

**Prova 1**

16.06.2019 - 9:00

**Masc., 400m Livres**
**Absolutos**

Lista inscritos

Rec Regional Juv A	4:04.23	Andre Filipe Farinha	SLB	Torrevieja (ESP)	2012
Rec Regional Juv B	4:09.11	Andre Filipe Farinha	SLB	Povoa de Varzim	2011
Rec Regional Inf A	4:15.99	Pedro Fontoura Oliveira	CFB		2004
Rec Regional Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Lisboa, Restelo	2003
Rec Regional Absoluto	3:51.89	Miguel Duarte Nascimento	SLB	Glasgow (GBR)	2018
Rec Nacional Absoluto	3:51.89	Miguel Duarte Nascimento	SLB	Glasgow (GBR)	2018

Convers o tempo inscric o: Convers o linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
1	Bernardo Jorge Simoes	04	Juv B	130250	CNCVG	4:14.17 L	07.04.2019	Coimbra (POR)	4:14.17
2	Pedro Esteves Duarte	03	Juv A	132531	CDCP	4:20.08 S	15.12.2018	Tomar (POR)	4:25.28
3	Ricardo Martins Ferreira	03	Juv A	127307	AONDA	4:22.56 S	25.04.2019	Sines (POR)	4:27.81
4	Andre Azevedo Baraona	04	Juv B	123965	CNMJ	4:23.63 S	19.01.2019	Alapraia (POR)	4:28.90
5	Antonio Santos Pereira	03	Juv A	201690	AHBE	4:25.82 S	19.01.2019	Alapraia (POR)	4:31.13
6	Joao Afonso Santos	04	Juv B	153371	SCP	4:27.98 S	15.12.2018	Tomar (POR)	4:33.34
7	Joao Luis Matos	03	Juv A	130239	CNCVG	4:29.62 S	01.07.2018	S. Antonio Cavaleiros (POR)	4:35.01
8	Joao Miguel Cascalheira	03	Juv A	201621	CNS	4:29.76 S	25.04.2019	Sines (POR)	4:35.15
9	Francisco Ribeiro Vieira	04	Juv B	130443	AEFDTV	4:31.09 S	19.01.2019	Alapraia (POR)	4:36.51
10	Salvador Goya Perloiro	05	Inf A	200474	SLB	4:32.34 S	30.03.2019	Pinhal Novo (POR)	4:37.78
11	Joao Seixedo Pinheiro	05	Inf A	205374	CNS	4:33.54 S	09.03.2019	Setubal (POR)	4:39.01
12	Luis Carlos Correia	03	Juv A	207349	INDANL	4:33.81 S	24.11.2018	Alges (POR)	4:39.28
13	Rodrigo Beja Lopes	03	Juv A	132651	AONDA	4:34.57 S	19.01.2019	Alapraia (POR)	4:40.06
14	Alexandre Duarte Morais	04	Juv B	132645	PDEM	4:35.25 S	08.12.2018	S Antonio dos Cavaleiros (POR)	4:40.75
15	Pedro Forjaz Cirurgiao	04	Juv B	132564	SAD	4:42.34 L	17.03.2019	Vila Franca de Xira (POR)	4:42.34
16	Andre Henriques Marques	05	Inf A	129665	SLB	4:39.37 S	24.02.2019	Loures (POR)	4:44.95
17	Joao Almeida Gomes	06	Inf B	132828	CNN	4:46.96 S	30.03.2019	Pinhal Novo (POR)	4:52.69
18	Manuel Pires Oliveira	05	Inf A	201480	PDEM	4:47.57 S	25.04.2019	Sines (POR)	4:53.32
19	Manuel Angelo Pereira	05	Inf A	151305	SCP	4:48.33 S	31.03.2019	Pinhal Novo (POR)	4:54.09
20	Guilherme Lousada Carneiro	04	Juv B	132518	AHBE	4:55.52 L	16.06.2018	Vila Franca de Xira (POR)	4:55.52
21	Jo�o Ferreira Rodrigues	05	Inf A	202709	CNA	4:53.07 S	09.03.2019	Setubal (POR)	4:58.93
22	Henrique Manuel Ribeiro	04	Juv B	133303	CDOM	5:00.00			5:00.00
23	Andre Correia Alves	06	Inf B	131173	SFUAP	4:55.28 S	09.03.2019	Setubal (POR)	5:01.18
24	Tiago Silva Bartolo	05	Inf A	205340	SAD	4:56.60 S	09.03.2019	Setubal (POR)	5:02.53
25	Diogo Rafael Dias	05	Inf A	202931	DRCN	4:56.73 S	16.12.2018	Sto Antonio Cavaleiros (POR)	5:02.66
26	Tiago Barroso Proenca	04	Juv B	129698	EULX	5:03.81 L	16.06.2018	Vila Franca de Xira (POR)	5:03.81
27	Pedro Goncalves Bonniz	06	Inf B	202696	GESL	5:00.10 S	24.02.2019	Loures (POR)	5:06.10
28	Jose Diogo Fonseca	06	Inf B	205104	GESL	5:00.16 S	09.03.2019	Setubal (POR)	5:06.16
29	Pedro Crispim Jorge	06	Inf B	148340	SFUAP	5:01.55 S	09.03.2019	Setubal (POR)	5:07.58
30	Tiago Almeida Correia	06	Inf B	139280	CNMJ	5:02.23 S	09.03.2019	Setubal (POR)	5:08.27
31	Henrique Caetano Grilo	05	Inf A	132451	ADRCIMM	5:03.53 S	16.12.2018	Sto Antonio Cavaleiros (POR)	5:09.60
32	Rodrigo Figueiredo Pissarra	06	Inf B	201328	CPCD	5:03.94 S	09.03.2019	Setubal (POR)	5:10.01
33	Rodrigo Piteira Maio	06	Inf B	200482	CFB	5:04.86 S	09.03.2019	Setubal (POR)	5:10.95
34	Diogo Morgado Figueira	06	Inf B	203863	CPCD	5:13.73 S	09.03.2019	Setubal (POR)	5:20.00
35	Manuel Costa Simoes	06	Inf B	200874	CDCP	5:34.40 S	19.01.2019	Alapraia (POR)	5:41.08
36	Afonso Silva Carvalho	06	Inf B	207782	ADRCIMM	5:38.08 S	09.03.2019	Setubal (POR)	5:44.84
37	Andre Monteiro Caetano	06	Inf B	207211	MODV	5:49.28 S	16.12.2018	Sto Antonio Cavaleiros (POR)	5:56.26