

Prova 7
22.5.16 - 15:13

Femin., 800m Livres

Cadetes A
Resultados

Mínimos de Acesso : 14:00.00

Pontos: FINA 2015

Pos.	Nadador	Ano	Clube	Tempo	Pts
1.	Soraia Alexandra Delgado	05	CPCD - Póvoa Sta Iria	11:01.61	380
	100m: 1:19.69 1:19.69	300m: 4:10.24 1:25.88	500m: 6:59.40 1:24.06	700m: 8:42.81 20.85	
	200m: 2:44.36 1:24.67	400m: 5:35.34 1:25.10	600m: 8:21.96 1:22.56	800m: 11:01.61 2:18.80	
2.	Isadora Maia Andre	05	União Piedense	11:04.20	375
	100m: 1:15.46 1:15.46	300m: 4:04.31 1:24.79	500m: 6:55.44 1:25.79	700m: 9:42.59 1:23.28	
	200m: 2:39.52 1:24.06	400m: 5:29.65 1:25.34	600m: 8:19.31 1:23.87	800m: 11:04.20 1:21.61	
3.	Ana Beatriz Simoes	05	Sporting	11:06.97	371
	100m: 1:15.38 1:15.38	300m: 4:04.53 1:25.71	500m: 6:54.56 1:24.75	700m: 9:42.97 1:23.54	
	200m: 2:38.82 1:23.44	400m: 5:29.81 1:25.28	600m: 8:19.43 1:24.87	800m: 11:06.97 1:24.00	
4.	Mafalda Sofia Costa	05	Colégio Monte Maior	11:24.09	344
	100m: 1:20.24 1:20.24	300m: 4:12.96 1:26.53	500m: 7:07.62 1:27.13	700m: 10:01.72 1:26.31	
	200m: 2:46.43 1:26.19	400m: 5:40.49 1:27.53	600m: 8:35.41 1:27.79	800m: 11:24.09 1:22.37	
5.	Nicole Patriarca França	05	CPCD - Póvoa Sta Iria	11:32.45	331
	100m: 1:24.57 1:24.57	300m: 4:16.54 1:25.47	500m: 7:12.39 1:28.44	700m: 10:08.07 1:28.05	
	200m: 2:51.07 1:26.50	400m: 5:43.95 1:27.41	600m: 8:40.02 1:27.63	800m: 11:32.45 1:24.38	
6.	Vera Di Martino Serafim	05	Sporting	11:47.49	311
	100m: 1:19.72 1:19.72	300m: 4:16.89 1:28.47	500m: 7:16.85 1:30.47	700m: 10:18.42 1:30.64	
	200m: 2:48.42 1:28.70	400m: 5:46.38 1:29.49	600m: 8:47.78 1:30.93	800m: 11:47.49 1:29.07	
7.	Mariana Andreia Silva	05	Sporting	11:51.87	305
	100m: 1:24.28 1:24.28	300m: 4:25.37 1:30.10	500m: 7:26.24 1:30.38	700m: 10:25.93 1:29.75	
	200m: 2:55.27 1:30.99	400m: 5:55.86 1:30.49	600m: 8:56.18 1:29.94	800m: 11:51.87 1:25.94	
8.	Marta João Pires	05	Algés	11:54.89	301
	100m: 1:24.76 1:24.76	300m: 4:26.79 1:31.05	500m: 7:28.90 1:30.71	700m: 10:27.71 1:29.64	
	200m: 2:55.74 1:30.98	400m: 5:58.19 1:31.40	600m: 8:58.07 1:29.17	800m: 11:54.89 1:27.18	
9.	Mariana Marques Santos	05	Geslours	12:02.80	291
	100m: 1:26.09 1:26.09	300m: 4:30.03 1:32.12	500m: 7:32.80 1:31.01	700m: 10:34.47 1:30.91	
	200m: 2:57.91 1:31.82	400m: 6:01.79 1:31.76	600m: 9:03.56 1:30.76	800m: 12:02.80 1:28.33	
10.	Mariana Geraldo Pombo	05	Nautica do Seixal	12:03.74	290
	100m: 1:21.52 1:21.52	300m: 4:24.68 1:31.50	500m: 7:28.68 1:33.50	700m: 10:35.24 1:33.10	
	200m: 2:53.18 1:31.66	400m: 5:55.18 1:30.50	600m: 9:02.14 1:33.46	800m: 12:03.74 1:28.50	
11.	Erica Cristina Reis	05	Sporting	12:04.27	289
	100m: 1:24.25 1:24.25	300m: 4:27.69 1:32.54	500m: 7:30.95 1:31.26	700m: 10:35.32 1:31.78	
	200m: 2:55.15 1:30.90	400m: 5:59.69 1:32.00	600m: 9:03.54 1:32.59	800m: 12:04.27 1:28.95	
12.	Margarida Domingues Nunes	05	Avançado EULx	12:04.34	289
	100m: 1:19.12 1:19.12	300m: 4:23.79 1:33.23	500m: 7:29.52 1:33.74	700m: 10:36.20 1:32.73	
	200m: 2:50.56 1:31.44	400m: 5:55.78 1:31.99	600m: 9:03.47 1:33.95	800m: 12:04.34 1:28.14	
13.	Francisca Otao Tribuna	05	Benfica	12:04.37	289
	100m: 1:23.10 1:23.10	300m: 4:25.74 1:32.37	500m: 7:30.83 1:32.58	700m: 10:36.48 1:32.67	
	200m: 2:53.37 1:30.27	400m: 5:58.25 1:32.51	600m: 9:03.81 1:32.98	800m: 12:04.37 1:27.89	
14.	Luciana Rodrigues Moura	05	Escola Municipal Desporto Setú	12:04.51	289
	100m: 1:18.48 1:18.48	300m: 4:19.83 1:31.29	500m: 7:26.29 1:33.55	700m: 10:34.40 1:33.74	
	200m: 2:48.54 1:30.06	400m: 5:52.74 1:32.91	600m: 9:00.66 1:34.37	800m: 12:04.51 1:30.11	
15.	Madalena Carrapiço Alexandrino	05	Algés	12:11.61	281
	100m: 1:27.07 1:27.07	300m: 4:33.51 1:33.69	500m: 7:38.04 1:32.18	700m: 10:41.80 1:31.80	
	200m: 2:59.82 1:32.75	400m: 6:05.86 1:32.35	600m: 9:10.00 1:31.96	800m: 12:11.61 1:29.81	
16.	Leonor Oliveira Caratao	05	Desportivo Vialonga	12:18.00	274
	100m: 1:29.76 1:29.76	300m: 4:38.60 1:34.34	500m: 7:44.19 1:33.06	700m: 10:48.54 1:32.29	
	200m: 3:04.26 1:34.50	400m: 6:11.13 1:32.53	600m: 9:16.25 1:32.06	800m: 12:18.00 1:29.46	
17.	Eva Santos Martins	05	Desportivo Sesimbra	12:24.39	267
	100m: 1:23.44 1:23.44	300m: 4:31.82 1:35.12	500m: 7:42.50 1:35.27	700m: 10:51.37 1:34.61	
	200m: 2:56.70 1:33.26	400m: 6:07.23 1:35.41	600m: 9:16.76 1:34.26	800m: 12:24.39 1:33.02	
18.	Filipa Raposo Silva	05	Sporting	12:27.38	263
	100m: 1:21.65 1:21.65	300m: 4:25.42 1:33.96	500m: 7:36.30 1:36.05	700m: 10:50.31 1:38.19	
	200m: 2:51.46 1:29.81	400m: 6:00.25 1:34.83	600m: 9:12.12 1:35.82	800m: 12:27.38 1:37.07	
19.	Soraia Brilhante Salgado	05	Física Torres Vedras	12:28.66	262
	100m: 1:24.76 1:24.76	300m: 4:36.41 1:36.25	500m: 7:46.76 1:34.23	700m: 10:57.78 1:35.10	
	200m: 3:00.16 1:35.40	400m: 6:12.53 1:36.12	600m: 9:22.68 1:35.92	800m: 12:28.66 1:30.88	

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Pos.	Nadador	Ano	Clube	Tempo	Pts
20.	Mafalda Pereira Matos	05	Geslourses	12:29.58	261
	100m: 1:26.05 1:26.05	300m: 4:34.13 1:34.02	500m: 7:45.24 1:36.01	700m: 10:58.20 1:37.36	
	200m: 3:00.11 1:34.06	400m: 6:09.23 1:35.10	600m: 9:20.84 1:35.60	800m: 12:29.58 1:31.38	
21.	Sara Carreira Melo	05	Sporting	12:36.93	253
	100m: 1:27.81 1:27.81	300m: 4:38.53 1:36.16	500m: 7:51.65 1:36.06	700m: 11:04.06 1:35.19	
	200m: 3:02.37 1:34.56	400m: 6:15.59 1:37.06	600m: 9:28.87 1:37.22	800m: 12:36.93 1:32.87	
22.	Barbara Cunha Ventura	05	Benfica	12:37.54	253
	100m: 1:25.54 1:25.54	300m: 4:40.59 1:40.70	500m: 7:49.76 1:36.37	700m: 11:03.79 1:37.28	
	200m: 2:59.89 1:34.35	400m: 6:13.39 1:32.80	600m: 9:26.51 1:36.75	800m: 12:37.54 1:33.75	
23.	Joana Fernandes Gama	05	Sporting	12:40.52	250
	100m: 1:25.67 1:25.67	300m: 4:38.39 1:37.42	500m: 7:53.70 1:38.07	700m: 11:08.66 1:36.70	
	200m: 3:00.97 1:35.30	400m: 6:15.63 1:37.24	600m: 9:31.96 1:38.26	800m: 12:40.52 1:31.86	
24.	Mariana Reis Ferreira	05	Escola Municipal Desporto Setú	12:41.14	249
	100m: 1:25.51 1:25.51	300m: 4:37.48 1:36.91	500m: 7:57.39 1:41.31	700m: 11:06.92 1:37.76	
	200m: 3:00.57 1:35.06	400m: 6:16.08 1:38.60	600m: 9:29.16 1:31.77	800m: 12:41.14 1:34.22	
25.	Íris Pereira Carrão	05	Naval Amorense	12:51.08	240
	100m: 1:26.54 1:26.54	300m: 4:40.16 1:38.10	500m: 7:56.92 1:38.06	700m: 11:14.98 1:39.00	
	200m: 3:02.06 1:35.52	400m: 6:18.86 1:38.70	600m: 9:35.98 1:39.06	800m: 12:51.08 1:36.10	
26.	Carmo Dias Vieira	05	Avançado EULx	13:00.03	232
	100m: 1:32.06 1:32.06	300m: 4:49.76 1:39.53	500m: 8:07.64 1:39.58	700m: 11:26.22 1:39.81	
	200m: 3:10.23 1:38.17	400m: 6:28.06 1:38.30	600m: 9:46.41 1:38.77	800m: 13:00.03 1:33.81	
27.	Madalena Sampaio Torgal	05	Bombeiros Estoris	13:05.60	227
	100m: 1:27.64 1:27.64	300m: 4:47.57 1:40.84	500m: 8:08.84 1:41.18	700m: 11:30.79 1:41.67	
	200m: 3:06.73 1:39.09	400m: 6:27.66 1:40.09	600m: 9:49.12 1:40.28	800m: 13:05.60 1:34.81	
28.	Sara Nunes Conceição	05	Naval Amorense	13:08.99	224
	100m: 1:31.05 1:31.05	300m: 4:50.70 1:40.48	500m: 8:11.88 1:39.76	700m: 11:33.54 1:41.02	
	200m: 3:10.22 1:39.17	400m: 6:32.12 1:41.42	600m: 9:52.52 1:40.64	800m: 13:08.99 1:35.45	
29.	Maria Teresa Fernandes	05	Algés	13:12.00	221
	100m: 1:30.55 1:30.55	300m: 4:46.44 1:40.22	500m: 8:09.06 1:41.58	700m: 11:35.91 1:43.63	
	200m: 3:06.22 1:35.67	400m: 6:27.48 1:41.04	600m: 9:52.28 1:43.22	800m: 13:12.00 1:36.09	
30.	Sofia Antunes Sebastiao	05	Amadora	13:12.13	221
	100m: 1:30.47 1:30.47	300m: 4:50.06 1:39.46	500m: 8:10.25 1:41.05	700m: 11:32.80 1:42.26	
	200m: 3:10.60 1:40.13	400m: 6:29.20 1:39.14	600m: 9:50.54 1:40.29	800m: 13:12.13 1:39.33	
31.	Maria Carolina Vargas	05	Algés	13:15.42	218
	100m: 1:32.19 1:32.19	300m: 4:53.16 1:40.83	500m: 8:15.26 1:40.64	700m: 11:39.89 1:42.56	
	200m: 3:12.33 1:40.14	400m: 6:34.62 1:41.46	600m: 9:57.33 1:42.07	800m: 13:15.42 1:35.53	
32.	Luisa Morais Marques	05	Fisica Torres Vedras	13:18.69	216
	100m: 1:31.18 1:31.18	300m: 4:55.49 1:41.87	500m: 8:20.35 1:42.61	700m: 11:44.53 1:42.03	
	200m: 3:13.62 1:42.44	400m: 6:37.74 1:42.25	600m: 10:02.50 1:42.15	800m: 13:18.69 1:34.16	
33.	Marta Maria Costa	05	Bombeiros Estoris	13:21.60	213
	100m: 1:27.69 1:27.69	300m: 4:49.26 1:41.18	500m: 8:16.58 1:44.25	700m: 11:43.17 1:42.22	
	200m: 3:08.08 1:40.39	400m: 6:32.33 1:43.07	600m: 10:00.95 1:44.37	800m: 13:21.60 1:38.43	
34.	Lara Moreira Lopo	05	Avançado EULx	13:27.60	209
	100m: 1:35.68 1:35.68	300m: 4:08.87 51.44	500m: 8:29.86 1:44.84	700m: 11:53.51 1:41.87	
	200m: 3:17.43 1:41.75	400m: 6:45.02 2:36.15	600m: 10:11.64 1:41.78	800m: 13:27.60 1:34.09	
35.	Carolina Lima Lopes	05	C N Montijo	13:36.30	202
	100m: 1:25.76 1:25.76	300m: 4:51.91 1:45.57	500m: 8:25.42 1:47.05	700m: 12:02.88 1:49.24	
	200m: 3:06.34 1:40.58	400m: 6:38.37 1:46.46	600m: 10:13.64 1:48.22	800m: 13:36.30 1:33.42	
36.	Carolina Alexandra Silva	05	Desportivo Sesimbra	13:38.37	200
	100m: 1:32.24 1:32.24	300m: 4:58.31 1:45.09	500m: 8:26.97 1:44.07	700m: 11:56.16 1:44.56	
	200m: 3:13.22 1:40.98	400m: 6:42.90 1:44.59	600m: 10:11.60 1:44.63	800m: 13:38.37 1:42.21	
37.	Rita Ferreira Gomes FTL	05	Algés	14:04.26	183
	100m: 1:32.34 1:32.34	300m: 5:04.53 1:47.68	500m: 8:42.22 1:49.32	700m: 12:19.06 1:46.72	
	200m: 3:16.85 1:44.51	400m: 6:52.90 1:48.37	600m: 10:32.34 1:50.12	800m: 14:04.26 1:45.20	
38.	Margarida Folques Marques FTL	05	Desportivo Sesimbra	14:13.20	177
	100m: 1:32.97 1:32.97	300m: 5:17.25 1:54.31	500m: 8:56.75 1:50.16	700m: 12:33.35 1:47.72	
	200m: 3:22.94 1:49.97	400m: 7:06.59 1:49.34	600m: 10:45.63 1:48.88	800m: 14:13.20 1:39.85	
39.	Matilde Garcia Infante FTL	05	Algés	14:19.84	173
	100m: 1:33.92 1:33.92	300m: 5:09.15 1:48.98	500m: 8:40.02 1:40.02	700m: 12:30.48 1:50.46	
	200m: 3:20.17 1:46.25	400m: 6:59.49 1:50.34	600m: 10:40.02 1:40.02	800m: 14:19.84 1:49.36	

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Pos.	Nadador	Ano	Clube	Tempo	Pts
40.	Maria Ines Reis FTL	05	Palmela	14:21.45	172
	100m: 1:35.70 1:35.70	300m: 5:12.86 1:49.55	500m: 8:51.79 1:48.79	700m: 12:36.30 1:53.77	
	200m: 3:23.31 1:47.61	400m: 7:03.00 1:50.14	600m: 10:42.53 1:50.74	800m: 14:21.45 1:45.15	
41.	Beatriz Rodrigues Bridel FTL	05	Desportivo Sesimbra	14:28.14	168
	100m: 1:35.96 1:35.96	300m: 5:13.56 1:50.67	500m: 8:59.68 1:52.88	700m: 12:45.46 1:52.59	
	200m: 3:22.89 1:46.93	400m: 7:06.80 1:53.24	600m: 10:52.87 1:53.19	800m: 14:28.14 1:42.68	
42.	Laura Nascimento Araújo FTL	05	Amadora	14:31.94	166
	100m: 1:33.23 1:33.23	300m: 5:12.09 1:50.36	500m: 8:57.65 1:52.88	700m: 12:44.64 1:54.09	
	200m: 3:21.73 1:48.50	400m: 7:04.77 1:52.68	600m: 10:50.55 1:52.90	800m: 14:31.94 1:47.30	
43.	Joana Simplicio Teixeira FTL	05	Desportivo Sesimbra	14:48.91	156
	100m: 1:38.41 1:38.41	300m: 5:22.21 1:52.90	500m: 9:09.68 1:54.68	700m: 12:59.66 1:55.38	
	200m: 3:29.31 1:50.90	400m: 7:15.00 1:52.79	600m: 11:04.28 1:54.60	800m: 14:48.91 1:49.25	
44.	Maria Sousa Caxaria FTL	05	C N Montijo	14:48.97	156
	100m: 1:38.84 1:38.84	300m: 5:21.94 1:53.03	500m: 9:13.32 1:56.72	700m: 13:03.50 1:55.72	
	200m: 3:28.91 1:50.07	400m: 7:16.60 1:54.66	600m: 11:07.78 1:54.46	800m: 14:48.97 1:45.47	
45.	Carlota Almeida Esequiel FTL	05	Desportivo Sesimbra	15:32.97	135
	100m: 1:47.76 1:47.76	300m: 5:48.25 2:00.74	500m: 9:43.80 1:56.33	700m: 13:40.02 1:57.96	
	200m: 3:47.51 1:59.75	400m: 7:47.47 1:59.22	600m: 11:42.06 1:58.26	800m: 15:32.97 1:52.95	
DNS	Beatriz Frota Carvalho	05	Geslours		
DNS	Ines Azinheira Serra	05	Palmela		
DNS	Joana Rocha Ferreira	05	Benfica		
DNS	Neuza Velho Magalhaes	05	Benfica		