Prova 7 — Femin., 800m Livres — Infantis
18.3.17 - 9:30 — Resultados

Rec Regional Inf B	9:49.25	Beatriz Rodrigues Conde	SCP	Tavira	2010
Rec Regional Inf A	9:27.51	Rafaela Gomes Azevedo	SAD	Algés	2015
Rec Regional Absoluto	8:33.54	Diana Margarida Duraes	SLB	Vila Real St. Antonio	2016
Rec Nacional Inf B	9:33.95	Filipa Vilas Ruivo	DNMG	Nazaré	2009
Rec Nacional Inf A	9:03.90	Alexandra Maria Silva	FCP	Porto	1980
Rec Nacional Absoluto	8:32.83	Tamila Hryhorivna Holub	SCB	Porto	2015

Mínimos de Participação Inf A: 11:34.22; Inf B: 11:59.47

Pontos: FINA 2016

Pos.	Nadador	Ano	Clube	Tempo	Pts

Infantis A

1. Maria Ferreira Moura — 04 — Gesloures — **9:53.64** — 526

100m:	1:10.40	1:10.40	300m:	3:40.71	1:15.33	500m:	6:10.75	1:14.96	700m:	8:40.82	1:15.00
200m:	2:25.38	1:14.98	400m:	4:55.79	1:15.08	600m:	7:25.82	1:15.07	800m:	9:53.64	1:12.82

2. Carolina Porem Henriques — 04 — Amadora — **10:12.37** — 479

100m:	1:14.55	1:14.55	300m:	3:50.17	1:17.83	500m:	6:26.17	1:17.96	700m:	8:59.05	1:16.46
200m:	2:32.34	1:17.79	400m:	5:08.21	1:18.04	600m:	7:42.59	1:16.42	800m:	10:12.37	1:13.32

3. Madalena da Graca Geraldes — 04 — Sporting — **10:18.95** — 464

100m:	1:13.51	1:13.51	300m:	3:49.07	1:17.21	500m:	6:25.21	1:18.20	700m:	9:02.18	1:19.11
200m:	2:31.86	1:18.35	400m:	5:07.01	1:17.94	600m:	7:43.07	1:17.86	800m:	10:18.95	1:16.77

4. Lidiana Correia Rodrigues — 04 — Belenenses — **10:21.39** — 459

100m:	1:12.76	1:12.76	300m:	3:49.75	1:18.57	500m:	6:26.59	1:18.48	700m:	9:04.19	1:19.32
200m:	2:31.18	1:18.42	400m:	5:08.11	1:18.36	600m:	7:44.87	1:18.28	800m:	10:21.39	1:17.20

5. Carolina Jose Nascimento — 04 — CPCD - Póvoa Sta Iria — **10:25.23** — 450

100m:	1:12.46	1:12.46	300m:	3:49.97	1:18.97	500m:	6:28.91	1:19.77	700m:	9:09.32	1:19.89
200m:	2:31.00	1:18.54	400m:	5:09.14	1:19.17	600m:	7:49.43	1:20.52	800m:	10:25.23	1:15.91

6. Susana Chanoca Narciso — 04 — Desportivo Sesimbra — **10:25.25** — 450

100m:	1:12.16	1:12.16	300m:	3:48.52	1:18.57	500m:	6:27.75	1:19.50	700m:	9:08.02	1:19.74
200m:	2:29.95	1:17.79	400m:	5:08.25	1:19.73	600m:	7:48.28	1:20.53	800m:	10:25.25	1:17.23

7. Raquel Raposo Lopes — 04 — Naval Amorense — **10:26.16** — 448

100m:	1:12.53	1:12.53	300m:	3:50.80	1:19.89	500m:	6:28.92	1:18.98	700m:	9:08.59	1:19.81
200m:	2:30.91	1:18.38	400m:	5:09.94	1:19.14	600m:	7:48.78	1:19.86	800m:	10:26.16	1:17.57

8. Marta Macedo Inacio — 04 — Sporting — **10:26.83** — 447

100m:	1:13.76	1:13.76	300m:	3:50.60	1:18.37	500m:	6:29.56	1:19.10	700m:	9:09.20	1:19.88
200m:	2:32.23	1:18.47	400m:	5:10.46	1:19.86	600m:	7:49.32	1:19.76	800m:	10:26.83	1:17.63

9. Catarina Nunes Costa — 04 — Gesloures — **10:54.83** — 392

100m:	1:16.58	1:16.58	300m:	4:05.03	1:23.85	500m:	6:50.02	1:21.20	700m:	9:36.18	1:22.56
200m:	2:41.18	1:24.60	400m:	5:28.82	1:23.79	600m:	8:13.62	1:23.60	800m:	10:54.83	1:18.65

10. Joana Maia Antunes — 04 — Sporting — **11:14.54** — 358

100m:	1:17.03	1:17.03	300m:	4:08.63	1:26.86	500m:	7:00.93	1:25.26	700m:	9:51.53	1:24.74
200m:	2:41.77	1:24.74	400m:	5:35.67	1:27.04	600m:	8:26.79	1:25.86	800m:	11:14.54	1:23.01

11. Mariana Fragoso Guterres — 04 — Benfica — **11:21.25** — 348

100m:	1:12.94	1:12.94	300m:	4:07.24	1:28.12	500m:	7:04.19	1:28.04	700m:	9:58.15	1:26.21
200m:	2:39.12	1:26.18	400m:	5:36.15	1:28.91	600m:	8:31.94	1:27.75	800m:	11:21.25	1:23.10

Infantis B

1. Ana Beatriz Simoes — 05 — Sporting — **10:15.08** — 473

100m:	1:12.55	1:12.55	300m:	3:48.80	1:18.43	500m:	6:24.69	1:17.89	700m:	9:00.92	1:17.81
200m:	2:30.37	1:17.82	400m:	5:06.80	1:18.00	600m:	7:43.11	1:18.42	800m:	10:15.08	1:14.16

Isadora Maia Andre — 05 — União Piedense — **10:15.08** — 473

100m:	1:12.25	1:12.25	300m:	3:48.10	1:17.80	500m:	6:22.99	1:17.04	700m:	8:59.72	1:18.26
200m:	2:30.30	1:18.05	400m:	5:05.95	1:17.85	600m:	7:41.46	1:18.47	800m:	10:15.08	1:15.36

3. Mafalda Sofia Costa — 05 — Colégio Monte Maior — **10:36.64** — 426

100m:	1:16.23	1:16.23	300m:	3:57.32	1:20.42	500m:	6:38.37	1:19.52	700m:	9:18.80	1:20.33
200m:	2:36.90	1:20.67	400m:	5:18.85	1:21.53	600m:	7:58.47	1:20.10	800m:	10:36.64	1:17.84

4. Marta Joao Pires — 05 — Alges — **10:47.32** — 406

100m:	1:18.49	1:18.49	300m:	4:05.96	1:23.51	500m:	6:51.11	1:21.87	700m:	9:31.34	1:20.06
200m:	2:42.45	1:23.96	400m:	5:29.24	1:23.28	600m:	8:11.28	1:20.17	800m:	10:47.32	1:15.98

5. Nicole Patriarca Franca — 05 — CPCD - Póvoa Sta Iria — **10:57.72** — 387

100m:	1:16.76	1:16.76	300m:	4:02.41	1:24.61	500m:	6:50.86	1:24.07	700m:	9:37.32	1:23.13
200m:	2:37.80	1:21.04	400m:	5:26.79	1:24.38	600m:	8:14.19	1:23.33	800m:	10:57.72	1:20.40

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Prova 7, Femin., 800m Livres, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
6.	Mariana Andreia Silva	05	Sporting	**11:12.67**	361
	100m: 1:17.94 1:17.94 300m: 4:08.39 1:25.25 500m: 6:58.87 1:24.56 700m: 9:49.17 1:24.73				
	200m: 2:43.14 1:25.20 400m: 5:34.31 1:25.92 600m: 8:24.44 1:25.57 800m: 11:12.67 1:23.50				
7.	Mariana Marques Santos	05	Gesloures	**11:15.11**	357
	100m: 1:20.07 1:20.07 300m: 4:09.79 1:25.03 500m: 7:00.99 1:25.48 700m: 9:49.60 1:23.85				
	200m: 2:44.76 1:24.69 400m: 5:35.51 1:25.72 600m: 8:25.75 1:24.76 800m: 11:15.11 1:25.51				
8.	Francisca Otao Tribuna	05	Benfica	**11:16.85**	355
	100m: 1:18.28 1:18.28 300m: 4:05.29 1:23.42 500m: 6:58.06 1:26.75 700m: 9:52.83 1:27.54				
	200m: 2:41.87 1:23.59 400m: 5:31.31 1:26.02 600m: 8:25.29 1:27.23 800m: 11:16.85 1:24.02				
9.	Mariana Geraldo Pombo	05	Naval Amorense	**11:23.09**	345
	100m: 1:20.67 1:20.67 300m: 4:13.50 1:27.02 500m: 7:07.02 1:27.47 700m: 10:00.25 1:26.33				
	200m: 2:46.48 1:25.81 400m: 5:39.55 1:26.05 600m: 8:33.92 1:26.90 800m: 11:23.09 1:22.84				
10.	Carolina Fonseca Gomes	05	Estrelas S. Joao de Brito	**11:31.16**	333
	100m: 1:24.05 1:24.05 300m: 4:17.68 1:26.12 500m: 7:15.42 1:27.79 700m: 10:10.87 1:27.27				
	200m: 2:51.56 1:27.51 400m: 5:47.63 1:29.95 600m: 8:43.60 1:28.18 800m: 11:31.16 1:20.29				
11.	Barbara Cunha Ventura	05	Benfica	**11:45.34**	313
	100m: 1:19.53 1:19.53 300m: 4:17.00 1:30.00 500m: 7:17.37 1:29.81 700m: 10:18.65 1:31.09				
	200m: 2:47.00 1:27.47 400m: 5:47.56 1:30.56 600m: 8:47.56 1:30.19 800m: 11:45.34 1:26.69				
DSQ	Soraia Alexandra Delgado	05	CPCD - Póvoa Sta Iria		
	G1 - Efectuou falsa partida (SW 4.4)				
DNF	Eva Santos Martins	05	Desportivo Sesimbra		
	G27 - Não cumpriu a distância completa da prova. Desistiu aos 350 metros. (SW 10.2)				

Infantis

1.	Maria Ferreira Moura	04	Gesloures	**9:53.64**	526
	100m: 1:10.40 1:10.40 300m: 3:40.71 1:15.33 500m: 6:10.75 1:14.96 700m: 8:40.82 1:15.00				
	200m: 2:25.38 1:14.98 400m: 4:55.79 1:15.08 600m: 7:25.82 1:15.07 800m: 9:53.64 1:12.82				
2.	Carolina Porem Henriques	04	Amadora	**10:12.37**	479
	100m: 1:14.55 1:14.55 300m: 3:50.17 1:17.83 500m: 6:26.17 1:17.96 700m: 8:59.05 1:16.46				
	200m: 2:32.34 1:17.79 400m: 5:08.21 1:18.04 600m: 7:42.59 1:16.42 800m: 10:12.37 1:13.32				
3.	Ana Beatriz Simoes	05	Sporting	**10:15.08**	473
	100m: 1:12.55 1:12.55 300m: 3:48.80 1:18.43 500m: 6:24.69 1:17.89 700m: 9:00.92 1:17.81				
	200m: 2:30.37 1:17.82 400m: 5:06.80 1:18.00 600m: 7:43.11 1:18.42 800m: 10:15.08 1:14.16				
	Isadora Maia Andre	05	União Piedense	**10:15.08**	473
	100m: 1:12.25 1:12.25 300m: 3:48.10 1:17.80 500m: 6:22.99 1:17.04 700m: 8:59.72 1:18.26				
	200m: 2:30.30 1:18.05 400m: 5:05.95 1:17.85 600m: 7:41.46 1:18.47 800m: 10:15.08 1:15.36				
5.	Madalena da Graca Geraldes	04	Sporting	**10:18.95**	464
	100m: 1:13.51 1:13.51 300m: 3:49.07 1:17.21 500m: 6:25.21 1:18.20 700m: 9:02.18 1:19.11				
	200m: 2:31.86 1:18.35 400m: 5:07.01 1:17.94 600m: 7:43.07 1:17.86 800m: 10:18.95 1:16.77				
6.	Lidiana Correia Rodrigues	04	Belenenses	**10:21.39**	459
	100m: 1:12.76 1:12.76 300m: 3:49.75 1:18.57 500m: 6:26.59 1:18.48 700m: 9:04.19 1:19.32				
	200m: 2:31.18 1:18.42 400m: 5:08.11 1:18.36 600m: 7:44.87 1:18.28 800m: 10:21.39 1:17.20				
7.	Carolina Jose Nascimento	04	CPCD - Póvoa Sta Iria	**10:25.23**	450
	100m: 1:12.46 1:12.46 300m: 3:49.97 1:18.97 500m: 6:28.91 1:19.77 700m: 9:09.32 1:19.89				
	200m: 2:31.00 1:18.54 400m: 5:09.14 1:19.17 600m: 7:49.43 1:20.52 800m: 10:25.23 1:15.91				
8.	Susana Chanoca Narciso	04	Desportivo Sesimbra	**10:25.25**	450
	100m: 1:12.16 1:12.16 300m: 3:48.52 1:18.57 500m: 6:27.75 1:19.50 700m: 9:08.02 1:19.74				
	200m: 2:29.95 1:17.79 400m: 5:08.25 1:19.73 600m: 7:48.28 1:20.53 800m: 10:25.25 1:17.23				
9.	Raquel Raposo Lopes	04	Naval Amorense	**10:26.16**	448
	100m: 1:12.53 1:12.53 300m: 3:50.80 1:19.89 500m: 6:28.92 1:18.98 700m: 9:08.59 1:19.81				
	200m: 2:30.91 1:18.38 400m: 5:09.94 1:19.14 600m: 7:48.78 1:19.86 800m: 10:26.16 1:17.57				
10.	Marta Macedo Inacio	04	Sporting	**10:26.83**	447
	100m: 1:13.76 1:13.76 300m: 3:50.60 1:18.37 500m: 6:29.56 1:19.10 700m: 9:09.20 1:19.88				
	200m: 2:32.23 1:18.47 400m: 5:10.46 1:19.86 600m: 7:49.32 1:19.76 800m: 10:26.83 1:17.63				
11.	Mafalda Sofia Costa	05	Colégio Monte Maior	**10:36.64**	426
	100m: 1:16.23 1:16.23 300m: 3:57.32 1:20.42 500m: 6:38.37 1:19.52 700m: 9:18.80 1:20.33				
	200m: 2:36.90 1:20.67 400m: 5:18.85 1:21.53 600m: 7:58.47 1:20.10 800m: 10:36.64 1:17.84				
12.	Marta Joao Pires	05	Alges	**10:47.32**	406
	100m: 1:18.49 1:18.49 300m: 4:05.96 1:23.51 500m: 6:51.11 1:21.87 700m: 9:31.34 1:20.06				
	200m: 2:42.45 1:23.96 400m: 5:29.24 1:23.28 600m: 8:11.28 1:20.17 800m: 10:47.32 1:15.98				

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Prova 7, Femin., 800m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
13.	Catarina Nunes Costa	04	Gesloures	**10:54.83**	392
	100m: 1:16.58 1:16.58 300m: 4:05.03 1:23.85 500m: 6:50.02 1:21.20 700m: 9:36.18 1:22.56				
	200m: 2:41.18 1:24.60 400m: 5:28.82 1:23.79 600m: 8:13.62 1:23.60 800m: 10:54.83 1:18.65				
14.	Nicole Patriarca Franca	05	CPCD - Póvoa Sta Iria	**10:57.72**	387
	100m: 1:16.76 1:16.76 300m: 4:02.41 1:24.61 500m: 6:50.86 1:24.07 700m: 9:37.32 1:23.13				
	200m: 2:37.80 1:21.04 400m: 5:26.79 1:24.38 600m: 8:14.19 1:23.33 800m: 10:57.72 1:20.40				
15.	Mariana Andreia Silva	05	Sporting	**11:12.67**	361
	100m: 1:17.94 1:17.94 300m: 4:08.39 1:25.25 500m: 6:58.87 1:24.56 700m: 9:49.17 1:24.73				
	200m: 2:43.14 1:25.20 400m: 5:34.31 1:25.92 600m: 8:24.44 1:25.57 800m: 11:12.67 1:23.50				
16.	Joana Maia Antunes	04	Sporting	**11:14.54**	358
	100m: 1:17.03 1:17.03 300m: 4:08.63 1:26.86 500m: 7:00.93 1:25.26 700m: 9:51.53 1:24.74				
	200m: 2:41.77 1:24.74 400m: 5:35.67 1:27.04 600m: 8:26.79 1:25.86 800m: 11:14.54 1:23.01				
17.	Mariana Marques Santos	05	Gesloures	**11:15.11**	357
	100m: 1:20.07 1:20.07 300m: 4:09.79 1:25.03 500m: 7:00.99 1:25.48 700m: 9:49.60 1:23.85				
	200m: 2:44.76 1:24.69 400m: 5:35.51 1:25.72 600m: 8:25.75 1:24.76 800m: 11:15.11 1:25.51				
18.	Francisca Otao Tribuna	05	Benfica	**11:16.85**	355
	100m: 1:18.28 1:18.28 300m: 4:05.29 1:23.42 500m: 6:58.06 1:26.75 700m: 9:52.83 1:27.54				
	200m: 2:41.87 1:23.59 400m: 5:31.31 1:26.02 600m: 8:25.29 1:27.23 800m: 11:16.85 1:24.02				
19.	Mariana Fragoso Guterres	04	Benfica	**11:21.25**	348
	100m: 1:12.94 1:12.94 300m: 4:07.24 1:28.12 500m: 7:04.19 1:28.04 700m: 9:58.15 1:26.21				
	200m: 2:39.12 1:26.18 400m: 5:36.15 1:28.91 600m: 8:31.94 1:27.75 800m: 11:21.25 1:23.10				
20.	Mariana Geraldo Pombo	05	Naval Amorense	**11:23.09**	345
	100m: 1:20.67 1:20.67 300m: 4:13.50 1:27.02 500m: 7:07.02 1:27.47 700m: 10:00.25 1:26.33				
	200m: 2:46.48 1:25.81 400m: 5:39.55 1:26.05 600m: 8:33.92 1:26.90 800m: 11:23.09 1:22.84				
21.	Carolina Fonseca Gomes	05	Estrelas S. Joao de Brito	**11:31.16**	333
	100m: 1:24.05 1:24.05 300m: 4:17.68 1:26.12 500m: 7:15.42 1:27.79 700m: 10:10.87 1:27.27				
	200m: 2:51.56 1:27.51 400m: 5:47.63 1:29.95 600m: 8:43.60 1:28.18 800m: 11:31.16 1:20.29				
22.	Barbara Cunha Ventura	05	Benfica	**11:45.34**	313
	100m: 1:19.53 1:19.53 300m: 4:17.00 1:30.00 500m: 7:17.37 1:29.81 700m: 10:18.65 1:31.09				
	200m: 2:47.00 1:27.47 400m: 5:47.56 1:30.56 600m: 8:47.56 1:30.19 800m: 11:45.34 1:26.69				
DSQ	Soraia Alexandra Delgado	05	CPCD - Póvoa Sta Iria		
	G1 - Efectuou falsa partida (SW 4.4)				
DNF	Eva Santos Martins	05	Desportivo Sesimbra		
	G27 - Não cumpriu a distância completa da prova. Desistiu aos 350 metros. (SW 10.2)				

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