

Prova 14
13.07.2019 - 16:30
Femin., 400m Estilos
Absolutos
Resultados

Rec Regional Sen	4:36.19	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017
Rec Regional Jun 2	4:49.07	Raquel Gomes Pereira	SAD	Felgueiras	2017
Rec Regional Jun 1	4:51.07	Susana Patricia Miguel	SFUAP	Tomar	2005
Rec Regional Juv A	4:51.85	Ana Claudia Santos	SFUAP	Setubal	2004
Rec Regional Juv B	4:57.68	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Regional Abs	4:36.19	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017
Rec Nacional Abs	4:36.19	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017

TAC - Fem Juv B 50m: 6:10.60; Juv A 50m: 6:00.31; Jun 1 50m: 5:50.23; Jun 2 50m: 5:46.83; Sen 50m: 5:45.13

Pontos: FINA 2018

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
Juvenis										
1.	Maria Gomes Pereira	04	SAD	5:00.82	5:03.84	618	1:09.79	1:19.13	1:25.97	1:08.95
2.	Margarida Domingues Nunes	05	EULX	5:25.02	5:20.68	526	1:15.28	1:27.01	1:25.87	1:12.52
3.	Joana Rocha Ferreira	05	SLB	5:32.17	5:27.52	494	1:15.99	1:23.75	1:33.99	1:13.79
4.	Mariana Andreia Silva	05	SCP	5:35.37	5:27.58	493	1:15.59	1:24.43	1:34.50	1:13.06
5.	Iris Pereira Carrao	05	CIRL	6:03.19	5:30.95	478	1:14.31	1:24.41	1:39.15	1:13.08
6.	Madalena Graca Galdes	04	SCP	5:29.09	5:32.50	472	1:13.24	1:28.00	1:33.60	1:17.66
7.	Marta Pereira Domingos	04	SFUAP	5:26.51	5:37.36	452	1:19.38	1:31.60	1:30.13	1:16.25
8.	Mariana Fragoso Guterres	04	SLB	5:53.10	5:39.09	445	1:14.15	1:29.52	1:39.24	1:16.18

Absolutos

1.	Luisa Maria Machado	01	SFUAP	4:48.43	4:50.57	707	1:05.15	1:16.57	1:19.64	1:09.21
2.	Mariana Amaral Mendes	02	ADRCIMM	4:54.50	4:59.39	646	1:08.65	1:18.17	1:25.34	1:07.23
3.	Maria Gomes Pereira	04	SAD	5:00.82	5:03.84	618	1:09.79	1:19.13	1:25.97	1:08.95
4.	Natacha Sofia Silva	02	SLB	5:06.55	5:10.41	580	1:10.16	1:23.82	1:26.01	1:10.42
5.	Ana Rita Matos	02	CFB	5:21.65	5:18.40	537	1:11.16	1:20.64	1:32.47	1:14.13
6.	Daniela Mascarenhas Henriques	03	GESL	5:46.83	5:19.39	532	1:11.19	1:20.98	1:30.75	1:16.47
7.	Margarida Domingues Nunes	05	EULX	5:25.02	5:20.68	526	1:15.28	1:27.01	1:25.87	1:12.52
8.	Tatiana Alexandre Cardoso	01	CNA	5:38.23	5:23.17	514	1:12.54	1:20.15	1:31.03	1:19.45
9.	Rafaela Sofia Silva	03	SLB	5:28.41	5:26.51	498	1:15.03	1:23.19	1:31.77	1:16.52
10.	Joana Rocha Ferreira	05	SLB	5:32.17	5:27.52	494	1:15.99	1:23.75	1:33.99	1:13.79
11.	Mariana Andreia Silva	05	SCP	5:35.37	5:27.58	493	1:15.59	1:24.43	1:34.50	1:13.06
12.	Iris Pereira Carrao	05	CIRL	6:03.19	5:30.95	478	1:14.31	1:24.41	1:39.15	1:13.08
13.	Madalena Graca Galdes	04	SCP	5:29.09	5:32.50	472	1:13.24	1:28.00	1:33.60	1:17.66
14.	Marta Pereira Domingos	04	SFUAP	5:26.51	5:37.36	452	1:19.38	1:31.60	1:30.13	1:16.25
15.	Mariana Fragoso Guterres	04	SLB	5:53.10	5:39.09	445	1:14.15	1:29.52	1:39.24	1:16.18