousa Caxaria, 17.12.2005								-
100m Bruços	Elimin	10.	1:31.33	318	1:30.68	12.05.2019	99%	
100m Mariposa	Elimin	14.	1:22.41	290	1:19.04	04.05.2019	92%	
Marta Catalao Leiria, 14.01.2007								-
100m Livres	Elimin	WDR	-	-	1:32.09	04.05.2019	-	
Marta Sousa Caxaria, 20.10.2003								-
100m Bruços	Elimin	13.	1:28.96	344	1:23.12	26.07.2018	87%	
100m Mariposa	Elimin	13.	1:15.75	374	1:12.71	16.06.2018	92%	
Miguel Palminha Serafim, 31.01.2005								-
100m Livres	Elimin	WDR	-	-	1:11.77	04.05.2019	-	
200m Estilos	Elimin	WDR	-	-	3:03.75	24.02.2019	-	
Pedro Alexandre Lopes, 17.09.1975								1
100m Livres	Tempo Final	4.	1:17.05	198	1:20.00		108%	
Rafael Ferreira Baraona, 08.08.1977								1
100m Livres	Tempo Final	5.	1:22.41	162	1:30.00		119%	
100m Estilos	Tempo Final	4.	1:35.08	148	1:29.45	23.03.2019	89%	
Rui Miguel Correia, 16.11.1996								1
100m Livres	Elimin	13.	57.22	484	56.17	03.02.2019	96%	
100m Bruços	Elimin	11.	1:10.86	483	1:11.03	24.06.2018	100%	
Sofia Medeiros Pereira, 10.08.2006								1
400m Livres	Elimin	8.	5:37.93	334	5:48.41	24.02.2019	106%	
Tiago Almeida Correia, 20.12.2006								1
400m Livres	Final	7.	4:57.15	364	5:05.48		106%	
400m Livres	Elimin	3.	5:05.48	335	5:02.23	09.03.2019	98%	
100m Mariposa	Final	8.	1:16.19	251	1:15.50		98%	
100m Mariposa	Elimin	9.	1:15.50	258	1:15.48	12.05.2019	100%	
Tiago Fanha Lopes, 27.05.2004								2
100m Costas	Final	6.	1:05.27	420	1:05.95		102%	
100m Costas	Elimin	8.	1:05.95	407	1:04.48	14.04.2019	96%	
100m Bruços	Final	5.	1:14.06	423	1:14.96		102%	
100m Bruços	Elimin	5.	1:14.96	408	1:13.73	19.05.2019	97%	
Tomas Leal Parelho, 29.11.2006								-
100m Costas	Elimin	16.	1:23.46	201	1:22.77	04.05.2019	98%	
100m Bruços	Elimin	15.	1:35.34	198	1:32.33	09.03.2019	94%	

Clube	Nome	Idade	Rank	Final	Time	Tempo	Data	Porcentagem	Notas
Clube Naval Setubalense									34
Ana Margarida Soares		17.01.2003							2
100m Livres	Final		8.	1:02.21	527	1:03.21		103%	
100m Livres	Elimin		9.	1:03.21	502	1:02.59	29.07.2018	98%	
100m Mariposa	Elimin		12.	1:14.62	391	1:24.00		127%	
Beatriz Isabel Tavares		19.12.2005							1
100m Livres	Elimin		14.	1:11.63	345	1:09.61	21.07.2018	94%	
100m Mariposa	Elimin		13.	1:18.63	335	1:23.90	03.02.2019	114%	
Carolina Anjos Frischknecht		13.10.2004							2
100m Livres	Elimin		15.	1:11.92	341	1:12.49	12.05.2019	102%	
400m Livres	Final		6.	5:16.88	405	5:14.47		98%	
400m Livres	Elimin		5.	5:14.47	414	5:18.30	17.03.2019	102%	
Catarina Ines Correia		26.09.2003							1
100m Livres	Elimin		16.	1:08.31	398	1:08.67	16.06.2018	101%	
400m Livres	Elimin		5.	5:03.97	459	5:00.34	27.10.2018	98%	
Catarina Sofia Gonçalves		31.07.2006							2
100m Livres	Elimin		20.	1:21.78	231	1:22.11	09.03.2019	101%	
100m Costas	Elimin		17.	1:27.47	249	1:28.96	08.03.2019	103%	
Diogo Miguel Esteves		11.12.2002							1
100m Bruços	Elimin		15.	1:19.11	347	1:18.47	24.11.2018	98%	
100m Mariposa	Elimin		17.	1:12.19	295	1:13.60	28.10.2018	104%	
Eduard Daniel Milanov		08.10.2005							2
100m Bruços	Elimin		10.	1:27.16	259	1:27.31	24.02.2019	100%	
200m Estilos	Final		7.	2:37.29	338	2:35.62		98%	
200m Estilos	Elimin		6.	2:35.62	349	2:40.91	10.03.2019	107%	
Filipe Ferrao Melo		11.06.2001							3
100m Bruços	Elimin		9.	1:10.20	497	1:10.37	14.04.2019	100%	
100m Mariposa	Final		5.	59.91	516	1:00.38		102%	
100m Mariposa	Elimin		5.	1:00.38	504	1:01.80	17.03.2019	105%	
Gonçalo Albino Ramos		27.02.2006							1
100m Livres	Elimin		14.	1:07.40	296	1:08.01	11.05.2019	102%	
Joao Miguel Cascalheira		17.05.2003							2
100m Livres	Elimin		11.	58.93	443	56.51	19.05.2019	92%	
100m Mariposa	Final		3.	1:02.42	457	1:03.33		103%	
100m Mariposa	Elimin		3.	1:03.33	437	1:04.23	17.03.2019	103%	
Jose Luis Buzio		26.10.2002							-
100m Livres	Elimin		16.	1:01.27	394	1:00.64	14.04.2019	98%	
100m Costas	Elimin		14.	1:12.80	303	1:11.53	14.04.2019	97%	
Jose Miguel Oliveira		31.07.2003							-
100m Costas	Elimin		10.	1:07.74	376	1:04.45	14.12.2018	91%	
200m Estilos	Elimin		12.	2:35.56	350	2:31.31	25.11.2018	95%	
Leonor Ramos Zacarias		22.08.2003							-
100m Costas	Elimin		14.	1:19.76	328	1:17.00	31.05.2018	93%	
200m Estilos	Elimin		9.	2:50.46	365	2:45.48	25.04.2019	94%	
Maria Correia Ricardo		15.04.2005							2
100m Costas	Elimin		10.	1:14.26	406	1:14.75	18.05.2019	101%	
100m Bruços	Final		3.	1:19.68	479	1:20.43		102%	
100m Bruços	Elimin		3.	1:20.43	466	1:19.94	05.04.2019	99%	
Mariana Ramos Zacarias		03.06.2006							1
100m Costas	Elimin		10.	1:21.48	308	1:22.60	19.01.2019	103%	
200m Estilos	Elimin		9.	2:52.38	353	2:49.69	25.04.2019	97%	
Marta Silva Santos		07.03.2006							3
400m Livres	Final		5.	5:07.49	443	5:11.54		103%	
400m Livres	Elimin		6.	5:11.54	426	5:13.32	10.03.2019	101%	
200m Estilos	Final		5.	2:48.04	381	2:49.19		101%	
200m Estilos	Elimin		7.	2:49.19	373	2:46.16	09.03.2019	96%	
Martim Daniel Torres		24.10.2006							2
100m Livres	Elimin		21.	1:13.72	226	1:25.70	16.12.2018	135%	
100m Mariposa	Elimin		18.	1:33.35	136	1:39.91	16.02.2019	115%	
Martim Frederico Paulino		14.06.2006							2
100m Costas	Elimin		10.	1:18.45	242	1:20.56	14.04.2019	105%	
100m Mariposa	Elimin		16.	1:30.72	148	1:35.79	16.02.2019	111%	
Matilde Duarte Aleixo		31.07.2005							-
100m Bruços	Elimin		11.	1:38.57	253	1:35.80	03.02.2019	94%	
Rafaela Diogo Martins		06.09.2005							1
100m Costas	Final		8.	1:14.27	406	1:12.78		96%	
100m Costas	Elimin		8.	1:12.78	432	1:14.60	14.04.2019	105%	
100m Mariposa	Elimin		12.	1:16.11	369	1:14.33	19.05.2019	95%	
Rita Lima Batista		17.05.2007							2
100m Livres	Elimin		16.	1:14.43	307	1:16.17	16.02.2019	105%	
100m Mariposa	Elimin		12.	1:25.46	260	1:25.60	11.05.2019	100%	

Rita Machita Santos, 17.08.2007										-
100m Bruços	Elimin	WDR	-		1:30.76	10.03.2019	-			-
100m Mariposa	Elimin	WDR	-		1:27.60	18.05.2019	-			-
Simao Lopes Oliveira, 05.05.2005										2
400m Livres	Final	6.	4:57.04	364	4:59.31				102%	
400m Livres	Elimin	5.	4:59.31	356	5:02.00	09.03.2019			102%	
Tiago Ventura Chao, 20.10.2006										1
100m Bruços	Elimin	19.	1:42.44	159	1:37.36	10.03.2019			90%	
200m Estilos	Elimin	12.	2:49.68	269	2:53.77	16.02.2019			105%	
Tomas Martins Mira, 05.04.2004										1
100m Livres	Final	7.	59.30	435	58.07				96%	
100m Livres	Elimin	6.	58.07	463	58.00	19.05.2019			100%	
400m Livres	Final	8.	4:42.84	422	4:41.56				99%	
400m Livres	Elimin	5.	4:41.56	428	4:43.42	19.01.2019			101%	

Gesloures - Gestao Equipamentos E.M.									146
Afonso Amaro Santos, 22.05.2002									2
100m Mariposa	Elimin	11.	1:02.39	457	1:14.00			141%	
200m Estilos	Elimin	EXH	2:17.31	508	2:22.47	17.03.2019		108%	
Afonso Goncalves de Jorge, 23.01.2004									1
100m Mariposa	Elimin	15.	1:10.64	315	1:08.16	19.05.2019		93%	
200m Estilos	Final	7.	2:25.31	429	2:23.77			98%	
200m Estilos	Elimin	7.	2:23.77	443	2:24.56	18.05.2019		101%	
Afonso Manuel Rodrigues, 08.07.2008									-
100m Livres	Tempo Final	14.	1:34.91	106	1:33.51	03.03.2019		97%	
200m Estilos	Tempo Final	14.	4:15.74	78	3:50.00			81%	
Afonso Mendonça Ornelas, 09.03.2008									2
100m Livres	Tempo Final	8.	1:26.60	139	1:37.77	08.12.2018		127%	
200m Estilos	Tempo Final	7.	3:32.40	137	3:50.00			117%	
Alice Jesus Morgado, 29.08.2004									2
100m Bruços	Final	4.	1:22.68	429	1:22.92			101%	
100m Bruços	Elimin	5.	1:22.92	425	1:22.09	19.05.2019		98%	
100m Mariposa	Final	4.	1:08.31	510	1:08.87			102%	
100m Mariposa	Elimin	2.	1:08.87	498	1:07.49	16.12.2018		96%	
Ana Filipa Santo, 27.07.2010									1
100m Livres	Tempo Final	6.	1:33.62	154	1:37.67	08.12.2018		109%	
Ana Madalena Simoes, 02.05.2007									1
100m Costas	Final	8.	1:24.57	275	1:20.06			90%	
100m Costas	Elimin	7.	1:20.06	324	1:23.08	29.03.2019		108%	
Ana Rita Mendes, 14.03.1991									-
100m Livres	Tempo Final	1.	1:08.51	394	1:07.19	02.12.2018		96%	
100m Estilos	Tempo Final	1.	1:19.39	360	1:16.96	02.12.2018		94%	
Andre Tavares Grenho, 30.01.1999									2
100m Bruços	Final	4.	1:06.72	579	1:07.73			103%	
100m Bruços	Elimin	2.	1:07.73	553	1:06.75	26.07.2018		97%	
100m Mariposa	Final	6.	1:00.13	511	1:00.40			101%	
100m Mariposa	Elimin	6.	1:00.40	504	59.43	01.07.2018		97%	
Beatriz Ribeiro Lima, 26.08.2009									1
100m Livres	Tempo Final	4.	1:27.50	189	1:29.18	28.04.2019		104%	
Beatriz Vaz Rebelo, 08.05.2003									2
100m Livres	Final	5.	1:01.36	549	1:02.97			105%	
100m Livres	Elimin	8.	1:02.97	508	1:01.88	04.04.2019		97%	
100m Mariposa	Elimin	8.	1:10.28	469	1:24.00			143%	
Bruno Belmonte Ribeiro, 05.04.2007									1
100m Livres	Tempo Final	1.	1:15.38	211	1:15.61	03.03.2019		101%	
200m Estilos	Tempo Final	2.	3:08.93	195	3:04.43	03.03.2019		95%	
Bruno Miguel Martins, 25.04.1993									1
100m Bruços	Final	5.	1:07.61	556	1:08.64			103%	
100m Bruços	Elimin	5.	1:08.64	531	1:05.51	08.12.2018		91%	
Camila Gaspar Teles, 10.12.2008									1
100m Livres	Tempo Final	2.	1:21.72	232	1:28.65	26.01.2019		118%	
Catarina Alexandra Alves, 23.09.2007									1
100m Mariposa	Elimin	EXH	1:31.12	215	1:39.34	01.11.2018		119%	
Catarina Andrade Franco, 19.11.2007									2
100m Livres	Final	1.	1:04.34	476	1:07.73			111%	
100m Livres	Elimin	1.	1:07.73	408	1:05.41	12.05.2019		93%	
200m Estilos	Final	2.	2:46.53	391	2:45.68			99%	
200m Estilos	Elimin	2.	2:45.68	397	2:47.43	12.05.2019		102%	
Catarina Mendes Rocha, 05.03.2007									1
100m Mariposa	Elimin	11.	1:24.59	269	1:27.57	11.05.2019		107%	
Catarina Nunes Costa, 10.09.2004									2
100m Mariposa	Elimin	8.	1:12.91	420	1:09.83	16.12.2018		92%	
200m Estilos	Final	4.	2:33.22	503	2:35.59			103%	
200m Estilos	Elimin	4.	2:35.59	480	2:36.97	10.02.2019		102%	
Claudia Beatriz Martins, 27.08.2003									1
100m Livres	Elimin	EXH	1:05.73	446	1:04.06	17.03.2019		95%	
100m Costas	Elimin	10.	1:13.90	412	1:14.67	28.10.2018		102%	
Daniel Alexandre Ascenso, 20.11.2003									2
100m Livres	Elimin	EXH	1:00.05	419	1:01.08	11.05.2019		103%	
200m Estilos	Elimin	EXH	2:24.95	432	2:28.89	11.05.2019		106%	
Daniel Carlos Videira, 27.01.1992									1
100m Livres	Final	5.	1:10.38	260	1:13.97			110%	
100m Livres	Elimin	6.	1:13.97	224	1:10.71	12.05.2019		91%	
Daniel Munoz Lopes, 23.01.2005									-
100m Livres	Elimin	EXH	1:08.68	280	1:06.27	30.03.2019		93%	

Daniela Dias Coutinho, 31.07.2006								2
100m Livres	Elimin	EXH	1:11.65	344	1:16.36	10.03.2019	114%	
100m Costas	Final	5.	1:18.87	339	1:20.13		103%	
100m Costas	Elimin	8.	1:20.13	323	1:19.97	09.03.2019	100%	
Daniela Mascarenhas Henriques, 13.03.2003								3
100m Bruços	Final	2.	1:17.98	511	1:18.52		101%	
100m Bruços	Elimin	2.	1:18.52	500	1:16.46	08.12.2018	95%	
100m Mariposa	Final	5.	1:07.66	525	1:07.69		100%	
100m Mariposa	Elimin	5.	1:07.69	525	1:08.25	17.02.2019	102%	
Daniela Pina Rodrigues, 23.10.2009								2
100m Livres	Tempo Final	7.	1:34.65	149	1:35.40	02.03.2019	102%	
200m Estilos	Tempo Final	3.	3:45.15	158	3:50.00		104%	
David Realista Grachat, 21.01.1987								1
100m Livres	Final	1.	57.20	484	1:03.82		124%	
100m Livres	Elimin	1.	1:03.82	349	58.00	17.02.2019	83%	
Diogo Alexandre Matos, 30.10.1999								1
100m Livres	Final	8.	1:14.36	220	1:18.37		111%	
100m Livres	Elimin	8.	1:18.37	188	1:17.36		97%	
Eva Sofia Ascenso, 24.09.2007								-
400m Livres	Elimin	EXH	5:58.58	279	5:58.44	09.03.2019	100%	
100m Bruços	Elimin	EXH	1:55.50	157	1:50.00		91%	
Filipa Cristina Fernandes, 19.09.1976								-
100m Livres	Tempo Final	1.	1:17.01	277	1:14.18	01.07.2018	93%	
100m Estilos	Tempo Final	1.	1:22.22	324	1:19.63	01.07.2018	94%	
Filipe Ferreira Luz, 15.11.1998								2
100m Costas	Final	3.	1:00.02	540	1:02.24		108%	
100m Costas	Elimin	5.	1:02.24	484	1:00.90	01.07.2018	96%	
200m Estilos	Final	6.	2:13.37	555	2:14.46		102%	
200m Estilos	Elimin	5.	2:14.46	542	2:13.47	01.07.2018	99%	
Francisco Alves Souza, 28.10.2002								1
400m Livres	Final	3.	4:13.51	586	4:17.58		103%	
400m Livres	Elimin	2.	4:17.58	559	4:14.31	04.11.2018	97%	
Francisco Amaro Santos, 22.11.2004								2
400m Livres	Final	4.	4:23.87	520	4:33.07		107%	
400m Livres	Elimin	3.	4:33.07	469	4:34.39	17.03.2019	101%	
Francisco Lourenco Vasconcelos, 18.01.2005								4
400m Livres	Final	3.	4:45.34	411	4:47.90		102%	
400m Livres	Elimin	3.	4:47.90	400	4:51.60	24.02.2019	103%	
100m Bruços	Elimin	EXH	1:20.53	329	1:25.96	18.11.2018	114%	
100m Mariposa	Final	5.	1:09.76	327	1:09.44		99%	
100m Mariposa	Elimin	5.	1:09.44	331	1:11.69	12.05.2019	107%	
Francisco Martim Franco, 20.10.2006								-
100m Bruços	Elimin	EXH	1:43.34	155	1:39.19	17.02.2019	92%	
Francisco Martins Pedro, 26.03.2001								-
100m Costas	Elimin	EXH	1:04.26	440	1:04.15	17.02.2019	100%	
Francisco Matos Mota, 21.01.2003								1
100m Livres	Elimin	EXH	1:06.54	308	1:05.66	17.02.2019	97%	
100m Costas	Elimin	EXH	1:16.99	256	1:17.09	17.02.2019	100%	
Francisco Rodrigues Vilar, 16.01.2008								2
100m Livres	Tempo Final	5.	1:22.75	160	1:29.89	03.03.2019	118%	
200m Estilos	Tempo Final	5.	3:24.46	154	3:50.00		127%	
Francisco Tente Pinto, 19.09.2006								2
100m Livres	Elimin	EXH	1:08.10	287	1:16.20	02.06.2018	125%	
400m Livres	Elimin	EXH	5:32.56	259	6:01.64	03.06.2018	118%	
Gabriel Martins Tusan, 03.02.2007								2
100m Livres	Tempo Final	3.	1:18.04	190	1:26.96	03.03.2019	124%	
200m Estilos	Tempo Final	3.	3:14.28	179	3:27.70	03.03.2019	114%	
Goncalo Filipe Valente, 01.01.2003								-
100m Livres	Elimin	EXH	1:01.24	395	1:00.11	23.11.2018	96%	
100m Costas	Final	5.	1:04.92	427	1:04.70		99%	
100m Costas	Elimin	4.	1:04.70	431	1:03.83	01.07.2018	97%	
Goncalo Ramos Costa, 28.09.2005								3
100m Livres	Elimin	EXH	1:06.16	313	1:06.71	10.03.2019	102%	
100m Bruços	Final	1.	1:14.97	408	1:15.75		102%	
100m Bruços	Elimin	1.	1:15.75	395	1:18.21	11.05.2019	107%	
Guilherme Ventura Carvalho, 21.06.2001								2
100m Livres	Elimin	12.	57.03	489	57.50	18.06.2017	102%	
100m Costas	Elimin	7.	1:02.35	482	1:05.08	17.03.2019	109%	
Ines Gaspar Silva, 19.10.2006								3
100m Livres	Final	7.	1:10.32	364	1:08.90		96%	
100m Livres	Elimin	3.	1:08.90	387	1:09.78	31.03.2019	103%	
400m Livres	Elimin	EXH	5:10.30	431	5:15.57	19.05.2019	103%	
200m Estilos	Final	6.	2:49.30	372	2:48.49		99%	

200m Estilos	Elimin	5.	2:48.49	378	2:51.79	09.03.2019	104%	
Ines Portela Pereira, 18.05.2007								
100m Bruços	Elimin	EXH	1:41.38	232	1:40.49	20.01.2019	98%	1
100m Mariposa	Elimin	EXH	1:28.64	233	1:33.75	02.02.2019	112%	
Joana Cristina Biltos, 24.10.2006								
100m Livres	Elimin	EXH	1:16.32	285	1:22.35	17.06.2018	116%	2
200m Estilos	Elimin	EXH	3:11.53	257	3:22.55	01.11.2018	112%	
Joana Gouveia Santos, 05.01.2007								
100m Bruços	Elimin	EXH	1:35.05	282	1:46.00	18.11.2018	124%	1
Joao Almeida Neves, 25.03.2008								
100m Livres	Tempo Final	10.	1:28.52	130	1:30.55	03.03.2019	105%	2
200m Estilos	Tempo Final	11.	3:44.33	116	3:50.00		105%	
Joao Filipe Prazeres, 04.04.2008								
100m Livres	Tempo Final	7.	1:25.50	145	1:35.58	03.03.2019	125%	2
200m Estilos	Tempo Final	4.	3:23.10	157	3:50.00		128%	
Joao Pedro Ferreira, 10.03.1991								
100m Livres	Tempo Final	1.	1:02.15	378	1:03.16	02.12.2018	103%	1
100m Estilos	Tempo Final	1.	1:11.42	349	1:10.82	19.01.2019	98%	
Joao Pedro Lima, 30.03.1977								
100m Livres	Tempo Final	3.	1:13.91	224	1:14.07	19.01.2019	100%	2
100m Estilos	Tempo Final	2.	1:24.15	213	1:24.69	06.04.2019	101%	
Joao Pedro Penelas, 25.03.2004								
100m Livres	Final	6.	59.27	435	58.54		98%	-
100m Livres	Elimin	8.	58.54	452	57.68	19.05.2019	97%	
100m Costas	Elimin	9.	1:06.25	402	1:05.27	18.05.2019	97%	
Jose Diogo Fonseca, 09.08.2006								
400m Livres	Elimin	EXH	5:01.09	350	5:00.16	09.03.2019	99%	1
200m Estilos	Final	8.	2:42.78	305	2:42.50		100%	
200m Estilos	Elimin	9.	2:42.50	307	2:42.69	10.03.2019	100%	
Laura Cosme Malheiro, 23.04.2009								
100m Livres	Tempo Final	8.	1:39.62	128	1:45.18	02.03.2019	111%	1
200m Estilos	Tempo Final	5.	3:51.20	146	3:50.00		99%	
Leandro Carvalho Semedo, 26.02.2006								
100m Costas	Final	6.	1:14.62	281	1:14.57		100%	1
100m Costas	Elimin	5.	1:14.57	281	NT		-	
100m Bruços	Elimin	EXH	1:30.82	229	1:34.59	18.11.2018	108%	
Leonor Maria Neves, 07.09.2003								
100m Costas	Final	7.	1:10.77	470	1:11.43		102%	3
100m Costas	Elimin	7.	1:11.43	457	1:09.67	02.02.2019	95%	
200m Estilos	Final	5.	2:31.58	519	2:37.18		108%	
200m Estilos	Elimin	5.	2:37.18	466	2:43.58	08.07.2018	108%	
Lis Fatima Melo, 22.04.2008								
100m Livres	Tempo Final	5.	1:28.86	180	1:34.92	02.03.2019	114%	1
200m Estilos	Tempo Final	4.	3:49.41	149	3:44.91	02.03.2019	96%	
Luis Pedro Figueiredo, 09.05.2006								
100m Livres	Elimin	EXH	1:08.85	278	1:11.31	01.07.2018	107%	2
100m Costas	Elimin	EXH	1:19.36	233	1:25.73	17.11.2018	117%	
Madalena Correa Sa, 26.10.2006								
400m Livres	Final	4.	5:05.84	450	5:09.71		103%	4
400m Livres	Elimin	4.	5:09.71	434	5:15.97	16.12.2018	104%	
100m Bruços	Final	1.	1:23.13	422	1:23.42		101%	
100m Bruços	Elimin	1.	1:23.42	417	1:25.46	16.02.2019	105%	
Magda Silva Pereira, 17.01.2007								
400m Livres	Elimin	EXH	5:34.86	343	5:41.59	19.05.2019	104%	1
100m Mariposa	Elimin	EXH	1:29.56	226	1:28.94	18.05.2019	99%	
Margarida Messias Ribeiro, 06.10.1998								
100m Livres	Final	6.	1:02.02	531	1:02.58		102%	2
100m Livres	Elimin	7.	1:02.58	517	1:01.54	17.06.2018	97%	
400m Livres	Final	7.	4:38.47	597	4:44.93		105%	
400m Livres	Elimin	5.	4:44.93	557	4:32.79	17.06.2018	92%	
Maria Carlotta Ferrari, 23.11.2007								
100m Bruços	Final	6.	1:27.59	360	1:28.16		101%	2
100m Bruços	Elimin	7.	1:28.16	353	1:27.28	10.03.2019	98%	
100m Mariposa	Final	3.	1:15.06	385	1:17.71		107%	
100m Mariposa	Elimin	3.	1:17.71	347	1:14.81	11.05.2019	93%	
Maria Joao Rocha, 20.09.1980								
100m Livres	Tempo Final	2.	1:22.83	223	1:23.19	20.01.2019	101%	1
100m Estilos	Tempo Final	4.	1:42.15	169	1:38.06	15.12.2018	92%	
Mariana Marques Santos, 28.06.2005								
400m Livres	Final	2.	4:42.79	570	4:44.85		101%	2
400m Livres	Elimin	1.	4:44.85	558	4:54.50	17.03.2019	107%	

Mario Antonio Neves, 02.04.1968									2
100m Livres	Tempo Final	2.	1:09.11	274	1:14.15	15.07.2018	115%		
100m Estilos	Tempo Final	2.	1:19.71	251	1:20.81	19.01.2019	103%		
Martim Primavera Alfama, 13.05.2002									2
200m Estilos	Final	3.	2:11.52	579	2:13.03		102%		
200m Estilos	Elimin	3.	2:13.03	559	2:17.86	09.02.2019	107%		
Martin Pedro Esteves, 15.11.2008									1
100m Livres	Tempo Final	12.	1:31.35	119	1:37.08	01.11.2018	113%		
200m Estilos	Tempo Final	12.	3:51.32	106	3:50.00		99%		
Mateus Ferreira Penelas, 19.03.2008									2
100m Livres	Tempo Final	4.	1:22.25	163	1:32.08	08.12.2018	125%		
200m Estilos	Tempo Final	8.	3:36.46	129	3:50.00		113%		
Miguel Dordio Carreiro, 12.04.1997									-
100m Livres	Elimin	EXH	59.36	433	58.39	23.11.2018	97%		
100m Costas	Elimin	EXH	1:08.95	356	1:07.96	02.02.2019	97%		
Miguel Pedro Feio, 01.02.2008									2
100m Livres	Tempo Final	11.	1:28.99	128	1:29.84	08.12.2018	102%		
200m Estilos	Tempo Final	9.	3:39.75	124	3:50.00		110%		
Nuno Rogerio Santos, 18.07.1976									1
100m Livres	Tempo Final	1.	1:03.61	352	1:05.94	06.04.2019	107%		
100m Estilos	Tempo Final	1.	1:14.16	312	1:13.40	02.03.2019	98%		
Patricia Alexandra Santos, 04.02.1978									-
100m Livres	Tempo Final	4.	1:33.33	156	1:27.89	01.07.2018	89%		
100m Estilos	Tempo Final	3.	1:39.32	184	1:36.10	20.01.2019	94%		
Patricia Sofia Coelho, 30.04.2006									1
100m Bruços	Elimin	EXH	1:42.19	227	1:40.32	10.03.2019	96%		
100m Mariposa	Elimin	EXH	1:33.70	197	1:34.67	20.01.2019	102%		
Patricia Subtil Henriques, 25.03.2008									1
100m Livres	Tempo Final	1.	1:13.56	318	1:14.14	28.04.2019	102%		
200m Estilos	Tempo Final	1.	3:11.12	259	2:59.72	28.04.2019	88%		
Paulo Filipe Luz, 13.01.1959									-
100m Livres	Tempo Final	3.	1:26.81	138	1:21.96	01.07.2018	89%		
100m Estilos	Tempo Final	2.	1:32.27	162	1:31.26	19.01.2019	98%		
Pedro Dordio Carreiro, 12.04.1997									1
100m Livres	Elimin	9.	56.04	515	56.19	17.03.2019	101%		
Pedro Goncalves Bonniz, 06.01.2006									4
100m Bruços	Final	2.	1:15.75	395	1:16.25		101%		
100m Bruços	Elimin	2.	1:16.25	387	1:17.32	30.03.2019	103%		
200m Estilos	Final	3.	2:27.62	409	2:29.96		103%		
200m Estilos	Elimin	2.	2:29.96	390	2:32.52	17.02.2019	103%		
Pedro Miguel Pimentel, 04.07.2006									1
400m Livres	Elimin	EXH	5:11.34	316	5:20.07	16.12.2018	106%		
100m Mariposa	Elimin	10.	1:15.65	256	1:14.81	30.03.2019	98%		
Rafael Filipe Lopes, 05.05.2006									2
100m Livres	Elimin	EXH	1:08.71	279	1:09.72	10.03.2019	103%		
100m Costas	Elimin	EXH	1:19.68	231	1:20.83	08.03.2019	103%		
Ricardo Aderneira Soares, 26.07.1999									1
100m Livres	Final	4.	1:08.87	277	1:11.58		108%		
100m Livres	Elimin	5.	1:11.58	247	1:09.35	21.12.2018	94%		
Ricardo Lima Paiva, 29.09.2007									1
100m Livres	Tempo Final	2.	1:15.87	207	1:14.35	28.04.2019	96%		
200m Estilos	Tempo Final	1.	3:04.56	209	3:06.28	03.03.2019	102%		
Ricardo Silva Marujo, 20.04.2000									1
100m Livres	Elimin	EXH	56.54	502	57.17	23.11.2018	102%		
Rita Abibe Goncalves, 11.01.2005									2
100m Livres	Final	2.	1:01.71	539	1:02.04		101%		
100m Livres	Elimin	1.	1:02.04	531	1:05.00	17.03.2019	110%		
Rodolfo Francisco Castanheira, 07.06.2001									1
100m Livres	Final	7.	1:13.04	232	1:10.81		94%		
100m Livres	Elimin	4.	1:10.81	255	1:16.77	17.02.2019	118%		
Rodrigo Duque Cristovao, 29.04.2008									1
100m Livres	Tempo Final	9.	1:28.08	132	1:30.34	03.03.2019	105%		
200m Estilos	Tempo Final	13.	4:01.28	93	3:50.00		91%		
Rodrigo Franco Palare, 08.06.2006									3
100m Livres	Final	8.	1:03.03	362	1:03.70		102%		
100m Livres	Elimin	8.	1:03.70	351	1:05.17	11.05.2019	105%		
100m Mariposa	Elimin	EXH	1:16.74	245	1:19.65	18.05.2019	108%		
Rodrigo Neves Fernandes, 15.08.2004									2
100m Bruços	Final	7.	1:16.12	389	1:15.78		99%		
100m Bruços	Elimin	6.	1:15.78	395	1:21.30	11.05.2019	115%		
100m Mariposa	Elimin	13.	1:08.57	344	1:09.87	19.05.2019	104%		

Rodrigo Oliveira Martins, 29.11.2007									2
100m Livres	Tempo Final	6.	1:24.40	150	1:33.84	03.03.2019	124%		
200m Estilos	Tempo Final	6.	3:32.39	137	3:50.00		117%		
Rodrigo Onofre Matos, 22.08.2006									-
100m Livres	Elimin	EXH	1:20.48	174	1:15.81	17.02.2019	89%		
Rodrigo Pedro Esteves, 15.11.2008									1
100m Livres	Tempo Final	13.	1:32.85	113	1:29.54	01.11.2018	93%		
200m Estilos	Tempo Final	10.	3:43.81	117	3:50.00		106%		
Salvador Ataíde Parente, 18.06.2003									2
100m Livres	Final	3.	57.08	488	57.96		103%		
100m Livres	Elimin	4.	57.96	466	57.83	19.05.2019	100%		
200m Estilos	Final	3.	2:19.32	487	2:20.40		102%		
200m Estilos	Elimin	4.	2:20.40	476	2:19.90	18.05.2019	99%		
Sara Carreira Melo, 12.10.2005									3
100m Bruços	Final	6.	1:23.56	415	1:21.26		95%		
100m Bruços	Elimin	4.	1:21.26	451	1:23.01	24.11.2018	104%		
200m Estilos	Final	6.	2:35.66	479	2:36.44		101%		
200m Estilos	Elimin	6.	2:36.44	472	2:38.85	18.05.2019	103%		
Sara Neves Fernandes, 09.12.2009									1
100m Livres	Tempo Final	9.	1:41.00	123	1:45.05	08.12.2018	108%		
200m Estilos	Tempo Final	6.	4:04.65	123	3:50.00		88%		
Simão Martins Pereira, 12.08.2004									-
200m Estilos	Elimin	EXH	2:44.09	298	2:35.00		89%		
Simone Filipe Monteiro, 23.09.2005									2
100m Livres	Elimin	EXH	1:05.52	451	1:07.28	17.03.2019	105%		
200m Estilos	Elimin	EXH	2:44.78	404	2:58.38	16.06.2018	117%		
Sofia Vilardell Rodrigues, 10.10.2004									2
100m Livres	Final	4.	1:02.26	525	1:03.13		103%		
100m Livres	Elimin	3.	1:03.13	504	1:02.81	19.05.2019	99%		
100m Costas	Final	4.	1:09.07	505	1:09.36		101%		
100m Costas	Elimin	2.	1:09.36	499	1:07.85	08.12.2018	96%		
Tomas Maia Januario, 24.10.2006									2
100m Livres	Elimin	12.	1:07.17	299	1:06.77	10.03.2019	99%		
400m Livres	Elimin	EXH	5:05.28	336	5:06.16	16.12.2018	101%		
100m Costas	Final	5.	1:13.86	290	1:16.50		107%		
100m Costas	Elimin	7.	1:16.50	261	1:14.09	29.03.2019	94%		
Vyacheslav Hliba, 16.04.2005									1
100m Livres	Elimin	EXH	1:10.52	258	1:10.28	10.03.2019	99%		
100m Costas	Elimin	EXH	1:22.54	207	1:23.20	20.01.2019	102%		
Yan Hliba, 16.04.2005									1
100m Mariposa	Elimin	EXH	1:25.21	179	1:20.06	24.02.2019	88%		
200m Estilos	Elimin	EXH	3:04.86	208	3:05.09	02.02.2019	100%		
Yasmin Ruth Bexigas, 04.10.2008									2
100m Livres	Tempo Final	3.	1:22.96	222	1:27.46	26.01.2019	111%		
200m Estilos	Tempo Final	2.	3:26.56	205	3:39.59	02.03.2019	113%		
Yonina Brancourt, 11.12.2004									3
100m Livres	Elimin	EXH	1:03.45	496	1:03.65	16.12.2018	101%		
100m Costas	Final	5.	1:10.40	477	1:10.72		101%		
100m Costas	Elimin	5.	1:10.72	471	1:11.07	14.12.2018	101%		

Individual ANL

Joao Manuel Vargas, 16.12.2000

400m Livres Elimin
100m Bruços Elimin

Luis Carlos Correia, 25.07.2003

100m Livres Elimin
100m Mariposa Elimin

EXH	4:12.73	592	4:13.01	04.11.2018	100%
EXH	1:07.30	564	1:05.84	21.12.2018	96%
EXH	58.95	443	58.37	19.05.2019	98%
EXH	1:04.72	409	1:06.67	12.05.2019	106%

2

1

1

Palmela Desporto EEM								23
Alexandre Duarte Morais, 01.08.2004								1
100m Livres	Final	4.	57.95	466	57.93		100%	
100m Livres	Elimin	3.	57.93	466	57.71	19.05.2019	99%	
100m Mariposa	Elimin	10.	1:07.68	358	1:07.72	10.02.2019	100%	
Ana Sofia Silva, 13.04.2007								-
200m Estilos	Elimin	WDR		-	3:40.08	21.10.2018	-	
Andreia Azevedo Almeida, 04.04.1986								1
100m Livres	Tempo Final	4.	1:59.03	75	2:06.65		113%	
100m Estilos	Tempo Final	5.	2:16.40	71	2:13.58	23.03.2019	96%	
Antonio Maria Ferreira, 04.05.2000								3
400m Livres	Final	6.	4:32.20	474	4:35.19		102%	
400m Livres	Elimin	2.	4:35.19	458	4:39.74	09.12.2018	103%	
200m Estilos	Elimin	12.	2:28.44	402	2:29.28	28.10.2018	101%	
Beatriz Ferreira Perpétuo, 21.02.2007								1
100m Livres	Elimin	18.	1:21.20	236	1:33.00		131%	
Cláudia Maria Silva, 18.05.1970								-
100m Livres	Tempo Final	1.	1:20.81	240	1:17.68		92%	
Diogo Lopes Venceslau, 09.06.2006								1
100m Livres	Elimin	19.	1:11.18	251	1:11.54	10.03.2019	101%	
Felippe Figueiredo, 01.03.1980								1
100m Estilos	Tempo Final	3.	1:26.87	194	1:30.96		110%	
Francisco Fino Motta, 12.05.2005								1
100m Costas	Elimin	14.	1:22.51	208	1:24.83	20.01.2019	106%	
200m Estilos	Elimin	14.	2:54.78	246	2:52.18	24.02.2019	97%	
Ines Azinheira Serra, 14.11.2005								1
100m Livres	Elimin	16.	1:19.23	255	1:21.12	28.10.2018	105%	
100m Costas	Elimin	15.	1:26.90	253	1:26.23	14.04.2019	98%	
Iolanda Sofia Clerigo, 18.11.2002								1
400m Livres	Elimin	4.	5:00.66	474	5:02.29	01.12.2018	101%	
100m Bruços	Elimin	11.	1:25.82	383	1:20.91	14.04.2019	89%	
Joao Silva Angelino, 15.03.2004								-
100m Livres	Elimin	15.	59.81	424	59.40	16.12.2018	99%	
100m Costas	Elimin	16.	1:14.89	278	1:12.53	18.05.2019	94%	
Jose Manuel Pereira, 31.07.1970								-
100m Livres	Tempo Final	5.	1:14.44	220	1:13.67	06.01.2019	98%	
100m Estilos	Tempo Final	6.	1:34.52	150	1:34.10	23.03.2019	99%	
Leonor Peso Parente, 04.11.2007								2
400m Livres	Elimin	WDR		-	5:48.50	19.05.2019	-	
100m Bruços	Elimin	11.	1:35.40	279	1:36.91	12.05.2019	103%	
200m Estilos	Elimin	14.	2:59.93	310	3:00.13	25.04.2019	100%	
Leonor Sofia Santos, 08.10.2006								-
100m Mariposa	Elimin	WDR		-	1:27.89	14.04.2019	-	
Leticia Rodrigues Magalhaes, 12.11.2007								3
400m Livres	Final	7.	5:14.07	416	5:17.94		102%	
400m Livres	Elimin	2.	5:17.94	401	5:23.92	25.04.2019	104%	
100m Costas	Final	7.	1:19.76	328	1:18.28		96%	
100m Costas	Elimin	3.	1:18.28	347	1:19.35	29.03.2019	103%	
200m Estilos	Elimin	WDR		-	2:51.52	12.05.2019	-	
Mafalda Sofia Dias, 25.11.2001								2
100m Livres	Elimin	6.	1:02.33	523	1:03.59	17.03.2019	104%	
100m Costas	Final	5.	1:09.00	507	1:09.33		101%	
100m Costas	Elimin	5.	1:09.33	500	1:08.33	01.12.2018	97%	
Manuel Pires Oliveira, 11.01.2005								2
100m Livres	Final	3.	1:01.51	389	1:02.35		103%	
100m Livres	Elimin	3.	1:02.35	374	1:01.95	31.03.2019	99%	
100m Costas	Final	4.	1:12.69	304	1:12.94		101%	
100m Costas	Elimin	4.	1:12.94	301	1:11.38	29.03.2019	96%	
Margarida Mota Silva, 27.05.2003								1
100m Livres	Elimin	14.	1:06.43	432	1:02.84	29.07.2018	89%	
100m Bruços	Elimin	6.	1:20.25	469	1:22.30	26.07.2018	105%	
Mariana Ribeiro Roseiro, 23.05.2006								1
100m Livres	Elimin	15.	1:13.51	319	1:14.07	11.05.2019	102%	
100m Bruços	Final	8.	1:28.95	344	1:27.16		96%	
100m Bruços	Elimin	5.	1:27.16	366	1:25.82	25.04.2019	97%	
Sofia Goncalves Raposo, 23.05.2007								-
100m Costas	Elimin	13.	1:25.63	265	1:24.72	30.03.2019	98%	
Tiago Romao Lourenco, 02.12.2005								-
400m Livres	Elimin	6.	5:11.64	315	5:09.18	24.02.2019	98%	
100m Mariposa	Elimin	13.	1:21.16	207	1:17.62	14.04.2019	91%	

Tomas Pratas Neto, 18.11.2004

100m Costas
100m Bruços

Elimin
Elimin

11.
10.

1:08.18
1:19.00

368
348

1:09.45
1:17.51

18.05.2019
19.05.2019

104%
96%

1

Soc.Filarmónica União A. Piedense								36
Andre Correia Alves, 05.02.2006								3
100m Bruços	Elimin	9.	1:26.06	269	1:29.81	18.11.2018	109%	
200m Estilos	Final	6.	2:33.16	366	2:36.18		104%	
200m Estilos	Elimin	7.	2:36.18	345	2:36.54	11.05.2019	100%	
Beatriz Quintao Amantes, 06.07.2003								2
400m Livres	Final	8.	4:45.16	556	4:47.77		102%	
400m Livres	Elimin	3.	4:47.77	541	4:50.70	28.07.2018	102%	
Bernardo Geada Brito, 01.08.2002								2
200m Estilos	Final	7.	2:15.02	535	2:15.17		100%	
200m Estilos	Elimin	8.	2:15.17	533	2:21.61	28.10.2018	110%	
Carlos Filipe Lopes, 25.10.2001								1
400m Livres	Final	5.	4:24.88	514	4:19.22		96%	
400m Livres	Elimin	3.	4:19.22	548	4:40.00		117%	
Carolina Martins Camacho, 29.09.2006								4
100m Bruços	Final	5.	1:26.96	368	1:29.05		105%	
100m Bruços	Elimin	8.	1:29.05	343	1:30.34	20.01.2019	103%	
100m Mariposa	Final	4.	1:16.18	368	1:18.76		107%	
100m Mariposa	Elimin	5.	1:18.76	333	1:21.46	24.02.2019	107%	
Celeste Santos Ricardo, 29.05.2001								1
100m Livres	Elimin	12.	1:05.33	455	1:05.85	08.07.2018	102%	
100m Costas	Elimin	9.	1:12.82	431	1:10.65	01.07.2018	94%	
David Matias Cristino, 16.05.2001								-
100m Bruços	Final	8.	1:10.58	489	1:09.63		97%	
100m Bruços	Elimin	7.	1:09.63	509	1:09.23	09.12.2018	99%	
200m Estilos	Final	5.	2:12.87	561	2:12.14		99%	
200m Estilos	Elimin	2.	2:12.14	571	2:06.03	22.12.2018	91%	
Edgar Filipe Santos, 22.08.2001								2
100m Costas	Elimin	9.	1:04.08	444	1:00.90	23.12.2018	90%	
100m Mariposa	Final	7.	1:00.33	506	1:00.87		102%	
100m Mariposa	Elimin	8.	1:00.87	492	1:01.15	17.03.2019	101%	
Emily Monteiro Cunha, 28.07.2004								2
100m Livres	Elimin	13.	1:10.11	368	1:22.00		137%	
100m Bruços	Elimin	9.	1:29.05	343	1:36.00		116%	
Fernando Souza Silva, 07.04.1986								3
100m Bruços	Final	1.	1:04.66	636	1:09.07		114%	
100m Bruços	Elimin	6.	1:09.07	521	1:19.00		131%	
100m Mariposa	Final	1.	54.41	690	58.87		117%	
100m Mariposa	Elimin	2.	58.87	544	53.72	09.12.2018	83%	
Goncalo Filipe Carrapito, 01.07.2004								1
100m Costas	Elimin	15.	1:10.13	339	1:09.55	24.11.2018	98%	
100m Bruços	Elimin	12.	1:20.13	334	1:23.98	06.07.2018	110%	
Guilherme Machado Santos, 06.11.2004								3
400m Livres	Final	6.	4:32.20	474	4:35.52		102%	
400m Livres	Elimin	4.	4:35.52	457	4:54.29	05.07.2018	114%	
200m Estilos	Final	8.	2:26.17	421	2:26.70		101%	
200m Estilos	Elimin	8.	2:26.70	417	2:24.27	18.05.2019	97%	
Guilherme Matias Cristino, 26.05.2003								1
100m Livres	Elimin	13.	59.69	426	59.69	15.12.2018	100%	
100m Mariposa	Elimin	9.	1:07.29	364	1:08.18	14.12.2018	103%	
Ines Figueira Santos, 22.07.2000								3
100m Livres	Final	7.	1:02.20	527	1:02.27		100%	
100m Livres	Elimin	5.	1:02.27	525	1:02.93	08.07.2018	102%	
100m Costas	Final	6.	1:10.75	470	1:11.25		101%	
100m Costas	Elimin	6.	1:11.25	460	1:10.97	14.04.2019	99%	
Joana Isabel Pulquerio, 04.10.2003								-
100m Bruços	Elimin	12.	1:26.41	375	1:26.38	28.10.2018	100%	
100m Mariposa	Elimin	10.	1:13.52	409	1:12.40	24.11.2018	97%	
Leonor Gino Canhao, 14.05.2007								1
100m Costas	Elimin	16.	1:27.46	249	1:32.49	11.05.2019	112%	
100m Bruços	Elimin	14.	1:46.53	200	1:45.59	10.03.2019	98%	
Luisa Ponte Jorge, 18.01.2007								2
100m Livres	Elimin	9.	1:10.69	359	1:11.78	30.03.2019	103%	
200m Estilos	Elimin	15.	3:00.46	307	3:05.52	12.05.2019	106%	
Margarida Cunha Barros, 12.06.2002								-
100m Mariposa	Elimin	11.	1:13.85	404	1:12.65	17.03.2019	97%	
Maria Martins Camacho, 15.01.2004								1
400m Livres	Final	3.	4:51.15	522	4:53.09		101%	
400m Livres	Elimin	2.	4:53.09	512	4:52.07	16.12.2018	99%	
100m Costas	Elimin	12.	1:15.63	385	1:13.88	14.12.2018	95%	

Maria Pinto Monteiro, 17.05.2006								-
400m Livres	Final	6.	5:11.79	425	5:08.31		98%	
400m Livres	Elimin	3.	5:08.31	440	5:07.38	31.03.2019	99%	
200m Estilos	Final	8.	2:52.76	350	2:47.65		94%	
200m Estilos	Elimin	4.	2:47.65	384	2:47.57	30.03.2019	100%	
Marta Pereira Domingos, 23.06.2004								-
100m Mariposa	Elimin	11.	1:15.99	371	1:15.73	19.05.2019	99%	
200m Estilos	Elimin	10.	2:43.30	415	2:42.60	17.03.2019	99%	
Miguel Alexandre Araujo, 14.12.2004								2
100m Costas	Elimin	18.	1:17.85	247	1:19.69	14.04.2019	105%	
100m Bruços	Elimin	13.	1:22.09	310	1:24.85	11.05.2019	107%	
Pedro Crispim Jorge, 26.09.2006								-
100m Livres	Elimin	13.	1:07.30	297	1:07.04	31.03.2019	99%	
400m Livres	Final	8.	5:04.82	337	5:02.61		99%	
400m Livres	Elimin	2.	5:02.61	345	5:01.55	09.03.2019	99%	
Pedro Henriques Marques, 12.03.2000								-
100m Costas	Elimin	12.	1:09.79	343	1:06.37	07.07.2018	90%	
Rafael Caceres Lopes, 18.03.2004								-
100m Mariposa	Elimin	11.	1:07.80	356	1:06.91	12.05.2019	97%	
200m Estilos	Elimin	10.	2:27.81	408	2:25.51	18.05.2019	97%	
Sara Nunes Conceicao, 08.03.2005								1
100m Livres	Final	7.	1:05.28	456	1:04.81		99%	
100m Livres	Elimin	8.	1:04.81	466	1:04.72	19.05.2019	100%	
100m Costas	Elimin	14.	1:16.43	373	1:16.96	14.04.2019	101%	
Tiago Maria Camoes, 28.04.2001								1
100m Livres	Final	6.	54.19	570	54.10		100%	
100m Livres	Elimin	2.	54.10	573	56.58	25.05.2019	109%	
100m Costas	Elimin	11.	1:05.62	413	1:04.00	10.11.2018	95%	

Sport Alges e Dafundo										13
Ana Moniz Cunha, 09.06.2007										1
100m Costas	Elimin	20.	1:33.23	205	1:36.01	19.01.2019	106%			
Andre Cunha Ribeiro, 29.04.2006										-
400m Livres	Elimin	WDR		-	5:28.08	24.02.2019	-			
Antonio Duarte Carvalho, 27.12.2006										1
100m Costas	Elimin	15.	1:22.99	204	1:42.16	02.06.2018	152%			
Emma Aguiar Bergamo, 24.08.2007										1
200m Estilos	Elimin	12.	2:57.26	324	3:10.32	21.10.2018	115%			
Joao Miguel Moreira, 16.02.2006										1
100m Bruços	Elimin	14.	1:33.89	207	1:38.50	24.02.2019	110%			
Jose Alves Monteiro, 11.04.2005										1
100m Bruços	Final	8.	1:29.32	241	1:24.03		89%			
100m Bruços	Elimin	8.	1:24.03	289	1:24.80	19.01.2019	102%			
Margarida Barbara Marques, 19.12.2006										3
100m Livres	Final	6.	1:10.30	365	1:10.13		100%			
100m Livres	Elimin	7.	1:10.13	367	1:14.09	10.03.2019	112%			
100m Costas	Final	3.	1:18.18	348	1:18.59		101%			
100m Costas	Elimin	4.	1:18.59	343	1:18.65	29.03.2019	100%			
Miguel Cordeiro Almeida, 21.12.2005										-
100m Livres	Final	4.	1:02.06	379	1:02.06		100%			
100m Livres	Elimin	2.	1:02.06	379	NT		-			
Rita Sacadura Almeida, 05.06.2007										1
100m Livres	Elimin	13.	1:12.88	327	1:15.54	09.03.2019	107%			
Teresa Joao Pires, 18.11.2007										1
400m Livres	Elimin	3.	5:26.30	371	5:43.38	19.05.2019	111%			
Tiago Silva Bartolo, 15.03.2005										2
100m Mariposa	Final	4.	1:06.14	384	1:06.74		102%			
100m Mariposa	Elimin	2.	1:06.74	373	1:20.21	19.01.2019	144%			
Vasco Alves Morgado, 28.12.2005										1
100m Livres	Elimin	9.	1:04.12	344	1:07.94	06.07.2018	112%			

Sport Lisboa e Benfica									48
Andre Henriques Marques, 03.01.2005									2
100m Mariposa	Final	1.	1:03.90	425	1:06.50			108%	
100m Mariposa	Elimin	1.	1:06.50	377	1:06.61	12.05.2019		100%	
Andreia Velho Magalhaes, 01.05.2004									-
100m Livres	Elimin	10.	1:07.12	419	1:05.87	10.02.2019		96%	
Barbara Cunha Ventura, 11.08.2005									-
100m Costas	Elimin	9.	1:14.02	410	1:13.00	14.12.2018		97%	
Beatriz Reis Pinto, 03.07.2007									-
100m Bruços	Elimin	13.	1:41.19	234	1:38.78	10.03.2019		95%	
Catarina Coutinho Lima, 15.08.2006									2
100m Livres	Final	4.	1:10.10	368	1:10.44			101%	
100m Livres	Elimin	8.	1:10.44	363	1:11.85	12.05.2019		104%	
Clara Vieira Tojo, 01.06.2007									1
100m Costas	Elimin	18.	1:27.57	248	1:32.18	08.03.2019		111%	
Daniel Nogueira Catalao, 01.12.2000									2
100m Bruços	Final	3.	1:06.33	589	1:08.62			107%	
100m Bruços	Elimin	4.	1:08.62	532	1:06.44	01.07.2018		94%	
200m Estilos	Final	1.	2:08.56	620	2:14.10			109%	
200m Estilos	Elimin	4.	2:14.10	546	2:05.86	22.12.2018		88%	
Daniel Shumeika Zayika, 15.01.2003									1
100m Livres	Final	2.	56.90	492	57.97			104%	
100m Livres	Elimin	5.	57.97	465	57.55	19.05.2019		99%	
100m Costas	Elimin	13.	1:08.93	357	1:07.36	24.11.2018		95%	
David Miguel Morais, 14.05.2006									2
200m Estilos	Final	5.	2:32.64	370	2:33.62			101%	
200m Estilos	Elimin	5.	2:33.62	363	2:35.74	11.05.2019		103%	
Diogo Sousa Barbosa, 04.06.2005									-
100m Livres	Elimin	10.	1:04.13	344	1:03.88	09.03.2019		99%	
Francisca Otao Tribuna, 29.06.2005									1
100m Costas	Elimin	11.	1:14.60	401	1:16.27	17.03.2019		105%	
Gonçalo Duarte Carvalho, 24.05.2005									2
400m Livres	Final	2.	4:42.09	425	4:46.65			103%	
400m Livres	Elimin	2.	4:46.65	405	4:49.53	09.03.2019		102%	
Guilherme Fernandes Baptista, 30.03.2006									2
100m Bruços	Final	5.	1:21.05	322	1:22.92			105%	
100m Bruços	Elimin	5.	1:22.92	301	1:28.07	11.05.2019		113%	
Guilherme Santos Gavea, 27.08.2006									3
100m Livres	Elimin	15.	1:07.80	291	1:09.23	09.03.2019		104%	
100m Costas	Final	7.	1:16.35	262	1:16.50			100%	
100m Costas	Elimin	7.	1:16.50	261	1:18.01	08.03.2019		104%	
Ines Gomes Carmo, 20.02.2007									1
100m Costas	Elimin	12.	1:25.58	265	1:25.89	08.03.2019		101%	
Isadora Maia Andre, 10.01.2005									-
200m Estilos	Final	5.	2:35.27	483	2:34.72			99%	
200m Estilos	Elimin	2.	2:34.72	488	2:31.60	15.12.2018		96%	
Joana Rocha Ferreira, 02.03.2005									3
100m Livres	Final	5.	1:03.83	487	1:04.56			102%	
100m Livres	Elimin	7.	1:04.56	471	1:04.64	12.05.2019		100%	
200m Estilos	Final	8.	2:37.58	462	2:37.43			100%	
200m Estilos	Elimin	7.	2:37.43	463	2:38.51	18.05.2019		101%	
Joao Matos Fidalgo, 15.07.2003									1
100m Livres	Elimin	12.	59.36	433	58.69	19.05.2019		98%	
100m Mariposa	Final	4.	1:03.39	436	1:03.95			102%	
100m Mariposa	Elimin	4.	1:03.95	424	1:02.98	06.04.2019		97%	
Juliana Soromenho Santos, 27.09.2007									1
100m Mariposa	Elimin	8.	1:22.40	291	1:26.82	18.11.2018		111%	
Leonor Eduarda Baptista, 01.06.2006									2
100m Mariposa	Final	5.	1:18.09	342	1:18.96			102%	
100m Mariposa	Elimin	6.	1:18.96	330	1:24.15	10.03.2019		114%	
Madalena Fragoso Guterres, 17.05.2006									1
100m Livres	Final	5.	1:10.18	367	1:10.09			100%	
100m Livres	Elimin	6.	1:10.09	368	1:11.99	12.05.2019		105%	
Manuel Faria Silvestre, 09.06.2006									1
100m Mariposa	Elimin	12.	1:16.37	249	1:21.52	18.05.2019		114%	
Maria Carolina Vargas, 22.11.2005									2
100m Bruços	Final	5.	1:22.85	426	1:24.58			104%	
100m Bruços	Elimin	6.	1:24.58	400	1:26.74	12.05.2019		105%	
Maria Esteves Valente, 17.07.2006									2
200m Estilos	Final	1.	2:38.17	457	2:40.70			103%	
200m Estilos	Elimin	1.	2:40.70	436	2:40.71	12.05.2019		100%	

Maria Leonor Coelho, 25.04.2006									1
400m Livres	Final	1.	4:43.84	564	4:49.92			104%	
400m Livres	Elimin	1.	4:49.92	529	4:48.48	31.03.2019		99%	
Mariana Fragoso Guterres, 28.03.2004									1
400m Livres	Final	5.	5:01.17	472	5:02.05			101%	
400m Livres	Elimin	4.	5:02.05	468	4:51.60	24.11.2018		93%	
100m Mariposa	Final	8.	1:14.21	398	1:14.04			100%	
100m Mariposa	Elimin	9.	1:14.04	401	1:13.79	06.04.2019		99%	
Martim Barata Antunes, 14.01.2006									1
100m Bruços	Elimin	11.	1:28.00	252	1:31.04	11.05.2019		107%	
Matilde Nunes Lopes, 24.03.2006									2
100m Bruços	Final	3.	1:23.55	415	1:25.78			105%	
100m Bruços	Elimin	4.	1:25.78	384	1:26.93	12.05.2019		103%	
Miguel Henriques Marques, 12.03.2000									-
100m Livres	Elimin	15.	58.57	451	52.97	02.02.2019		82%	
100m Mariposa	Elimin	15.	1:06.23	382	1:01.68	24.05.2019		87%	
Neuza Velho Magalhaes, 29.10.2005									-
100m Mariposa	Elimin	10.	1:14.48	394	1:13.82	19.05.2019		98%	
Pedro Henriques Correia, 18.05.2003									2
100m Costas	Elimin	14.	1:09.33	350	1:05.10	16.12.2018		88%	
200m Estilos	Final	6.	2:21.38	466	2:21.39			100%	
200m Estilos	Elimin	5.	2:21.39	466	2:22.54	09.02.2019		102%	
Rafaela Sofia Silva, 12.09.2003									1
100m Bruços	Elimin	10.	1:23.78	412	1:23.63	15.03.2019		100%	
200m Estilos	Final	7.	2:36.81	469	2:37.31			101%	
200m Estilos	Elimin	6.	2:37.31	464	2:36.36	25.11.2018		99%	
Ricardo Pinela Ferreira, 19.04.2001									2
100m Livres	Final	8.	56.38	506	55.79			98%	
100m Livres	Elimin	8.	55.79	522	56.42	23.11.2018		102%	
100m Costas	Final	4.	1:00.32	532	1:01.80			105%	
100m Costas	Elimin	3.	1:01.80	495	1:00.17	02.02.2019		95%	
Ricardo Samuel Pereira, 31.03.2003									1
100m Bruços	Final	1.	1:04.77	632	1:04.76			100%	
100m Bruços	Elimin	1.	1:04.76	633	1:05.33	05.04.2019		102%	
Salvador Goya Perloiro, 22.07.2005									1
200m Estilos	Final	1.	2:21.53	464	2:28.70			110%	
200m Estilos	Elimin	1.	2:28.70	400	2:24.36	11.05.2019		94%	
Sofia Alexandra Rolao, 27.12.1998									4
100m Livres	Final	2.	58.74	626	58.79			100%	
100m Livres	Elimin	2.	58.79	624	1:00.58	10.02.2019		106%	
400m Livres	Final	4.	4:29.87	656	4:32.18			102%	
400m Livres	Elimin	1.	4:32.18	639	5:03.00			124%	
Vasco Santos Silva, 01.10.2005									-
100m Costas	Elimin	12.	1:19.91	229	1:18.79	08.03.2019		97%	

Sporting Clube de Portugal									74
Adelino Jose Casas, 06.09.1966									-
100m Livres	Tempo Final	4.	1:14.19	222	1:11.52	19.01.2019	93%		
100m Estilos	Tempo Final	4.	1:27.74	188	1:25.76	19.01.2019	96%		
Afonso Cipriano Pinto, 05.04.2004									2
100m Livres	Elimin	17.	1:02.17	377	59.80	19.05.2019	93%		
100m Mariposa	Final	5.	1:03.44	435	1:04.11		102%		
100m Mariposa	Elimin	5.	1:04.11	421	1:05.86	06.04.2019	106%		
Afonso Figueiredo Frasilho, 04.06.2004									1
100m Livres	Elimin	10.	58.92	443	57.33	16.12.2018	95%		
100m Costas	Final	4.	1:03.44	457	1:05.33		106%		
100m Costas	Elimin	6.	1:05.33	419	1:03.48	16.12.2018	94%		
Afonso Lucio Costa, 15.06.2005									3
100m Costas	Final	3.	1:09.80	343	1:11.32		104%		
100m Costas	Elimin	3.	1:11.32	322	1:12.44	30.03.2019	103%		
100m Bruços	Final	3.	1:17.34	371	1:22.10		113%		
100m Bruços	Elimin	4.	1:22.10	310	1:20.98	31.03.2019	97%		
Alexandre Coelho Vieira, 11.09.2003									2
100m Bruços	Final	8.	1:16.49	384	1:17.51		103%		
100m Bruços	Elimin	8.	1:17.51	369	1:16.17	19.05.2019	97%		
100m Mariposa	Final	7.	1:03.80	427	1:05.19		104%		
100m Mariposa	Elimin	7.	1:05.19	401	1:03.47	19.05.2019	95%		
Ana Beatriz Simoes, 30.03.2005									2
100m Livres	Final	1.	1:01.01	558	1:02.15		104%		
100m Livres	Elimin	2.	1:02.15	528	1:02.17	12.05.2019	100%		
Ana Filipa Carvalho, 12.01.1988									1
100m Livres	Final	1.	1:45.31	108	1:46.42		102%		
100m Livres	Elimin	1.	1:46.42	105	1:46.42		100%		
Anais Cloe Pereira, 29.01.2004									-
100m Costas	Final	7.	1:12.72	433	1:11.95		98%		
100m Costas	Elimin	7.	1:11.95	447	1:11.92	05.04.2019	100%		
Andre Reis Almeida, 29.04.2000									-
100m Livres	Elimin	10.	1:22.94	159	1:16.53	17.02.2019	85%		
Beatriz Antunes Carvalho, 15.04.1999									1
100m Bruços	Final	3.	1:18.58	499	1:19.87		103%		
100m Bruços	Elimin	5.	1:19.87	475	1:16.50	24.11.2018	92%		
Beatriz Fernandes Gama, 02.12.2006									3
400m Livres	Final	3.	5:01.62	470	5:05.46		103%		
400m Livres	Elimin	2.	5:05.46	452	5:01.95	31.03.2019	98%		
100m Bruços	Final	4.	1:25.01	394	1:25.06		100%		
100m Bruços	Elimin	3.	1:25.06	394	1:28.84	12.05.2019	109%		
Bernardo Garcia Perloiro, 02.07.2000									4
100m Costas	Final	6.	1:02.13	487	1:02.55		101%		
100m Costas	Elimin	8.	1:02.55	477	1:13.00		136%		
200m Estilos	Final	4.	2:12.57	565	2:14.75		103%		
200m Estilos	Elimin	6.	2:14.75	538	2:14.78	29.07.2018	100%		
Bernardo Victorino Almeida, 19.07.2004									3
400m Livres	Final	1.	4:03.15	665	4:08.04		104%		
400m Livres	Elimin	1.	4:08.04	626	4:17.20	07.04.2019	108%		
200m Estilos	Final	1.	2:14.70	539	2:17.68		104%		
200m Estilos	Elimin	2.	2:17.68	504	2:14.45	18.05.2019	95%		
Carolina Costa Diniz, 19.08.2006									4
100m Livres	Final	3.	1:09.27	381	1:09.36		100%		
100m Livres	Elimin	4.	1:09.36	380	1:11.95	12.05.2019	108%		
100m Costas	Final	4.	1:18.36	346	1:19.06		102%		
100m Costas	Elimin	6.	1:19.06	337	1:23.30	11.05.2019	111%		
Catarina Lima Antunes, 31.01.2006									-
100m Livres	Elimin	10.	1:10.77	357	1:10.06	09.03.2019	98%		
200m Estilos	Elimin	11.	2:56.25	330	2:53.46	09.03.2019	97%		
Daniela Alexandra Santos, 05.10.2007									-
100m Mariposa	Elimin	14.	1:30.78	217	1:28.29	18.05.2019	95%		
Dinis Viola Caroco, 14.10.2003									-
100m Costas	Final	8.	1:05.64	413	1:04.93		98%		
100m Costas	Elimin	5.	1:04.93	427	1:04.76	18.05.2019	99%		
Diogo Alexandre Casteleiro, 02.09.2001									1
100m Mariposa	Final	8.	1:01.00	489	1:00.79		99%		
100m Mariposa	Elimin	7.	1:00.79	494	1:02.55	10.02.2019	106%		
Diogo Botelho Capricho, 18.02.2005									2
200m Estilos	Final	4.	2:29.20	396	2:31.99		104%		
200m Estilos	Elimin	3.	2:31.99	375	2:39.06	10.03.2019	110%		

Eduardo Gomes Fernandes, 10.04.2002									1
100m Livres	Final	4.	53.87	580	54.39			102%	
100m Livres	Elimin	4.	54.39	564	53.30	04.04.2019		96%	
Erica Cristina Reis, 04.03.2005									1
100m Bruços	Final	1.	1:15.16	571	1:18.07			108%	
100m Bruços	Elimin	1.	1:18.07	509	1:16.81	05.04.2019		97%	
Filipa Ferraz Domingos, 13.01.2006									1
100m Bruços	Final	7.	1:27.87	357	1:27.84			100%	
100m Bruços	Elimin	6.	1:27.84	357	1:27.66	17.02.2019		100%	
100m Mariposa	Final	1.	1:12.40	429	1:13.76			104%	
100m Mariposa	Elimin	1.	1:13.76	405	1:13.63	11.05.2019		100%	
Filipa Ramos Peixeira, 06.04.2003									1
100m Costas	Final	1.	1:05.24	600	1:06.60			104%	
100m Costas	Elimin	2.	1:06.60	564	1:04.73	23.12.2018		94%	
Francisco Jose Vicente, 09.10.1999									-
100m Livres	Elimin	13.	1:34.06	109	1:32.74	17.02.2019		97%	
Goncalo Silveirinha Caldeira, 11.03.2001									1
100m Bruços	Final	7.	1:08.23	541	1:08.50			101%	
100m Bruços	Elimin	3.	1:08.50	535	1:04.55	21.12.2018		89%	
Ines Camacho Fernandes, 30.05.1997									1
100m Mariposa	Final	1.	1:02.17	677	1:04.63			108%	
100m Mariposa	Elimin	1.	1:04.63	603	1:01.78	06.04.2019		91%	
Joao Afonso Santos, 08.03.2004									-
100m Livres	Elimin	WDR		-	57.43	15.12.2018		-	
100m Bruços	Elimin	WDR		-	1:13.31	19.05.2019		-	
Joao Francisco Vaz, 22.12.1992									-
100m Livres	Elimin	11.	1:26.63	139	1:25.04	01.07.2018		96%	
Joao Maria Colaco, 01.02.2003									2
100m Bruços	Final	6.	1:14.24	420	1:16.26			106%	
100m Bruços	Elimin	7.	1:16.26	387	1:11.38	15.12.2018		88%	
200m Estilos	Final	5.	2:20.12	478	2:22.73			104%	
200m Estilos	Elimin	6.	2:22.73	453	2:22.27	20.01.2019		99%	
Jose Carneirinho Ribeiro, 07.01.1990									1
100m Livres	Elimin	9.	1:19.37	181	1:19.45	01.11.2018		100%	
Jose Manuel Sa, 03.08.2005									4
100m Livres	Final	5.	1:02.32	374	1:03.64			104%	
100m Livres	Elimin	7.	1:03.64	352	1:05.11	10.03.2019		105%	
100m Costas	Final	2.	1:07.10	387	1:09.46			107%	
100m Costas	Elimin	2.	1:09.46	348	1:09.96	12.05.2019		101%	
Jose Samuel Duarte, 11.03.1965									-
100m Livres	Tempo Final	3.	1:10.07	263	1:07.24	01.07.2018		92%	
100m Estilos	Tempo Final	1.	1:14.12	312	1:13.17	12.05.2019		97%	
Josemar Joel Ferreira, 11.08.1995									2
100m Livres	Final	3.	1:08.85	278	1:09.10			101%	
100m Livres	Elimin	3.	1:09.10	275	1:10.68	15.12.2018		105%	
Lia Ana Lima, 09.09.2001									1
100m Mariposa	Final	2.	1:04.18	616	1:04.74			102%	
100m Mariposa	Elimin	2.	1:04.74	600	1:03.64	06.04.2019		97%	
Madalena Reis Cerdeira, 10.12.2003									-
100m Bruços	Elimin	4.	1:19.16	488	1:14.48	13.04.2019		89%	
Mafalda Gomes Beleza, 30.07.1994									2
100m Livres	Final	4.	1:01.06	557	1:01.83			103%	
100m Livres	Elimin	4.	1:01.83	536	58.94	29.07.2018		91%	
200m Estilos	Final	2.	2:23.94	606	2:32.64			112%	
200m Estilos	Elimin	4.	2:32.64	508	2:24.72	04.04.2019		90%	
Mafalda Marques Pinto, 22.07.2002									2
100m Livres	Final	3.	58.96	619	59.75			103%	
100m Livres	Elimin	3.	59.75	594	57.94	21.12.2018		94%	
100m Costas	Elimin	11.	1:14.25	407	1:17.00			108%	
Manuel Angelo Pereira, 07.06.2005									3
100m Livres	Final	2.	1:01.38	392	1:03.04			105%	
100m Livres	Elimin	6.	1:03.04	362	1:05.37	12.05.2019		108%	
100m Mariposa	Final	3.	1:05.57	394	1:08.92			110%	
100m Mariposa	Elimin	4.	1:08.92	339	1:07.43	12.05.2019		96%	
Maria Bandarra Matos, 12.04.2007									2
100m Costas	Final	6.	1:19.05	337	1:18.60			99%	
100m Costas	Elimin	5.	1:18.60	343	1:21.02	24.02.2019		106%	
200m Estilos	Elimin	10.	2:54.25	342	2:59.48	12.05.2019		106%	
Maria Ferreira Moura, 23.07.2004									2
100m Mariposa	Final	1.	1:02.87	655	1:08.95			120%	
100m Mariposa	Elimin	3.	1:08.95	496	1:02.75	19.05.2019		83%	
200m Estilos	Final	1.	2:23.75	609	2:35.53			117%	
200m Estilos	Elimin	3.	2:35.53	480	2:20.66	18.05.2019		82%	

Mariana Morais Delfino, 18.03.2004								2
100m Livres	Final	3.	1:02.01	532	1:03.25		104%	
100m Livres	Elimin	4.	1:03.25	501	1:00.18	15.12.2018	91%	
100m Costas	Final	1.	1:08.41	520	1:09.41		103%	
100m Costas	Elimin	3.	1:09.41	498	1:07.89	15.12.2018	96%	
Marta Macedo Inacio, 05.02.2004								2
400m Livres	Final	1.	4:38.41	597	4:44.28		104%	
400m Livres	Elimin	1.	4:44.28	561	4:38.39	16.12.2018	96%	
200m Estilos	Final	2.	2:31.22	523	2:35.70		106%	
200m Estilos	Elimin	5.	2:35.70	479	2:30.28	18.05.2019	93%	
Martim Rebelo Malfeito, 12.10.2002								-
100m Bruços	Elimin	10.	1:10.71	486	1:10.16	05.04.2019	98%	
Miguel Rohula Reis, 17.10.2001								-
100m Livres	Elimin	10.	56.16	512	56.09	19.05.2019	100%	
Nuno Alexandre Silva, 29.10.1992								1
100m Livres	Final	6.	1:12.51	238	1:16.39		111%	
100m Livres	Elimin	7.	1:16.39	203	1:09.96	17.02.2019	84%	
Paulo Paula Carvalho, 23.03.1961								1
100m Livres	Tempo Final	1.	1:03.10	361	1:21.99	02.03.2019	169%	
100m Estilos	Tempo Final	1.	1:13.76	317	1:11.81		95%	
Pedro Mahua Alvarez, 24.09.2005								3
100m Bruços	Final	4.	1:18.77	351	1:21.85		108%	
100m Bruços	Elimin	3.	1:21.85	313	1:18.98	30.03.2019	93%	
200m Estilos	Final	2.	2:26.46	419	2:32.50		108%	
200m Estilos	Elimin	4.	2:32.50	371	3:15.00		164%	
Pedro Miguel Pinto, 08.08.2002								-
200m Estilos	Elimin	7.	2:14.81	537	2:11.34	22.12.2018	95%	
Ricardo Andrade Belezas, 31.12.1991								1
100m Livres	Final	2.	59.97	420	1:04.15		114%	
100m Livres	Elimin	2.	1:04.15	343	58.60	17.02.2019	83%	
Ruy Manuel Domingos, 02.02.2002								1
100m Costas	Final	2.	59.73	548	1:00.39		102%	
100m Costas	Elimin	1.	1:00.39	530	59.05	19.05.2019	96%	
Soraia Alexandra Delgado, 14.07.2005								2
100m Bruços	Final	2.	1:18.24	506	1:19.11		102%	
100m Bruços	Elimin	2.	1:19.11	489	1:17.83	15.03.2019	97%	
100m Mariposa	Final	2.	1:08.21	513	1:08.53		101%	
100m Mariposa	Elimin	1.	1:08.53	506	1:07.29	19.05.2019	96%	
Teresa Miguel Veloso, 07.04.2000								2
400m Livres	Final	1.	4:25.45	689	4:33.33		106%	
400m Livres	Elimin	2.	4:33.33	631	4:30.53	25.05.2019	98%	
200m Estilos	Final	1.	2:23.06	618	2:28.98		108%	
200m Estilos	Elimin	2.	2:28.98	547	2:26.00	04.04.2019	96%	
Tiago Rodrigues Pinto, 04.10.2005								2
400m Livres	Final	1.	4:28.57	493	4:44.72		112%	
400m Livres	Elimin	1.	4:44.72	414	4:40.94	24.02.2019	97%	
100m Mariposa	Final	2.	1:04.21	419	1:08.24		113%	
100m Mariposa	Elimin	3.	1:08.24	349	1:05.81	12.05.2019	93%	
Vicente Barros Pereira, 15.07.2005								-
100m Livres	Elimin	12.	1:32.37	115	1:30.21	17.02.2019	95%	
Vicente Oliveira Gomes, 22.09.2002								1
100m Mariposa	Final	2.	56.90	603	58.95		107%	
100m Mariposa	Elimin	3.	58.95	542	57.74	06.04.2019	96%	