

Prova 1	Masc., 400m Livres				Absolutos
16.06.2019 - 9:00					Resultados
Rec Regional Juv A	4:04.23	Andre Filipe Farinha	SLB	Torreveja (ESP)	2012
Rec Regional Juv B	4:09.11	Andre Filipe Farinha	SLB	Povoa de Varzim	2011
Rec Regional Inf A	4:15.99	Pedro Fontoura Oliveira	CFB		2004
Rec Regional Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Lisboa, Restelo	2003
Rec Regional Absoluto	3:51.89	Miguel Duarte Nascimento	SLB	Glasgow (GBR)	2018
Rec Nacional Absoluto	3:51.89	Miguel Duarte Nascimento	SLB	Glasgow (GBR)	2018

Pontos: FINA 2018

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
<b>Infantis B</b>										
1.	Joao Almeida Gomes	06	CNN	4:52.69	<b>4:54.64</b>	416	1:08.98	1:15.91	1:15.76	1:13.99
2.	Andre Correia Alves	06	SFUAP	5:01.18	<b>4:59.28</b>	397	1:12.11	1:16.73	1:17.12	1:13.32
3.	Pedro Goncalves Bonniz	06	GESL	5:06.10	<b>5:00.59</b>	392	1:09.74	1:15.64	1:18.25	1:16.96
4.	Tiago Almeida Correia	06	CNMJ	5:08.27	<b>5:03.04</b>	382	1:13.26	1:18.86	1:17.63	1:13.29
5.	Rodrigo Figueiredo Pissarra	06	CPCD	5:10.01	<b>5:04.68</b>	376	1:13.12	1:19.74	1:18.17	1:13.65
6.	Rodrigo Piteira Maio	06	CFB	5:10.95	<b>5:11.43</b>	352	1:16.18	1:20.31	1:20.35	1:14.59
7.	Jose Diogo Fonseca	06	GESL	5:06.16	<b>5:14.32</b>	343	1:13.19	1:20.57	1:21.28	1:19.28
8.	Pedro Crispim Jorge	06	SFUAP	5:07.58	<b>5:14.48</b>	342	1:15.11	1:21.41	1:20.18	1:17.78
9.	Manuel Costa Simoes	06	CDCP	5:41.08	<b>5:16.69</b>	335	1:14.51	1:20.91	1:21.61	1:19.66
10.	Diogo Morgado Figueira	06	CPCD	5:20.00	<b>5:24.52</b>	311	1:14.40	1:22.92	1:25.72	1:21.48
11.	Afonso Silva Carvalho	06	ADRCIMM	5:44.84	<b>5:44.21</b>	261	1:19.86	1:28.30	1:29.33	1:26.72
12.	Andre Monteiro Caetano	06	MODV	5:56.26	<b>5:50.71</b>	247	1:20.58	1:30.48	1:32.12	1:27.53

**Infantis A**

1.	Salvador Goya Perloiro	05	SLB	4:37.78	<b>4:38.40</b>	493	1:05.39	1:11.21	1:12.18	1:09.62
2.	Joao Seixedo Pinheiro	05	CNS	4:39.01	<b>4:45.11</b>	459	1:07.47	1:13.69	1:13.25	1:10.70
3.	Andre Henriques Marques	05	SLB	4:44.95	<b>4:45.49</b>	458	1:05.27	1:12.54	1:14.18	1:13.50
4.	Manuel Angelo Pereira	05	SCP	4:54.09	<b>4:56.13</b>	410	1:09.01	1:16.77	1:16.07	1:14.28
5.	Diogo Rafael Dias	05	DRCN	5:02.66	<b>5:05.60</b>	373	1:12.01	1:18.82	1:20.28	1:14.49
6.	Tiago Silva Bartolo	05	SAD	5:02.53	<b>5:06.60</b>	369	1:10.66	1:19.58	1:20.97	1:15.39
7.	Henrique Caetano Grilo	05	ADRCIMM	5:09.60	<b>5:08.67</b>	362	1:14.25	1:18.36	1:18.75	1:17.31
8.	João Ferreira Rodrigues	05	CNA	4:58.93	<b>5:13.36</b>	346	1:13.94	1:21.63	1:21.30	1:16.49
DSQ	Manuel Pires Oliveira	05	PDEM	4:53.32						

G1 - Efectuou falsa partida (SW 4.4)

**Juvenis B**

1.	Bernardo Jorge Simoes	04	CNCVG	4:14.17	<b>4:14.04</b>	650	59.20	1:04.90	1:05.43	1:04.51
2.	Andre Azevedo Baraona	04	CNMJ	4:28.90	<b>4:32.82</b>	524	1:03.61	1:09.81	1:10.54	1:08.86
3.	Francisco Ribeiro Vieira	04	AEFDTV	4:36.51	<b>4:37.75</b>	497	1:05.78	1:11.30	1:12.26	1:08.41
4.	Tiago Barroso Proenca	04	EULX	5:03.81	<b>4:43.18</b>	469	1:08.07	1:11.74	1:12.78	1:10.59
5.	Pedro Forjaz Cirurgiao	04	SAD	4:42.34	<b>4:44.95</b>	460	1:06.60	1:12.44	1:13.95	1:11.96
6.	Alexandre Duarte Morais	04	PDEM	4:40.75	<b>4:44.96</b>	460	1:05.71	1:12.61	1:14.65	1:11.99
7.	Joao Afonso Santos	04	SCP	4:33.34	<b>4:49.81</b>	437	1:06.09	1:13.02	1:14.97	1:15.73
8.	Guilherme Lousada Carneiro	04	AHBE	4:55.52	<b>4:54.79</b>	416	1:10.10	1:15.44	1:15.14	1:14.11
9.	Henrique Manuel Ribeiro	04	CDOM	5:00.00	<b>5:21.01</b>	322	1:12.79	1:21.46	1:24.31	1:22.45

**Juvenis A**

1.	Pedro Esteves Duarte	03	CDCP	4:25.28	<b>4:27.37</b>	557	1:03.26	1:08.53	1:08.69	1:06.89
2.	Antonio Santos Pereira	03	AHBE	4:31.13	<b>4:27.77</b>	555	1:03.15	1:09.55	1:09.65	1:05.42
3.	Ricardo Martins Ferreira	03	AONDA	4:27.81	<b>4:34.38</b>	515	1:04.34	1:13.25	1:09.28	1:07.51
4.	Joao Luis Matos	03	CNCVG	4:35.01	<b>4:36.63</b>	503	1:04.89	1:11.04	1:11.18	1:09.52
5.	Joao Miguel Cascalheira	03	CNS	4:35.15	<b>4:38.28</b>	494	1:04.50	1:10.64	1:12.28	1:10.86
6.	Rodrigo Beja Lopes	03	AONDA	4:40.06	<b>4:43.52</b>	467	1:05.46	1:13.70	1:14.00	1:10.36
7.	Luis Carlos Correia	03	INDANL	4:39.28	<b>4:44.22</b>	464	1:04.19	1:12.48	1:15.61	1:11.94

**Prova 1, Masc., 400m Livres**
**Absolutos**

1. Bernardo Jorge Simoes	04	CNCVG	4:14.17	<b>4:14.04</b>	650	59.20	1:04.90	1:05.43	1:04.51
2. Pedro Esteves Duarte	03	CDCP	4:25.28	<b>4:27.37</b>	557	1:03.26	1:08.53	1:08.69	1:06.89
3. Antonio Santos Pereira	03	AHBE	4:31.13	<b>4:27.77</b>	555	1:03.15	1:09.55	1:09.65	1:05.42
4. Andre Azevedo Baraona	04	CNMJ	4:28.90	<b>4:32.82</b>	524	1:03.61	1:09.81	1:10.54	1:08.86
5. Ricardo Martins Ferreira	03	AONDA	4:27.81	<b>4:34.38</b>	515	1:04.34	1:13.25	1:09.28	1:07.51
6. Joao Luis Matos	03	CNCVG	4:35.01	<b>4:36.63</b>	503	1:04.89	1:11.04	1:11.18	1:09.52
7. Francisco Ribeiro Vieira	04	AEFDTV	4:36.51	<b>4:37.75</b>	497	1:05.78	1:11.30	1:12.26	1:08.41
8. Joao Miguel Cascalheira	03	CNS	4:35.15	<b>4:38.28</b>	494	1:04.50	1:10.64	1:12.28	1:10.86
9. Salvador Goya Perloiro	05	SLB	4:37.78	<b>4:38.40</b>	493	1:05.39	1:11.21	1:12.18	1:09.62
10. Tiago Barroso Proenca	04	EULX	5:03.81	<b>4:43.18</b>	469	1:08.07	1:11.74	1:12.78	1:10.59
11. Rodrigo Beja Lopes	03	AONDA	4:40.06	<b>4:43.52</b>	467	1:05.46	1:13.70	1:14.00	1:10.36
12. Luis Carlos Correia	03	INDANL	4:39.28	<b>4:44.22</b>	464	1:04.19	1:12.48	1:15.61	1:11.94
13. Pedro Forjaz Cirurgiao	04	SAD	4:42.34	<b>4:44.95</b>	460	1:06.60	1:12.44	1:13.95	1:11.96
14. Alexandre Duarte Morais	04	PDEM	4:40.75	<b>4:44.96</b>	460	1:05.71	1:12.61	1:14.65	1:11.99
15. Joao Seixedo Pinheiro	05	CNS	4:39.01	<b>4:45.11</b>	459	1:07.47	1:13.69	1:13.25	1:10.70
16. Andre Henriques Marques	05	SLB	4:44.95	<b>4:45.49</b>	458	1:05.27	1:12.54	1:14.18	1:13.50
17. Joao Afonso Santos	04	SCP	4:33.34	<b>4:49.81</b>	437	1:06.09	1:13.02	1:14.97	1:15.73
18. Joao Almeida Gomes	06	CNN	4:52.69	<b>4:54.64</b>	416	1:08.98	1:15.91	1:15.76	1:13.99
19. Guilherme Lousada Carneiro	04	AHBE	4:55.52	<b>4:54.79</b>	416	1:10.10	1:15.44	1:15.14	1:14.11
20. Manuel Angelo Pereira	05	SCP	4:54.09	<b>4:56.13</b>	410	1:09.01	1:16.77	1:16.07	1:14.28
21. Andre Correia Alves	06	SFUAP	5:01.18	<b>4:59.28</b>	397	1:12.11	1:16.73	1:17.12	1:13.32
22. Pedro Goncalves Bonniz	06	GESL	5:06.10	<b>5:00.59</b>	392	1:09.74	1:15.64	1:18.25	1:16.96
23. Tiago Almeida Correia	06	CNMJ	5:08.27	<b>5:03.04</b>	382	1:13.26	1:18.86	1:17.63	1:13.29
24. Rodrigo Figueiredo Pissarra	06	CPCD	5:10.01	<b>5:04.68</b>	376	1:13.12	1:19.74	1:18.17	1:13.65
25. Diogo Rafael Dias	05	DRCN	5:02.66	<b>5:05.60</b>	373	1:12.01	1:18.82	1:20.28	1:14.49
26. Tiago Silva Bartolo	05	SAD	5:02.53	<b>5:06.60</b>	369	1:10.66	1:19.58	1:20.97	1:15.39
27. Henrique Caetano Grilo	05	ADRCIMM	5:09.60	<b>5:08.67</b>	362	1:14.25	1:18.36	1:18.75	1:17.31
28. Rodrigo Piteira Maio	06	CFB	5:10.95	<b>5:11.43</b>	352	1:16.18	1:20.31	1:20.35	1:14.59
29. João Ferreira Rodrigues	05	CNA	4:58.93	<b>5:13.36</b>	346	1:13.94	1:21.63	1:21.30	1:16.49
30. Jose Diogo Fonseca	06	GESL	5:06.16	<b>5:14.32</b>	343	1:13.19	1:20.57	1:21.28	1:19.28
31. Pedro Crispim Jorge	06	SFUAP	5:07.58	<b>5:14.48</b>	342	1:15.11	1:21.41	1:20.18	1:17.78
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34. Diogo Morgado Figueira	06	CPCD	5:20.00	<b>5:24.52</b>	311	1:14.40	1:22.92	1:25.72	1:21.48
35. Afonso Silva Carvalho	06	ADRCIMM	5:44.84	<b>5:44.21</b>	261	1:19.86	1:28.30	1:29.33	1:26.72
36. Andre Monteiro Caetano	06	MODV	5:56.26	<b>5:50.71</b>	247	1:20.58	1:30.48	1:32.12	1:27.53
DSQ Manuel Pires Oliveira	05	PDEM	4:53.32						

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