

Prova 2	Femin., 200m Livres				Absolutos
16.06.2019 - 9:28					Resultados
Rec Regional Juv A	2:07.11	Ana Cláudia Correia Santos	SFUAP	Jamor	2005
Rec Regional Juv B	2:07.77	Maria Ferreira Moura	SCP	Funchal	2018
Rec Regional Inf A	2:10.86	Alexandra Couto Frazao	CNA	Oeiras	2015
Rec Regional Inf B	2:15.80	Beatriz Rodrigues Conde	SCP	Vila Franca de Xira	2010
Rec Regional Absoluto	2:01.48	Diana Margarida Duraes	SLB	Budapest (HUN)	2017
Rec Nacional Absoluto	2:01.48	Diana Margarida Duraes	SLB	Budapest (HUN)	2017

Pontos: FINA 2018

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
Infantis B								
1.	Catarina Andrade Franco	07	Geslours	2:24.61	2:25.17	471	1:08.58	1:16.59
2.	Maria Carlotta Ferrari	07	Geslours	2:37.33	2:30.67	421	1:12.78	1:17.89
3.	Elena Del Bernat	07	Algés	2:34.21	2:33.22	400	1:13.55	1:19.67
4.	Leticia Rodrigues Magalhaes	07	Palmela Desporto	2:37.52	2:34.82	388	1:14.46	1:20.36
5.	Juliana Soromenho Santos	07	Benfica	2:35.84	2:35.04	386	1:14.90	1:20.14
6.	Maria Francisca Malfeito	07	Sporting	2:38.24	2:35.12	386	1:15.57	1:19.55
7.	Ana Madalena Simoes	07	Geslours	2:31.38	2:36.18	378	1:15.71	1:20.47
8.	Luisa Ponte Jorge	07	União Piedense	2:38.35	2:38.72	360	1:17.50	1:21.22
9.	Leonor Castanho Santos	07	Sporting	2:42.85	2:38.90	359	1:20.20	1:18.70
10.	Maria Bandarra Matos	07	Sporting	2:42.48	2:39.27	356	1:18.56	1:20.71
11.	Leonor Carreiro Rodrigues	07	Benfica	2:41.23	2:39.34	356	1:18.85	1:20.49
12.	Marta Nascimento Ribeiro,	07	Natacao e Triatlo de Lisboa	2:37.50	2:40.52	348	1:17.79	1:22.73
13.	Rita Sacadura Almeida	07	Algés	2:45.60	2:41.07	345	1:17.11	1:23.96
14.	Matilde Nunes Ribeiro	07	Despertarecorde	3:30.00	2:41.65	341	1:19.96	1:21.69
15.	Ines Trindade Dionisio	07	Nacional de Natação	2:53.85	2:42.04	338	1:20.24	1:21.80
16.	Beatriz Heitor Cachaco	07	Odivelas	2:52.94	2:42.05	338	1:19.84	1:22.21
17.	Rita Lima Batista	07	Naval Setubalense	3:10.21	2:42.80	334	1:20.36	1:22.44
18.	Emma Aguiar Bergamo	07	Algés	2:54.27	2:45.96	315	1:20.91	1:25.05
19.	Matilde Anjos Frischknecht	07	Naval Setubalense	2:57.07	2:46.45	312	1:19.86	1:26.59
20.	Leonor Peso Parente	07	Palmela Desporto	3:08.18	2:46.80	310	1:18.65	1:28.15
21.	Luana Ababii	07	Amadora	2:51.23	2:49.37	296	1:23.14	1:26.23
22.	Margarida Santos Botelho	07	Naval Setubalense	2:57.38	2:49.41	296	1:21.15	1:28.26
23.	Daniela Pereira Silva	07	Oriental de Lisboa	2:52.52	2:50.85	289	1:18.97	1:31.88
24.	Ines Gomes Carmo	07	Benfica	2:56.61	2:50.88	289	1:23.01	1:27.87
25.	Eva Sofia Ascenso	07	Geslours	3:00.97	2:52.50	280	1:24.55	1:27.95
26.	Maria Duarte Marçalo	07	Palmela Desporto	3:13.76	2:53.26	277	1:24.34	1:28.92
27.	Ines Portela Pereira	07	Geslours	3:00.34	2:53.49	276	1:25.22	1:28.27
28.	Leonor Albuquerque Falcao	07	Odivelas	3:04.42	2:53.74	274	1:25.25	1:28.49
29.	Leonor Gino Canhao	07	União Piedense	3:30.00	2:55.59	266	1:24.90	1:30.69
30.	Clara Vieira Tojo	07	Benfica	3:17.63	2:55.98	264	1:25.97	1:30.01
31.	Mafalda Sa Bandeira	07	Fisica Torres Vedras	3:11.33	2:57.05	259	1:26.85	1:30.20
32.	Leonor Carvalho Oliveira	07	Despertarecorde	3:02.83	2:57.73	256	1:24.54	1:33.19
33.	Daniela Sofia Silva	07	Despertarecorde	3:04.39	3:00.21	246	1:26.71	1:33.50
34.	Mafalda Sousa Mira	07	Nacional de Natação	3:30.00	3:01.23	242	1:28.28	1:32.95
35.	Ana Raquel Varajao	07	Swimturtles	3:18.83	3:03.54	233	1:28.79	1:34.75
36.	Ines Sofia Pires	07	Despertarecorde	3:30.00	3:03.77	232	1:30.76	1:33.01
37.	Leonor Machado Severeino	07	Fisica Torres Vedras	3:17.53	3:05.67	225	1:29.52	1:36.15
38.	Maria Voronova	07	Oriental de Lisboa	3:30.00	3:06.90	220	1:29.91	1:36.99
39.	Maria Fatima Medinas	07	CPCD Póvoa Sta Iria	3:13.37	3:08.50	215	1:28.53	1:39.97
40.	Beatriz Ferreira Perpétuo	07	Palmela Desporto	3:25.18	3:10.77	207	1:31.30	1:39.47
41.	Beatriz de Matos Cachopo	07	CPCD Póvoa Sta Iria	3:30.00	3:25.24	166	1:34.96	1:50.28
DSQ	Catarina DAzevedo Pinto	07	Nacional de Natação	3:30.00				
<i>G1 - Efectuou falsa partida (SW 4.4)</i>								
DSQ	Catarina Mendes Rocha	07	Geslours	2:36.80				
<i>G1 - Efectuou falsa partida (SW 4.4)</i>								
DNS	Ines Santos Silva	07	Colegio Int Monte Maior	2:40.38				
DNS	Maria Leonor Varandas	07	Odivelas	3:13.87				

Prova 2, Femin., 200m Livres
Infantis A

1.	Rebeca Neves Antunes	06	Colégio Vasco da Gama	2:25.50	2:19.26	533	1:07.19	1:12.07
2.	Maria Leonor Coelho	06	Benfica	2:20.23	2:20.55	519	1:08.97	1:11.58
3.	Marta Bailarote Santos	06	Naval Setubalense	2:25.49	2:24.43	478	1:12.29	1:12.14
4.	Matilde Nunes Lopes	06	Benfica	3:25.00	2:24.76	475	1:09.47	1:15.29
5.	Maria Esteves Valente	06	Benfica	2:22.16	2:24.99	473	1:12.48	1:12.51
6.	Beatriz Mocego Niza	06	Amadora	2:24.68	2:25.50	468	1:11.47	1:14.03
7.	Francisca Santos Ferreira	06	Algés	2:21.44	2:25.90	464	1:10.86	1:15.04
8.	Leonor Tavares Catalao	06	Sporting	2:21.85	2:26.51	458	1:11.31	1:15.20
9.	Maria Pinto Monteiro	06	União Piedense	2:34.29	2:29.61	430	1:13.06	1:16.55
10.	Beatriz Fernandes Gama	06	Sporting	2:24.94	2:29.99	427	1:13.06	1:16.93
11.	Filipa Ferraz Domingos	06	Sporting	2:26.11	2:30.17	425	1:12.90	1:17.27
12.	Madalena Correa Sa	06	Geslours	2:32.57	2:30.25	425	1:13.38	1:16.87
13.	Leonor Viola Marques	06	Colégio Vasco da Gama	2:34.25	2:31.01	418	1:12.83	1:18.18
14.	Carolina Martins Camacho	06	União Piedense	2:31.23	2:31.49	414	1:13.66	1:17.83
15.	Marina Alexandra Oliveira	06	Naval Setubalense	2:26.98	2:31.84	411	1:13.02	1:18.82
16.	Marta Silva Santos	06	Naval Setubalense	2:31.19	2:32.32	408	1:15.52	1:16.80
17.	Mariana Ramos Zacarias	06	Naval Setubalense	2:44.22	2:33.14	401	1:15.56	1:17.58
18.	Leonor Santos Duro	06	Naval Setubalense	2:31.37	2:33.45	399	1:15.52	1:17.93
19.	Mafalda Mourao Lopes	06	Swimturtles	2:35.09	2:33.77	396	1:10.82	1:22.95
20.	Catarina Gomes Costa	06	Avançado EULx	2:29.58	2:34.04	394	1:13.85	1:20.19
21.	Iris Castro Campos	06	Amadora	2:59.18	2:35.04	386	1:16.18	1:18.86
22.	Beatriz Portugal Costa	06	Benfica	2:37.22	2:35.34	384	1:16.74	1:18.60
23.	Margarida Barbara Marques	06	Algés	2:37.92	2:36.36	377	1:14.63	1:21.73
24.	Clara Sofia Herminio	06	Cova da Piedade	2:36.73	2:36.43	376	1:16.22	1:20.21
25.	Joana Rita Semedo	06	Swimturtles	2:54.57	2:36.83	373	1:13.23	1:23.60
26.	Sofia Medeiros Pereira	06	C N Montijo	2:41.92	2:38.51	362	1:15.99	1:22.52
27.	Leonor Roque Mendes	06	Colegio Int Monte Maior	2:49.02	2:39.90	352	1:18.35	1:21.55
28.	Mariana Coelho Carvalho	06	Naval Setubalense	2:35.16	2:39.95	352	1:16.03	1:23.92
29.	Leonor Eduarda Baptista	06	Benfica	2:54.54	2:41.13	344	1:21.09	1:20.04
30.	Mariana Ribeiro Roseiro	06	Palmela Desporto	2:44.89	2:42.21	337	1:19.11	1:23.10
31.	Eva Kurnosa	06	CPCD Póvoa Sta Iria	2:40.49	2:43.63	329	1:18.94	1:24.69
32.	Sara Lagorsse Caldas	06	Alcabideche	2:47.29	2:45.29	319	1:17.00	1:28.29
33.	Catarina Pinto Reis	06	Olivais e Moscavide	2:42.29	2:52.42	281	1:20.89	1:31.53
34.	Andria Bekauri	06	Oriental de Lisboa	3:25.00	2:57.36	258	1:25.22	1:32.14
35.	Margarida Pires Oliveira	06	Colegio Int Monte Maior	3:20.73	3:06.98	220	1:28.59	1:38.39
36.	Leonor Jesus Mendes	06	Fundação Salesianos	3:03.51	3:10.26	209	1:31.01	1:39.25
37.	Matilde Marins Pereira	06	CPCD Póvoa Sta Iria	3:11.28	3:24.34	169	1:36.03	1:48.31
DNS	Dumitrita Ghelinschi	06	C N Montijo	2:54.25				

Juvenis B

1.	Sofia Antunes Sebastiao	05	Amadora	2:18.28	2:15.81	575	1:06.18	1:09.63
2.	Mariana Marques Santos	05	Geslours	2:21.68	2:22.87	494	1:08.90	1:13.97
3.	Carolina Fonseca Gomes	05	Olivais e Moscavide	2:21.88	2:23.17	491	1:10.01	1:13.16
4.	Sara Carreira Melo	05	Geslours	2:28.15	2:23.24	490	1:10.62	1:12.62
5.	Joana Rocha Ferreira	05	Benfica	2:21.57	2:23.87	484	1:09.36	1:14.51
6.	Francisca Otao Tribuna	05	Benfica	2:23.67	2:24.83	474	1:10.66	1:14.17
7.	Rita Abibe Goncalves	05	Geslours	2:25.25	2:24.97	473	1:09.53	1:15.44
8.	Simone Filipe Monteiro	05	Geslours	2:23.20	2:25.25	470	1:10.12	1:15.13
9.	Carmo Dias Vieira	05	Avançado EULx	2:23.68	2:25.74	465	1:11.27	1:14.47
10.	Mariana Andreia Silva	05	Sporting	2:30.80	2:26.29	460	1:11.51	1:14.78
11.	Maria Del Rio Bernat	05	Algés	2:25.46	2:26.42	459	1:10.74	1:15.68
12.	Nicole Patriarca Franca	05	Sporting	2:27.40	2:26.99	454	1:10.86	1:16.13
13.	Mariana Reis Ferreira	05	Aonda Azeitao	2:27.48	2:27.57	448	1:11.68	1:15.89
14.	Neuza Velho Magalhaes	05	Benfica	2:27.26	2:27.65	448	1:09.70	1:17.95
15.	Sara Nunes Conceicao	05	União Piedense	2:29.68	2:27.81	446	1:11.71	1:16.10
16.	Luciana Rodrigues Moura	05	Aonda Azeitao	2:25.87	2:28.12	443	1:11.51	1:16.61
17.	Margarida Domingues Nunes	05	Avançado EULx	2:22.39	2:28.32	441	1:12.16	1:16.16
18.	Barbara Cunha Ventura	05	Benfica	2:30.94	2:29.54	431	1:12.81	1:16.73
19.	Luisa Morais Marques	05	Fisica Torres Vedras	2:27.55	2:29.60	430	1:11.17	1:18.43
20.	Filipa Raposo Silva	05	Sporting	2:27.17	2:30.10	426	1:12.95	1:17.15
21.	Madalena Carrapico Alexandrino	05	Algés	2:27.77	2:30.40	423	1:12.49	1:17.91

Prova 2, Femin., 200m Livres, Juvenis B

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
22.	Maria Correia Ricardo	05	Naval Setubalense	2:29.67	2:31.06	418	1:13.20	1:17.86
23.	Maria Antonia Ferraz	05	Bombeiros Estoris	2:29.92	2:33.03	402	1:14.44	1:18.59
24.	Carolina Alexandra Silva	05	Despertarecorde	2:41.57	2:35.12	386	1:15.03	1:20.09
25.	Rafaela Diogo Martins	05	Naval Setubalense	2:35.67	2:35.23	385	1:14.70	1:20.53
26.	Lara Moreira Lopo	05	Avançado EULx	2:30.80	2:36.95	373	1:11.38	1:25.57
27.	Catarina Martins Ferreira	05	Aonda Azeitao	2:44.98	2:37.49	369	1:14.98	1:22.51
28.	Beatriz Isabel Tavares	05	Naval Setubalense	2:31.82	2:37.63	368	1:16.62	1:21.01
29.	Maria Sousa Caxaria	05	C N Montijo	2:33.67	2:38.21	364	1:15.46	1:22.75
30.	Maria Jacob Marta	05	Bombeiros Estoris	2:39.12	2:39.87	352	1:13.91	1:25.96
31.	Maria Ines Pinto	05	CPCD Póvoa Sta Iria	2:34.05	2:41.00	345	1:17.05	1:23.95
32.	Beatriz Barroso Silva	05	Olivais e Moscavide	2:46.82	2:42.43	336	1:19.65	1:22.78
33.	Joana Matilde Inacio	05	Despertarecorde	2:50.70	2:45.02	320	1:18.38	1:26.64
34.	Margarida Martins Pereira	05	CPCD Póvoa Sta Iria	2:52.58	2:45.55	317	1:20.08	1:25.47
35.	Catarina Silva Tavares	05	Despertarecorde	2:53.42	2:47.29	308	1:22.49	1:24.80
36.	Inês Azinheira Serra	05	Palmela Desporto	3:01.78	3:08.99	213	1:28.99	1:40.00
DSQ	Clarisse Sousa Barradas	05	Despertarecorde	3:05.00				

G1 - Efectuou falsa partida (SW 4.4)

Juvenis A

1.	Anais Cloe Pereira	04	Sporting	2:18.01	2:17.48	554	1:06.46	1:11.02
2.	Vera Figueiredo Narra	04	Amadora	2:18.46	2:21.26	511	1:08.06	1:13.20
3.	Margarida Filipe Ferreira	04	Cova da Piedade	2:23.33	2:21.38	510	1:08.97	1:12.41
4.	Daniela Alexandra Pedro	04	Sporting	2:20.44	2:23.45	488	1:07.55	1:15.90
5.	Madalena Graca Gerales	04	Sporting	2:22.95	2:23.48	488	1:08.58	1:14.90
6.	Maria Martins Camacho	04	União Piedense	2:23.93	2:25.19	471	1:09.96	1:15.23
7.	Joana Marinho Coelho	04	Sporting	2:21.46	2:27.90	445	1:09.60	1:18.30
8.	Raquel Raposo Lopes	04	Cova da Piedade	2:24.70	2:29.03	435	1:11.33	1:17.70
9.	Renata Campos Reis	04	Geslours	2:31.56	2:29.91	428	1:14.76	1:15.15
10.	Mariana Fragoso Guterres	04	Benfica	2:24.33	2:30.15	426	1:12.69	1:17.46
11.	Marta Pereira Domingos	04	União Piedense	2:29.36	2:30.50	423	1:12.32	1:18.18
12.	Alice Castico Moreira	04	C N Montijo	2:30.82	2:33.74	396	1:13.53	1:20.21
13.	Joana Miguel Sousa	04	Bombeiros Estoris	3:03.00	2:35.05	386	1:14.94	1:20.11
14.	Margarida Mendes Bras	04	C N Montijo	2:42.67	2:35.36	384	1:13.66	1:21.70
15.	Carolina Anjos Frischknecht	04	Naval Setubalense	2:38.64	2:36.49	376	1:16.47	1:20.02
16.	Luana Santos Freitas	04	Amadora	2:35.47	2:39.07	358	1:14.81	1:24.26
17.	Alisa Bekauri	04	Oriental de Lisboa	3:03.00	2:44.92	321	1:17.48	1:27.44
18.	Raquel Correia	04	Despertarecorde	3:01.79	2:50.73	289	1:18.16	1:32.57
19.	Bruna Sofia Silva	04	CPCD Póvoa Sta Iria	3:02.45	2:55.84	265	1:23.66	1:32.18
20.	Carolina Sofia Miranda	04	C N Montijo	3:01.77	3:04.48	229	1:28.80	1:35.68
DNS	Maria Leonor Marques	04	Olivais e Moscavide	2:42.47				

Absolutos

1.	Sofia Antunes Sebastiao	05	Amadora	2:18.28	2:15.81	575	1:06.18	1:09.63
2.	Anais Cloe Pereira	04	Sporting	2:18.01	2:17.48	554	1:06.46	1:11.02
3.	Rebeca Neves Antunes	06	Colégio Vasco da Gama	2:25.50	2:19.26	533	1:07.19	1:12.07
4.	Maria Leonor Coelho	06	Benfica	2:20.23	2:20.55	519	1:08.97	1:11.58
5.	Vera Figueiredo Narra	04	Amadora	2:18.46	2:21.26	511	1:08.06	1:13.20
6.	Margarida Filipe Ferreira	04	Cova da Piedade	2:23.33	2:21.38	510	1:08.97	1:12.41
7.	Mariana Marques Santos	05	Geslours	2:21.68	2:22.87	494	1:08.90	1:13.97
8.	Carolina Fonseca Gomes	05	Olivais e Moscavide	2:21.88	2:23.17	491	1:10.01	1:13.16
9.	Sara Carreira Melo	05	Geslours	2:28.15	2:23.24	490	1:10.62	1:12.62
10.	Daniela Alexandra Pedro	04	Sporting	2:20.44	2:23.45	488	1:07.55	1:15.90
11.	Madalena Graca Gerales	04	Sporting	2:22.95	2:23.48	488	1:08.58	1:14.90
12.	Joana Rocha Ferreira	05	Benfica	2:21.57	2:23.87	484	1:09.36	1:14.51
13.	Marta Bailarote Santos	06	Naval Setubalense	2:25.49	2:24.43	478	1:12.29	1:12.14
14.	Matilde Nunes Lopes	06	Benfica	3:25.00	2:24.76	475	1:09.47	1:15.29
15.	Francisca Otao Tribuna	05	Benfica	2:23.67	2:24.83	474	1:10.66	1:14.17
16.	Rita Abibe Goncalves	05	Geslours	2:25.25	2:24.97	473	1:09.53	1:15.44
17.	Maria Esteves Valente	06	Benfica	2:22.16	2:24.99	473	1:12.48	1:12.51

Prova 2, Femin., 200m Livres, Absolutos

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
18.	Catarina Andrade Franco	07	Geslours	2:24.61	2:25.17	471	1:08.58	1:16.59
19.	Maria Martins Camacho	04	União Piedense	2:23.93	2:25.19	471	1:09.96	1:15.23
20.	Simone Filipe Monteiro	05	Geslours	2:23.20	2:25.25	470	1:10.12	1:15.13
21.	Beatriz Mocego Niza	06	Amadora	2:24.68	2:25.50	468	1:11.47	1:14.03
22.	Carmo Dias Vieira	05	Avançado EULx	2:23.68	2:25.74	465	1:11.27	1:14.47
23.	Francisca Santos Ferreira	06	Algés	2:21.44	2:25.90	464	1:10.86	1:15.04
24.	Mariana Andreia Silva	05	Sporting	2:30.80	2:26.29	460	1:11.51	1:14.78
25.	Maria Del Rio Bernat	05	Algés	2:25.46	2:26.42	459	1:10.74	1:15.68
26.	Leonor Tavares Catalao	06	Sporting	2:21.85	2:26.51	458	1:11.31	1:15.20
27.	Nicole Patriarca Franca	05	Sporting	2:27.40	2:26.99	454	1:10.86	1:16.13
28.	Mariana Reis Ferreira	05	Aonda Azeitao	2:27.48	2:27.57	448	1:11.68	1:15.89
29.	Neuza Velho Magalhaes	05	Benfica	2:27.26	2:27.65	448	1:09.70	1:17.95
30.	Sara Nunes Conceicao	05	União Piedense	2:29.68	2:27.81	446	1:11.71	1:16.10
31.	Joana Marinho Coelho	04	Sporting	2:21.46	2:27.90	445	1:09.60	1:18.30
32.	Luciana Rodrigues Moura	05	Aonda Azeitao	2:25.87	2:28.12	443	1:11.51	1:16.61
33.	Margarida Domingues Nunes	05	Avançado EULx	2:22.39	2:28.32	441	1:12.16	1:16.16
34.	Raquel Raposo Lopes	04	Cova da Piedade	2:24.70	2:29.03	435	1:09.70	1:17.70
35.	Barbara Cunha Ventura	05	Benfica	2:30.94	2:29.54	431	1:12.81	1:16.73
36.	Luisa Morais Marques	05	Fisica Torres Vedras	2:27.55	2:29.60	430	1:11.17	1:18.43
37.	Maria Pinto Monteiro	06	União Piedense	2:34.29	2:29.61	430	1:13.06	1:16.55
38.	Renata Campos Reis	04	Geslours	2:31.56	2:29.91	428	1:14.76	1:15.15
39.	Beatriz Fernandes Gama	06	Sporting	2:24.94	2:29.99	427	1:13.06	1:16.93
40.	Filipa Raposo Silva	05	Sporting	2:27.17	2:30.10	426	1:12.95	1:17.15
41.	Mariana Fragoso Guterres	04	Benfica	2:24.33	2:30.15	426	1:12.69	1:17.46
42.	Filipa Ferraz Domingos	06	Sporting	2:26.11	2:30.17	425	1:12.90	1:17.27
43.	Madalena Correa Sa	06	Geslours	2:32.57	2:30.25	425	1:13.38	1:16.87
44.	Madalena Carrapico Alexandrino	05	Algés	2:27.77	2:30.40	423	1:12.49	1:17.91
45.	Marta Pereira Domingos	04	União Piedense	2:29.36	2:30.50	423	1:12.32	1:18.18
46.	Maria Carlotta Ferrari	07	Geslours	2:37.33	2:30.67	421	1:12.78	1:17.89
47.	Leonor Viola Marques	06	Colégio Vasco da Gama	2:34.25	2:31.01	418	1:12.83	1:18.18
48.	Maria Correia Ricardo	05	Naval Setubalense	2:29.67	2:31.06	418	1:13.20	1:17.86
49.	Carolina Martins Camacho	06	União Piedense	2:31.23	2:31.49	414	1:13.66	1:17.83
50.	Marina Alexandra Oliveira	06	Naval Setubalense	2:26.98	2:31.84	411	1:13.02	1:18.82
51.	Marta Silva Santos	06	Naval Setubalense	2:31.19	2:32.32	408	1:15.52	1:16.80
52.	Maria Antonia Ferraz	05	Bombeiros Estoris	2:29.92	2:33.03	402	1:14.44	1:18.59
53.	Mariana Ramos Zacarias	06	Naval Setubalense	2:44.22	2:33.14	401	1:15.56	1:17.58
54.	Elena Del Bernat	07	Algés	2:34.21	2:33.22	400	1:13.55	1:19.67
55.	Leonor Santos Duro	06	Naval Setubalense	2:31.37	2:33.45	399	1:15.52	1:17.93
56.	Alice Castico Moreira	04	C N Montijo	2:30.82	2:33.74	396	1:13.53	1:20.21
57.	Mafalda Mourao Lopes	06	Swimturtles	2:35.09	2:33.77	396	1:10.82	1:22.95
58.	Catarina Gomes Costa	06	Avançado EULx	2:29.58	2:34.04	394	1:13.85	1:20.19
59.	Leticia Rodrigues Magalhaes	07	Palmela Desporto	2:37.52	2:34.82	388	1:14.46	1:20.36
60.	Juliana Soromenho Santos	07	Benfica	2:35.84	2:35.04	386	1:14.90	1:20.14
	Iris Castro Campos	06	Amadora	2:59.18	2:35.04	386	1:16.18	1:18.86
62.	Joana Miguel Sousa	04	Bombeiros Estoris	3:03.00	2:35.05	386	1:14.94	1:20.11
63.	Carolina Alexandra Silva	05	Despertarecorde	2:41.57	2:35.12	386	1:15.03	1:20.09
	Maria Francisca Malfeito	07	Sporting	2:38.24	2:35.12	386	1:15.57	1:19.55
65.	Rafaela Diogo Martins	05	Naval Setubalense	2:35.67	2:35.23	385	1:14.70	1:20.53
66.	Beatriz Portugal Costa	06	Benfica	2:37.22	2:35.34	384	1:16.74	1:18.60
67.	Margarida Mendes Bras	04	C N Montijo	2:42.67	2:35.36	384	1:13.66	1:21.70
68.	Ana Madalena Simoes	07	Geslours	2:31.38	2:36.18	378	1:15.71	1:20.47
69.	Margarida Barbara Marques	06	Algés	2:37.92	2:36.36	377	1:14.63	1:21.73
70.	Clara Sofia Herminio	06	Cova da Piedade	2:36.73	2:36.43	376	1:16.22	1:20.21
71.	Carolina Anjos Frischknecht	04	Naval Setubalense	2:38.64	2:36.49	376	1:16.47	1:20.02
72.	Joana Rita Semedo	06	Swimturtles	2:54.57	2:36.83	373	1:13.23	1:23.60
73.	Lara Moreira Lopo	05	Avançado EULx	2:30.80	2:36.95	373	1:11.38	1:25.57
74.	Catarina Martins Ferreira	05	Aonda Azeitao	2:44.98	2:37.49	369	1:14.98	1:22.51
75.	Beatriz Isabel Tavares	05	Naval Setubalense	2:31.82	2:37.63	368	1:16.62	1:21.01
76.	Maria Sousa Caxaria	05	C N Montijo	2:33.67	2:38.21	364	1:15.46	1:22.75
77.	Sofia Medeiros Pereira	06	C N Montijo	2:41.92	2:38.51	362	1:15.99	1:22.52
78.	Luisa Ponte Jorge	07	União Piedense	2:38.35	2:38.72	360	1:17.50	1:21.22
79.	Leonor Castanho Santos	07	Sporting	2:42.85	2:38.90	359	1:20.20	1:18.70

Prova 2, Femin., 200m Livres, Absolutos

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
80.	Luana Santos Freitas	04	Amadora	2:35.47	2:39.07	358	1:14.81	1:24.26
81.	Maria Bandarra Matos	07	Sporting	2:42.48	2:39.27	356	1:18.56	1:20.71
82.	Leonor Carreiro Rodrigues	07	Benfica	2:41.23	2:39.34	356	1:18.85	1:20.49
83.	Maria Jacob Marta	05	Bombeiros Estoris	2:39.12	2:39.87	352	1:13.91	1:25.96
84.	Leonor Roque Mendes	06	Colegio Int Monte Maior	2:49.02	2:39.90	352	1:18.35	1:21.55
85.	Mariana Coelho Carvalho	06	Naval Setubalense	2:35.16	2:39.95	352	1:16.03	1:23.92
86.	Marta Nascimento Ribeiro,	07	Natacao e Triatlo de Lisboa	2:37.50	2:40.52	348	1:17.79	1:22.73
87.	Maria Ines Pinto	05	CPCD Póvoa Sta Iria	2:34.05	2:41.00	345	1:17.05	1:23.95
88.	Rita Sacadura Almeida	07	Algés	2:45.60	2:41.07	345	1:17.11	1:23.96
89.	Leonor Eduarda Baptista	06	Benfica	2:54.54	2:41.13	344	1:21.09	1:20.04
90.	Matilde Nunes Ribeiro	07	Despertarecorde	3:30.00	2:41.65	341	1:19.96	1:21.69
91.	Ines Trindade Dionisio	07	Nacional de Natação	2:53.85	2:42.04	338	1:20.24	1:21.80
92.	Beatriz Heitor Cachaco	07	Odivelas	2:52.94	2:42.05	338	1:19.84	1:22.21
93.	Mariana Ribeiro Roseiro	06	Palmela Desporto	2:44.89	2:42.21	337	1:19.11	1:23.10
94.	Beatriz Barroso Silva	05	Olivais e Moscavide	2:46.82	2:42.43	336	1:19.65	1:22.78
95.	Rita Lima Batista	07	Naval Setubalense	3:10.21	2:42.80	334	1:20.36	1:22.44
96.	Eva Kurnosa	06	CPCD Póvoa Sta Iria	2:40.49	2:43.63	329	1:20.24	1:24.69
97.	Alisa Bekauri	04	Oriental de Lisboa	3:03.00	2:44.92	321	1:17.48	1:27.44
98.	Joana Matilde Inacio	05	Despertarecorde	2:50.70	2:45.02	320	1:18.38	1:26.64
99.	Sara Lagorsse Caldas	06	Alcabideche	2:47.29	2:45.29	319	1:17.00	1:28.29
100.	Margarida Martins Pereira	05	CPCD Póvoa Sta Iria	2:52.58	2:45.55	317	1:20.08	1:25.47
101.	Emma Aguiar Bergamo	07	Algés	2:54.27	2:45.96	315	1:20.91	1:25.05
102.	Matilde Anjos Frischknecht	07	Naval Setubalense	2:57.07	2:46.45	312	1:19.86	1:26.59
103.	Leonor Peso Parente	07	Palmela Desporto	3:08.18	2:46.80	310	1:18.65	1:28.15
104.	Catarina Silva Tavares	05	Despertarecorde	2:53.42	2:47.29	308	1:22.49	1:24.80
105.	Luana Ababii	07	Amadora	2:51.23	2:49.37	296	1:23.14	1:26.23
106.	Margarida Santos Botelho	07	Naval Setubalense	2:57.38	2:49.41	296	1:21.15	1:28.26
107.	Raquel Correia	04	Despertarecorde	3:01.79	2:50.73	289	1:18.16	1:32.57
108.	Daniela Pereira Silva	07	Oriental de Lisboa	2:52.52	2:50.85	289	1:18.97	1:31.88
109.	Ines Gomes Carmo	07	Benfica	2:56.61	2:50.88	289	1:23.01	1:27.87
110.	Catarina Pinto Reis	06	Olivais e Moscavide	2:42.29	2:52.42	281	1:20.89	1:31.53
111.	Eva Sofia Ascenso	07	Geslours	3:00.97	2:52.50	280	1:24.55	1:27.95
112.	Maria Duarte Marçalo	07	Palmela Desporto	3:13.76	2:53.26	277	1:24.34	1:28.92
113.	Ines Portela Pereira	07	Geslours	3:00.34	2:53.49	276	1:25.22	1:28.27
114.	Leonor Albuquerque Falcao	07	Odivelas	3:04.42	2:53.74	274	1:25.25	1:28.49
115.	Leonor Gino Canhao	07	União Piedense	3:30.00	2:55.59	266	1:24.90	1:30.69
116.	Bruna Sofia Silva	04	CPCD Póvoa Sta Iria	3:02.45	2:55.84	265	1:23.66	1:32.18
117.	Clara Vieira Tojo	07	Benfica	3:17.63	2:55.98	264	1:25.97	1:30.01
118.	Mafalda Sa Bandeira	07	Fisica Torres Vedras	3:11.33	2:57.05	259	1:26.85	1:30.20
119.	Andria Bekauri	06	Oriental de Lisboa	3:25.00	2:57.36	258	1:25.22	1:32.14
120.	Leonor Carvalho Oliveira	07	Despertarecorde	3:02.83	2:57.73	256	1:24.54	1:33.19
121.	Daniela Sofia Silva	07	Despertarecorde	3:04.39	3:00.21	246	1:26.71	1:33.50
122.	Mafalda Sousa Mira	07	Nacional de Natação	3:30.00	3:01.23	242	1:28.28	1:32.95
123.	Ana Raquel Varajao	07	Swimturtles	3:18.83	3:03.54	233	1:28.79	1:34.75
124.	Ines Sofia Pires	07	Despertarecorde	3:30.00	3:03.77	232	1:30.76	1:33.01
125.	Carolina Sofia Miranda	04	C N Montijo	3:01.77	3:04.48	229	1:28.80	1:35.68
126.	Leonor Machado Severeino	07	Fisica Torres Vedras	3:17.53	3:05.67	225	1:29.52	1:36.15
127.	Maria Voronova	07	Oriental de Lisboa	3:30.00	3:06.90	220	1:29.91	1:36.99
128.	Margarida Pires Oliveira	06	Colegio Int Monte Maior	3:20.73	3:06.98	220	1:28.59	1:38.39
129.	Maria Fatima Medinas	07	CPCD Póvoa Sta Iria	3:13.37	3:08.50	215	1:28.53	1:39.97
130.	Inês Azinheira Serra	05	Palmela Desporto	3:01.78	3:08.99	213	1:28.99	1:40.00
131.	Leonor Jesus Mendes	06	Fundação Salesianos	3:03.51	3:10.26	209	1:31.01	1:39.25
132.	Beatriz Ferreira Perpétuo	07	Palmela Desporto	3:25.18	3:10.77	207	1:31.30	1:39.47
133.	Matilde Marins Pereira	06	CPCD Póvoa Sta Iria	3:11.28	3:24.34	169	1:36.03	1:48.31
134.	Beatriz de Matos Cachopo	07	CPCD Póvoa Sta Iria	3:30.00	3:25.24	166	1:34.96	1:50.28
DSQ	Catarina DAzevedo Pinto	07	Nacional de Natação	3:30.00				
	<i>G1 - Efectuou falsa partida (SW 4.4)</i>							
DSQ	Clarisse Sousa Barradas	05	Despertarecorde	3:05.00				
	<i>G1 - Efectuou falsa partida (SW 4.4)</i>							
DSQ	Catarina Mendes Rocha	07	Geslours	2:36.80				
	<i>G1 - Efectuou falsa partida (SW 4.4)</i>							

Prova 2, Femin., 200m Livres, Absolutos

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
DNS	Ines Santos Silva	07	Colegio Int Monte Maior		2:40.38			
DNS	Dumitrita Ghelinschi	06	C N Montijo		2:54.25			
DNS	Maria Leonor Marques	04	Olivais e Moscavide		2:42.47			
DNS	Maria Leonor Varandas	07	Odivelas		3:13.87			