

Prova 14
13.07.2019 - 16:30
Femin., 400m Estilos
Absolutos
Lista inscritos

Rec Regional Sen	4:36.19	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017
Rec Regional Jun 2	4:49.07	Raquel Gomes Pereira	SAD	Felgueiras	2017
Rec Regional Jun 1	4:51.07	Susana Patricia Miguel	SFUAP	Tomar	2005
Rec Regional Juv A	4:51.85	Ana Claudia Santos	SFUAP	Setubal	2004
Rec Regional Juv B	4:57.68	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Regional Abs	4:36.19	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017
Rec Nacional Abs	4:36.19	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017

TAC - Fem Juv B 50m: 6:10.60; Juv A 50m: 6:00.31; Jun 1 50m: 5:50.23; Jun 2 50m: 5:46.83; Sen 50m: 5:45.13

Convers o tempo inscric o: Convers o linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis									
1	Maria Gomes Pereira	04	Juv	129510	SAD	5:00.82 S	14.12.2018	Tomar (POR)	5:00.82
2	Margarida Domingues Nunes	05	Juv	201398	EULX	5:31.66 L	16.03.2019	Vila Franca de Xira (POR)	5:25.02
3	Marta Pereira Domingos	04	Juv	132529	SFUAP	5:26.51 S	14.12.2018	Tomar (POR)	5:26.51
4	Madalena Graca Geraldes	04	Juv	131511	SCP	5:29.09 S	14.12.2018	Tomar (POR)	5:29.09
5	Joana Rocha Ferreira	05	Juv	201560	SLB	5:32.17 S	23.11.2018	Alges (POR)	5:32.17
6	Mariana Andreia Silva	05	Juv	141810	SCP	5:35.37 S	23.11.2018	Alges (POR)	5:35.37
7	Mariana Fragoso Guterres	04	Juv	200475	SLB	5:53.10			5:53.10
8	Iris Pereira Carrao	05	Juv	201392	CIRL	6:03.19			6:03.19

Absolutos

1	Luisa Maria Machado	01	Abs	121850	SFUAP	4:48.43 S	09.12.2018	S Antonio dos Cavaleiros (POR)	4:48.43
2	Mariana Amaral Mendes	02	Abs	123959	ADRCIMM	4:54.50 S	09.12.2018	S Antonio dos Cavaleiros (POR)	4:54.50
3	Natacha Sofia Silva	02	Abs	125594	SLB	5:06.55 S	23.11.2018	Alges (POR)	5:06.55
4	Ana Rita Matos	02	Abs	127501	CFB	5:28.22 L	14.04.2019	Oeiras (POR)	5:21.65
5	Rafaela Sofia Silva	03	Abs	127686	SLB	5:28.41 S	23.11.2018	Alges (POR)	5:28.41
6	Tatiana Alexandre Cardoso	01	Abs	127355	CNA	5:38.23			5:38.23
7	Daniela Mascarenhas Henriques	03	Abs	128827	GESL	5:46.83			5:46.83