

Prova 4
10.2.18 - 16:50

Masc., 400m Livres

Absolutos/All
Resultados Final

Rec Mundial / World Record	3:40.07	BIEDERMANN Paul	GER	Rome (ITA)	2009
Rec Europeu / European Record	3:40.07	BIEDERMANN Paul	GER	Rome (ITA)	2009
Rec Meeting / Meeting Record	3:53.88	BERNEK Peter	HUN	Lisboa	2017
Rec Nacional / Port.Nat Record	3:52.29	MAIA Jorge Manuel	FPN	Málaga (ESP)	2009

Tempo Acesso Meeting / Meeting Access Time Jun&Sen: 4:25.00; Inf&Juv: 4:44.00

Pontos: FINA 2018

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	TReac	Pts
Final A						
1.	NASCIMENTO Miguel Duarte <i>Recorde Regional</i>	95	Benfica	3:55.56	+0.55	815
	50m: 27.18 27.18 150m: 1:26.14 29.77 250m: 2:26.45 30.14 350m: 3:27.57 30.36			30.14 350m: 3:27.57 30.36		
	100m: 56.37 29.19 200m: 1:56.31 30.17 300m: 2:57.21 30.76 400m: 3:55.56 27.99			30.76 400m: 3:55.56 27.99		
2.	DURAN CORTINES Juan Salvador	96	Real Canoe N.C.	3:59.48	+0.53	776
	50m: 27.83 27.83 150m: 1:28.55 30.46 250m: 2:29.77 30.73 350m: 3:30.08 30.04			30.73 350m: 3:30.08 30.04		
	100m: 58.09 30.26 200m: 1:59.04 30.49 300m: 3:00.04 30.27 400m: 3:59.48 29.40			30.27 400m: 3:59.48 29.40		
3.	MOGNE Igor Araujo	96	Sporting	4:00.38	+0.81	767
	50m: 27.81 27.81 150m: 1:27.60 30.21 250m: 2:28.37 30.38 350m: 3:29.99 30.71			30.38 350m: 3:29.99 30.71		
	100m: 57.39 29.58 200m: 1:57.99 30.39 300m: 2:59.28 30.91 400m: 4:00.38 30.39			30.91 400m: 4:00.38 30.39		
4.	GIL Rafael Lourenco	96	Individual ANL	4:03.03	+0.74	742
	50m: 28.46 28.46 150m: 1:29.67 30.39 250m: 2:31.63 30.88 350m: 3:33.35 30.73			30.88 350m: 3:33.35 30.73		
	100m: 59.28 30.82 200m: 2:00.75 31.08 300m: 3:02.62 30.99 400m: 4:03.03 29.68			30.99 400m: 4:03.03 29.68		
5.	PINA Guilherme Filipe	98	Sporting	4:03.61	+0.63	737
	50m: 28.67 28.67 150m: 1:29.98 30.92 250m: 2:31.95 30.94 350m: 3:33.73 30.95			30.94 350m: 3:33.73 30.95		
	100m: 59.06 30.39 200m: 2:01.01 31.03 300m: 3:02.78 30.83 400m: 4:03.61 29.88			30.83 400m: 4:03.61 29.88		
6.	PRAVIA DE LA GUERRA Inigo	98	Real Canoe N.C.	4:04.67	+0.80	727
	50m: 27.88 27.88 150m: 1:29.25 30.75 250m: 2:31.13 30.84 350m: 3:33.46 31.52			30.84 350m: 3:33.46 31.52		
	100m: 58.50 30.62 200m: 2:00.29 31.04 300m: 3:01.94 30.81 400m: 4:04.67 31.21			30.81 400m: 4:04.67 31.21		
7.	OLAZABAL Juan Toloza	94	Sporting	4:04.83	+0.73	726
	50m: 28.28 28.28 150m: 1:29.11 30.86 250m: 2:31.64 31.23 350m: 3:34.43 31.38			31.23 350m: 3:34.43 31.38		
	100m: 58.25 29.97 200m: 2:00.41 31.30 300m: 3:03.05 31.41 400m: 4:04.83 30.40			31.41 400m: 4:04.83 30.40		
8.	GOMES Roberto Donald	00	Alges	4:08.06	+0.78	698
	50m: 28.34 28.34 150m: 1:30.34 31.24 250m: 2:33.88 31.80 350m: 3:37.45 31.76			31.80 350m: 3:37.45 31.76		
	100m: 59.10 30.76 200m: 2:02.08 31.74 300m: 3:05.69 31.81 400m: 4:08.06 30.61			31.81 400m: 4:08.06 30.61		
9.	SANTOS Pedro Miguel	01	Futebol Clube do Porto	4:10.74	+0.74	676
	50m: 28.69 28.69 150m: 1:30.33 31.08 250m: 2:33.01 31.35 350m: 3:38.15 32.94			31.35 350m: 3:38.15 32.94		
	100m: 59.25 30.56 200m: 2:01.66 31.33 300m: 3:05.21 32.20 400m: 4:10.74 32.59			32.20 400m: 4:10.74 32.59		
10.	VELOSO Tomas Miguel	96	Nautico Académico	4:15.16	+0.55	641
	50m: 28.30 28.30 150m: 1:30.32 31.35 250m: 2:33.87 31.75 350m: 3:40.98 34.03			31.75 350m: 3:40.98 34.03		
	100m: 58.97 30.67 200m: 2:02.12 31.80 300m: 3:06.95 33.08 400m: 4:15.16 34.18			33.08 400m: 4:15.16 34.18		
Final B						
11.	CARVALHO Jose Paula	98	União Piedense	4:06.77	+0.64	709
	50m: 29.25 29.25 150m: 1:32.43 31.75 250m: 2:35.68 31.30 350m: 3:36.64 29.58			31.30 350m: 3:36.64 29.58		
	100m: 1:00.68 31.43 200m: 2:04.38 31.95 300m: 3:07.06 31.38 400m: 4:06.77 30.13			31.38 400m: 4:06.77 30.13		
12.	RODRIGUEZ FERNANDEZ Arturo	00	Federación Castilla Y Leon	4:09.93	+0.69	682
	50m: 28.49 28.49 150m: 1:31.18 31.86 250m: 2:35.25 31.90 350m: 3:38.92 31.88			31.90 350m: 3:38.92 31.88		
	100m: 59.32 30.83 200m: 2:03.35 32.17 300m: 3:07.04 31.79 400m: 4:09.93 31.01			31.79 400m: 4:09.93 31.01		
13.	JOSE Diogo Coelho	01	Columbifila Cantanhedense	4:10.21	+0.58	680
	50m: 29.31 29.31 150m: 1:32.66 31.74 250m: 2:35.75 31.30 350m: 3:39.44 31.92			31.30 350m: 3:39.44 31.92		
	100m: 1:00.92 31.61 200m: 2:04.45 31.79 300m: 3:07.52 31.77 400m: 4:10.21 30.77			31.77 400m: 4:10.21 30.77		
14.	LABAJO MENA Alvaro	01	Federación Castilla Y Leon	4:10.83	+0.80	675
	50m: 28.47 28.47 150m: 1:31.71 32.08 250m: 2:35.77 31.77 350m: 3:39.95 31.86			31.77 350m: 3:39.95 31.86		
	100m: 59.63 31.16 200m: 2:04.00 32.29 300m: 3:08.09 32.32 400m: 4:10.83 30.88			32.32 400m: 4:10.83 30.88		
15.	BASTOS Lucas Pereira	00	Nautico Académico	4:11.61	+0.72	669
	50m: 28.32 28.32 150m: 1:31.88 32.35 250m: 2:36.27 31.56 350m: 3:40.22 31.94			31.56 350m: 3:40.22 31.94		
	100m: 59.53 31.21 200m: 2:04.71 32.83 300m: 3:08.28 32.01 400m: 4:11.61 31.39			32.01 400m: 4:11.61 31.39		
16.	MORIM Ruben Jose	97	Vilacondense	4:12.26	+0.74	663
	50m: 28.68 28.68 150m: 1:32.24 32.31 250m: 2:37.18 32.35 350m: 3:41.68 32.17			32.35 350m: 3:41.68 32.17		
	100m: 59.93 31.25 200m: 2:04.83 32.59 300m: 3:09.51 32.33 400m: 4:12.26 30.58			32.33 400m: 4:12.26 30.58		

Prova 4, Masc., 400m Livres, Final, Absolutos/All

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	TReac	Pts
17.	BATE Miguel Ribeiro	99	Alges	4:14.09	+0.69	649
	50m: 28.05 28.05	150m: 1:31.36 32.05	250m: 2:36.92 32.62	350m: 3:42.54 32.71		
	100m: 59.31 31.26	200m: 2:04.30 32.94	300m: 3:09.83 32.91	400m: 4:14.09 31.55		
18.	JORGE Duarte Miguel	01	Galitos / Bresimar	4:14.86	+0.68	643
	50m: 28.85 28.85	150m: 1:32.99 32.40	250m: 2:37.81 32.20	350m: 3:43.53 32.50		
	100m: 1:00.59 31.74	200m: 2:05.61 32.62	300m: 3:11.03 33.22	400m: 4:14.86 31.33		
19.	RUIVO Andre Vilas	00	Sporting	4:15.10	+0.74	642
	50m: 29.13 29.13	150m: 1:33.58 32.58	250m: 2:38.65 32.34	350m: 3:43.39 32.34		
	100m: 1:01.00 31.87	200m: 2:06.31 32.73	300m: 3:11.05 32.40	400m: 4:15.10 31.71		
20.	BATE Afonso Ribeiro	98	Alges	4:15.34	+0.63	640
	50m: 28.69 28.69	150m: 1:32.79 32.94	250m: 2:38.85 33.16	350m: 3:45.12 33.15		
	100m: 59.85 31.16	200m: 2:05.69 32.90	300m: 3:11.97 33.12	400m: 4:15.34 30.22		