

**Prova 16**  
**13.07.2019 - 17:09**
**Femin., 200m Livres**
**Absolutos**  
**Resultados**

Rec Regional Sen	1:58.62	Diana Margarida Duraes	SLB	Copenhagen (DEN)	2017
Rec Regional Jun 2	1:59.62	Leticia Maia Andre	SLB	Felgueiras	2018
Rec Regional Jun 1	2:02.12	Leticia Maia Andre	SLB	Porto	2017
Rec Regional Juv A	2:03.93	Maria Ferreira Moura	SCP	Tomar	2018
Rec Regional Juv B	2:06.53	Ana Claudia Santos	SFUAP	Mealhada	2004
Rec Regional Abs	1:58.62	Diana Margarida Duraes	SLB	Copenhagen (DEN)	2017
Rec Nacional Abs	1:58.62	Diana Margarida Duraes	SLB	Copenhagen (DEN)	2017

TAC - Fem Juv B 50m: 2:35.04; Juv A 50m: 2:30.73; Jun 1 50m: 2:26.52; Jun 2 50m: 2:25.10; Sen 50m: 2:24.38

Pontos: FINA 2018

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
<b>Juvenis</b>								
1.	Marta Joao Pires	05	Algés	2:08.85	<b>2:07.24</b>	653	1:02.77	1:04.47
2.	Leonor Esteves Santos	04	Avançado EULx	2:11.24	<b>2:08.80</b>	630	1:03.12	1:05.68
3.	Erica Cristina Reis	05	Sporting	2:16.17	<b>2:10.96</b>	599	1:02.73	1:08.23
4.	Sofia Antunes Sebastiao	05	Amadora	2:13.09	<b>2:14.12</b>	558	1:04.33	1:09.79
5.	Lidiana Correia Rodrigues	04	Belenses	2:15.88	<b>2:15.11</b>	546	1:05.56	1:09.55
6.	Beatriz Costa Melo	04	Algés	2:20.57	<b>2:15.58</b>	540	1:05.29	1:10.29
7.	Mafalda Santos Costa	05	Colegio Int Monte Maior	2:15.28	<b>2:15.71</b>	538	1:05.57	1:10.14
8.	Margarida Carvalho Barao	04	Colégio Vasco da Gama	2:17.62	<b>2:16.87</b>	525	1:06.28	1:10.59
9.	Joana Fernandes Gama	05	Sporting	2:20.59	<b>2:17.07</b>	522	1:06.80	1:10.27
10.	Carmo Dias Vieira	05	Avançado EULx	2:20.80	<b>2:17.10</b>	522	1:07.51	1:09.59
11.	Margarida Filipe Ferreira	04	Cova da Piedade	2:18.55	<b>2:17.31</b>	520	1:06.05	1:11.26
	Rita Abibe Goncalves	05	Geslours	2:22.07	<b>2:17.31</b>	520	1:07.82	1:09.49
13.	Mariana Morais Delfino	04	Sporting	2:15.48	<b>2:17.42</b>	518	1:06.62	1:10.80
14.	Daniela Alexandra Pedro	04	Sporting	2:17.63	<b>2:17.54</b>	517	1:05.41	1:12.13
15.	Yonina Brancourt	04	Geslours	2:19.79	<b>2:17.72</b>	515	1:06.29	1:11.43
16.	Maria Teresa Fernandes	05	Algés	2:22.76	<b>2:18.07</b>	511	1:08.45	1:09.62
17.	Sofia Vilardell Rodrigues	04	Geslours	2:23.53	<b>2:18.17</b>	510	1:08.19	1:09.98
18.	Soraia Maria Salgado	05	Fisica Torres Vedras	2:17.20	<b>2:18.46</b>	507	1:05.39	1:13.07
19.	Isadora Maia Andre	05	Benfica	2:15.13	<b>2:18.49</b>	506	1:06.95	1:11.54
20.	Maria Martins Camacho	04	União Piedense	2:21.11	<b>2:18.76</b>	504	1:07.42	1:11.34
21.	Diana Valadas Horta	04	Laranjeiro	2:20.94	<b>2:18.80</b>	503	1:07.95	1:10.85
22.	Maria Jardim Fidalgo	04	Colégio Vasco da Gama	2:15.82	<b>2:19.12</b>	500	1:06.23	1:12.89
23.	Joana Marinho Coelho	04	Sporting	2:18.63	<b>2:19.13</b>	500	1:07.56	1:11.57
24.	Francisca Otao Tribuna	05	Benfica	2:20.79	<b>2:19.25</b>	498	1:06.27	1:12.98
25.	Leonor Alves Morganho	04	Algés	2:27.72	<b>2:19.67</b>	494	1:07.95	1:11.72
26.	Catarina Alexandra Marques	04	Colégio Vasco da Gama	2:19.37	<b>2:20.11</b>	489	1:07.13	1:12.98
27.	Luciana Rodrigues Moura	05	A Onda Azeitão	2:22.95	<b>2:20.51</b>	485	1:08.19	1:12.32
28.	Sara Nunes Conceicao	05	União Piedense	2:22.07	<b>2:20.63</b>	484	1:06.90	1:13.73
29.	Margarida Domingues Nunes	05	Avançado EULx	2:19.60	<b>2:21.08</b>	479	1:07.54	1:13.54
30.	Maria Del Rio Bernat	05	Algés	2:22.55	<b>2:21.15</b>	478	1:07.82	1:13.33
31.	Andreia Velho Magalhaes	04	Benfica	2:21.59	<b>2:21.40</b>	476	1:07.73	1:13.67
32.	Nicole Patriarca Franca	05	Sporting	2:24.05	<b>2:22.30</b>	467	1:08.30	1:14.00
33.	Mariana Reis Ferreira	05	A Onda Azeitão	2:24.53	<b>2:23.03</b>	460	1:09.44	1:13.59
34.	Madalena Carrapico Alexandrino	05	Algés	2:24.88	<b>2:23.26</b>	458	1:09.40	1:13.86
35.	Carolina Porem Henriques	04	Sporting	2:19.07	<b>2:23.31</b>	457	1:08.59	1:14.72
36.	Matilde Carvalho Barao	04	Colégio Vasco da Gama	2:21.70	<b>2:23.62</b>	454	1:08.49	1:15.13
37.	Renata Campos Reis	04	Geslours	2:26.91	<b>2:23.63</b>	454	1:09.55	1:14.08
38.	Lara Moreira Lopo	05	Avançado EULx	2:27.78	<b>2:24.29</b>	448	1:09.90	1:14.39
39.	Mariana Maiato Paulino	05	Colégio Vasco da Gama	2:28.30	<b>2:26.90</b>	424	1:11.77	1:15.13
40.	Maria Antonia Ferraz	05	Bombeiros dos Estoris	2:26.98	<b>2:29.73</b>	401	1:10.62	1:19.11
41.	Ana Belo Braga	05	A Onda Azeitão	2:31.94	<b>2:30.41</b>	395	1:11.59	1:18.82
42.	Beatriz Isabel Tavares	05	Naval Setubalense	2:28.78	<b>2:30.84</b>	392	1:13.94	1:16.90
43.	Catarina Martins Ferreira	05	A Onda Azeitão	2:31.94	<b>2:30.88</b>	392	1:12.09	1:18.79
44.	Carolina Anjos Frischknecht	04	Naval Setubalense	2:27.72	<b>2:35.36</b>	359	1:14.55	1:20.81

**Prova 16, Femin., 200m Livres**
**Absolutos**

1.	Luisa Maria Machado	01	União Piedense	2:04.51	<b>2:01.82</b>	744	58.04	1:03.78
2.	Ema Jeronimo Conceicao	03	Fisica Torres Vedras	2:07.29	<b>2:06.11</b>	671	1:00.81	1:05.30
3.	Marta Joao Pires	05	Algés	2:08.85	<b>2:07.24</b>	653	1:02.77	1:04.47
4.	Sofia Alexandra Rolao	98	Benfica	2:06.88	<b>2:07.32</b>	652	1:01.10	1:06.22
5.	Sara Moura Cruz	03	Algés	2:11.46	<b>2:07.93</b>	643	1:02.57	1:05.36
6.	Leonor Esteves Santos	04	Avançado EULx	2:11.24	<b>2:08.80</b>	630	1:03.12	1:05.68
7.	Margarida Sobral Pimenta	99	Belenenses	2:09.32	<b>2:10.00</b>	612	1:01.21	1:08.79
8.	Clara Gomes Pereira	02	Algés	2:16.15	<b>2:10.76</b>	602	1:04.46	1:06.30
9.	Erica Cristina Reis	05	Sporting	2:16.17	<b>2:10.96</b>	599	1:02.73	1:08.23
10.	Leonor Maria Neves	03	Geslours	2:12.34	<b>2:12.11</b>	584	1:05.11	1:07.00
11.	Margarida Messias Ribeiro	98	Geslours	2:11.40	<b>2:12.19</b>	582	1:04.92	1:07.27
12.	Luana Correia Rodrigues	01	Belenenses	2:21.50	<b>2:13.73</b>	563	1:04.58	1:09.15
13.	Sofia Antunes Sebastiao	05	Amadora	2:13.09	<b>2:14.12</b>	558	1:04.33	1:09.79
14.	Lidiana Correia Rodrigues	04	Belenenses	2:15.88	<b>2:15.11</b>	546	1:05.56	1:09.55
15.	Francisca Razina Oliveira	03	Naval Amorense	2:20.09	<b>2:15.12</b>	545	1:04.95	1:10.17
16.	Ana Margarida Soares	03	Naval Setubalense	2:18.01	<b>2:15.24</b>	544	1:04.31	1:10.93
17.	Beatriz Costa Melo	04	Algés	2:20.57	<b>2:15.58</b>	540	1:05.29	1:10.29
18.	Mafalda Santos Costa	05	Colegio Int Monte Maior	2:15.28	<b>2:15.71</b>	538	1:05.57	1:10.14
19.	Catarina Trigo Ferreira	02	Natação de Lisboa	2:18.75	<b>2:16.04</b>	534	1:05.69	1:10.35
20.	Catarina Guimaraes Moreira	03	Algés	2:17.08	<b>2:16.18</b>	533	1:05.55	1:10.63
21.	Ines Figueira Santos	00	União Piedense	2:10.36	<b>2:16.72</b>	526	1:05.48	1:11.24
22.	Margarida Carvalho Barao	04	Colégio Vasco da Gama	2:17.62	<b>2:16.87</b>	525	1:06.28	1:10.59
23.	Joana Fernandes Gama	05	Sporting	2:20.59	<b>2:17.07</b>	522	1:06.80	1:10.27
24.	Carmo Dias Vieira	05	Avançado EULx	2:20.80	<b>2:17.10</b>	522	1:07.51	1:09.59
25.	Margarida Filipe Ferreira	04	Cova da Piedade	2:18.55	<b>2:17.31</b>	520	1:06.05	1:11.26
	Rita Abibe Goncalves	05	Geslours	2:22.07	<b>2:17.31</b>	520	1:07.82	1:09.49
27.	Mariana Morais Delfino	04	Sporting	2:15.48	<b>2:17.42</b>	518	1:06.62	1:10.80
28.	Daniela Alexandra Pedro	04	Sporting	2:17.63	<b>2:17.54</b>	517	1:05.41	1:12.13
29.	Yonina Brancourt	04	Geslours	2:19.79	<b>2:17.72</b>	515	1:06.29	1:11.43
30.	Maria Teresa Fernandes	05	Algés	2:22.76	<b>2:18.07</b>	511	1:08.45	1:09.62
31.	Sofia Vilardell Rodrigues	04	Geslours	2:23.53	<b>2:18.17</b>	510	1:08.19	1:09.98
32.	Soraia Maria Salgado	05	Fisica Torres Vedras	2:17.20	<b>2:18.46</b>	507	1:05.39	1:13.07
33.	Isadora Maia Andre	05	Benfica	2:15.13	<b>2:18.49</b>	506	1:06.95	1:11.54
34.	Soraia Guerra Rolim	95	Laranjeiro	2:18.24	<b>2:18.51</b>	506	1:06.00	1:12.51
35.	Caetana Neves Carneiro	03	Natação de Lisboa	2:22.80	<b>2:18.59</b>	505	1:07.63	1:10.96
36.	Maria Martins Camacho	04	União Piedense	2:21.11	<b>2:18.76</b>	504	1:07.42	1:11.34
37.	Diana Valadas Horta	04	Laranjeiro	2:20.94	<b>2:18.80</b>	503	1:07.95	1:10.85
38.	Marta Viola Marques	03	Colégio Vasco da Gama	2:20.20	<b>2:18.83</b>	503	1:06.46	1:12.37
39.	Maria Jardim Fidalgo	04	Colégio Vasco da Gama	2:15.82	<b>2:19.12</b>	500	1:06.23	1:12.89
40.	Joana Marinho Coelho	04	Sporting	2:18.63	<b>2:19.13</b>	500	1:07.56	1:11.57
41.	Francisca Otao Tribuna	05	Benfica	2:20.79	<b>2:19.25</b>	498	1:06.27	1:12.98
42.	Leonor Alves Morganho	04	Algés	2:27.72	<b>2:19.67</b>	494	1:07.95	1:11.72
43.	Catarina Alexandra Marques	04	Colégio Vasco da Gama	2:19.37	<b>2:20.11</b>	489	1:07.13	1:12.98
44.	Beatriz Pedro Ferreira	03	CPCD - Póvoa Sta Iria	2:23.05	<b>2:20.41</b>	486	1:07.76	1:12.65
45.	Luciana Rodrigues Moura	05	A Onda Azeitão	2:22.95	<b>2:20.51</b>	485	1:08.19	1:12.32
46.	Sara Nunes Conceicao	05	União Piedense	2:22.07	<b>2:20.63</b>	484	1:06.90	1:13.73
47.	Margarida Domingues Nunes	05	Avançado EULx	2:19.60	<b>2:21.08</b>	479	1:07.54	1:13.54
48.	Maria Del Rio Bernat	05	Algés	2:22.55	<b>2:21.15</b>	478	1:07.82	1:13.33
49.	Andreia Velho Magalhaes	04	Benfica	2:21.59	<b>2:21.40</b>	476	1:07.73	1:13.67
50.	Catarina Ines Correia	03	Naval Setubalense	2:21.97	<b>2:21.68</b>	473	1:09.31	1:12.37
51.	Nicole Patriarca Franca	05	Sporting	2:24.05	<b>2:22.30</b>	467	1:08.30	1:14.00
52.	Mariana Reis Ferreira	05	A Onda Azeitão	2:24.53	<b>2:23.03</b>	460	1:09.44	1:13.59
53.	Madalena Carrapico Alexandrino	05	Algés	2:24.88	<b>2:23.26</b>	458	1:09.40	1:13.86
54.	Carolina Porem Henriques	04	Sporting	2:19.07	<b>2:23.31</b>	457	1:08.59	1:14.72
55.	Matilde Carvalho Barao	04	Colégio Vasco da Gama	2:21.70	<b>2:23.62</b>	454	1:08.49	1:15.13
56.	Renata Campos Reis	04	Geslours	2:26.91	<b>2:23.63</b>	454	1:09.55	1:14.08
57.	Lara Moreira Lopo	05	Avançado EULx	2:27.78	<b>2:24.29</b>	448	1:09.90	1:14.39
58.	Matilde Pereira Carrao	03	Laranjeiro	2:21.70	<b>2:24.98</b>	441	1:08.05	1:16.93
59.	Mariana Maiato Paulino	05	Colégio Vasco da Gama	2:28.30	<b>2:26.90</b>	424	1:11.77	1:15.13
60.	Maria Antonia Ferraz	05	Bombeiros dos Estoris	2:26.98	<b>2:29.73</b>	401	1:10.62	1:19.11
61.	Ana Belo Braga	05	A Onda Azeitão	2:31.94	<b>2:30.41</b>	395	1:11.59	1:18.82
62.	Beatriz Isabel Tavares	05	Naval Setubalense	2:28.78	<b>2:30.84</b>	392	1:13.94	1:16.90

**Prova 16, Femin., 200m Livres, Absolutos**

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
63.	Catarina Martins Ferreira	05	A Onda Azeitão	2:31.94	<b>2:30.88</b>	392	1:12.09	1:18.79
64.	Carolina Anjos Frischknecht	04	Naval Setubalense	2:27.72	<b>2:35.36</b>	359	1:14.55	1:20.81
EXH	Maria Lopes Amado	04	Individual Leiria	2:08.32	<b>2:11.71</b>	589	1:02.63	1:09.08