



Prova 1
18.6.16 - 9:30

Femin., 400m Livres

Infantis
Resultados

Rec Nacional Inf B	4:38.40	Filipa Vilas Ruivo	DNMG	Alcobaça	2009
Rec Nacional Inf A	4:25.30	Alexandra Maria Silva	FCP	Porto	1980
Rec Nacional Absoluto	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	2009
Rec Regional Inf B	4:42.86	Beatriz Rodrigues Conde	SCP	Alges	2010
Rec Regional Inf A	4:37.87	Inês Camacho Fernandes	SCP	Algés	2010
Rec Regional Absoluto	4:18.39	Ana Cláudia Correia Santos	SFUAP	Cantanhede	2004

Pontos: FINA 2015

Pos.	Nadador	Ano	Clube	T.Inscr.	Tempo	Pts
1.	Joana Ribeiro Martins	03	Benfica	4:42.96	4:43.18	568
	50m: 31.53 31.53	150m: 1:43.25 36.53	250m: 2:55.69 36.30	350m: 4:07.97 36.00		
	100m: 1:06.72 35.19	200m: 2:19.39 36.14	300m: 3:31.97 36.28	400m: 4:43.18 35.21		
2.	Beatriz Picanço Martins	03	Benfica	4:48.26	4:51.04	523
	50m: 32.60 32.60	150m: 1:46.43 37.26	250m: 3:00.51 37.12	350m: 4:15.13 37.23		
	100m: 1:09.17 36.57	200m: 2:23.39 36.96	300m: 3:37.90 37.39	400m: 4:51.04 35.91		
3.	Beatriz Azevedo Isaías	03	Colegio Int Monte Maior	5:16.61	4:53.23	511
	50m: 33.90 33.90	150m: 1:47.21 36.91	250m: 3:02.45 37.57	350m: 4:17.39 37.65		
	100m: 1:10.30 36.40	200m: 2:24.88 37.67	300m: 3:39.74 37.29	400m: 4:53.23 35.84		
4.	Maria Ines Ribeiro	03	Alges	5:13.15	5:04.08	458
	50m: 33.72 33.72	150m: 1:49.62 38.41	250m: 3:07.51 38.65	350m: 4:25.38 39.20		
	100m: 1:11.21 37.49	200m: 2:28.86 39.24	300m: 3:46.18 38.67	400m: 5:04.08 38.70		
5.	Catarina Guimaraes Moreira	03	Alges	5:17.68	5:04.71	455
	50m: 33.58 33.58	150m: 1:49.95 38.93	250m: 3:07.54 38.61	350m: 4:23.76 37.63		
	100m: 1:11.02 37.44	200m: 2:28.93 38.98	300m: 3:46.13 38.59	400m: 5:04.71 40.95		
6.	Beatriz Quintao Amantes	03	União Piedense	5:01.90	5:05.38	452
	50m: 34.24 34.24	150m: 1:50.27 38.49	250m: 3:09.07 39.46	350m: 4:27.39 39.74		
	100m: 1:11.78 37.54	200m: 2:29.61 39.34	300m: 3:47.65 38.58	400m: 5:05.38 37.99		
7.	Barbara Sofia Amaral	03	Geslours	5:50.00	5:10.98	428
	50m: 33.70 33.70	150m: 1:51.92 39.51	250m: 3:12.07 40.24	350m: 4:32.61 40.15		
	100m: 1:12.41 38.71	200m: 2:31.83 39.91	300m: 3:52.46 40.39	400m: 5:10.98 38.37		
8.	Madalena da Graca Gerales	04	Sporting	5:18.82	5:14.40	415
	50m: 35.09 35.09	150m: 1:54.04 40.22	250m: 3:14.47 40.16	350m: 4:35.97 40.84		
	100m: 1:13.82 38.73	200m: 2:34.31 40.27	300m: 3:55.13 40.66	400m: 5:14.40 38.43		
9.	Margarida Sousa Gaspar	03	Colegio Int Monte Maior	5:15.24	5:15.48	410
	50m: 34.96 34.96	150m: 1:55.05 40.63	250m: 3:16.43 40.63	350m: 4:37.70 40.11		
	100m: 1:14.42 39.46	200m: 2:35.80 40.75	300m: 3:57.59 41.16	400m: 5:15.48 37.78		
10.	Mariana Bança Ferreira	03	Naval Setubalense	5:20.48	5:16.30	407
	50m: 37.74 37.74	150m: 1:57.65 39.97	250m: 3:18.02 40.28	350m: 4:38.01 39.68		
	100m: 1:17.68 39.94	200m: 2:37.74 40.09	300m: 3:58.33 40.31	400m: 5:16.30 38.29		
11.	Marta Pereira Domingos	04	Naval Amorense	5:18.08	5:23.74	380
	50m: 35.59 35.59	150m: 1:58.79 41.95	250m: 3:21.59 40.64	350m: 4:43.81 41.35		
	100m: 1:16.84 41.25	200m: 2:40.95 42.16	300m: 4:02.46 40.87	400m: 5:23.74 39.93		
12.	Matilde Calhau Silva	04	Sporting	5:36.42	5:32.06	352
	50m: 37.66 37.66	150m: 2:00.87 41.52	250m: 3:25.07 42.02	350m: 4:50.41 42.80		
	100m: 1:19.35 41.69	200m: 2:43.05 42.18	300m: 4:07.61 42.54	400m: 5:32.06 41.65		
13.	Madalena Rodrigues Tome	03	Bombeiros Estoris	5:44.14	5:33.44	347
	50m: 36.79 36.79	150m: 1:59.73 42.02	250m: 3:25.47 43.24	350m: 4:51.69 43.82		
	100m: 1:17.71 40.92	200m: 2:42.23 42.50	300m: 4:07.87 42.40	400m: 5:33.44 41.75		
14.	Clara Patricia Rolo	04	Geslours	5:50.00	5:53.05	293
	50m: 39.89 39.89	150m: 2:08.37 44.75	250m: 3:38.28 44.81	350m: 5:08.18 44.56		
	100m: 1:23.62 43.73	200m: 2:53.47 45.10	300m: 4:23.62 45.34	400m: 5:53.05 44.87		
EXH	Aleksandra Bozanic Borcic	04	Alges	5:37.79	5:37.48	335
	50m: 37.46 37.46	150m: 2:01.97 42.76	250m: 3:29.38 43.63	350m: 4:56.45 42.97		
	100m: 1:19.21 41.75	200m: 2:45.75 43.78	300m: 4:13.48 44.10	400m: 5:37.48 41.03		
EXH	Maria Gomes Pereira	04	Alges	5:22.02	5:04.66	456
	50m: 34.18 34.18	150m: 1:50.82 39.08	250m: 3:08.58 38.64	350m: 4:27.70 39.55		
	100m: 1:11.74 37.56	200m: 2:29.94 39.12	300m: 3:48.15 39.57	400m: 5:04.66 36.96		